Battery Change

Analog Atomic Watch

Open the watch by removing the 4 screws at the back. Carefully remove the bottom, make sure you are not losing the waterproof seal.

Now unscrew the mounting screw and lift the battery spring only so much to remove the battery.

Take out the battery and insert a new one (watch the polarity! “+” up).

Now push the battery spring down and fasten the screw.

Before you put the back on again, make sure the waterproof seal is correctly in place. Carefully screw in the 4 screws of the back cover.

Now turn the watch to set the hands and to initialize the electronic.

First, all hands have to be moved to the 12 o’clock position for initializing.
Pull the crown out gently (2 clicks) and turn it clockwise to advance the hour hand between 11 and 12 o’clock. Now the second and minute hands need to be moved to 12 o’clock position.
Press and release the crown once and the second hand will move 1 second at a time, press and hold the crown for about 4 seconds and the hands will move quickly. To stop the fast movement press the crown once. Stop the fast movement before the second hand reaches the 12 o’clock position. Adjust the second hand one at a time to move it to the 12. (If you accidentally go past the 12, start this process again.)

When all hands are at the 12 o’clock position, put the watch to a location where reception is possible. The watch will automatically initiate a reception and, after receiving a valid time signal, the hands move on to the correct time (or, if the local time is at that moment between 11:50 and 12:00, it will wait until the time catches up).

The default time is Pacific Time. If you live in a different time zone, you have to set the watch to it: Pull out the crown (2 clicks) and turn it clockwise to advance the hour hand one full hour at a turn. You need to turn once for Mountain, twice for Central, and three times for Eastern Time. Then push in the crown again.

If the watch did not receive a valid time signal (after approx. 2 minutes if there is no signal at all or max. 10 minutes if the signal is weak), the watch will be set internally to 12:00 p.m., Pacific Time, and starts running from this time. Now you could just leave the watch. It will automatically initiate a reception the next morning at 1:00 am when reception is much easier.

If you don’t want to wait you can now set the watch manually:
Press the crown for more than 12 seconds. The second hand will first move to 6:00 o’clock, stops shortly, moves on to 7:00 o’clock. Keep pressing until the second hand stops at 7:00 again, then release the crown and wait for 15 seconds. The second hand will now move to the 12 o’clock position.
Now you can set the watch to your local time by pushing the crown as many times as is necessary. Pushing the crown shortly will move the hands one minute at a time, holding the crown a little longer will start the hands moving fast. Pushing the crown shortly again will stop the movement. In this way you can set the watch to the correct time.
After reaching your local time you can wait until the current time reaches the full minute, then press the crown shortly. (If the hands should move again a full minute, push the crown again after the next minute.) Now you have synchronized your watch to the exact second.
The next automatic reception (at 1:00 a.m.) will, of course, correct any possible differences.