



Creating Curly Hair Styles

A question we get a lot is something along the lines of "How do I get my hair to look curly (or wavy)?" We have a lot of clients who want to wear their hair in a naturally curly looking style but want to eliminate the kinkiness and frizziness of just a plain old 'fro and wear something a little more fashionable and under control.

There are several ways to go about this depending on a couple of factors such as :

- The natural state of your hair- how kinky is it? How soft is it? How thick is it?
- Do you want a permanent solution (will require chemicals) or are you willing to style your hair on a regular basis?

Permanent Solution

For a permanent solution there is always a texturizer or a kiddie perm or a curly perm (we've even heard them called "curl reconstructors"). This will give you curly/wavy hair in a relatively permanent style. There's something now called a "wash and wear"™ relaxer. It appears that this is simply a milder lye relaxer that leaves the hair in a "semi-natural" state. However, many of our clients want to avoid chemicals, which can be damaging to your hair and scalp. So, here are some alternatives you can try with naturally curly hair.

How to Create Soft Springy Curls from Naturally Kinky Hair

This is a technique for moderately kinky to naturally curly hair. Requires styling about once a week, if properly maintained.

What you'll need:

- Moisturizing Shampoo
- Leave-In Hair Conditioner
- Spray bottle with water
- Treasured Locks Curl Defining Pomade & Gel
- Wide and/or Medium Tooth Comb
- Hooded Hair Dryer
- Hand Held Hair Dryer

Instructions:

- 1) Wash hair with moisturizing shampoo and condition with a detangling conditioner.
- 2) Leave hair wet and comb through to detangle with a wide tooth comb.
- 3) While hair is wet saturate with Treasured Locks Locks of Curls Pomade & Gel
- 4) Part hair into sections about 1/2" to 1". Add pomade to each section as you work

it.

- 5) With a wide to medium tooth comb, begin to gently comb hair one section at time from root to end. Start at the neck and work your way to the front of your hair. Pull the hair slowly to elongate your natural kinks into smoother, longer curls.
- 6) It's important to keep the hair wet during this process. Use a spray bottle with water, or Protective Mist Bodifier or Treasured Locks Leave-In Conditioner.
- 7) The look you are going for is smoother, longer curls while your hair is wet. You will then "set" the hair using a hooded dryer to maintain the curl when dry.
- 8) Sit under a hooded dryer for an hour or until hair is fully dry. It's important to have the look you want **before** you sit under the dryer. If you want a part in your hair, part it now. If the curls are elongated now, they will not be any longer later.
- 9) After drying, for further elongation of curls, you can use a hand-held dryer. Grab, the hair by the end and gently stretch it while blowing hot air on it from the root down to the mid-point of the hair.

Straw Set

A straw set will create those Shirley Temple types of ringlet curls (only smaller of course). This is also a great transitional hair style when you're going from permed to natural hair. Giving the permed hair texture by placing it in this curly style will minimize the difference in appearance between the permed hair and the natural hair.

You will need:

- A pack of plastic drinking straws
 - For larger and looser curls, use small perm rods- available at many beauty supply stores
- End papers
- Bobby pins
- Black Earth Crinkles & Curls or other setting lotion (make sure it's alcohol free)
- Light hair oil

Step 1: Shampoo and condition your hair and blot dry with a towel.

Step 2: Part your hair into 1/4 to 1/2 inch sections

Step 3: Place end papers on to ends of your hair.

Step 4: Roll your hair onto the straws or perm rods and secure it with a hairpin.

Step 5: Repeat steps 2-4 until you have finished your entire head.

Step 6: Dry your hair under a hooded dryer.

Step 7: Gently remove the straws and separate the curls.

Step 8: Spray with a light oil and continue to spray with oil on a daily basis.

Twist Out

This is a very easy, but very fashionable hair style. Start by creating two strand twists (which can be work that way for several days), then change it up by removing the twists and leaving the hair kinky/wavy for a few days.

- To create two strand twists, simply part the hair into small sections.
- Take each section and divide into two strands.
- Coat the hair with Locks of Curls Pomade & Gel or other styling gel.
- Coil the strands around each other working from the roots to the ends. Repeat over the entire head.
- After a few days simply untwist the two strands (gently)