

Products to Support Nursing Moms

Nursing Blend Breastfeeding Supplement

Scientifically-designed by doctors and nutritionists to specifically meet the nutritional needs of nursing mothers and their babies and to aid in milk production. A comprehensive formula brings together essential vitamins and minerals to ensure proper nutrition and herbal ingredients to support breast milk production. Nursing Blend is endorsed by MD and leading lactation specialist, Dr. Kathleen Marinelli.



Nursing Time Tea

Nursing Time Tea is an all-natural herbal tea designed to help nursing mothers increase their milk flow and soothe digestive unease of both mother and baby.



Ingredients include:

- Fennel seed - Helps increase milk production
- Goat's rue - Acts to stimulate the production and flow of milk
- Blessed thistle - Aids milk production and digestion
- Alfalfa: Provides vitamin K to help enrich milk
- Anise seed - Helps milk production while alleviating gas, colic and indigestion
- Lemon verbena - Creates a delicious flavor

Nipple Nurture Balm

All-natural ingredients formulated to soothe, protect, and heal sore or cracked nipples experienced by nursing mothers. 100% organic and lanolin-free so it is safe for both mom and baby. Ingredients include calendula, self heal, shea butter and other natural moisturizers.



About Fairhaven Health

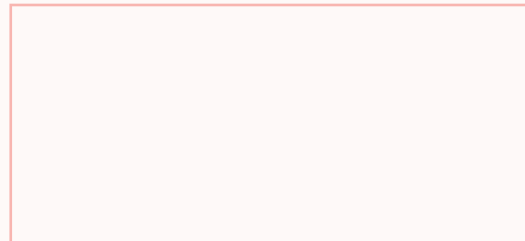
Fairhaven Health is a specialty supplier of natural, doctor-designed fertility, pregnancy and nursing related products. When it comes to preconception and pregnancy, Fairhaven Health is with you every step of the way.



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** These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure, or prevent any disease.*



Pregnancy and Nursing Products

to support both mother and baby



Nutrition Before, During, and After Pregnancy

The Natural Choice in Prenatal and Nursing Health
www.fairhavenhealth.com

Nutrition Before, During, and After Pregnancy

Supplements To Support Pregnancy

Pregnancy Plus® Prenatal Vitamin

Pregnancy Plus® Prenatal Vitamins provide a once-daily spectrum of essential vitamins and minerals for both mother and baby. This complete multivitamin includes key nutrients such as iron, vitamin C, vitamin A (as beta-carotene) and folic acid with no artificial ingredients.

- Based on a "Just Right" formula developed by leading ObGyn, Dr. Amos Grunebaum
- Just 1 tablet a day provides the ideal balance of key vitamins – including 600mcg of folic acid
- All natural and safe – contains no artificial dyes, flavors or preservatives
- Small easy-to-swallow tablets are ideal for sensitive stomachs
- One bottle provides a two-month supply



Pregnancy Plus® Omega-3

Pregnancy Plus® Omega-3 is a safe, natural source of omega-3 fatty acids for pregnant and nursing mothers - as well as trying-to-conceive women. It's the ideal supplement to help ensure your baby's healthy development.

- Supports the development of baby's brain, heart, and eyes
- Enhances infant cognitive function and attention span
- Doctor-formulated and ObGyn approved
- Molecularly distilled for maximum purity – contains no artificial dyes, flavors, or preservatives



Pregnancy Plus® Cal-Mag

Pregnancy Plus® Cal-Mag contains the optimal levels of calcium and magnesium for pregnant and trying-to-conceive women in a delicious, chocolate-flavored chewable tablet.

- Contains 1000mg of calcium and 500mg of magnesium per serving
- Supports the healthy development of baby's bones, muscles, teeth, and heart
- Protects mothers against loss of bone mass and lowers the risk of osteoporosis
- Supports a healthy pregnancy and may help decrease the risk of premature delivery
- Doctor-formulated and ObGyn approved
- Chewable wafer with a delicious chocolate flavor!



Tea-for-Two Pregnancy Tea

Tea-for-Two is the all-natural, baby-safe herbal tea designed to support a healthy pregnancy, tone the uterus, and relieve morning sickness discomfort.

Ingredients Include:

- Strawberry leaf: Helps nourish and tone the uterus
- Alfalfa: Highly nutritive and contains vitamin K, important for a healthy pregnancy
- Dandelion leaf: Helps eliminate excess water and provides a source of potassium, calcium, and iron
- Oatstraw: Acts to calm the nervous system
- Ginger root and lemon verbena: Ease morning sickness and provide a delightful flavor chocolate flavor!



Other Items To Support Pregnancy

DreamBelly Stretch Mark Cream

Made from aloe vera gel, a select blend of natural butters, and moisturizing oils, grapeseed extract (a nutraceutical), as well as rosehip seed oil and antioxidant-rich vitamin E - ingredients recognized for their ability to revitalize skin and prevent stretch marks.



All-Natural Pregnancy Deodorant

An all-natural deodorant designed specifically for pregnant women. Contains no harsh chemicals or additives with a subtle, fresh scent ideal for expectant mothers. Includes White Willow Bark, Tea Tree Oil and other natural ingredients to fight bacteria and prevent odor.



Healthy Mom, Happy Baby – Prenatal Yoga DVD

A gentle prenatal yoga practice designed for all three trimesters of pregnancy. Created and led by two leading yoga instructors who are also moms.



9-Months Plus Pregnancy Wheel

Designed by a leading ObGyn, this convenient tool helps guide women through their pregnancy. Follow your baby's development, predict due dates and keep track of doctor visits.

