

## PEDIAKID Sleeplessness

Promotes Sleepiness - Prevents Nighttime Wake-ups

Restores Refreshing Natural Sleep Functions

Ingredients	Benefits
<b>Nectar of Agave</b>	Exclusive to INELDEA laboratories, and 100 % organic, Nectar of Agave is especially recommended for children, since it consists of unrefined natural sugar with low glycemic index and is non-cariogenic. Agave is a botanical succulent plant that produces a nectar rich in mineral salts with exceptional nutritional qualities. Its sweetening power is superior to any other sugars, yet with fewer calories.
<b>Fructo-oligosaccharides (FOS)</b>	A compound synergized with pre-biotic fibres of Inulin and Oligofructose that have a Bifidogenic effect, favorable to rebalancing the good intestinal flora (Bifidobacteria), thus contributing to a better assimilation of the essential ingredients present in the composition of PEDIAKID, as well as those nutrients contained in food (vitamins, minerals, trace elements...). This exclusive compound is the result of the latest research on organic fibres concerning health issues. It makes possible with a notable increase and a significant degree in the absorption and retention of calcium from food intake.
<b>Natural extracts of fruit, plants and minerals:</b>	
<b>Flowers of Chamomile</b>	Due to its calming effect, Chamomile restores the refreshing sleep thanks to its dual action on the nervous and digestive systems.
<b>Flowers of Orange tree</b>	Plants with soothing fragrance that act in synergy to limit the very frequent night time wake-ups in children.
<b>Lavender</b>	
<b>Melissa/Lemon Balm</b>	Well-regarded as effective in pacifying and smoothing disorders that have a nervous origin, Melissa is beneficial to digestive problems as well as anxiety and insomnia in favoring a quick sleep-inducement.
<b>Hawthorn</b>	Known to reduce anxiety in children and to restore quality sleep while avoiding drowsiness during the day.
<b>Marjoram</b>	Reinforces the efficacy of Melissa while helping to reduce the difficulties to fall asleep particularly relating to nervous tension.
<b>Magnesium gluconate</b>	Trace elements, essential for regulating sleep cycles that are caused by stress and modern daily life, and by unhealthy nutrition and eating patterns.
<b>Manganese gluconate</b>	
<b>Natural cherry concentrate</b>	Cherries contain a high nutritional value with potent antioxidants that could lower the cholesterol and triglycerides, as well as reducing the inflammation indicators linked to other diseases and illnesses.

### Directions:

Under 4 years of age: 1 teaspoon before bedtime

Above 4 years of age: 2 teaspoons before bedtime

Bottle of 125 ml - ACL : 7824253 – Gencod : 3700225600210