



**Awaken Savor, Inc.**

Spice Blends to Awaken Your Palate

P.O. Box 388, Los Alamitos, CA 90720

www.awakensavor.com










**Awaken Savor Product Reference Guide - What goes Well with What**

**Awaken Savor Signature Blends**

Product #	Blend Name	Inspired By:	Featured Ingredients	Heat Level	Beef	Lamb	Pork	Poultry	Fish	Vegetarian	Potatoes /Pasta /Rice /Couscous /Kasha	Salad	Soups /Stews	Breads/ Muffins	Nuts	Sauces /Dips /Condiment
11	<b>Cowboy Ingenuity (Salt Free)</b>	- Inspired by the resourcefulness	ancho chili, aleppo pepper, coffee, cacao, honey, pink peppercorns, horseradish		✓	✓							✓		✓	
12	<b>Western Frontiers (Salt Free)</b>	- Inspired by resourcefulness Wagon Calvary of West Settlers	chipotle, brown mustard seeds, Szechuan peppercorns, ginger, orange, honey, sumac berries, horseradish		✓	✓							✓		✓	
13	<b>New Delhi Buffalo (Salt Free)</b>	- Inspired by Indian Cuisine	fenugreek, kala jeera, cumin, coriander seeds, cardamom, turmeric, fennel seeds, ginger		✓	✓							✓			
14	<b>El Toro Rojo (Salt Free)</b>	- Inspired by Mexican Favors for Beef	paprika, cocoa, cumin, nutmeg, thyme, lime, allspice, rosemary, onion, garlic, oregano, marjoram, cilantro, celery, cayenne, ancho and guajillo pepper, and other spices.		✓	✓							✓		✓	
21	<b>Alpine Medley (Salt Free)</b>	- Inspired by the culinary diversity adjoining Alps' neighbors	juniper berries, thyme, allspice, cinnamon, charnushka, fenugreek, turmeric, pink peppercorns, Hungarian paprika, horseradish		✓	✓										
22	<b>Muse Appetite (Salt Free)</b>	- Inspired by Greek Festivity	brown mustard seeds, smoked Spanish paprika, cumin, fennel seeds, juniper berries, oregano, caraway seeds		✓	✓										
23	<b>Outback Sizzle (Salt Free)</b>	- Inspired by Australian Cuisine	peppermint, parsley, ginger, lemon juice, lemon zest, cumin, coriander seeds, rosemary, pink peppercorns and other spices		✓	✓										
31	<b>Heavenly Hog (Salt Free)</b>	- Inspired by expansion and contraction of Austrian Habsburg Empire.	rosemary, parsley, lemon zest, garlic, juniper berries, white muntok peppercorns, allspice, sage, coriander, cardamom, mace.				✓	✓	✓	✓	✓					
32	<b>Cha-Cha-Cha Your Chops (Salt Free)</b>	- Inspired by the Cuban cuisine	Orange, lime juice, oregano, garlic, onion, honey, ginger, cumin				✓	✓	✓	✓	✓					
33	<b>Paradise Luau Pork (Salt Free)</b>	- Inspired by Hawaiian Luau	paprika, parsley, mustard seeds, aleppo pepper, cayenne, honey, sesame seeds, pink peppercorns, seaweed.				✓	✓	✓	✓	✓					
41	<b>Greek Kiss (Salt Free)</b>	- Inspired by Lesvos the birthplace of our grandparent	ginger, cinnamon, aleppo, tarragon, garlic, lemon zest, oregano, honey, green peppercorns, caraway seeds				✓	✓	✓	✓	✓		✓			
42	<b>Italian Citrus Forest (Salt Free)</b>	- Inspired by the Italian Lemon Orchards	garlic, lemon and orange zest, lemon and orange juice, charnushka, fennel seeds, pink peppercorns, honey, sumac berries.				✓	✓	✓	✓	✓		✓			
43	<b>Portugal's Quest (Salt Free)</b>	- Inspired by the shores of Portugal	Piri-piri (African Birdseye pepper) ginger, tarragon, paprika, honey, fennel seed, rosemary, celery seeds, white Muntok peppercorns, horseradish				✓	✓	✓	✓	✓		✓			
44	<b>Tuscan Nectar (Salt Free)</b>	- Inspired by Tuscany's Cuisine	basil, oregano, ancho pepper, fennel seeds, lemon zest, lemon juice, sesame seeds, cumin				✓	✓	✓	✓	✓		✓			
45	<b>Black Sea Escapade (Salt Free)</b>	- Inspired by Turkey's Cuisine	basil, turmeric, cumin, cinnamon, aleppo pepper, lemon zest, coriander, ajowan seeds, horseradish				✓	✓	✓	✓	✓		✓			
46	<b>El Pollo Encantador (Salt Free)</b>	- Inspired by Mexican Favors for Chicken	cumin, paprika, onion, garlic, oregano, marjoram, cilantro, ancho pepper, guajillo pepper, and other spices.				✓	✓	✓	✓	✓		✓			
51	<b>Argentinean Citrus Orchards (Salt Free)</b>	- Inspired by the Argentinean Lemon Orchards	orange zest, orange juice, lemon zest, lemon juice, sesame seeds, lime zest, lime juice, anise, paprika, white Muntok peppercorns				✓	✓	✓	✓	✓					
52	<b>Spanish Feasts (Salt Free)</b>	- Inspired by the aroma from cookouts on the Balearic Islands	cumin, lime and orange zest, lime juice, orange juice, aleppo pepper, scallions, Spanish smoked paprika, cilantro, pink peppercorns				✓	✓	✓	✓	✓					
53	<b>Delectable Greece (Salt Free)</b>	- Inspired by the Ionian Island of Greece	lime zest, scallions, mint, cilantro, cinnamon, celery seeds, sumac, honey, green peppercorns				✓	✓	✓	✓	✓					
61	<b>Luscious Greek Gardens (Salt Free)</b>	- Inspired by Ithaca Island of Greece	rosemary, thyme, sumac berries, honey, aleppo pepper, dill, oregano, pink peppercorns				✓	✓	✓	✓	✓		✓			✓
62	<b>Succulent Madurai (Salt Free)</b>	- Inspired by India Cuisine	mint, fenugreek, cumin, coriander seeds, cinnamon, basil, white Muntok peppercorns				✓	✓	✓	✓	✓		✓			✓
63	<b>Fresh Harvest (Salt Free)</b>	- Inspired by California's vast production of produce from its Central Valley.	dill, garlic, yellow mustard seeds, cilantro, basil, lime & lemon zest, lime juice, lemon juice, orange juice, green peppercorns, California sweet paprika, parsley				✓	✓	✓	✓	✓		✓			✓
64	<b>Amazon Rainforest (Salt Free)</b>	- Inspired by Rainforest of the Amazon	parsley, cilantro, dill, basil, mint, scallions, oregano, rosemary, tarragon, pink peppercorns, annatto seeds				✓	✓	✓	✓	✓		✓			✓
65	<b>Aphrodisiac Banquet (Salt Free)</b>	- Inspired by the Romantic Power of Food	lavender, basil, sage, rosemary, oregano, fennel, annatto seeds, sesame seeds, ancho chili, porcini mushroom, mint				✓	✓	✓	✓	✓		✓			✓
66	<b>Piquant Thai (Salt Free)</b>	- Inspired by the Thai Cuisine	Lime zest, lime juice, lemon grass, chipotle, garlic, galangal, turmeric, basil, shallots, ginger, honey				✓	✓	✓	✓	✓		✓			✓










**American Melting Pot Blends**

Product #	Blend Name	Inspired By:	Featured Ingredients	Heat Level	Beef	Lamb	Pork	Poultry	Fish	Vegetarian	Potatoes /Pasta /Rice /Couscous /Kasha	Salad	Soups /Stews	Breads/ Muffins	Nuts	Sauces /Dips /Condiment
101	Old Faithful Americana (Salt Free)	Traditional American BBQ Rub	Ancho pepper, sweet paprika, garlic, honey, parsley, chives, malabar peppercorns, cinnamon, ginger		✓	✓	✓	✓							✓	
102	Texas Tear Dropper (Salt Free)	Traditional Texas Rub	chipotle pepper, cayenne pepper, aleppo pepper, black pepper, honey, ground cumin, brown mustard, Wasabi, amchur, paprika, garlic, onion, celery seeds.		✓			✓							✓	
103	Caribbean Oasis (Salt Free)	Traditional Caribbean Blends	honey, minced onion, crushed red pepper, ginger, allspice, malabar peppercorns, thyme leaves,				✓	✓	✓							
104	Jamaican Retreat (Salt Free)	Traditional Jerk Seasonings	minced garlic, minced onion, allspice, chipotle, Hungarian paprika, honey, thyme, cinnamon, nutmeg, lemons zest, ginger, malabar peppercorns		✓	✓	✓	✓	✓	✓	✓					
105	Cajun Marriage (Salt Free)	Traditional Cajun Blend	paprika, basil, onion flakes, fennel seed, parsley, cinnamon, thyme, cumin, garlic granules, black pepper, oregano, rosemary, white peppercorns, cayenne, bay, celery seeds.				✓	✓	✓	✓	✓					
106	Mediterranean Escape (Salt Free)	Traditional Mediterranean Blend	sage, thyme, pepper, garlic, rosemary, crushed, fennel seeds, cumin, paprika, ginger, coriander, chipotle, chives, mustard seeds, lemon zest, marjoram				✓	✓	✓	✓	✓		✓	✓		
107	Greek Oppah (Salt Free)	Traditional Greek Blend	minced garlic, lemon peel, rosemary, mint, oregano, thyme, black pepper, sesame seed, paprika, parsley, honey				✓	✓	✓	✓	✓		✓	✓		✓
108	Italian Herbs (Salt Free)	Traditional Italian Blend	basil, thyme, marjoram, oregano, sage, garlic flaks, rosemary, black pepper		✓		✓	✓	✓	✓	✓		✓	✓		✓
109	Southwestern Sunset BBQ Rub (Salt Free)	Traditional West Cost BBQ	Orange, chipotle, and ancho pepper, shallots, garlic, honey, paprika, cumin		✓		✓	✓	✓						✓	




**5 Spice Blends**

Product #	Blend Name	Inspired By:	Featured Ingredients	Heat Level	Beef	Lamb	Pork	Poultry	Fish	Vegetarian	Potatoes /Pasta /Rice /Couscous /Kasha	Salad	Soups /Stews	Breads/ Muffins	Nuts	Sauces /Dips /Condiment
201	Chinese Five-Spice (Salt Free)	Chinese	star anise, fennel seeds, cassia, Szechuan peppercorns					✓	✓	✓	✓		✓	✓	✓	
202	Bengali Five-Spice (AKA Panch Phora) (Salt Free)	Bengali	brown muster seeds, nigella seeds, cumin, fenugreek seed, fennel seed						✓	✓	✓					
203	Middle Eastern Five-Spice (Salt Free)	Middle East	allspice, clove, peppercorns, nutmeg, cinnamon					✓	✓	✓	✓			✓	✓	
204	French Five-Fine Herbs (Salt Free)	French	parsley, chives, lovage, dill, tarragon				✓	✓	✓	✓	✓	✓	✓			✓
205	Persian Five-Spice (Salt Free)	Persian	black pepper, cumin, turmeric, green cardamom seeds, amchur powder					✓	✓	✓	✓		✓	✓	✓	
206	Tangier Five-Spice (AKA La Kama) (Salt Free)	Tangier	cinnamon stick, black peppercorns, ginger, turmeric, nutmeg			✓		✓	✓	✓	✓		✓			

World Blends

Product #	Blend Name	Inspired By:	Featured Ingredients	Heat Level	Beef	Lamb	Pork	Poultry	Fish	Vegetarian	Potatoes /Pasta /Rice /Couscous /Kasha	Salad	Soups /Stews	Breads/ Muffins	Nuts	Sauces /Dips /Condiment
301	<b>Baharat (Salt Free)</b>	Traditional Arabic Spice Blend	mild paprika, malabar peppercorns, cumin, coriander seed, cassia, clove, cardamom seed, nutmeg, sumac berries		✓	✓										
302	<b>Berbere (Salt Free)</b>	Traditional Ethiopian Spice Blend	cumin seeds, coriander seeds, ajowan seeds, black peppercorns, fenugreek seeds, allspice, green cardamom seed, ginger, chili, clove, nutmeg			✓		✓	✓				✓			
303	<b>Chermoula (Salt Free)</b>	Traditional Moroccan Spice Blend	garlic, onion, cumin, parsley, mild paprika, coriander, turmeric, cayenne pepper, lemon juice, black pepper					✓	✓	✓	✓					✓
304	<b>Harissa (Salt Free)</b>	Traditional Tunisian Blend	Aleppo, ancho and chili flakes, spearmint, garlic, paprika, caraway seeds, coriander seeds, cumin seeds,			✓		✓	✓	✓	✓		✓			✓
305	<b>Herbes de Provence (Salt Free)</b>	Traditional French Blend	thyme, marjoram, parsley, tarragon, basil, lavender flowers, celery seeds, bay leaf, oregano, mint, chervil, rosemary, savory, orange zest		✓	✓	✓	✓	✓	✓	✓		✓			✓
306	<b>Nasi Goreng Spice (Salt Free)</b>	Traditional Indonesian Blend	chili powder, garlic, chili flakes, honey, galangal, ginger							✓	✓		✓			
307	<b>Ras el Hanout (Salt Free)</b>	Traditional Moroccan Blend	saffron stigma, mild paprika, cumin, ginger, coriander seed, cassia, turmeric, fennel seed, allspice, green cardamom seed, whole dill seed, galangal, nutmeg, rosebud, bay leaves, caraway seed, cayenne pepper, clove, mace, cubeb pepper, brown cardamom, lavender flowers, orris root					✓	✓	✓	✓		✓			
308	<b>Sambar Powder (Salt Free)</b>	Traditional South Indian Blend	coriander seed, cumin, black pepper, fenugreek, amchur powder, brown mustard seeds, chili powder, cinnamon, clove, turmeric, asafoetide powder					✓	✓	✓	✓		✓			
309	<b>Shichimi-Togarashi (Salt Free)</b>	Traditional Japanese Seven Flavor Blend	chili powder, Szechuan peppercorns, tangerine peel, black sesame seeds, white sesame seeds, white poppy seeds, brown mustard seeds		✓				✓	✓	✓		✓		✓	
310	<b>Tsire (Salt Free)</b>	Traditional West African Blend	unsalted peanuts, cinnamon, chili flakes, allspice, ginger, nutmeg, clove		✓	✓			✓	✓	✓	✓				✓
311	<b>Chimichurri (Salt Free)</b>	Argentinean Steak Relish	Parsley, cilantro, basil, oregano, mint, paprika, shallot, shallot, garlic, Guajillo peppers, black pepper													
312	<b>Persian Spice Blend (Salt Free)</b>	Traditional Persian Blend	Rosebud, cinnamon, black pepper, cardamom, nutmeg, coriander							✓	✓			✓	✓	
313	<b>Za'atar Lebanese (Salt Free)</b>	Traditional Lebanese Blend	Thyme, oregano, basil, savory, marjoram, sumac berries, toasted sesame seeds, orange peel, nigella seeds, hyssop.					✓	✓	✓	✓	✓		✓	✓	✓
314	<b>Za'atar North African (Salt Free)</b>	Traditional North African Blend	toasted sesame seeds, sumac, thyme, oregano, marjoram, sweet paprika					✓	✓	✓	✓	✓		✓	✓	✓
315	<b>Za'atar Jordanian (Salt Free)</b>	Traditional Jordanian Blend	roasted sesame seed, sumac, thyme, hyssop, spearmint, savory, cumin seeds, fennel seed					✓	✓	✓	✓	✓		✓	✓	✓
316	<b>Za'atar Israel (Salt Free)</b>	Traditional Israel Blend	roasted sesame seed, sumac, thyme, hyssop, oregano, dill weed, garlic					✓	✓	✓	✓	✓		✓	✓	✓
317	<b>Za'atar Syrian (Salt Free)</b>	Traditional Syrian Blend	roasted sesame seed, sumac, thyme, hyssop, paprika, cumin seeds, coriander seeds, lemon peel, anise seeds, aleppo chilies					✓	✓	✓	✓	✓		✓	✓	✓
318	<b>Za'atar Turkish (Salt Free)</b>	Traditional Turkish Blend	roasted sesame seed, sumac, thyme, hyssop, dill weed, spearmint, allspice					✓	✓	✓	✓	✓		✓	✓	✓

Salad Seasonings

Product #	Blend Name	Inspired By:	Featured Ingredients	Heat Level	Beef	Lamb	Pork	Poultry	Fish	Vegetarian	Potatoes /Pasta /Rice /Couscous /Kasha	Salad	Soups /Stews	Breads/ Muffins	Nuts	Sauces /Dips /Condiment
401	<b>Five Seed Salad Dressing Mix</b>	Seeds known as staple food by	sesame seeds, chia seeds, flax seeds, poppy seeds, tukmaria seeds, garlic, white peppercorns				✓	✓	✓	✓	✓	✓				
402	<b>Harvest de la Provence Salad Dressing Mix</b>	French	chives, dill, parsley, garlic, tarragon, poppy seeds, garlic, pink peppercorns, honey				✓	✓	✓	✓	✓	✓	✓	✓		✓
403	<b>Green Mermaid Salad Dressing Mix</b>	Mediterranean flavor	basil, thyme, rosemary, oregano, celery seeds, ancho pepper, paprika, garlic, flax seeds, green peppercorns, honey				✓	✓	✓	✓	✓	✓	✓			✓
404	<b>Asian Salad Dressing Mix</b>	Asian	shallots, cilantro, ginger, garlic, sesame, Szechuan peppercorns, honey				✓	✓	✓	✓	✓	✓				
405	<b>American Melting Pot Salad Dressing Mix</b>	American	parsley, rosemary, tarragon, shallots, celery seeds, chia, garlic, guajillo pepper, black peppercorns, honey				✓	✓	✓	✓	✓	✓	✓	✓		✓
406	<b>Ambrosia Salad Dressing Mix</b>	Inspired by the Romantic Power of Food	rosemary, basil, ginger, cocoa, ancho chili, mint, star anis, honey, sesame seeds, cardamom, kava kava root, annatto seeds				✓	✓	✓	✓	✓	✓	✓			