

**engage** Model Behavior

Be the example for teens + alcohol

**educate** Pressures of Prom

What teens really think of the 'big night'

**empower** Road to Recovery

Alcohol addiction comes full circle

# MASK

MOTHERS AWARENESS ON SCHOOL-AGE KIDS

## SOBER TRUTH

THE ANATOMY OF UNDERAGE DRINKING  
PAGE 40

## FAMILY TABLE

John Besh shares his love of home cooking and the family meal  
PAGE 80



SPRING 2012 the alcohol issue

## CLEAN BREAK

A new twist to spring break PAGE 74

\$5.95 @ maskmatters.org



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**engage** / A list

## THINGS WE ♥



### WEIGH CUTE

Don't let a windy day put a damper on your picnic. Instead, simply clip on these garden-themed, solid pewter weights to your tablecloth to keep your table—and everything on it—in place. \$17.99. [organizeit.com](http://organizeit.com)

### SQUEAKY CLEAN

Get your spring cleaning off to a fresh start with Mrs. Meyer's Clean Day products. Biodegradable and eco-friendly, this line of cleaning products will have your home sparkling from top to bottom. Prices vary. [mrsmeyers.com](http://mrsmeyers.com)



### IN THE BAG

Keep busy kids on the go entertained with the Kidzack, a backpack and fun activity rolled into one. The bag comes with washable, non-toxic markers and is available in fun themes kids will enjoy decorating over and over again. \$18. [kidzack.com](http://kidzack.com)



### JUST BREATHE

Had a glass of wine at dinner? Before you (or others) get behind the wheel, track blood alcohol content with the BACtrack Keychain Breathalyzer. Sleek, compact and easy to use, this tool provides accurate readings. About \$30. [bactrack.com](http://bactrack.com)

### HAVE A SEAT

Whether you need a footstool, table space or extra seating, the Lime Moroccan Leather Pouf by Serena & Lily fits the bill. Made with hand-dyed leather, this versatile pouf is at home in any room of the house. \$450. [serenaandlily.com](http://serenaandlily.com)