

FOLLOW YOUR DREAM (SHA LA LA LA)

Armand and Don
arr. by David Ezell

Fast Latin Tempo ♩ = 168

Soprano

Alto

Steel Drums

Synth Bass

Sha la la la la la, Sha la la la.

Sha la la la la la, Sha la la la.

2x only

Alto

5

F B \flat C7 F

Sev-en o'-clock in the morning, Sun-light my cheeks.

9

F B \flat C7 F

Smil-in' at me through the win-dow, Please come play with me. Oh, the

The bass can be played to sound an octave lower than written,
whether played on electronic keyboard, or piano.

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22

Uh Uh

F Bb C7

"Man you got to fol - low your dreams, What - ev - er your dreams

25

Uh

F F Bb

may be. Man you got to fol - low your dreams,

28

Uh Uh

C7 F F

Come on and lis - ten to me." They said: "You'll know just what

41 F F Gm7 C7

Sha la la la la la, Sha la la la

Sha la la la la la, Sha la la la.

45 F Gm7 C7 F 3

F Gm7 C7 F 3

50 F Gm7 C7 F

F Gm7 C7 F

54 F Gm7 C7 F

F Gm7 C7 F

91 B \flat E \flat F7

Man you got to fol-low your dreams, Come on and lis-ten to me."

Uh Uh

Detailed description: This block contains the first system of music, measures 91-93. The vocal line starts with a whole note rest, followed by a half note G \flat , and then a series of eighth notes: A \flat , B \flat , C \flat , D \flat , E \flat , F \flat , G \flat . The piano accompaniment features a steady eighth-note bass line and a treble line with chords and moving lines. The lyrics are "Man you got to fol-low your dreams, Come on and lis-ten to me." with a double quote at the end. There are two vocalizations "Uh" with long horizontal lines underneath, indicating sustained notes.

94 B \flat B \flat E \flat

They said: "You'll know just what to do,

Uh Uh

Detailed description: This block contains the second system of music, measures 94-96. The vocal line begins with a whole note G \flat , followed by a half note A \flat , and then a series of eighth notes: B \flat , C \flat , D \flat , E \flat , F \flat , G \flat . The piano accompaniment continues with a consistent rhythmic pattern. The lyrics are "They said: "You'll know just what to do,". There are two vocalizations "Uh" with long horizontal lines underneath.

97 F7 B \flat B \flat

From deep in - side of you. Man you got to

Uh Uh Uh Uh

Detailed description: This block contains the third system of music, measures 97-99. The vocal line starts with a whole note rest, followed by a half note G \flat , and then a series of eighth notes: A \flat , B \flat , C \flat , D \flat , E \flat , F \flat , G \flat . The piano accompaniment features a steady eighth-note bass line and a treble line with chords and moving lines. The lyrics are "From deep in - side of you. Man you got to". There are four vocalizations "Uh" with long horizontal lines underneath.

FOLLOW YOUR DREAM (SHA LA LA)

By Armand and Don

Bridge

Sha la la la la, Sha la la la.

Verse

Seven o'clock in the morning,
Sunlight on my cheeks.
Smilin' at me through the window,
Please come come play with me.
Oh, the flowers blooming
 ev'rywhere,
Birds are singing in the air, I said:
"Seven o'clock in the morning,"
And this is what they said to me,
They said:

Chorus

"Man you got to follow your
 dreams,
Whatever your dreams may be.
Man you got to follow your dreams,
Come on and listen to me."
They said: "You'll know just what to
 do,
From deep inside of you.
Man you got to follow your dreams,
So you can make it can make it
 come true."
Ev'rybody sing:

Bridge

Verse

Well I'm trying to sleep by the
 ocean,
Sand upon my feet.
Waves are breaking on the shore,
Keeping that Symptoms beat.
Oh, fiddler crabs are dancing by
 my side,
Seagulls are flying in the sky.
I said, "I'm trying to sleep by the
 ocean,"
And this is what they said to me,
They said:

Chorus

Bridge