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## Fairhaven Health Prenatal Care Review & Giveaway

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### Company Overview:

#### Fairhaven Health – Every step of the way

"Having a baby is among the most miraculous moments in life. And when it comes to preconception and pregnancy, Fairhaven Health is with you every step of the way – offering a tradition of unsurpassed product quality, service, and a compassion for each customer's unique journey to parenthood.

In the U.S., there are more than 11 million couples trying to conceive at any given time. Of those couples, many will face fertility obstacles or frustrating delays, and 1 in 5 will encounter some formal difficulty in becoming pregnant. Even young couples in the best of health have only a 15% to 20% chance of conceiving each menstrual cycle. And with couples trying to conceive later in life, many couples are likely to experience issues conceiving simply due to the fact that fertility declines as we age.

Our mission at Fairhaven Health is to develop products designed to safely and naturally promote fertility, pregnancy wellness, and breastfeeding success. And for years now, we've been achieving that important goal. From preconception through pregnancy and nursing, Fairhaven Health is there – every step of the way – to provide clinically-proven products to help you along your journey to parenthood. As a trusted leader in the field of reproductive health, our products are cooperatively developed and formulated by a diverse panel of medical experts – including doctors, ObGyns, nutritionists, and naturopaths. Noted fertility expert, Amos Grunebaum, MD, plays a pivotal role in formulating our FertilAid, FertileCM, FertilTea, and Pregnancy Plus product lines.

Most importantly, Fairhaven Health cares about product efficacy and quality. That's another way of saying we care about our customers and their special journeys. We integrate the best of both worlds, bringing together traditional Western (allopathic) medicine with clinically-supported research in herbal/homeopathic fields. All of our supplement products are based on clinically-established science and all manufacture is governed by strict GMP standards and third-party quality testing. Significantly, our FertilAid for Men product was tested in double-blind placebo-controlled study – and showed remarkable, research-advancing results in improving key male fertility parameters like sperm count and motility.

Our product lines follow the natural progression from preconception to pregnancy to nursing. Our preconception products focus on fertility awareness and ovulation prediction, helping couples learn about their fertility and anticipate when they are most likely to conceive. Our popular dietary supplements, like FertilAid & FertileCM, provide balance and support enhanced fertility for both women and men. Once couples receive the good news, products like Pregnancy Plus Prenatal, Pregnancy Plus Cal-Mag, and Pregnancy Plus Omega3 promote the prenatal health of a developing baby and help ensure pregnancy wellness for the mother. And, we are also dedicated to helping moms reach their breastfeeding goals, and have a line of products, including Nursing Blend and Nursing Time Tea, to encourage breastfeeding success.

Located in the historic district of Bellingham, Washington, Fairhaven Health unites integrity and quality with sensible pricing – offering an unparalleled tradition of value and success to both our customers and our distributors. Our distribution partners comprise a reputable circle of health product retailers and fertility solution providers, including drugstore.com, CVS.com, walgreens.com as well as pharmacies and clinics nationwide. We also welcome small specialty retailers as well as established medical partners – from the smallest pregnancy boutiques to major fertility clinics and education centers."

When Fairhaven Health offered to send me some of their pregnancy product line (at no cost to facilitate a review) I was excited!

### DreamBelly Stretch Mark Butter

#### Ingredients:

Water (Aqua), Aloe Barbadensis (Aloe Vera) Leaf Juice, Beeswax, Helianthus Annuus (Sunflower) Seed Oil, Cetyl Esters, Glycerin (Vegetable Derived), Butyrospermum Parkii (Shea Butter), Theobroma Cacao (Cocoa) Seed Butter, Isopropyl Palmitate (Palm Oil), Caprylic/Capric Triglyceride (Plant Derived), Glyceryl Stearate (Plant Derived), Polysorbate-60 (Plant Derived), Polyacrylamide, Simmondsia Chinensis (Jojoba) Seed Oil, Panthenol (Pro-Vitamin B5), Olea Europaea (ORGANIC Olive) Fruit Oil, Citrus Grandis (Grapefruit) Seed Extract, Cetearyl Alcohol (Plant Derived), Cetearyl Glucoside, C13-14 Isoparaffin, Laureth-7, Xanthan Gum (Natural Thickener), Tetrasodium Glutamate Diacetate, Fragrance (Parfum), Tocopheryl Acetate (Vitamin E Acetate), Tocopherol (Antioxidant), Rose Canina Fruit (Rose Hips) Oil, Honey, Lonicera Japonica (Honeysuckle) Extract (Natural Preservative), Glyceryl Caprylate (Natural Preservative), Glyceryl Undecylenate (Natural Preservative)

Prevent Stretch Marks the natural way with DreamBelly Butter: *DreamBelly Butter is designed to help protect and nourish your skin as it stretches to accommodate your growing belly during your pregnancy.*



Stretch marks are caused by little tears that occur in the dermis, the middle layer of the skin that contains the collagen and elastin fibers that help to maintain the structural integrity of your skin. Unfortunately, the hormonal changes and rapid weight gain that are a normal part of your pregnancy are a lethal combination when it comes to healthy skin, which is why so many women see stretch marks appear during pregnancy. The dramatic (although expected) hormonal changes that occur during pregnancy impact the ability of the dermis to form collagen and elastin fibers, which, in turn, makes it difficult for your skin to maintain its resiliency. As a result, when the skin is forced to stretch in response to rapid weight gain, it is unable to do so without tearing. These little tears that occur in the skin cause the appearance of unsightly lines – stretch marks – that are red and purple, then gradually fade to white or silver over time.

Of course, the conditions that cause stretch marks during pregnancy are normal and healthy, and cannot be avoided. And, unfortunately, some women are simply more susceptible to stretch marks due to a genetic predisposition. Therefore, the only hope for preventing stretch marks during pregnancy is to keep your skin as hydrated and supple as possible.

Enter DreamBelly Butter, with its rich luxurious texture and gentle, refreshing scent. It's just what you need to maintain the suppleness and elasticity of your skin as it stretches to accommodate your growing belly during pregnancy and to tone and regenerate your skin after childbirth. DreamBelly Butter combines natural, plant-derived butters and oils for deep moisturizing along with antioxidants from grapefruit and rosehip oil to heal, soothe, and revitalize strained skin.

#### Highlights:

- For best results, apply DreamBelly Butter to your belly and surrounding areas at least two times daily. Perfect for growing bellies during pregnancy and for restoring strained skin after childbirth
- Combines the healing power of rosehip oil, aloe vera, honeysuckle and grapefruit, to protect and regenerate skin, and provide soothing relief from itchiness
- Provides deep moisturizing from natural butters and oils with no greasy, slippery feeling
- Has the mild, pleasant fragrance of milk and honey
- Contains no petroleum products, parabens, artificial colors or artificial preservatives

Only time will tell if this has the amazing restorative capabilities that they say it does, my 1st born did a fantastic job of sprinkling my belly with stretch marks, so I'll be able to put it to the test! I was silly to think that because my mother and grandmother didn't have stretch marks I wouldn't either. Oh well, lesson learned! So all of you first time mamas out there, you just may be one of the lucky few that comes out of pregnancy unchanged in that way. But why risk it, give the Belly Butter a chance! Don't get me wrong, those stretch marks are our children giving us an amazing daily reminder at what a blessing it is to carry and grow a child. I know there are many women out there that wish they had those marks of motherhood.

They say that the Belly Butter smells like milk and honey, which I honestly didn't get when I smelled it. To me it smelled like a nice subtle scent of baby powder and honeysuckle. It feels exactly how they describe; it provides deep moisture and protects your skin without feeling greasy. I'm especially thankful for having the Belly Butter this time of year as we head into the dryness that the winter season brings. My skin is very sensitive, especially this time of year and especially with an expanding waistline. The gentleness of the lotion combined with it's thick and protective texture makes me love it to pieces. I highly recommend!

Fairhaven Health really puts quality first for the health and wellness of mother and baby. A great company with a great resource for your daily pregnancy and postpartum needs.

Connect: Find out more about Fairhaven Health and all of the great products they sell by visiting their website. Then "like" them on Facebook and follow them on Google +, Pinterest, Twitter, and Instagram.

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