INTRODUCTION
Human Dermal Fibroblasts (HDF) are derived from the dermis of normal human neonatal foreskin or adult skin. They are cryopreserved at the end of primary culture and can be cultured and propagated at least 16 population doublings. Fibroblasts are found in all connective tissues, and they synthesize and secrete extracellular matrix proteins under cell culture conditions. They are a well established system for in vitro analysis of fibroblast growth, migration and collagen metabolism in wound healing. Fibroblasts grown in a biodegradable mesh have been used as a living dermal replacement.

MATERIALS AND METHODS
I. Preparation for Culturing
1. Make sure your Class II Biological Safety Cabinet, with HEPA filtered laminar airflow, is in proper working condition.
2. Clean the Biological Safety Cabinet with 70% alcohol to ensure it is sterile.
3. Turn the Biological Safety Cabinet blower on for 10 min. before cell culture work.
4. Make sure all serological pipettes, pipette tips, and reagent solutions are sterile.
5. Follow the standard sterilization technique and safety rules:
   a. Do not pipette with mouth.
   b. Always wear gloves and safety glasses when working with human cells even though all the strains have been tested negative for HIV, Hepatitis B and Hepatitis C.
   c. Handle all cell culture work in a sterile hood.

II. Culturing HDF Cells
A. PREPARING CELL CULTURE FLASKS FOR CULTURING HDF
1. Take the Fibroblast Growth Medium from the refrigerator. Decontaminate the bottle with 70% alcohol in a sterile hood.
2. Pipette 15 ml of Fibroblast Growth Medium to a T-75 flask. NOTE: Keep the medium to surface area ratio at 1ml per 5 cm². For example, 5 ml for a T-25 flask or a 60 mm culture dish. 15 ml for a T-75 flask or a 100 mm culture dish.

B. THAWING AND PLATING HDF
1. Remove the cryopreserved vial of HDF from the liquid nitrogen storage tank using proper protection for your eyes and hands.
2. Turn the vial cap a quarter turn to release any liquid nitrogen that may be trapped in the threads, then re-tighten the cap.
3. Thaw the cells quickly by placing the lower half of the vial in a 37°C water bath for 1 minute.
4. Take the vial out of the water bath and wipe dry.
5. Decontaminate the vial exterior with 70% alcohol in a sterile Biological Safety Cabinet.
6. Remove the vial cap carefully. Do not touch the rim of the cap or the vial.
7. Resuspend the cells in the vial by gently pipetting the cells 5 times with a 2 ml pipette. Be careful not to pipette too vigorously as to cause foaming.
8. Pipette the cell suspension (1ml) from the vial into the T-75 flask containing 15 ml of Fibroblast Growth Medium.
9. Cap the flask and rock gently to evenly distribute the cells.
10. Place the T-75 flask in a 37°C, 5% CO2 humidified incubator. Loosen the cap to allow gas exchange. For best results, do not disturb the culture for 24 hours after inoculation.
11. Change to fresh Fibroblast Growth Medium after 24 hours or overnight to remove all traces of DMSO.
12. Change Fibroblast Growth Medium every other day until the cells reach 60% confluent.
13. Double the Fibroblast Growth Medium volume when the culture is >60% confluent or for weekend feedings.
14. Subculture the cells when the HDF reach 80% confluent.

III. Subculturing HDF Cells

A. PREPARING SUBCULTURE REAGENTS
1. Remove the Subculture Reagent Kit (Catalog # 090-100K) from the -20°C freezer and thaw overnight in a refrigerator.
2. Make sure all the subculture reagents are thawed. Swirl each bottle gently several times to form homogeneous solutions.
3. Store all the subculture reagents at 4°C for future use. The activity of Trypsin/EDTA Solution will be stable for 2 weeks when stored at 4°C.
4. Aliquot Trypsin/EDTA solution and store the unused portion at -20°C if only portion of the Trypsin/EDTA is needed.

B. PREPARING CULTURE FLASK
1. Take the Fibroblast Growth Medium from the refrigerator. Decontaminate the bottle with 70% alcohol in a sterile hood.
2. Pipette 30ml of Fibroblast Growth Medium to a T-175 flask (to be used in Section III-C Step 15.)

C. SUBCULTURING HDF

IMPORTANT: Trypsinize Cells at Room Temperature. Do Not Warm Any Reagents to 37°C.
1. Remove the medium from culture flasks by aspiration.
2. Wash the monolayer of cells with HBSS and remove the solution by aspiration.
3. Pipette 6 ml of Trypsin/EDTA Solution into the T-75 flask. Rock the flask gently to ensure the solution covers all the cells.
4. Remove 5 ml of the solution immediately.
5. Re-cap the flask tightly and monitor the trypsinization progress at room temperature under an inverted microscope. It usually takes about 2 to 4 minutes for the cells to become rounded.
6. Release the rounded cells from the culture surface by hitting the side of the flask against your palm until most of the cells are detached.
7. Pipette 5 ml of Trypsin Neutralizing Solution to the flask to inhibit further trypsic activity.
8. Transfer the cell suspension from the flask to a 50 ml sterile conical tube.
9. Rinse the flask with an additional 5 ml of Trypsin Neutralizing Solution and transfer the solution into the same conical tube.
10. Examine the T-75 flask under a microscope. If there are >20% cells left in the flask, repeat Steps 2-9.
11. Centrifuge the conical tube at 220 x g for 5 minutes to pellet the cells.
12. Aspirate the supernatant from the tube without disturbing the cell pellet.
13. Flick the tip of the conical tube with your finger to loosen the cell pellet.
14. Resuspend the cells in 5 ml of Fibroblast Growth Medium by gently pipetting the cells to break up the clumps.
15. Count the cells with a hemocytometer or cell counter. Inoculate at 6,000 cells per cm² for rapid growth, or at 3,000 cells per cm² for regular subculturing.

REFERENCES

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