



Backpacking Equipment Checklist

Shelter & Sleeping		Packing	
Tent, poles, stakes	Sleeping bag	Backpack	Lash cord/straps
Ground cloth	Sleep bag liner	Rain cover	Garbage bags
Tarp, poncho	Sleeping pad	Daypack, hipsac	Ziploc Freezer bags
Bivy sack	Sit pad	Stuff sacks	
Clothing			
Boots, shoes	Socks & xtras	Liner socks,xtras	GTX socks
Low gaitors	High gaitors	Overboots	Booties, mukluks
Camp shoes	Lightwt.underwear	Midwt.underwear	Exped.underwear
Fleece liner gloves	GTX gloves/mitts	Baseball cap	Windbloc cap
Windbloc ear cover	Windbloc balaclava	Nylon wind vest	Fleece/down vest
Fleece/down jacket	Long-sleeve shirt	Fleece pants	Down pants
Rain poncho	Wind/rain jacket	Wind/rain pants	Nylon windbreaker
Hiking shorts	Swimming shorts		
Cooking & Food		Essentials	
Cooking:	Food:	Navigation:	Other:
Cook pot	Tea,coffee,cocoa	Compass	First-Aid kit
Utensils	Electrolytes	Maps	Prescriptn medicine
Insulated cup	Breakfast	Glasses/contacts	Waterprf matches

Stove & fuel	Lunch/snacks	Paper, pencil	Firestarter
Piezo igniter	Dinners	Headlamp	Sun glasses/goggles
Matches/lighter	Condiments/herbs	Small flashlight	Sun block/lip balm
Water filter	Vitamins	Extra batteries	Bug protection
Iodine	Emergency food	GPS unit	Space blanket/bag
Water containers		Altimeter	Plastic whistle
Water bottle jacket		Guide book/notes	Signal mirror
Bear bag			Knife
Snow & Ice	Miscellaneous		
Ice Axe	Duct Tape	Pack towel	Toothbrush/powdr
Snow shoes	Parachute cord	Bandana	Fishing Gear
Snow poles	Sewing kit	SlingLight Chair	Candle/oil lantern
Crampons	Repair kits	Toilet paper	Soap
Snow shovel	Rubber bands	Reading material	Cards, games
Avalanche beacon	Camera, film, tripod	Binocs, monocular	Walking stick
Snow wands	Clock, watch		Hiking Poles
Handwarmers			



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