

USER MANUAL

NuFace® is a non-invasive facial toning device intended for at-home cosmetic use. This battery operated device delivers low level electrical microcurrent impulses to strategic locations on the face to improve your facial tone for a more youthful appearance. This unique electrical current is emitted from dual probes that are designed for optimal contact with faces of all shapes and sizes. NuFace® continually alternates between the positive and negative probes and allows you to adjust the current output from 0 to 400 microamps for a personalized comfort level.

For your NuFace® device to operate properly, a conductive solution is needed. Therefore, it is important to first apply the Carol Cole Derma-Gel to the skin areas to be treated. Then, following the natural contours of your face, simply glide the NuFace® over your skin for an instant visible lift. Upon the completion of your NuFace® treatment, apply the Carol Cole Optimizing Mist to promote continual firming and hydrating. Regular use of your NuFace® device will provide you with increasing facial strength and tone, while maintaining a more vibrant appearance.

Using your NuFace® for just 5 minutes a day will deliver instant facial rejuvenation results.

The NuFace® System includes the following:

- NuFace® Device
- (8.45 oz.) Derma-Gel
- (8 oz.) Optimizing Mist
- NuFace® Instructional DVD
- 9-volt battery
- User Manual and Package Insert

INDICATIONS FOR USE and INTENDED USE

The NuFace® Facial Toning Device is intended for facial stimulation and is indicated for over-the-counter cosmetic use.

- A** LED- on/off indicator light
- B** Thumbwheel- Power on/off and Microcurrent Intensity Adjustor
- C** Battery door- insert/exchange 9- volt battery
- D** Dual Probes- emits alternating current through the positive and negative probe at 0 to 400 microamps
- E** NuFace® Optimizing Mist
- F** NuFace® Derma-Gel



NuFace® General Specifications:

Measures approx. 7" L x 2.5" W x 1" D
 Device Net weight is approx. 1.8 lbs.
 System Kit Gross weight is approx. 2.4 lbs.
 Made by Carol Cole Company in USA



NĪFACE® DERMA-GEL

- 8.45oz. (Conductivity Solution)
- **Product Description:** Use Derma-Gel in conjunction with the NuFace® device to lift and tone the face. If the Derma-Gel begins to dry during your NuFace® treatment, reactivate the gel by applying a small amount of water to the area being treated.
- **Ingredients:** Purified Water, 1, 2 – Propanediol, Carboxylate Polymer, Citrate Salt , F, D and C Blue #1



NĪFACE® OPTIMIZING MIST

- 8 oz. (Post Solution)
- **Product Description:** Firms and hydrates the skin. Use the Optimizing Mist following your NuFace® application to finish and optimize the treatment.
- **Ingredient Highlights:** Hyaluronic Acid – 5% (holds connective tissues together; hydrating) Aloe Vera Gel – 40%
Other Ingredients: Deionized Water, Rosemary, Chamomile, Glycerin, Sorbitol (*skin tightening complex*), Palmitoyl Pentapeptide-3 (anti-wrinkle complex), Sodium, PCA (*moisturizer*), Allantoin (*healing properties*), L-Ascorbic acid, Polysorbate 20 (*conditioning agent*), Fragrance, Panthenol, Algae extract, and Phenoxyethanol



INSTRUCTIONAL DVD

Before Using Your NuFace®

- Remove the NuFace® device from tray. (Unit arrives with battery already inserted.)
- Remove battery door on back of the unit to access your NuFace® individual serial number. Use this number to register your NuFace® device today. Replace and secure battery door.

Please take the time to watch the instructional DVD

- Apply a conductive solution (Derma-Gel) onto the designated skin area(s) being treated.
- Ensure the entire area being treated is saturated with the conductive Derma-Gel.
- Turn your NuFace® unit on by pushing the on/off thumbwheel on left side of machine all the way up.
- The Green LED will illuminate, indicating the unit is on and ready for use.
- Begin your NuFace® treatment as described in this usage manual.
- You may adjust the intensity level (microcurrent level output) to your comfort by turning the thumbwheel intensity selector-located at the left side of machine-up or down.
- Always keep both probes on the skin at the same time as the device will automatically switch polarity during treatment.
- Remember to turn your NuFace® device off after every treatment.

Note: NuFace® will not contract your muscles and, when used correctly, the current can be very soothing.

NÜFACE® USAGE INSTRUCTIONS

Personal Preparation

Start by cleaning your face with a non-oil based cleanser. Men should shave before use as hair can interfere with the conductivity of the probes. Facial areas under a beard or mustache cannot be treated. When using NuFace® make sure you are positioned in front of a mirror in a well-lit room. **Skin Health Tip:** Exfoliate the areas to be treated 1-2 times a week for enhanced results.

FACE

JOWL + JAW (Depressor Anguli Oris Muscle) + (Platysma Muscle)

- Apply the Derma-Gel before NuFace® application.
- Position the bottom probe on your **jaw line** with the top probe slightly above the bottom probe (starting on nasolabial fold).
- Slowly glide NuFace® from the jowl area to the lobe of your ear.



LOWER CHEEKS (Depressor Anguli Oris Muscle)

- Position the bottom probe **slightly under your cheek bone**, by the corner of your mouth and staying outside your circular mouth muscle, with the top probe slightly above the bottom probe (starting on the nasolabial folds).
- Slowly glide your NuFace® from the beginning of your cheek bone, by your nose, to the mid point of your ear.

UPPER CHEEKS + TEMPLES

- Position the bottom probe **under your cheek bone**, by your nose, with the top probe slightly above the bottom probe and staying outside the orbital rim of your eye (circular eye muscle).
- Slowly glide your NuFace® from the beginning of your cheek bone, by your nose, to your temple/upper ear.

REPEAT EACH STEP A TOTAL OF THREE (3) TIMES. GLIDE NuFace® VERY SLOWLY.

FOREHEAD

(Corrugator & Orbicularis Oculi Muscles)

THICK OF BROW

- Apply the Derma-Gel before NuFace® application.
- Position the probes horizontally, with the probes off centered **above the thick of your brow.**
- Slowly glide probes upward and toward your hairline.



ARCH OF BROW

- Position the probes horizontally, with the probes slightly **above the arch of your brow.**
- Slowly glide your NuFace® upward and toward your hairline.

THIN OF BROW

- Position the probes horizontally, with the probes slightly **above the thin of your brow/temple.**
- Slowly glide your NuFace® upward and toward your hairline.

REPEAT EACH STEP A TOTAL OF THREE (3) TIMES. GLIDE NuFace® VERY SLOWLY.

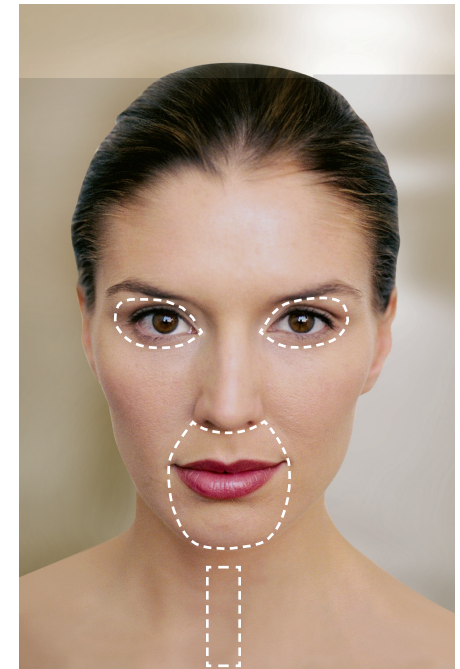
REPEAT STEPS ON OPPOSITE SIDE OF FACE.

View the enclosed Instructional DVD for training on advanced techniques for increased lifting results.

WARNING:
AREAS TO AVOID:

DO NOT USE NUFACE® ON:

- Mid line of neck (bone of neck)
- Mouth Area (circular muscle inside nasolabial fold)
- Eye area (circular muscle inside orbital rim)



CLEANING

To clean your NuFace® device, wipe the unit with a damp cloth.

WARNING

Do not submerge the unit in water or any other liquid.

INDICATIONS FOR USE

Over-the-counter cosmetic use

CONTRAINDICATION FOR USE

NuFace® should not be used in the following areas:

- Around the mouth (Orbicularis Oris)
- Eye areas (Orbicularis Oculi Muscle)
- Mid-line facial and throat area (vertical center)

WARNING

NuFace® should not be used by:

- Children
- Pregnant Women
- People subject to seizures
- People with cancer/tumors
- People with cardiac pacemaker
- People with implanted defibrillators/stimulators
- People with electronic implanted devices

CAUTION

Electronic monitoring equipment (such as ECG monitors and ECG alarms) may not operate properly when your NuFace® device is in use.

NuFace® should be applied only to normal intact skin, and stimulation should not be applied over – or in proximity to – cancerous lesions or applied over swollen, infected, or inflamed areas or skin eruptions (e.g., phlebitis, thrombophlebitis, varicose veins, etc.). Men should shave before use as hair can interfere with the conductivity of the probes. Facial areas under a beard or mustache cannot be treated.

If you have any medical concerns such as a severe medical illness, epilepsy or seizures, or recent facial surgery, please consult your doctor before using the NuFace®.

Potential adverse reactions may include skin irritation or redness. For adult use only. Keep out of the reach of children.

PRECAUTIONS

Your NuFace® device is designed for cosmetic use only and for individuals in good health. If this is not the case for you, please consult your doctor before use.

A slight tingling sensation may occur while using the NuFace® device. Lowering the intensity may reduce or eliminate this sensation. There also may be a perception of flashing lights during your NuFace® treatment resulting from the stimulation of your optic nerve. If you notice this condition constantly and when not using your NuFace® device, please consult your doctor.

Please review the enclosed instructional DVD and usage manual before using your NuFace®. This product is designed for cosmetic purposes only, and is designed specifically for the face.

- Safety of NuFace® for use during pregnancy has not been established.
- Caution should be used by patients with suspected or diagnosed heart problems.
- Caution should be used by patients with suspected or diagnosed epilepsy.
- Caution should also be used in the presence of the following:
 - When there is a tendency to hemorrhage following acute trauma or fracture;
 - Over areas of the skin which lack normal sensation.
- Some patients may experience skin irritation or hypersensitivity due to the electrical stimulation or electrical conductive medium. The irritation can usually be reduced by using an alternate conductive medium.
- Men should shave before NuFace® use as hair can interfere with the conductivity of the probes. Facial areas under a beard or mustache cannot be treated.
- The NuFace® device should be kept out of the reach of children. NuFace® should not be used while driving, operating machinery, or during any activity in which involuntary muscle contractions may put the user at undue risk of injury.

ADVERSE REACTIONS

There have not been any reported adverse reaction with the NuFace® device specifically. However, skin irritation and burns beneath the electrodes have been reported with the use of other powered muscle stimulators. If you experience skin irritation or burning, please discontinue use.

Very Important

This device is solely intended for cosmetic use on the face. Any harmful consequence resulting from misuse or application to other body areas, connection to improper voltage sources, dirty conductive solution or probes, or any other improper applications is neither the responsibility of Carol Cole Company nor its affiliates.