

**PEDIAKID Iron + Vitamins B Complex**  
**Relieves Stress & Fatigue - Reduces Iron Deficiency**  
**Helps Improve Frail Conditions - Supports Strong Immune System**

Ingredients	Benefits
<b>Nectar of Agave</b>	Exclusive to INELDEA laboratories, and 100 % organic, Nectar of Agave is especially recommended for children, since it consists of unrefined natural sugar with low glycemic index and is non-cariogenic. Agave is a botanical succulent plant that produces a nectar rich in mineral salts with exceptional nutritional qualities. Its sweetening power is superior to any other sugars, yet with fewer calories.
<b>Fructo-oligosaccharides (FOS)</b>	A compound synergized with pre-biotic fibres of Inulin and Oligofructose that have a Bifidogenic effect, favorable to rebalancing the good intestinal flora (Bifidobacteria), thus contributing to a better assimilation of the essential ingredients present in the composition of PEDIAKID, as well as those nutrients contained in food (vitamins, minerals, trace elements...). This exclusive compound is the result of the latest research on organic fibres concerning health issues. It makes possible with a notable increase and a significant degree in the absorption and retention of calcium from food intake.
<b>Natural extracts of plants, vitamins &amp; minerals:</b>	
<b>Carrot</b>	Largely known to sustain the health of the eyes, carrot is very rich in minerals and contributes to the equilibrium of the natural nutrition of the organism for a better health.
<b>Spirulina</b>	Spirulina marine algae is a complete source of protein containing all essential amino acids with Vitamins B complex, C, D and E, and essential fatty acids. Spirulina is also rich in natural minerals of potassium, calcium, chromium, copper, iron, magnesium, manganese, phosphorus, selenium, sodium, and zinc making it an excellent source of quality nutrition and an invaluable ally of good health.
<b>Jerusalem artichoke</b>	Rich in fructo-oligosaccharides, the Jerusalem artichoke is an excellent source of iron necessary to the supply of oxygen to red blood cells.
<b>Spinach</b>	Reputedly rich in vitamin A (high in <u>lutein</u> ), vitamin C, vitamin E, vitamin K, manganese, folate, iron, vitamin B2, calcium, potassium, vitamin B6, folic acid, copper, protein, phosphorus, zinc, magnesium, niacin, selenium and omega-3 fatty acids, spinach has an exceptional nutritional value essential to the growth and balanced development in children.
<b>Dock (Sorrel)</b>	As antioxidant, Dock was used traditionally to fortify blood. Scientific research has shown the anti-bacterial and anti-microbial properties in its extracts.
<b>Encapsulated Pyrophosphate Iron</b>	Iron contributes to the transport of oxygen to the cells (via red globules). Iron deficiency, which is seen in children with a pale complexion, induces fatigue. It can affect the normal growth and create behavioural problem. Almost half of children are deficient in iron. Encapsulated iron is 5 times more bio-receptive than free form iron traditionally used in nutritional supplements. 2 cc. of PEDIAKID Iron + Vitamin B provide 100% of the Recommended Nutritional Intake (RNI) for children, and 50% of the RNI for teenagers.
<b>Vitamin B1</b>	Helps transform glucides into energy and the functioning of the nervous and muscular systems
<b>Vitamin B2</b>	As co-enzyme , Vitamin B2 intervenes favorably in the assimilation of proteins and fatty acids
<b>Vitamin B3</b>	Also known as Niacin, Vitamin B3 plays an important role in the metabolism of living cells. Deficiency of Niacin can cause digestive and skin disorders and it affect the immunity system.
<b>Vitamin B5</b>	Contributes to healing, growth of hair and nails – reinforces bone strength
<b>Vitamin B6</b>	Synthesis of lipids and proteins, helps with the nervous equilibrium
<b>Vitamin B8</b>	Sustains cellular metabolism of skin, hair and nails

<b>Vitamin B9</b>	As Folic Acid, Vitamin 9 is essential to a wide range of bodily functions, most importantly to production of red blood cells.
<b>Vitamin B12</b>	Also essential in the formation of red blood cells

**Directions:**

Under 4 years of age: 1 teaspoon after breakfast and lunch  
Above 4 years of age: 2 teaspoons after breakfast and lunch

Bottle of 125 ml ACL : 4394409 - Gencod : 3700225600296