

PEDIAKID Nose-Throat

Relieves Running Nose - Helps Clear Congestion & Signs of Sinusitis
Helps Clear & Soothe the Respiratory System

Ingredients	Benefits
Nectar of Agave	Exclusive to INELDEA laboratories, and 100 % organic, Nectar of Agave is especially recommended for children, since it consists of unrefined natural sugar with low glycemic index and is non-cariogenic. Agave is a botanical succulent plant that produces a nectar rich in mineral salts with exceptional nutritional qualities. Its sweetening power is superior to any other sugars, yet with fewer calories.
Acacia Fibers from Organic Agriculture	Compound synergized with pre-biotic fibers of Inulin and Oligofructose that have a bifidogenic effect and favorable to rebalancing the good intestinal flora (bifidobacteria), thus contributing to a better assimilation of the essential ingredients present in the composition of PEDIAKID, as well as those contained in food (vitamins, minerals, trace elements...).
Natural extracts of plants, vitamins and minerals:	
Thyme (<i>Thymus vulgaris</i>)	In traditional medicine, thyme is among the most recommended plants and the best recognized in fighting coughs and inflammation of the respiratory tracts. Very rich in antioxidants, it contributes to strengthening the natural immunities.
Mallow (<i>Malva sylvestris</i>)	The mallow is traditionally recommended in Phytotherapy in cases of irritation of the bronchitis, coughing, hoarseness. It has the disinfectant, demulcent and emollient properties for the respiratory tracts.
Lime tree (<i>Tillia radiata</i>)	Recent studies have shown that an infusion of lime tree flowers increases the immunity of the organism, allowing, particularly in children, colds to recede at the time of its first appearance(1).
Common elder tree (<i>Sambucus will will nigra</i>)	The flowers of the Common elder tree also stimulate the natural immunities of the organism (2) and are often associated with those of Lime tree in synergetic action. They are used to clear the respiratory tracts and to facilitate the discharge of mucus (3).
Acerola (<i>Cemicifuga punicifolia</i>)	Rich in vitamin C, Acerola helps to combat external stress while helping to delay the appearance of fatigue.
Ginger (<i>Zingiber officinalis</i>)	Ginger is traditionally used to minimise the appearance of "Cold Snaps". Helps clear congestion, signs of sinusitis and soothe the respiratory system.
Propolis	Well-regarded for its beneficial disinfectant properties against cooling, Propolis is also an immuno-stimulant and antioxidant against viral diseases and superficial burns.
Vitamin C	Vitamin C is the "anti-fatigue" vitamin par excellence. Very many studies have turned their attention to its effectiveness in preventing colds and reducing their duration as much as their intensity. It is an essential vitamin in the children nutrition (4).
Zinc	Consumption of zinc alleviates the appearance of colds or to accelerate its recovery was the subject of several studies. Through direct contact in the throat and the respiratory tracts, it could inhibit (in the form "gluconate") the reproduction of the viruses which are responsible for the cold illness (5).
Copper	Antimicrobial properties of copper are effective against pathogens and infectious diseases. It plays an essential role in strengthening the immunity of the organism.

Directions:

Under 4 years of age: 1 teaspoon, after breakfast and lunch

Above 4 years of age: 2 teaspoons, after breakfast and lunch

Bottle of 125 ml - ACL: 4543803 - Gencod: 3700225602023

Scientific references:

(1) http://www.passeportsante.net/fr/solutions/herbiermedicinal/plante.aspx?doc=tilleul_hm

(2) Barak V, Birkenfeld S, Halperin T, Kalickman I The effect of herbal remedies on the production of human inflammatory and anti-inflammatory cytokines. *Isr Med Assoc J* 2002 Nov;4 (11 Suppl):919-22.

(3) 1. Zakay-Rones Z, Varsano NR, Zlotnik M, Manor O, Regev L, Schlesinger M, Mumcuoglu Mr. Inhibition of several strains of influenza in vitro virus and reduction of symptoms by year elderberry extract (*Sambucus will nigra* L.) during year outbreak of influenza B Panama. *J Altern Med Complement* 1995 Winter;1(4):361-9.

(4) Douglas RM, Chalker EB, Treacy B Vitamin C for preventing and treating the common cold (Cochrane Review). *Cochrane Database Syst Rev* 2000;(2):cd000980.

(5) McElroy BH, Miller SP. Effectiveness of zinc gluconate glycine lozenges (Cold-Eeze) against the common cold in school-aged subjects: retrospective chart review has. *Am J Ther* Nov.-Dec;9(6):472-5 2002.