

## HEARTSAVER CPR AED - SKILLS TESTING SHEET


Name: \_\_\_\_\_ Phone: \_\_\_\_\_ Date: \_\_\_\_\_

Address: \_\_\_\_\_ City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Course Location: \_\_\_\_\_ E-Mail \_\_\_\_\_

Step	Critical Performance Steps	Adult CPR AED √ if correct	Child CPR AED √ if correct
1	Verbalizes that the scene is safe		
2	Checks for response - tap and shout		
3	Yells for help		
4	Tells someone to phone the emergency response number (or 911) and get an AED (for adult only)		
5	Checks for no breathing or only gasping <i>Minimum 5 seconds; maximum 10 seconds</i>		
6	Locates hand placement for compressions <i>Moves clothes out of the way of the chest Lower half of the breastbone; 1 or 2 hands for child</i>		
7	Delivers first set of compressions <i>Gives 30 compressions in 18 seconds or less</i>		
8	<b>ADULT: Gives 2 breaths with a mask</b> <b>CHILD: Gives 2 breaths without a mask</b> <i>At least 1 breath results in visible chest rise Breaths given and compressions started within 10 seconds</i>		
9	Delivers second set of compressions <i>Gives at least 23 of 30 compressions in the correct chest location</i>		
10	<b>ADULT: Gives 2 breaths with a mask</b> <b>CHILD: Gives 2 breaths without a mask</b> <i>At least 1 breath results in visible chest rise Breaths given and compressions started within 10 seconds</i>		
11	Instructor says, " <b>You have just completed 5 sets of compressions and breaths.</b> " <b>Leaves to phone 911 and get an AED (for child only)</b>		
12	Turns on the AED immediately after it arrives		
The next step is done only with a manikin with a feedback device. If no device, STOP THE TEST			
13	Delivers third set of compressions of adequate depth <i>Acceptable if at least 23 of 30 compressions indicate depth of at least 2 inches (adult) or about 2 inches (child)</i>		
		STOP THE TEST	STOP THE TEST

Step	Critical Performance Steps	Infant CPR √ if done correctly
1	Verbalizes that the scene is safe	
2	Checks for response - tap and shout	
3	Yells for help	
4	Checks for no breathing or only gasping <i>Minimum 5 seconds; maximum 10 seconds</i>	
5	Locates hand placement for compressions <i>Two fingers just below the nipple line on the breastbone</i>	
6	Delivers first set of compressions <i>Gives 30 compressions in 18 seconds or less</i>	
7	<b>Gives 2 breaths without a mask</b> <i>At least 1 breath results in visible chest rise Breaths given and compressions started within 10 seconds</i>	
8	Delivers second set of compressions <i>Gives at least 23 of 30 compressions in the correct chest location</i>	
9	<b>Gives 2 breaths without a mask</b> <i>At least 1 breath results in visible chest rise Breaths given and compressions started within 10 seconds</i>	
10	Instructor says, " <b>You have just completed 5 sets of compressions and breaths.</b> " <b>Verbalizes the need to leave to phone 911</b>	
The next step is done only with a manikin with a feedback device designed to indicate when compressions are about 1 ½ inches deep or indicate that chest recoil is complete. If no feedback device, STOP THE TEST		
11	Delivers third set of compressions of adequate depth <i>Acceptable if at least 23 of 30 compressions indicate a depth of at about 1 ½ inches</i>	
		STOP THE TEST

Test age groups taught in this course. Record all test results here. Sign where indicated.							
Test Summary	PASS = above steps all done correctly NR = needs remediation  Circle PASS or NR for each age group tested	Adult CPR AED		Child CPR AED		Infant CPR	
		PASS	NR	PASS	NR	PASS	NR
Instructor signature affirms that skills tests were done according to AHA Guidelines.  <i>Save this sheet with the course record.</i>	Instructor Signature: _____  Instructors Name: _____  Date: _____			  39 Plymouth Street, Fairfield, NJ 07004 Phone: 973-244-9111 / www.lifesaversinc.com Your instructor is affiliated with LifeSavers, Inc. for the purpose of CPR and First Aid Training.			