

Only by remaining small have we been able to continue offering this very specialized service that requires a lot of training of our wonderful staff.”

What is your business philosophy?

It’s a philosophy of truth and integrity in describing our products and the ingredients in them. We continue to practice our beliefs in being sustainable and green, buying locally as much as possible and having a slow growth so that we can celebrate 40years in business. By being happy with a modest profit I can employ my staff of 33, many of whom have been with me for over 20 years.

What product is your favorite?

Everyone talks about organic and natural but the nearest to natural products offered at Body Time are my favorites: the Spray-On Natural Body Moisturizer and the Luminous Silk Facial Powder. Also, I can’t live without our Revitalizing Vitamin C Facial Serum and our Unscented Cream Cleanser.

What makes your work worthwhile?

My employees; I feel like I can combine my work and my personal philosophy on life, which includes Buddhist teachings and a philosophy of responsibility to people and the environment based on theories by Van Jones, Bill McKibben and Woody Tasch, who espouses the ideas of modest profit.”