

TOOLS FOR WELLNESS®

Live Smarter®



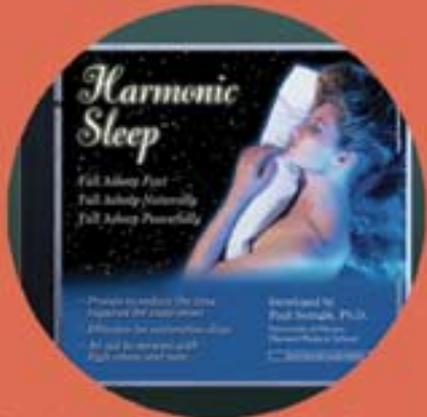
EMF Protection



Mind Machines



Stress Reduction



Better Sleep Solutions



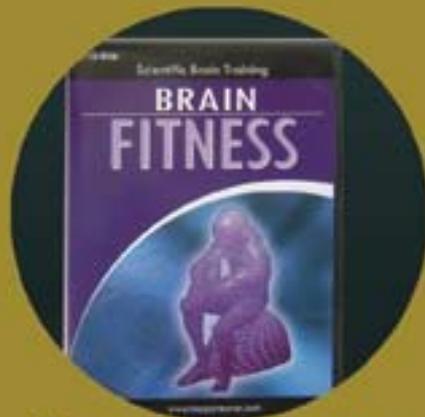
Subtle Energy



Self-Healing Therapies



Vibrant Health



Learning & Memory



Healthful Lighting

Advanced Products for Alternative Healthcare

Smart Solutions For EMF Protection

Q-LINK STRENGTHENS YOUR RESILIENCE AND RESISTANCE TO STRESS AND PROTECTS AGAINST CELL PHONE, COMPUTER AND OTHER EMF



#99851

Feeling drained, weak, irritable, distracted, stressed, anxious? You may be suffering from electro-magnetic frequencies, the invisible and undetectable pollution that is getting more and more attention from the medical community. The Q-Link is the only jewelry that uses Sympathetic Resonance Technology (SRT-3) to help strengthen your natural resilience to EMF.

Q-Link users report having clearer thinking, increased awareness, calmness,

better sleep, enhanced mental focus, stamina, vitality and more. It also strengthens immunity to cell phone, computer and other electromagnetic fields.

Sleek and fashionable design featuring a beveled-edge 1½" triangle with two distinct sides, each making an individual statement. Can be worn by men and women. Wear it just like pendant jewelry; inside or outside your clothing. 35" cord.

"The Q-Link technology has been scientifically demonstrated to enhance the body's ability to protect itself from harmful environmental radiation. By reducing the noise in any energy



#45020

field, this technology strengthens and purifies the body's own energies" Ken Wilber, author of 17 books on consciousness and integral theory and practice.

The Sympathetic Resonance Technology works like a tuning fork to help rebalance the body's biofield so that man-made sources of electromagnetic radiation do not interfere with the optimal functioning of the body.



#43122	Q-Link Titanium	Black cord	\$199.95
#45020	Polished Sterling Silver	Sterling silver chain	\$299.95
#45024	Brushed Sterling Silver	Sterling silver chain	\$299.95
#43114	Black Acrylic	Black cord	\$99.00
#42742	White Acrylic	Black cord	\$99.00
#99851	14K Gold Pebble	Black cord	\$999.95
	Gold casing with polished finish. 1" diameter.		

How Does Q-LINK Work?

The Q-Link pendant is comprised of three primary components: a resonating cell, tuning board and an amplifying coil. The resonating cell functions as a multi-frequency crystalline oscillator. The tuning board protects the integrity of the cell, helping it to function at its optimal harmonic frequency range. The amplifying coil strengthens and increases the amplitude of resonant body frequencies. In simpler terms, the Q-Link functions like a highly

sophisticated series of tuning forks, sympathetically resonating to strengthen and stabilize the human biofield and its complicated electrochemical processes.

SUMMARY

- Constantly recharges your biofield when you wear it
- Supports optimal health, wellness and peak performance in everyday activities as well as sports
- Converts and conducts subtle energy into a more coherent energy state conducive to the healthy energy states of the user.

PERSONAL WELLNESS EMF BRACELETS

A Shuzi bracelet is a personal energy system that helps bring your whole being into a state of balance where your body is stronger, your thoughts are clearer and your endurance levels are increased. Simply put, Shuzi just makes you feel better and harmonizes your mind and body so

that you bring your best to whatever you do. Whether you are an athlete, student, parent or business executive, Shuzi will help your overall well-being. Shuzi is similar to Q-Link products as they help protect you from harmful EMF pollution.

Shuzi strengthens and fine tunes the human biofield, making your mind and body more resistant to the effects of stress in any form,

including EMF radiating from cell phones, computers, and many other products such as hair dryers. You will notice enhanced energy and strength, greater endurance, flexibility along with better balance and mental focus. Effects differ from person to person, ranging from subtle to dramatic. Some feel the effects right away, where most will notice effects over a 30 day period. FDA-registered

diagnostic equipment called Biomeridian proved that Shuzi, with Nano Vibrational Technology, reduced stress in all areas of the body.

- Protects against EMF radiation
- Enhances mental clarity and awareness
- Balances emotions
- Deepens restful sleep
- Improves athletic performance

CHECK OUR WEBSITE FOR ADDITIONAL SIZES



TWO TONE SHUZI CUFF EMF BRACELET
#19431 Men Medium \$149.95
#18771 Women Small \$149.95



TITANIUM
#16884 Men Medium \$229.95
#16886 Women Small \$229.95



BLACK STAINLESS STEEL
#16881 Men Medium \$159.95



STAINLESS STEEL
#16877 Unisex Small \$79.95
#16878 Unisex Medium \$79.95

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MORE PRODUCTS

MORE SPECIALS

MORE INFORMATION

www.ToolsForWellness.com

Get all these benefits from a beautifully styled watch. Embedded in each watch is a unique electronic chip that emits the Schumann Frequency (the predominant frequency found in nature). Based on the work of Nikola Tesla, and named after him... these watches re-introduce nature's healing frequency to your body. As a result of wearing these TESLAR watches, reports show an 80% increase in brainwave strength and a 76% increase in the body's

immune response; athletes report a 20% increase in circulation, leading to improved performance. Other watch wearers experience less stress, relief from the aches and pains of arthritis, less headaches, reduced symptoms associated with depression and hyperactivity. This technology is an active, not passive, approach to EMF protection... because the chip oscillates at the Schumann frequency.

FLORENTINE

- Gold or silver stainless steel case
- 1 3/8"
- Gold face model has brown leather band and Roman numerals
- White face model has brown leather band and standard numerals
- 1 TESLAR CHIP inside

#63576 Gold Face with Gold Case \$169.95

#83134 White Face with Silver Case \$169.95



LOWERED ANXIETY • HEIGHTENED IMMUNE RESPONSE

PACIFIC

- Gold stainless steel case
- Men's: 1 1/4" x 1" gold face
- Women's: 1" x 3/4" gold face
- Black "alligator look" leather band
- 1 TESLAR CHIP inside

#99887 Men's \$159.95

#99888 Women's \$159.95



TESLAR

Standard batteries need replacing every 18-24 months. Batteries are readily available at your local jeweler.

FLORENTINE

- Gold case with white or gold face
- Black leather band
- 1 3/8"
- 1 TESLAR CHIP inside

#83190 Gold Face with Gold Case \$169.95

#83191 White Face with Gold Case \$169.95



ATLANTIC

- Gold stainless steel case
- Men's: 1 1/4" x 1" white face
- Women's: 1" x 3/4" white face
- Black "alligator look" leather band
- 1 TESLAR CHIP inside

#99885 Men's \$159.95

#99886 Women's \$159.95



WINDSOR

- Gold stainless steel case
- Brown "alligator-style" band
- Unisex - 1 1/4" wide
- 1 TESLAR CHIP inside

#42720 \$189.95



ROMAN

- Gold stainless steel case
- Black "alligator-style" band
- 1 1/2" wide
- 1 TESLAR CHIP inside

#51017 \$189.95



WALL STREET

- Stainless steel case
- 1 1/4" diameter
- Raised index dial
- Date display
- Genuine leather band
- 1 TESLAR CHIP inside
- Gold face

#83060 \$199.95



BENEFITS

- Reduces the effects of stress, fatigue and jet lag
- Decreases hyperactivity, anxiety, migraines, and depression
- The TESLAR chip uses subtle energy technology to screen the body from electronic pollution, allowing the body to operate more harmoniously within the earth's natural resonance field

SHUZI products incorporate Nano Vibrational Technology, supplying health benefits such as greater energy, enhanced strength and balance, along with improved mental clarity. Shuzi uses subtle vibration programmed at the nano-level to create a stronger

frequency for your biofield enabling your body to more capably resist the effects of any stress it is subjected to. Cells communicate with each other by known methods of chemical reactions and through the biofield. They have a resonating frequency at which they operate in order to stay healthy, but these cells are affected by outside electric and magnetic environmental conditions.

This lightweight bracelet is an understated way to wear Nano Vibrational Technology. 7 1/2" long x 3/8" wide

#83164 Stainless Steel \$139.95
#83163 Gold Plated \$139.95
#83165 Two-tone \$139.95

The square edges and sleek finish of this style make quite a fashion statement. 8" long x 1/4" wide

#83166 Gold plated \$119.95
#83167 Two-tone \$119.95

The Shuzi watch incorporates the same Nano Vibrational Technology as the bracelets.

- The watch casing is machined from titanium metal and polished to a high luster
- Swiss movement
- Quartz mineral crystal face
- 1 1/8"
- Water resistant
- Black leather band

#83183 Shuzi Watch \$299.95



This bracelet duplicates the elegance of a fine watch and gives the appearance of fine jewelry. 8" long x 1/4" wide

#83162 Stainless Steel \$129.95

New age style is evident with this titanium inter-link bracelet. 8 1/4" long x 1/4" wide

#83168 Titanium \$119.95

Exact size of bracelets can be adjusted by your jeweler.

The back of Shuzi jewelry shows the embedded chip programmed with Nano Vibrational Technology, designed to emit healthy subtle vibration energy.

Smart Solutions For EMF Protection

The modern world is filled with numerous sources of electro-magnetic signals, including house wiring, computers, power lines, automobiles, appliances, and machinery. As we surround ourselves with more and more electrical devices, our bodies become stressed from external stimulus. Common symptoms of EMF pollution include headaches, eyestrain, fatigue, irritability, erratic sleep patterns and decreased immune function.

Measure Harmful Power Line Frequencies Measure electro-magnetic fields from microwave signal transmission towers, satellite television signals, and radio signals.

EMF IS ALL AROUND YOU: In your home: kitchen range, microwave, electric blanket, hair dryer, fluorescent bulbs, television, appliances and power tools.



High Quality EMF Measurement Tool

The TriField Meter is the only meter that combines measurement capability of electric, magnetic, radio, and microwave frequencies. The electrical setting is used to see if appliances are well grounded. Some older appliances may not be. Even water pipes can carry an electrical charge.

The magnetic setting is used around electronic equipment to measure how far the field extends. This setting

is also used to check high tension wires and fuse boxes. You can set up a safer office, home, and sleeping environment with this knowledge.

The microwave setting is used to check cell phones, wireless phones, remote controls, and microwave ovens, and radio towers.

This is the most accurate, least expensive device we have found and it is so simple to use. Just turn the dial to one of the three settings, and walk around your home or office. 2-3 milligauss is the limit proposed

by many health and engineering professionals. A red band on the meter shows you when this limit is reached. Includes 1-year limited warranty, 9v battery, and instructions. Calibrated to U.S. current.

#46003 TriField Meter \$159.95

The Trifold Meter measures artificial electromagnetic fields. The Natural EM Meter (page 19) measures changes in the Earth field due to atmospheric electricity, a solar magnetic storm, or even trucks or magnetized objects moving nearby. Neither can measure any fields created by the body. See our website for more information.

Ultra-Sensitive Radio/Microwave Meter

Unlike other low-cost field strength meters, this meter's frequency response does not depend on the characteristics of an external antenna... the internal detection system yields a flat response over a wide range of frequencies. With sensitivity down to 1 nanowatt per 2 sq.cm., it can measure power density from a typical cell phone tower up to 10 miles away. It is also sensitive to all but the highest frequency radar, too. With this meter, you no longer have to wonder how much radio/microwave energy you're being exposed to. Instructions include how to estimate average frequency and how to determine the direction of the

source of the waves. Advanced digital display. Uses 9-volt battery.

#41056 RF Field Strength Meter \$324.95



Find Out Exactly What Is Emitting Radio or Microwaves Including Hidden Sources

After selecting the sensitivity you want, a clear, loud beep indicates radio waves stronger than the level you selected. If you move closer to the source, the beep becomes more frequent, and will ultimately become a solid tone if you move closer still. Or, if you move away from the source, the beeping will stop. This pocket-size (and accurate) device will fill you in on a lot of things you would have never guessed (like strong radio waves on some wall outlets but not others in the same building). It's also great for determining if a nearby cell



phone is not only invading "your space", but harming it as well.

With the different sensitivity settings, it can be used for cell towers, microwave ovens, fluorescent lights, video monitors, cordless phones and more. Comes with a lithium battery (3-6 year life), pocket clip, and one year warranty.

#99848 MicroAlert 2 \$89.95

MicroAlert 2 Or Trifold Meter?
The MicroAlert 2 measures general sensitivity and alerts you to dangers, even from hidden sources. The Trifold Meter is an instrument that precisely measures electromagnetic fields and displays the results on a dial.

EMF Protection In The Car



Plugs in to your cigarette lighter. Typically, cars create 30-40 milligauss field, far above what is accepted as safe. Guards against EMF radiation generated by the rapid firing of spark plugs and absorbed by the car's metal parts.

#46004 Car Polarizer \$51.95

IONIZER FOR YOUR CAR

Effectively eliminates odors, dust, pollen, germs, bacteria and smoke. Helps relieve fatigue and promotes alertness while driving. Uses no chemicals or agents. Plugs into your cigarette lighter and it's maintenance-free. Chrome finish.



#75233 Automobile Ionizer \$29.95

The Perils Of Electropollution

The author explains the effectiveness of alternative healing methods that use parts of the body's innate electrical healing systems, and warns that our bodies are being adversely affected by power lines, computers, microwaves and satellite dishes. Softcover, 353 pages.

#18746 Cross Currents \$16.95



PROTECTION DIODE FOR WIRELESS HEADPHONES

This concentrated 1/4" adhesive disk and is attached to even the smallest Bluetooth or wireless headset. Wireless listening devices magnify and compress their EMF radiation, so this diode's formula has been magnified to neutralize the harmful EMFs.

#62217 Wireless Headset Diode \$69.95

CIRCUIT BREAKER DIODE

This high frequency Circuit Breaker Diode provides a powerful solution to EMF where electrical power enters your house. Place this on your circuit breaker box for extraordinary protection. The 3" Copper disc will neutralize the harmful energies emitting from your home's electrical wiring and the appliances running off those lines. One Circuit Breaker Diode is effective for home or offices up to 4,000 sq. ft. No maintenance required.

#62218 Circuit Breaker Diode \$329.95



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www.ToolsForWellness.com

Beautiful Pendants for EMF Protection and Emotional Healing



Phyllis Light Ph.D.

Phyllis Light developed this breakthrough technology after 30 years of research and development. Dr. Light has been trained to detect and repair subtle kinds of damage to a person's energy field which cause physical and ultimately mental and emotional distress. Written testimonials from satisfied users can be found on our website.

The powerful Rejuvenizer pendant is designed to protect your body and energy field from the negative effects of EMF pollution and emotional distress. The Rejuvenizer has specific programs stored within the structure of the dichroic fused glass that performs particular protective and healing functions.

- Removes negative charges stored in the body from years of exposure to EMF signals
- Strengthens energy fields
- Helps normalize the body from the effects of environmental toxicity Specially encoded by Dr. Phyllis Light. Benefits are cumulative over time.

Individually handcrafted; no two are alike. Comes with a black satin cord and suede carrying pouch. 1" long x 3/4" wide.



- | | | | |
|--|---|--|--|
| #99934 Caribbean Seas: Sparkly pastel rainbow colors on aqua blue background \$159.95 | #41062 Golden Sunrise: Blue, green, gold and hint of pink \$159.95 | #41061 Purple Majesty: Purple with hint of emerald \$159.95 | #99931 Shimmering Mint: Pastel rainbow colors on mint green background \$159.95 |
| #71074 Celestial Sky: Periwinkle, aqua and pink \$159.95 | #71077 Opalescent: Silver, white, aqua \$159.95 | #48334 Rainbow Night: Like Tropical Isle, but with pinks and purples \$159.95 | #48335 Tropical Isle: Green, gold and copper \$159.95 |
| #99933 Cobalt Magic: Deep cobalt blue and purple with | #99844 Midnight Blue: Deep cobalt blue, purple and black \$159.95 | #99932 Rose N Lilac Mist: Pastel pink and purple on a trans- | |

The REJUVENIZER can help you overcome the fatigue and exhaustion that often results from exposure to EMF. Clears old negative charges that have accumulated in your body over the years. Strengthens body's immune system and allows you to have more energy. Many users report a decreased frequency of illness.

ARE CELL PHONES HARMFUL?

While it is still too early to determine long term adverse effects of using cell phones... some recent findings indicate the following about cell phones:

- During usage, heart rate and hormone secretion is accelerated
- Usage should not be for prolonged periods
- Use by children should be severely restricted or eliminated

Attaches to phone with self adhesive backing

Tests show the Cell Phone Diode reduced EMF radiation by over 90%, causing a decrease in the biological stress caused by cell phone EMF

radiation. The Cell Phone Diode is also effective with:

- Beepers and pagers
- Cordless phones
- Remote controls
- Computers
- Kitchen appliances
- Microwave ovens
- Fluorescent lights
- Televisions
- Electrical appliances
- Electrical tools



1/2" Diameter

#62520 Digital Cell Phone Diode \$29.95

Buy 2 and SAVE! \$27.95 each
Actual color of Diode may vary slightly

SHIELDS YOU FROM THE EFFECTS OF EMF

This is a true CLEARING DEVICE that protects a 1000' radius. The Safe Space Device is designed to clear your space giving protection from detrimental EMFs, toxic earth radiations, and other harmful energies. This self-powered unit contains a holographic grid that holds and conducts a wide range of permanently imprinted vibrational frequencies... producing a purifying effect that causes a tangible change in the atmosphere. Under normal conditions, one unit can clear an entire house. Users often report a tangible change in the atmosphere and air quality, creating a bio-friendly environment. As a result of a harmonious flow of positive energies, most people say they feel calmer, relax easier, become more creative and sleep better. 2 1/2" x 4" x 3/4".

#46005 Safe Space \$109.95



SHIELD THE BODY AGAINST LOW LEVEL RADIATION

Calm jagged nerves from problems caused by exposure to microwaves, power lines, televisions, computers, hybrid cars, office equipment, fluorescent lights and jet lag. This pad will hold the body's energies in balance so that you will feel calm and more relaxed.

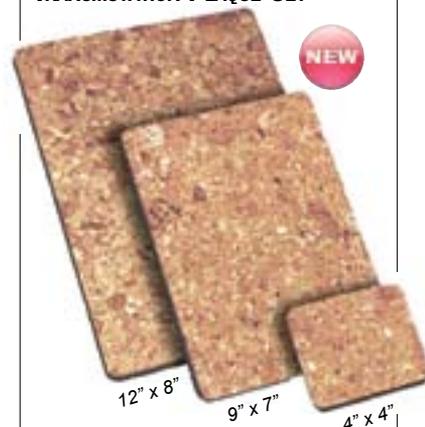
Aids in relaxing the body from tired muscles when placed under head, body, legs, arms, or neck. When used in automobiles or airplanes, it stabilizes body energy while traveling.

It's a soft, flexible 20" x 14" x 1" pad made of natural ingredients.

#83154 Dio-Pad Hunter Green \$89.95



TRANSMUTATION PLAQUE SET



These diode plaques make it convenient to transmute items that you suspect have negative energy. The solid state plaques eliminate the harmful effects of these negative energies permanently by changing oscillating or negative energy patterns to positive or bipolar energy. They have a cork finish with the Diode formula on the back. Good for: food and beverages, tobacco products, vitamins and medications, cosmetics, jewelry, belts, shoes, etc. Set of 3 different size plaques.

#83159 Transmutation Plaque Set \$89.95

DEEP TISSUE PENETRATING MASSAGE

Infra means very low frequency; tonic means vitalizing. Infratonic Therapy uses specific, randomly generated bands of infrasound (below 30 Hz) waves to penetrate superficial and deep layers of the body. When our cells are traumatized, they send out signals of discomfort and aggravation, which lead to pain, swelling, and energy depletion. Infratonic Therapy works by interrupting trauma at the cellular level, using the same frequencies that the body itself uses for intercommunication. Thousands of users world wide attest to its ability to accelerate sub cellular vitality, reduce stress and worry... important keys to accelerated recovery.

There are three patented vitalizing settings:

- FULL: Most effective for accelerated

- recovery
- SLEEP: excludes signals that create alertness
- PAIN: Excludes signals that accelerate sub-cellular activity, which could aggravate inflamed areas

Doctors, chiropractors, acupuncturists, and veterinarians are among the many users. Just as Qigong masters are able to focus chi, or life energy, into patient's bodies and stimulate relaxation and energy, the unique

"chaos" circuit delivers low frequency (2-25 Hz) sound waves directly to the area you want.

#46088 Infratonic 8000 \$895.00

#75382 Position Arm (For hands-free use) \$84.95



WHAT'S THE DIFFERENCE BETWEEN INFRATONIC AND SONICM?™

Infratonic 8000 is used for accelerated recovery. Very effective where there are broken bones and tissue that are slow to heal. Excellent for the complete approach to the mind-body healing process. The SoniCalm 3 is **targeted specifically for the relief of pain**, particularly where nothing else has worked before, such as chronic pain.

LITTLE RISK OF DEEP TISSUE BURNS UNLIKE FROM ULTRASOUND...

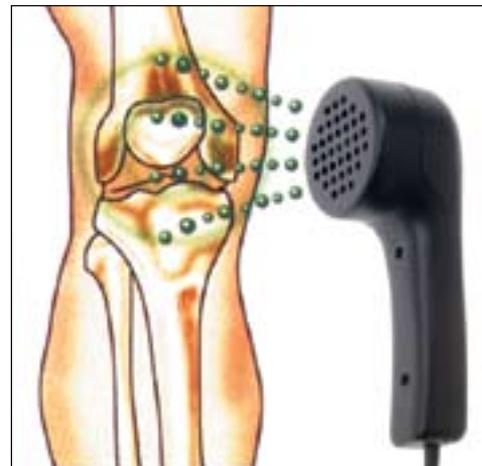
The Infratonic 8000 applies chaotic soundwaves to improve local microcirculation. While ultrasound uses high frequency sound which can cause local deep tissue burns, the Infratonic uses penetrating low frequency chaotic sound so there is no chance of excess heat build-up.

INFRATONIC THERAPY DESIGNED SPECIFICALLY FOR PAIN

It works by producing signals that entrain lower pain signals and lifts them into the desired range. These therapeutic signals move pain from the physical to the emotional range and transfer worry signals from the analytical range into the intuitive range.

Like the Infratonic 8000, it is highly touted by professional healthcare practitioners and works in a similar fashion... creating highly variable therapeutic signals (2-25 Hz) that repeatedly repositions the body's vibrational system for maximum effectiveness.

#46090 SoniCalm 3 \$695.00



RELIEF OF LOWER BACK PAIN ASSOCIATED WITH SORE AND ACHING MUSCLES

Uses TENS, Transcutaneous Electrical Nerve Stimulation, a safe, non-invasive drug-free method to manage pain. It works by sending small electrical impulses through the electrodes placed on the skin to underlying fibers. TENS allows many people with lower back pain conditions to resume daily activity. This therapy has been used for over 25 years by healthcare professionals. This same, very effective TENS modality can be used by individuals, and without a prescription.

The system consists of a small battery-operated control unit that is worn on a belt. Two small cables connect this to the self-adhesive electrode pads that are positioned where you want them on the lower back. You can vary the time, intensity and/or stimulation modes in order to customize your treatment.

#99896 TENS Back Pain Relief System \$149.95

#99897 TENS Replacement Pads (Pack of 4) \$19.95



IMPROVE YOUR VISION WITH PINHOLE GLASSES

If you suffer from eyestrain, blurry vision, nearsightedness, farsightedness, cataracts, astigmatism... pinhole glasses may be of benefit to you. They work by directing light rays onto the retina at the back of the eye and not through the use of an artificial lens. Includes: exercises to strengthen and retrain ocular muscles. They are not sunglasses or prescription glasses and do not treat medical conditions. One size fits all.

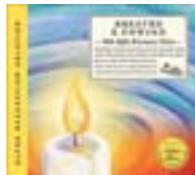
- #62531 Tan Frame \$39.99
- #99958 Flex Charcoal Gray Frame \$39.99
- #99960 Black Designer Frame \$35.99
- #99961 Blue Frame \$29.99
- #46085 Black Wraparound Frame \$37.99
- #46086 Grey Wraparound Frame \$37.99



BREATHE AND UNWIND WITH ALPHA BRAINWAVES

Silvia Nakkach is a pioneer in the field of sound transformation of consciousness, and, music shamanism. For this unique collaboration, her own ambient vocals, keyboards, percussion, cello, bass, and guitars are embedded with clinically proven Alpha relaxation audio processes developed by Dr. Jeffrey Thompson. Alpha waves are the brainwaves which people naturally produce in states of deep relaxation. After a few minutes of listening, your own brainwaves "lock" onto the pulses and carry you to states of renewed relaxation. A synergistic fusion of ethereal melodies and audio technology transports you to a place of inner peace and quiet joy. CD

#62193 Breathe & Unwind \$19.95



ORAL IRRIGATOR FOR PROFESSIONAL RESULTS

The Hydro Floss has a controlled strength magnetic flux field... it treats the cause of gum disease by inhibiting the bacteria's ability to bond to the teeth. It significantly reduces deposits AT THE GUM LINE and SLIGHTLY BELOW THE GUM LINE. 3 speeds and 4 interchangeable tips.

#46002 Hydro Floss \$129.95



REMOVES PLAQUE

- Literally ionizes teeth to repel the formation of plaque
- 6 month double blind study found reduction of plaque 48.6% and improved the health of gums by 51.8%

Produces cleaner, whiter teeth and fresher breath. Includes 5 brush heads, travel case, instructional video and user's guide.

#62071 hyG Ionic Toothbrush \$29.95
Buy 2 and SAVE! \$27.95 each



ACUPRESSURE FOOT MASSAGER FOR PAIN IN LEGS, NECK, BACK AND FEET

Massaging your feet stimulates all the nerve endings and pressure points in your feet, creating a soothing effect that actually relieves pain and discomfort in your extremities and throughout your body (all major organs and nerves end in the nerve endings underneath your feet). It improves your blood circulation and creates soothing relief. Used by athletes and massage professionals. Can be adjusted for length of treatment and intensity.

#62236 AcuPressure Foot Massager \$129.95

Add additional \$10 shipping charge.



STIMULATE NERVE ENDINGS AND PROMOTE CIRCULATION

Wouldn't you love to have a magic wand to take away your everyday aches and pains? While it may not be magic, our Acu-Point Pen utilizes specially designed electronic acupuncture probes which simulate traditional acupuncture treatments using ages-old Chinese medicine practices. Passing the Acu-Point Pen over the palm of your hand allows you to identify areas that may need attention. You'll feel the stimulus signal sent to the specific area as it

stimulates the nerve and muscle while promoting improved blood circulation to the desired area. Easy to use for just about anywhere on the body. Lightweight. 9" long. Battery-operated.

#99857 Acu-Point Pen \$99.95

This product is not intended for the diagnosis, treatment, or prevention of any disease.



SOOTHES SENSITIVE GUM TISSUE AND HELPS REMOVE PLAQUE

A wonderful feeling when you brush your teeth and massage your gums with this excellent formula containing a high level of oxygen along with spearmint and peppermint essential oils. It disinfects the mouth. You could really call it a "mouth rejuvenator."

#41087 OxyVital Gum Elixir 1 oz. \$24.95

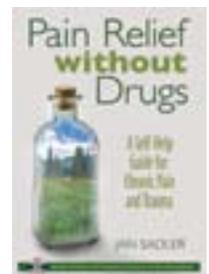
Buy 2 and SAVE! \$23.50 each



A PRACTICAL AND EFFECTIVE GUIDE FOR DEALING WITH CHRONIC PAIN

Explains how to reduce pain's grip on the mind and body. Presents successful strategies from the author's 25 years of coping with her own pain. Includes key techniques on a 55 minute CD. 208 pages.

#62606 Pain Relief Without Drugs \$19.95



MAGNETIC LOWER BACK BELT



Support your entire lower back while experiencing a penetrating magnetic field. Our bioceramic magnetic belt packs a punch with 16 strong grade VIII ceramic magnets. With over 5" of field penetration you can rest assured that the magnetism

will get to the areas that you want it to. Velcro type closure allows the belt to be worn tightly for added support or more loosely for comfort. 6" wide.

#48257 Large, 29"-42" \$39.95

#48258 X-Large, 33"-46" \$39.95

USE SOUND WAVES TO HEAL USING EXTRA DEEP AND PENETRATING VIBRATIONAL TRANSDUCER FREQUENCIES

When sound waves are applied to the body, the cells and tissue absorb some of this energy, thus increasing circulation to enhance healing.

The Novasonic unit utilizes a sound transducer that vibrates at selected frequencies within the audible range (between 16–20,000 Hertz). Sound waves are transmitted to the treatment area through a specially designed “sound head”, applied without pressure to the skin surface. The sound waves can penetrate up to 2¼” within the body, treating areas inaccessible to other techniques. Furthermore, the intensity of the waves and accompanying vibration can be adjusted easily.



Used by Athletes



High Quality Construction

Deep Penetration

The unit may look like an ultrasound unit, but Novasonic uses audible sounds, a different technology. This provides intensive stimulation of the cellular, circulatory and nervous systems.

Users report significant relief, particularly in the joints.

The Novasonic has two speeds (high and low), and an intensity control knob. There are two sound heads; flat for large areas, and round for points. Comes with carrying case.

#42500 Novasonic \$199.95

SAFE, EFFECTIVE AND NATURAL: DETOX IN 14 DAYS



The Total Body Cleanse consists of six formulas to systematically support and assist the body to cleanse the main channels of elimination: the lymphatic, the blood, the liver, the bowel and the urinary tract of unwanted waste, toxins and parasites. A comprehensive, effective and clinically tested body cleanse system to be taken over a 14 day period. These formulas used bioenergetic testing and were designed to attack the source, restore the immune system and promote general good health. Each of the six bottles contains 100 capsules.

#22149 14 Day Body Cleanse \$69.95

DETOX WITH CHELATION

Chelation is the binding of a metal or mineral to another substance, which in turn enables those materials to be flushed out of the body. Employs the weak acid EDTA, and has long been the treatment of choice for removing lead and other



heavy metals.

- Removes heavy metals and calcification
- Minimizes blood clots
- Thins the blood
- Helps with atherosclerosis

Each capsule contains: Garlic 400mg and EDTA 100mg.

#48386 EDTA 480 capsules \$71.95

PERSONAL ELECTRONIC MASSAGERS

Soothes sore and aching muscles with low intensity electrical currents for pain relief. The same technique previously available only to doctors and hospitals can now be used in the privacy and comfort of your own home. Avoids the necessity for needles and expensive therapy sessions. The Massager sends small electrical impulses through the skin to reach the underlying peripheral nerves to reduce pain, alleviate muscle soreness and to improve



circulation. Several treatment modes, timer and intensity controls.

#72071 Personal Electronic Massager \$129.95

#42537 Extra Pack of 8 Pads \$14.95



ADVANCED MAGNETIC THERAPY



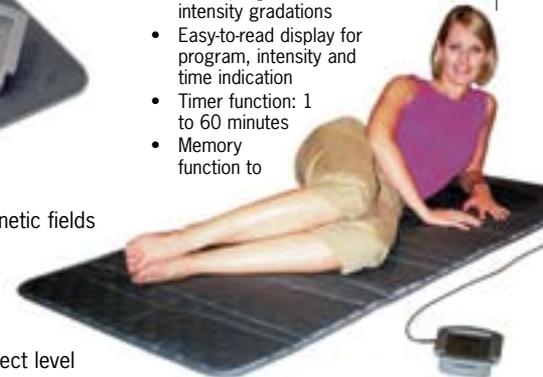
Uses pulsating electromagnetic fields that imitate the natural and ongoing frequencies of different organ systems in the body. Works to recharge cells to their correct level of function with very beneficial and often dramatic results. Improvement has been reported in conditions such as pain, asthma, arthritis, fatigue, osteoporosis, insomnia, migraines, circulation problems and high cholesterol.

Safe and easy to use, simply lie down on the QRS mattress for 8 minutes, twice a day. Many are in use worldwide in private homes, professional practices and hospitals.

- Stress relief and stress recovery
- Strengthened immune system
- Increased oxygen in the blood
- Strengthened respiratory system
- More dense bone structure

Features include:

- Three programs, each with intensity gradations
- Easy-to-read display for program, intensity and time indication
- Timer function: 1 to 60 minutes
- Memory function to



- repeat the last treatment
- Program up to 4 treatments
- Mat for full body treatment
- Customer support and a 2 year warranty

Please allow additional 10–14 days for order processing. Standard delivery only. This is a non-returnable product, and your credit card will be billed at the time your order is placed. Persons with medical conditions should consult a physician before using. Not to be used with: pacemakers, severe mycosis, pregnancy and epilepsy.

#62059 Quantron Resonance System \$2,790.00

ALL-NATURAL COLLOIDAL SILVER

Uses only 99.99% pure Silver and nanopure water, with a unique electrosonic process, which yields true particles in the more desirable and stable 1-9 nanometer (.001–.009) range. May be taken orally or applied topically. 1 month supply.

#43121 Colloidal Silver Drops 4 oz. \$24.95



Online Store
OPEN
24/7

MAGNETIC PULSER FOR LYMPHATIC STIMULATION



This is the best magnetic pulser we have ever seen under \$1,000.

An excellent adjunct to the Silver Pulser. With a biological penetration of 9" it is primarily used on the lymph system as well as the deeper organs. Through the principle of induction, this magnetic field can create eddy-currents (tiny electrical micro-currents) in living organic material that contains electrolytes. Includes AC powered base unit, magnetic hand paddle, operating instructions and 2-year warranty.

This device is for experimental purposes only and is not meant to cure or treat medical conditions.

Consult with a medical professional.

#73055 Magnetic Pulser \$329.95

THE SILVER PULSER MAKES 99% PURE COLLOIDAL SILVER

The Silver Pulser is an experimental non-invasive method called blood electrification, used by health researchers only. It is based on research and patents that shows that electrification of the blood neutralizes viruses, bacteria and fungi. Colloidal Silver has been used for over a century to ameliorate numerous health problems. The Silver Pulser makes colloidal silver at 3-5 parts per million in one hour per 8 oz. glass of distilled water. The ionic colloids range in size of .005 to .015 microns, the optimum size and concentration for most applications.

This device is for experimental purposes only and is not meant to cure or treat medical conditions. Includes: battery-operated base unit, 99.99% pure silver electrodes, copper plated stimulator probes and sleeves, straps, instructions, carrying case and a 3 year warranty.

#73054 Silver Pulser \$229.95



CLEAN OUT YOUR BODY

This is a true colon conditioner. It increases bowel activity, and releases oxygen that actually removes old impacted fecal matter helping to remove harmful pathogens and revitalize the entire colon. Oxy-Cleanse allows room for the bowel process to resume normal activity. This product does not cause uncomfortable bloating and cramping. It does not just push out waste material. It works by breaking down old matter so the elimination is gentle and natural. Some people take it daily for continuous cleaning action; others adjust the dose according to their needs. Also, a great companion to a weight loss program. 75 capsules

#22118 Oxy-Cleanse \$19.95
Buy 2 and SAVE! \$18.75 each



ANTI-AGING MANUAL

This Encyclopedia of Natural Health is the most comprehensive, and well-arranged, natural health book in print, organizing the entire holistic field. Contains information on: 90 vitamins, 100 minerals, 55 proteins, 450 power foods, 900 herbs plus neurotransmitters, hormones, 1600 disease conditions. A huge index makes it easy to find what you are looking for. 1742 pages.

#42021 Anti-Aging Manual 3rd Edition \$49.95



DON'T ACCEPT AGING AS A FACT OF LIFE

The accumulation of acidic waste products within our bodies is the process of aging. Learn how to remove them and reverse aging. 123 pages

#62077 Reverse Aging \$11.95



BREATHING TECHNIQUES TO RELAX AT ANY TIME

Longevity Breathing cultivates your ability to relax at any time and concentrate on what you are doing without becoming distracted. This Taoist practice of breathing with the whole body releases blockages in the mind/body, enhancing well-being and spiritual awareness. For anyone involved in healthcare, meditation, athletics, and the performing arts (particularly for those who use their voices professionally). 90 minute DVD.

#41064 Longevity Breathing DVD \$24.95



In order to achieve real health – glowing, long-lasting health – your body needs two things: to eliminate toxins, and to receive vital nutrients. When you add Cellfood to your daily regimen, you know that you'll be continually cleaning and detoxifying your body, and bringing oxygen, hydrogen and 129 essential nutrients into each and every cell.

CELLFOOD DIETARY SUPPLEMENT

The highly effective, time-release delivery system in Cellfood enables over 95% of its nutrients to be absorbed and utilized at the cellular level. Because it is colloidal, bioavailability is increased substantially. As a result, this product provides an incredible oxygen source which aids in the functioning of every body system. Contained in the formula are: "aerobic" proteins, 17 amino acids, 34 enzymes, 78 major and trace elements, deuterons, electrolytes, and dissolved oxygen. A few drops in a glass of water are all it takes. 1 month supply.

#75001 Cellfood 1 oz. \$24.95 Buy 3 and SAVE! \$23.95 each



CELLFOOD SILICA ADDITIVE

Silica enables our bodies to remain flexible, resilient and energetic. Aids in supporting healthy bones, joints and cartilage, skin, nails, hair, teeth and gums. It also has been shown to reduce healing time. Silica levels decrease with age and therefore may be particularly useful among the elderly. 40 day supply.

#99628 Cellfood Silica 4 oz. \$24.95
Buy 3 and SAVE! \$23.95 each



REBUILDING YOUR DNA MAY PROMOTE REVERSAL OF THE AGING PROCESS

Research has shown that this formula's ingredients can regenerate cells, reduce risk of disease, and help you start to grow younger. Clinical studies has shown that regular supplementation of DNA and RNA nucleic acid bases increase cellular repair and regeneration. This spray formula does just that with only 6 sprays per day.

#83153 Cellfood DNA-RNA 1 oz. \$41.95



CELLFOOD SKIN CARE OXYGEN GEL

Cellfood Oxygen Gel is specially formulated to take advantage of the dramatic topical benefits of Cellfood. This is a skin gel that is both beautifying and healing. It renews skin texture, promotes a youthful complexion, supports healing of skin conditions, refines oily skin, reduces blemishes, decreases fine lines around the eyes and mouth, and helps with discolorations of the skin. 2 oz. jar. Approximately a 1-2 month supply.

#18724 Cellfood Gel \$25.95



FOR SORE MUSCLES

Relaxes muscles and reduces arthritic pain within minutes. Produces a Tachyon "blast" that will balance an area in 15 minutes.

#48142 Tachyonized Panther Juice 1 oz. \$19.95



AN INTELLIGENT APPROACH TO GROWTH HORMONE

Hgh Plus stimulates your body to produce the optimal GHG amount for your system. This gentle approach works with the natural occurring rhythms and cycles the body. Hgh Plus has a trusted 10 year history of unmatched success with improving personal and family health. It is one of the very few formulas that is doctor-developed, has clinical trials and safety data. You can feel good knowing that it is safe for men and women of all ages. Each batch is tested for purity in an FDA approved laboratory. Sprays are convenient and easy to use. However, growth hormone is a large, unstable molecule and cannot pass through membranes in the mouth. The result is: you just do not get the dose that you think you are getting. Hgh Plus is a liquid tincture (easily absorbed) and the only one in the world using the powerful Alpha Trisquelene as its delivery system.



Users of Hgh Plus report increased energy and libido, memory improvement, elevated mood, improved sleep, immune system enhancement, restoration of hair and muscle mass, as well as improved skin texture.

The ingredients of Hgh Plus are 100% natural; there are NO synthetic ingredients. This product is composed of herbs that are wild crafted and free from pesticides or other harmful additives. This is important, as the body accepts herbs like foods, allowing them to be readily absorbed. The carrier solution is rice vinegar and soy seed oil, not harsh chemicals.

This formula has a long history of use. It was initially developed by a master herbalist and expert in clinical nutrition. It has been shown to be gentle and safe to use. 1 oz. is approximately one month's supply.

#61043 Hgh Plus 1 oz. \$59.95
#61046 Buy 3 for \$179.85 and get one FREE

All information contained herein is for educational purposes only. No health claims are intended or inferred. Statements made in this catalog have not been evaluated or approved by the U.S. Food and Drug Administration. If you have a medical condition, please consult your healthcare professional.

DETOXIFY WHILE YOU SLEEP

BodyPure is a soft, potent 2" x 3" footpad designed to absorb toxins from your body. Developed from years of medical research in Japan, this natural herbal product is effective in cleansing the body from the inside out. It is effective in absorbing body toxins, combating fatigue, improving circulation, increasing metabolism, and repairing a compromised immune system.

There are no chemical additives. Use one pad on the bottom of your foot for 8-10 hours (usually overnight). The footpads are placed on the arch of the foot to maximize the detoxification, since that particular area of the body hosts reflexology points to most of the major organs of the body. Through stimulation of circulation, the normally slow detoxification of the system is



accelerated, allowing for the removal of toxins from the body. The visual evidence is compelling... the pads become discolored. 10 pads per box.

#51081 DetoxPads \$29.95

REDUCE SWELLING WITH PURE COLLOIDAL GOLD

Colloidal gold has been used for centuries for a variety of ailments including easing the discomfort of rheumatoid arthritis, improving memory and mental alertness. Colloidal gold possesses a negative charge at the surface of the particles and bonds strongly to other molecules making it highly bioavailable. 30 tablets of 99.99% pure Colloidal Gold.

#75337 Aurasol™ 10 mg \$79.95



AIDS DETOXIFICATION—EASES DIGESTION AND PMS DISCOMFORT



This is an 8" pillow filled with grains that can be heated (in an oven or microwave) and is designed to draw blood and nutrients toward the stomach. It soothes the symptoms of many stomach and intestinal disorders, such as irritable bowel, common belly aches, stress, cramps, PMS, etc. It works on the Solar Plexus, which is regarded by Eastern healing practitioners as the "seat of our emotions." Burgundy color.

#99864 The Belly Buddy \$34.95



TRADE IN YOUR CIGARETTES, ALCOHOL, COFFEE AND SUGAR FOR A HEALTHY YOU

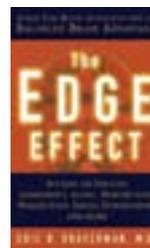
Whether it's to relax, get a boost or just plain feel good, it is clear that we are dependent on chemical stimulants. This book offers practical alternatives to soft drinks, alcoholic drinks, coffee, tea, cigarettes, sugar, chocolate, antidepressants and tranquilizers. 340 pages

#41058 Natural Highs \$14.95

ACHIEVE TOTAL HEALTH AND LONGEVITY

This could be the answer to reverse or prevent the debilitating effect of aging, memory loss, weight gain, sexual dysfunction, and Alzheimer's. The author's key to longevity and well-being is balancing the brain's four important neurotransmitters. A simple test is offered which determines which of the four is dominant in you, and what you can do about it. Softcover, 256 pages.

#42668 The Edge Effect \$12.95



OXYGEN THERAPIES FOR A POLLUTED WORLD

Oxygen gives you energy, it helps alkalize your blood, which brings vital nutrients from your food to rebuild and repair the cells. This book highlights the problems due to lack of oxygen and offers solutions to remedy the deficiency. 591 pages

#42019 Flood Your Body With Oxygen \$27.99

REVERSE AGING

The author reports that at 27, his bioelectric age was 39 but now at 51 calendar years, his bioelectric age is 19... what's his secret? Find out how to go backward in age. 6th Edition. 384 pages.



#48378 Young Again \$24.95

THE FLUID OF LIFE

Tachyonized water draws Life Force to every cell of your body. It has been called the elixir of life, working from the inside out, increasing energy, endurance, and balance.

#48146 Tachyonized Liquid 4 oz. dropper bottle (one month supply) \$11.95



RELIEVES PAIN, REDUCES NUMBNESS, INCREASES CIRCULATION TO BACK, LEGS, FEET AND HANDS

This relaxing treatment wakes up sleeping nerves, improves blood circulation, strengthens leg muscles, helps you sleep better at night, and restores your sense of balance without relying on pain-killers and other medications.

The ReBuilder sends its healing signals to your feet, hands or back. Small conductive rubber signal pads are placed on your skin, or in the foot bath. A tiny electrical signal wakes up nerves that are temporarily

dormant or asleep. These signals mimic your natural nerve signals, but are stronger. This signal travels from one foot, up the leg, across the synaptic junctions and nerve roots in your lower back and down to the other foot. Then it reverses polarity and travels back to the original foot. This back and forth action effectively treats all the nerves of both legs and feet. At the same time, your calf muscles are contracting and relaxing, as they would naturally during an exercise like walking.

The kit includes directions for using the ReBuilder in order for you to achieve excellent results. The foot

massager and foot bath make this particularly effective for foot and leg problems. 2 year warranty. Non-returnable.

#33810 ReBuilder Personal Model \$399.00

New, More Powerful Model

New features: 30% more powerful, larger, easier-to-use controls, new EMS (Electronic Muscle Stimulation) setting strengthens muscles that have atrophied from disuse to debilitating neuropathy pain, operates on AC power or batteries. Now you can increase muscle strength by using the EMS, enabling a return to your normal activities.



#83186 ReBuilder Clinical Model \$699.00

VITALITY AND EXERCISE MACHINES

Many users report stress reduction, better sleep, toning and firming of the waist, relief of chronic back problems, increased energy, muscle relaxation and improved function of the internal organs. Our passive aerobic exerciser oxygenates, tones and strengthens the body while increasing the feelings of aliveness and well-being.

The Stress Buster moves one of the largest muscle groups in the body, your legs. The motion patterns (perfect figure 8s) cause your blood to efficiently circulate throughout your body. Your cells absorb oxygen, and toxins are removed more easily.

Check out these great features: variable speed control, built-in 15 minute timer, and soft leg

rests. Our Stress Buster rates very high over the low priced, poorly constructed machines found on late night TV as well as the over-priced models sold by multilevel sales organizations. It's one of the few really good exercise machines that can also be used by overweight people.

#63042 Stress-Buster \$199.95



HEAVY DUTY, DELUXE MODEL WITH EXTRA FEATURE



Deluxe Model With Extra Features
 Timer Window
 Neck/Feet Mode Switch
 Speed Dial
 Up Arrow
 Down Arrow
 Timer On/Off Button

For only 15 minutes a day, you can exercise the muscles throughout your whole body achieving deep relaxation leaving you refreshed. This deluxe model has many features that increase the body's intake and circulation of oxygen, producing optimal health with spinal balancing, improved immune function, increased blood flow, exercising of internal organs, enhanced sleep, better digestion and reduced anxiety.

Features include:

- Integrated neck massager to increase mobility and range of motion in shoulders and neck.
- Far Infrared technology integrated into the foot massager
- New digital timer remote control
- 6 magnets integrated into the soft neck and footrest
- Rubberized Foot Cradle
- Foot Massager

#75423 Stress-Buster Deluxe \$349.95



Before you start any new exercise or massage regimen, you should consult your healthcare professional. Pregnant women, those recovering from an injury or anyone with a medical condition, should not use these machines. Play it safe; if in doubt, ask your healthcare professional first.

ANTI-STRESS FORMULA

Stay calm yet alert with Alphaspan, a green tea shown to produce healthy alpha brainwaves. 60 capsules

#83055 Tao In A Bottle \$29.95

BRING THE BODY INTO A STATE OF HARMONY WITH AN ADAPTOENIC FORMULA

Helps the body to adapt to various stressful challenges posed by chemical agents, by promoting a cellular and systemic balance. 100 capsules.

#72099 Super Adaptogen \$22.95

Chinese Tonic Herbs

OPEN THE PRIMAL ENERGY CHANNELS AND PROMOTE THE FLOW OF ENERGY

This formula is extremely centering and has an astringent quality, preventing the leaking of Jing. 100 capsules

#72093 Microcosmic Orbit \$20.95

CALMS, SOOTHES AND UPLIFTS THE SPIRIT



This is a superb tonic for those suffering from anxiety, excessive worry, chronic fear and those who are experiencing physical or mental exhaustion. 100 capsules.

#41044 Pearl Shen \$28.95

STRENGTHEN MENTAL AND CREATIVE POWER

This is based on an 1100 year formula used to build yang, especially those in good health who wish to increase their

creative, athletic and sexual capacity. 100 capsules.

#72098 Supreme Creation \$54.95

RADIANT HEALTH, SPIRITUAL PEACE AND LONGEVITY WITH REISHI HERBS

Promotes calmness, centeredness, balance, inner awareness and strength. Reishi is used to develop energy, improve digestion, improve sleep, reduce stress, and to aid in strengthening the immune system. Made from 100% Duanwood Reishi. 100 capsules.

#41038 Duanwood Reishi \$36.95

Large Selection of Chinese Herbs Online

KIDNEY AND BLADDER CLEANSER

This formulation is specific for cleansing the urinary tract and assisting in the relief of discomfort associated with urinary tract infections. 100 vegetable capsules.

#62153 UTI \$19.95



PARASITE INFECTIONS

More than 80% of the population has one form of parasite in their system. This herbal formula contains a highly effective formulation of herbs to naturally and effectively assist the body in the elimination of worms and parasites, by means of a thorough bowel elimination. 100 vegetable capsules

#62152 Parasine-2 \$15.95



IMPROVES DIGESTION WITH OXYGENATION

Whether you want to clean out and detoxify the colon, or oxygenate your system for an added edge, Oxybliss could be the answer for you.

Excellent before workouts for increased physical and mental stamina. This is a very effective, desirable detoxifier and colon cleanser. Cleans the colon, oxygenates the blood, provides increased physical and cognitive vitality, as well as promoting regularity by re-oxygenating the colon.

#48379 OxyBliss Powder 250 gms (8½ oz.) \$61.95
#33811 OxyBliss Capsules 100s \$59.95



SCAVENGES FREE RADICALS AND TOXINS

The vitality of Oxy-Bliss Liquid is incredibly psychoactive, producing a high-energy feeling of well being, optimism and clearer thinking. Sublingual for fast and complete absorption. Helps detoxify the body by scavenging free radicals and toxins. (1-2 month supply) 1 oz. bottle.

#46038 Oxy-Bliss \$46.95

Buy 2 and SAVE! \$43.95 each



STIMULATION FOR A FATIGUED NERVOUS SYSTEM

Very effective for focus, concentration, mood enhancement, stress reduction, creativity, rejuvenation, studying,



computer work and to create room ambience. 60-80 beats per minute. 2 CDs

#62525 Uplifting \$24.95

GET RID OF NOISES THAT CAUSE STRESS, LOSS OF SLEEP AND LACK OF PRIVACY

It creates a consistent, smooth sound of rushing air. The remarkable "white noise" sound effectively masks unwanted noises and creates a sense of calm, making it easier to concentrate, relax and/or sleep.

This popular and very economical sound conditioner



is widely used for restless sleepers and to overcome appliance noises and the constant din of air conditioners. With the widespread use of office cubicles, our sound conditioners are used to effectively mask conversations to allow for better concentration.

It occupies only 6" of space; 3" high. AC operation.

#63041 White Noise Machine 2 speed \$56.95

Buy 2 and SAVE! \$49.95 each

MAGNETIC NECKLACES

By wearing this high strength grade VIII ceramic magnetic necklace, your whole body will be exposed to the benefits of the magnetic field transmitted by the high volume of blood flow through your neck. The attractive beads (resembling Hematite) are hand cut, polished and strung on a stainless steel cable. The necklaces can be worn 24 hours a day and will not tarnish or corrode. Both necklaces have the same magnetic strength.

Small Bead

Large Bead



Small Bead Magnetic Twist Necklace

#62513 18" \$59.95
#62514 20" \$64.95
#62515 24" \$69.95

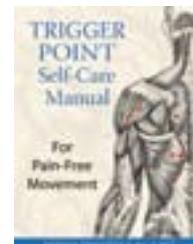
Large Bead Magnetic Twist Necklace

#62516 18" \$59.95
#62517 20" \$64.95
#62518 24" \$69.95

TRIGGER POINT THERAPY FOR PAIN-FREE MOVEMENT

Methods for the healing and prevention of muscular injuries. Includes causes and remedies for muscular tightness and details many self-care techniques, including self-massage, stretching, and the use of wet heat and/or ice, and a unique fully illustrated reference section organized by body part ... identifying the pain associated with trigger points in each muscle of the body. Softcover, 208 pages

#62173 Trigger Point Self-Care Manual \$18.95



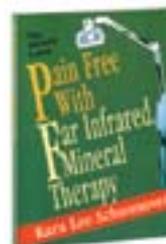
HOW TO USE TRIGGER POINT THERAPY FOR PAIN RELIEF

Used for decades by doctors, chiropractors, pain specialists, and massage therapists to quickly stimulate the flow of oxygen and promote rapid pain reduction; trigger point therapy has become one of the fastest growing techniques. The technique involves applying short, repeated massage strokes to trigger points, those tiny contraction knots in muscle tissue where restricted circulation and lack of oxygen cause referred pain. 2nd edition. 323 pages.

#45707 Trigger Point Therapy Workbook \$19.95

Book describes the uses and benefits of the Far Infrared Mineral Lamp. Softcover, 87 pages.

#42527 Pain Free With Far Infrared Mineral Therapy. \$14.95



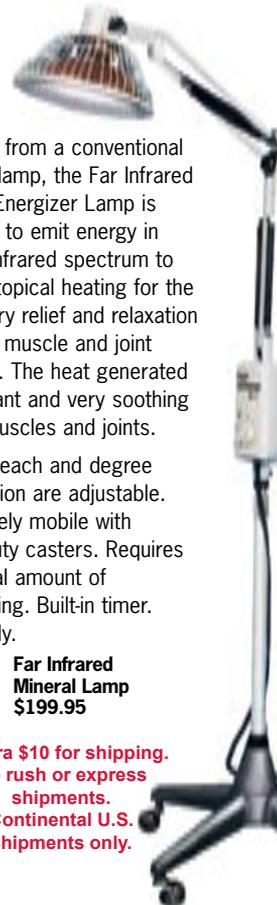
FAR INFRARED MINERAL ENERGIZER LAMP

Different from a conventional infrared lamp, the Far Infrared Mineral Energizer Lamp is intended to emit energy in the far infrared spectrum to provide topical heating for the temporary relief and relaxation of minor muscle and joint stiffness. The heat generated is constant and very soothing to the muscles and joints.

Height, reach and degree of elevation are adjustable. Completely mobile with heavy duty casters. Requires a minimal amount of assembling. Built-in timer. 110v only.

#42526 Far Infrared Mineral Lamp \$199.95

* Extra \$10 for shipping. No rush or express shipments. Continental U.S. shipments only.



O.R.B.I.E.™
Optimum, Regenerative, Biofield
Instrument, and Ener-Chi System



CREATE A CONTINUOUS FLOW OF POSITIVE CHI

This unit will assist you in your self-healing and pain relief, by clearing emotional, mental, physical blockages, and protect you from the bombardment of electromagnetic and other pollutants. The O.R.B.I.E. (Optimum, Regenerative, Biofield Instrument, Ener-Chi System) consists of: a chi-producing hand held module, a base with interior chamber (also chi producing) and a pull out hand-held copper coils for placement on body, under foods/water or held in the hands. It is portable, never needs recharging, and has no parts to replace. No electrical source or batteries are needed; nothing to wear out.

Anywhere this device is placed, there is a powerful, unlimited fusion of chi energy that is readily experienced and translates to available energy to get things done, have clarity of mental focus, ease in the handling of emotions, and an increase in positive feelings. It is a powerful environmental clearing device for large areas that reverses the negative effects of EMF, pollution and toxins.

#41036 O.R.B.I.E. Energy-Chi System \$299.95

FAR INFRARED SAUNA FOR DEEP THERMAL PENETRATION

Far Infrared Ray (FIR) is a form of electromagnetic light energy from the sun. It can penetrate through the skin into the subcutaneous tissues thereby improving blood circulation, promote overall metabolism, get rid of bodily toxins and metabolic by-products from the body and improve cellular vitality. Upon penetrating the skin, FIR transforms light energy into heat energy. The thermal effect within the deep layers of the tissues causes blood vessels and capillaries to dilate, promoting a vastly improved blood circulation.

Benefits include: improved blood circulation, enhanced metabolism, detoxification, increased immune system function, cellular vitality,

peak energy, vasodilation and skin purification.

Activated by heat, the FIR material emits FIR energy that is absorbed by human cells, causing a physical phenomenon called "resonance". Thus the cellular activities are instantly invigorated, resulting in a better blood circulation and overall improved metabolism.



It also increases heart rate and blood circulation, both crucial to maintaining one's health. The heart rate increases as more blood flow is diverted from

the inner organs towards the extremities of the skin without heightening blood pressure. For injuries, heat stimulates vasodilation of peripheral blood vessels, bringing oxygen to joints and extremities,

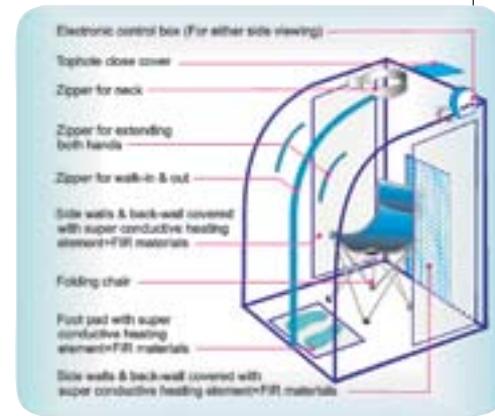
speeding the healing of sprains and strains, thus relieving pain.

Produces dry, therapeutic heat of 150 degrees (maximum).

The increased blood flow helps aching and injured muscles recover faster because the stronger the flow of blood, the quicker metabolic and toxic waste products are purged from the body, through the skin during perspiration, believed to be responsible for eliminating up to 30% of body waste.

For that sought after healthy glow, FIR Sauna heat therapy allows increased blood circulation to carry great amounts of nutrients to the skin, thus promoting healthy tone and texture. Also provides a mild cleansing of the skin. The Sauna Hothouse is easy to assemble and comes with a timer, footpad,

foam floor cushion and folding chair. Occupies only 6 sq. ft. of floor space. 38" high x 27" wide x 31" deep. 110v.



***#81056 Sauna Hothouse \$699.95**
 Add additional \$30.00 shipping charge.

*Denotes this item ships factory direct. No rush or express shipments. Continental U.S. shipments only.

THIS SAUNA SHOULD NOT BE PURCHASED IF THE USER IS OVER 6' TALL AND WEIGHS OVER 195 LBS.

FAR INFRARED SUPPORTS

Millions of people attest to the healing benefits of Far-Infrared treatment. The effectiveness of our four-way stretch supports is enhanced by ceramic far infrared emitting elements. These elements, composed of oxides of zirconium, aluminum, zinc, titanium and antimony have been the subject of studies around the world and are believed to retain body heat and emit safe far-infrared rays that penetrate deep into the joint and surrounding tissues which increases blood flow, reduces inflammation and decreases pain. These supports stretch in all directions, promote strength and circulation and provide comfortable support. Light compression counteracts tissue swelling. Fibers have an antibacterial treatment that inhibits bacteria growth.

Check our website for additional sizes.

KNEE BRACE

Measure around the knee and select your size.

#83109 Medium 13-15" \$16.95

#83110 Large 15-17" \$16.95



comfortable support for the lower back. Outer elastic pulls self-attach for added compression. Removable steel stays increase vertical support. Measure around the low back/upper hip area and select your size.

#83112 Small-Medium 22-33" \$39.95

#83114 Large-X Large 32-42" \$39.95

BACK SUPPORT

This far infrared back support promotes strength and circulation, providing



ANKLE SUPPORT

This far infrared ankle support stretches in all directions, promoting strength and circulation,



providing comfortable support for the ankle. Light compression counteracts tissue swelling. Great for "sprained ankles." Measure around the ankle and select your size.

#83117 Medium 8¼-10¼" \$16.95

#83118 Large 10¼-12¼" \$16.95

ELBOW SUPPORT

This far infrared elbow support stretches in all directions, promoting strength and circulation, providing comfortable support for the elbow. Light compression counteracts swelling. Try it for "tennis elbow." Measure around the elbow and select your size.

#83121 Medium 9-10¼" \$16.95

#83122 Large 10¼-11¼" \$16.95



SHOULDER SUPPORT

This far infrared shoulder support stretches in all directions, promoting strength and circulation, providing comfortable support for the shoulder. Light compression also counteracts tissue swelling. Measure around the chest and select your size.

#83125 Medium 33-38" \$16.95
#83126 Large 35-40" \$16.95

PALM AND WRIST SUPPORT

This far infrared palm and wrist support stretches in all directions, promoting strength and circulation, providing comfortable support to the palm and wrist. Light compression counteracts tissue swelling. Try it for Carpal Tunnel Syndrome. Measure around the wrist and select your size.

#83129 Medium 6-6¾" \$16.95
#83130 Large 6¾-7½" \$16.95



A SKIN CARE SYSTEM WITH LASER TECHNOLOGY

The NuLase Soft Touch Laser emits a safe and gentle laser light that oscillates in a uniform parallel wave length targeting skin cells. It gently stimulates cellular energy for an enriching and dynamic effect. It is

particularly useful to maintain results from facials, intense professional treatments, chemical peels, botox injections, and plastic surgery, as it stimulates the rejuvenation process without irritation or redness. It is also useful in healing skin problems such as puffiness, redness, breakouts

from facials and irritation, in some cases, 50–75% quicker than the body naturally would.

Scientifically formulated, the NuLase Enhanced Skin Care System is a three step process. The accompanying skin care formulations renew your skin's outer layer and deliver restorative nutrients to the cellular level. Together, they replenish the youthful appearance of your skin. The System includes: Laser, travel case, User's Manual and instructional DVD, Foaming Cleanser, Microderm Exfoliator, and Regenerating Moisturizer. Battery-operated.

- #62508 NuLase Laser Skin Care System \$199.00
- #62509 NuLase Foaming Cleanser 4 oz. Refill \$24.00
- #62510 NuLase Microderm Exfoliator 2 oz. Refill \$38.00
- #62511 NuLase Regenerating Moisturizer 1.7 oz. Refill \$55.00

REJUVENATE YOUR SKIN AND REDUCE SIGNS OF AGING



Oxy Light is a direct, high frequency tool with "patting action" that stimulates the skin at 100,000 cycles per second. It encourages lifting, firming, purifying and toning throughout the face.

Oxy Light oxygenates the skin, producing a healthy glow with new clarity and texture. It also changes the surface tension of skin care products that you are now using, allowing deeper absorption and needed hydration. Excellent results in reducing enlarged pores, targeting acne and pimples, and attacking cold sores.

Why pay \$50–\$75 per treatment when you can now have the same technology used by estheticians for a remarkably low price?

High frequency now is used in the beauty industry for its many cosmetic benefits. It generates the purifying effects of oxygenation right on your skin. The stimulating activity revitalizes and ensures satisfying results for many non-invasive treatments.

It is hand held, lightweight and compact... very easy to use. Uses 110v. 1-year warranty.

STIMULATES

- Peripheral circulation
- Synthesis of elastin production
- Collagen production
- Regeneration of cells faster than deterioration can occur
- Effective fluid retention release

PURIFIES

- Restores clarity for acne and enlarged pore skin conditions

- Generates the purifying effects of enriched oxygen on the skin

BENEFICIAL FOR

- Wrinkles, puffy eyes and sagging skin
- Cellulite treatments
- Scalp rejuvenation

REJUVENATES

- Lifts and tightens saggy-appearing skin
- Daily applications provide long term cumulative effects

Includes: Carrying case, user's manual

- #42529 Oxy Light \$109.95



VERILUX CLEARWAVE PHOTO THERAPY SKIN CARE SYSTEM

Here's a natural alternative to benzoyl peroxide cream and antibiotic drugs. Light at certain wave lengths has the power to wipe out the bacteria that causes acne.

It kills the acne which multiplies when oil glands are clogged, and has an anti-inflammatory effect on inflamed skin pores. Dramatic results after 12 weeks. People, who have literally hundreds

of half-used creams and lotions can now find satisfaction with this blue/red light therapy, the same used by dermatologists. Not for use by people on antibiotic therapy. Built-in handle and counter stand, hardware for wall mount, one year guarantee, eye goggles and booklet. 20" high x 13" wide x 3½" deep

- #42026 VERILUX® ClearWave Skin Care Light \$199.00
- #42054 Replacement Bulbs: Pack of 2 \$56.95



LIGHT AND SOURCE ENERGY FOR HEALTHY, GLOWING SKIN



- Uses Light and Source Energy in the 630 nanometer spectrum, the optimum frequency for cellular healing and regeneration.
- Utilizes the 12 Higher Harmonic, enabling your body to come into balance with this healing energy.
- White Light Energy, a highly purifying carrying wave which is excellent for releasing negative energies from the body, on the physical, emotional, mental and etheric levels.
- A unique 50 ultra bright LED array, more than twice as powerful as the average 20 LED grouping.

Stimulates collagen which helps to smooth the skin, firms the skin, increases oxygen circulation, produces a healthy glow to the skin, assists with acne management, effective on enlarged pores and cold sores, invigorates cellular regeneration, and provides accelerated skin repair after accidents and/or surgery.

- #83064 X Star50 Photo Rejuvenation System: Portable Rechargeable Battery Model \$1299.00

- #42684 X Star50 Photo Rejuvenation System: AC Model \$999.00

Notice: Not intended for use to treat or cure disease. Use of this product should not be used in place of a healthcare professional.

CELLFOOD SKIN CARE OXYGEN GEL

Cellfood Oxygen Gel is a skin gel that is both beautifying and healing. It renews skin texture, promotes a youthful complexion, supports healing

of skin conditions, refines oily skin, reduces blemishes, decreases fine lines around the eyes and mouth, and helps with discolorations of the skin.

- #18724 Cellfood Gel 2 oz. \$25.95



FULL BODY FAR INFRARED DOME

The half-dome construction allows you to use while lying down or sitting. This permits Far Infrared (FIR) to be directed to the back, abdomen, arms and legs. The Dome emits Far Infrared, which the user will feel as



penetrating heat. The heat is caused by the frictional vibration of molecules in the body.

The digital key pad allows the user to select temperature and treatment time. Most people use it lying down with the Dome placed over the area of the body where relief is desired. Others like sitting in a chair with the unit curved around the back. Undressing is not required. Besides getting relief to specific areas, you'll feel like you've just had a total body workout. When far infrared heat penetrates deep into the body, you will experience a refreshed mind, relaxed mood, reduction of aches and pains, improved metabolism, and systemic regularity leading to an overall feeling of wellness. Measures 26 x 20" with a 14" clearance. A "curtain" is furnished if



you want to contain the heat within the Dome. Adjustable timer and temperature controls.

Not for use by people with illness, heart conditions, pacemakers, children, or women who are menstruating or who are pregnant.

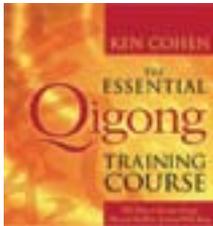
The Dome is not to be considered a replacement for any regimen or

treatment prescribed by a healthcare professional. No health claims are intended and statements made here have not been evaluated or approved by the U.S. Food & Drug Administration.

#42689 Far Infrared Dome \$499.95
 Add additional \$30.00 shipping charge.
 Continental U.S. shipments only.

BOOST YOUR HEALTH AND ENERGY USING A CHINESE ANCIENT HEALING TRADITION

This is a comprehensive home-study Qigong curriculum taught by renowned China scholar Ken Cohen. The complete kit includes:



- Workout DVD: Offers an 80-minute programmable workout and dozens of demonstrations to learn ancient movements and meditative postures that detoxify, energize, and heal the body
- Healing DVD: Three hours of essential teachings and hands-on exercises to learn how to direct the healing qi energy to others
- 5 Audio CDs: Training course covers every phase of Qigong theory and practice, including 25 rare meditation exercises that balance emotions, boost immunity, increase sexual vitality and enhance spiritual well being.

#51052 The Essential Qigong Training Course \$99.00

- 59 page weekly workbook

LEARN THE HISTORY OF QI HEALING, ENERGY CHANNELS AND POINTS IN THE BODY, HOW TO BUILD UP QI AND DIRECT ITS FLOW, CLEANSING, WAVING, RECHARGING, SELF-HEALING WITH QI AND MUCH MORE.

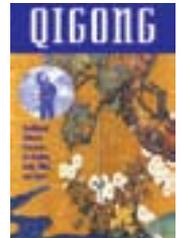


The foundation of China's 3,000 year old tradition for vibrant health and longevity is "Qi"... literally, the "vital energy" of the universe. Qigong master Ken Cohen gives an instructive course that reveals every dimension of Qi energy healing, just as it is practiced in China. An excellent tool for recovery, and to soothe the anxious nerves. DVD & 27 page study guide. 3 hours

#51036 Qi Healing to Heal Others \$39.95

A study course on the ancient Chinese system of gentle movements and breathing techniques for harnessing the massive power of Qi. DVD and a 15 page study guide.

#51035 Qigong for the Individual \$19.95
 Buy both Ken Cohen DVDs and SAVE!
 Order #51037 \$53.95



OPTIMUM HEALTH WITHOUT DRUGS, NEEDLES, PAIN, OR SURGERY

For more than 2000 years, oriental doctors have studied the human bioenergetic field and discovered chi-gong, an energy exercise that strengthens the bioenergy. With the BioEnergizer®, Natural Qigong is easy to practice, allowing the body to spontaneously respond according to its own needs. It is highly efficient because you are recharged by an unlimited source of healthy energy.

Here's how it works: The inaudible sound waves that emanate from the BioEnergizer affect the surface of the skin and generate a "healing-type" energy that relaxes the body. Based on the principle of resonance, your distorted and weakened bioenergetic field will be restored and your self-healing capacity will be intensified. Simply sit or stand in front of the BioEnergizer® for 15 minutes a day. You will have clearer thinking, more energy, and a new sense of well-being.

AC operated.

#75043 BioEnergizer \$349.95



BEFORE: Turmoil

Healthful Energy

AFTER: Tranquility

USE QIGONG TO REMOVE SICKNESS AND PAIN

The people who have completed this course report profound improvements in health and inner peace, such as:

- Wayne opened up veins around his heart & avoided risky surgery
- Stacy dissolved a golf ball sized lump in her left breast
- Sue restored a major blood vessel in her brain to full function
- Esther was on oxygen 24/7 until she learned Spring Forest, and has not needed oxygen for over 5 years now

By balancing your Qi, or life energy, and raising the strength of the magnetic field around your body, you can resist negative outside

influences, be they pollution, unwanted EMFs, or emotional unpleasantness. The techniques involve simple movements, breathing exercises and mental focus on energy movement in your body, and sitting meditations. Takes only 15-30 minutes a day. Here's What You Get:

- 4 audio CDs of Chunyi Lin discussing how to bring the power of Spring Forest Qigong into your life
- 2 audio CDs of the Active Exercise and Sitting Meditations. Listen to these sessions while practicing Forest Qigong
- 1 full color DVD of Master Lin demonstrating each of the Active Exercise movements.
- 40 page course manual with detailed descriptions of each movement and meditation
- CD of original music called "Inner Beauty," crafted by Master Lin as background for practice.

#42549 Spring Forest Qigong Level 1 \$149.95

DISCOVER CHI: THE LIFE FORCE WITHIN EVERYTHING THAT IS LIVING

Your Chi is probably strong if you are happy and healthy. However, if you can't get out of bed, your Chi is probably weak. Angry, frustrated, depressed? Your Chi is probably stuck.

Cultivating Chi is an art and a science. This is a complete exercise regimen for learning and understanding the practice of chi gong and Tai Chi. Consists of 4 DVDs (60 minutes each). Appropriate for everyone: beginning, intermediate, and advanced.

#99852 Discovering Chi \$39.95

SPRING FOREST QIGONG, LEVEL 2: HELP YOUR FRIENDS AND FAMILY HEAL THEMSELVES

You can watch how Master Chunyi Lin personally uses Spring Forest Qigong to help other people heal themselves. The course includes detailed information about blockages associated with different problems raging from headaches to high blood pressure to arthritis.

This Level 2 course includes: four CDs, one DVD, a 40 page course manual, a music CD. It is best to learn Level 1 first. However, you can begin with Level 2.

#42550 Spring Forest Qigong Level 2 \$199.95

OXYVITAL SKIN ELIXIR

OxyVital delivers more oxygen to your skin, soft tissue areas, gums, nasal passages and feet providing essential oxygen for radiant well-being. It contains Vital Life Force specifically formulated for cellular anti-aging. This proprietary process combines super oxygen bonded with the purest organic, therapeutic grade essential oils, Vitamin E, Vitamin A, and Omega

anti-oxidants, recognized for their longevity and anti-aging benefits. The Vitalized Oxygen immediately soothes, repairs and rejuvenates skin that has been chemically peeled, or skin that has been exposed to sun, wind, or other harsh elements.

Contains Rose and Neroli Organic Essential Oils. Smells and feels wonderful on your skin!

#41083 OxyVital Skin Elixir 1oz. \$29.95

Individual results from using these products may vary. These products have not been evaluated by the Food and Drug Administration and are not intended to diagnose, treat, cure or prevent any disease.



IMPROVE YOUR EYESIGHT NATURALLY

The author, born without sight, refused to surrender to his blindness. Instead, he began an intensive exploration of sight and developed a profound self-healing system. This interactive kit will help you to discover how eyesight influences your overall well-being, and learn 13 exercises to increase your visual acuity and ocular health. Even if your vision is excellent, you're probably one of the 70% of computer users who suffers from repetitive eyestrain. Includes: 2 CD learning sessions, practice cards, eye charts, and a guidebook.

#51053 The Natural Vision Improvement Kit \$26.95

MAGICAL PASSES BY CARLOS CASTANEDA

These are movements and positions discovered in states called dreaming and practiced in Mexico in ancient times. The "passages" are to physical and mental prowess, producing extraordinary well-being, concentration and precision.

#51060 Magical Passes, Unbending Intent DVD \$24.95



ANTI-AGING FORMULA FROM JAPAN

Scientists and researchers have determined that Hyaluronic Acid is a contributing factor in: joint mobility, healthy vision, and smooth and well-toned skin. HA is a naturally occurring substance, which is present in all connective tissues of the human body. It is in high levels in the skin, ligaments and joint fluid. Also of benefit in helping the skin remain more flexible and for spinal discs remaining more viscous. Hyaluronic Acid, Biocell Collagen Type II and Chondroitin Sulfate.

#81064 Hyaluronic Acid 90 capsules \$39.95

Buy 3 bottles and SAVE! \$34.95 each



TAKE FULL ADVANTAGE OF NATURE'S FULL SPECTRUM OF SUNLIGHT WITH OTT™ PROTECTION SUNGLASSES

OTT Sunglasses let natural light in and keeps damaging sun rays out so you can see things as they really are. Other sunglasses create distortion and color hues on your viewing area which can affect judgment and accuracy. The only sunglasses by Dr. John Ott, a man dedicated to teaching us the importance of natural sunlight to the human body.

#42039 Basic Women's \$39.95
#42040 Aviator Men's \$39.95

THREE PROGRAMS BY CARLOS CASTANEDA

Tensegrity is the art of utilizing movements (from Mexican Shamans) that promote health, vigor, and physical well-being in a modern setting. DVD: Tensegrity Volumes 1, 2, 3. 5 hours.

#99943 Tensegrity DVD \$29.95



EXPERIENCE THE HEALING POWER OF BREATHING WITH THIS FOUR WEEK PROGRAM

If something is troubling you, then changing the way you breathe will help. In fact, the FDA has approved breath training as a recognized treatment for hypertension, and there are many studies that show its effectiveness in relieving anxiety, depression, chronic fatigue, and more. This very effective training program will help you master the skills of this healing art at your own pace, in just 10 minutes a day. You get: DVD that teaches the Lifestream Breathing Technique, an audio CD with guide sessions to expand your consciousness, heal from emotional trauma, increase energy levels, and reduce stress... plus study cards and a guidebook.

#51054 The Breathing Box \$26.95



POWERFUL PYRAMIDS WITH NEW FEATURES FROM NICK EDWARDS

These are new additions to our line. The aluminum-titanium shafts are anodized gold and charged with a 1,000,000 volt Tesla Coil to increase their energy output. There is a circular treatment platform that connects to the apex of the pyramid for treating small things or a glass of water. Even the connectors are unique; they are pyramid shaped with precise Cheops angles and look like



jewels. The bottom of the pyramid is designed to be off the ground so it can vibrate. A precision compass is provided so you can align it to magnetic north.

- Stimulates meditation and psychic energy
- Stimulates potency of vitamins and herbs
- Stimulates growth and health of plants
- Stimulates sensual awareness and dreams

#83156 10" Amethyst Anodized Pyramid \$44.95

We also offer a large pyramid (not illustrated) to hang over your bed or chair for exceptional energized sleeping and meditation. It has the exact Cheops pyramid angles.

All eight shafts vibrate freely to receive high energy fields.

Alloy shafts are energized as described above. Compass is included.

#83157 42½" Gold Anodized Pyramid 199.95

Unique Treatment Platform

Charged Alloy Shafts

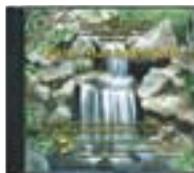


Precision Compass

Crystal Connectors

PAIN CONTROL

This Monroe Institute program can help you reduce pain signals until they no longer seem significant. CD: 44 minutes.



#42748 Pain Management CD \$19.95

UP-TEMPO AND PLAYFUL "DOING" MUSIC

Designed to enliven and invigorate. Tempos are whimsical and quick; 90-140 beats per minute. 2 CDs



#62526 Energy \$24.95

OVERCOME TRAUMA

Dr. C. Norman Shealy helps you to understand the power of the mind-body connection and its relationship to restoring wellness following a trauma such as surgery or a life threatening disease. Hemi-Sync signals from the Monroe Institute guide you into a deep, receptive state of relaxation. 4 CDs



#45010 Network Of Light Series 59.95

BOOST YOUR ENERGY FIELD WITH TACHYON ENERGY COLLECTORS

Proven highly effective in focusing Life Force Energy directly into the body, foods and plants. For pain, enhancing meditation, or increasing your athletic skills. Just tape them to your body.

Tachyonized Cells

#48149 ¼" Pack of 6 Opals \$29.95
#48150 ¾" Pack of 1 Opal \$9.95



ACCELERATE HEALING WITH SUBTLE ENERGY PLATES

Highly defined subtle energy tools that work by sympathetic resonance to awaken the universal energies that exist throughout the cosmos, and within our own selves. The Activator Disk (2") shares its well-tuned copper and silicon energy antennas with our energy field (the aura) through sympathetic resonance.

The Portal Energy Plate (5") is an interactive subtle

energy device that helps us quiet our mind so we can access our spiritual realms.

The Neutral-Space Plate (6" x 4½") interacts with your energy field to unify body, emotions and the mind. Dissolves stuck energy blockages from your aura, chakras, and meridians.

#34019 Powerforms Kit 3 Subtle Energy Plates \$129.95



TRANSFORM YOUR NEGATIVE ENERGY PATTERNS

The Cell-Balancer Plate gently and effectively aligns your cells with your Future Self's positive blueprint. This activates your cell's higher potential, and prepares you for our planet's rapidly quickening spiritual evolution. 6 x 4½".

#42715 The Cell-Balancer Plate \$61.95

SPECIAL OFFER:
#42673 All 4 Subtle Energy Plates \$179.95



SACRED GEOMETRY

From The Monroe Institute, these designs are literally brought to life through exquisite technological artistry... connecting you within the very heart of creation. Used as a powerful tool for achieving expanded states of awareness. Sacred Geometry is an ancient science that explores and explains the energy patterns that create and unify all things. Through Sacred Geometry, we can discover the balance and harmony that exist in all manifest reality.



LightSOURCE allows you to experience higher aspects of Self within the designs of pure Source energy. As the blueprints literally come to life before your eyes, you are propelled into ecstatic play with the magic of the universe ... the very heart of Creation. Contains 13 of the most auspicious geometry forms.

#51087 LightSOURCE CD \$49.95
#51089 LightSOURCE DVD \$34.95

LET GO OF WHO YOU ARE NOT; SAY GOODBYE TO NEGATIVE ENERGY



The MegaChi™ Pendant is designed to protect from negative energies like fear and doubt. It also protects from negative electromagnetic low frequency energy fields caused by cell phones, microwaves, computers, etc.

- Expect to feel a new and wonderful sense of being
 - Expect to be more connected with your intuition and remember the things that matter
 - Expect to feel revitalized and energized so you can accomplish the things that are important to you
 - Expect to attract wonderful things, events and people into your life.
 - Expect to raise your emotional IQ
- By wearing this pendant, your energy shifts to a higher energy signature with a resonant frequency that meets in the heart center, or chakra to experience yourself as beautifully balanced, centered and harmonized. 1 x 2".

MegaChi Harmonic Resonance Pendant

- | | |
|---|-----------|
| #99601 Rhodium (Platinum) with box-link chain | \$249.95 |
| #99602 24K Gold plated with black silk cord | \$249.95 |
| #83184 14K Gold with black leather cord | \$1729.95 |

MEGA CHI WITH ELEGANT DESIGN AND ULTRA-HIGH ENERGY

This pendant was designed using ancient principles of sacred geometry and infused with white light. This powerful energy pendant radiates force and vitality as if from a higher dimension. The front features sacred geometry designs and the back is beautifully inscribed with the inspiring words: HOPE, BLISS, JOY, LOVE and GRATITUDE to invoke and embody these qualities.



- | | |
|---|----------|
| #33812 HiChi Pendant 3/4" Sterling Silver | \$199.00 |
| (27" Sterling Silver Chain included) | |
| #99894 HiChi Pendant 1" Sterling Silver | \$249.00 |
| (27" silver chain included) | |
| #33813 HiChi Pendant 3/4" 24K Gold | \$599.00 |
| (27" Brown Leather Cord included) | |
| #99895 HiChi Pendant 1" 24K Gold | \$999.00 |
| (27" Brown Leather Cord included) | |

YOUR CHAKRAS AND YOUR AURAS

Shows how to clear the chakras of old hurts and to cleanse and strengthen the aura for protection against invasive energy. Healing is explained as a process of awareness, intuition and self-discovery. Indispensable grounding techniques. 265 pages

- | | |
|-----------------------------------|---------|
| #82066 Your Aura and Your Chakras | \$16.95 |
|-----------------------------------|---------|



PYRAMIDS TO VITALIZE FOOD, WATER, OR EVEN DEEPEN MEDITATION

These pyramids are modeled after the Great Pyramid of Giza, whose specific dimensions and angles have been shown to energize anything put inside it. Put your food and water inside the pyramid to charge them with energy. Energize your house plants by charging the water you use. Pyramids placed in any room will increase the energy in the room. Some people even put these pyramids on top of their head to deepen meditation and improve concentration.

- | | |
|---|---------|
| #75335 12" Food & Water Revitalizer by Fred Bell | \$61.95 |
| (Steel frame with 24 K gold plating) | |
| #75334 9" Meditation Pyramid For Your Head by Fred Bell | \$79.95 |
| (Steel frame with silver, copper and gold plating) | |
| #72025 7" Room Pyramid | \$34.95 |
| (Copper, brass, silver frame with nickel, gold and rhodium plating) | |



MAPPING THE HUMAN AURA

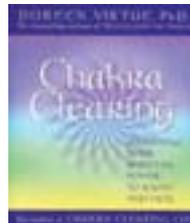


Dr. Valerie Hunt Ph.D., working at the University of California, has created a series of CDs from the actual sound frequencies of the chakras. Because the frequencies come from the living aura with selected in-synch music, these CDs have been shown to rapidly brighten and balance the human aura. 5 specific tracks on 2 CDs. Total 147 minutes.

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| #72036 Music of Light | \$64.95 |
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CHAKRA CLEARING BOOK AND CD

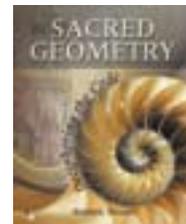
Guides you through meditations and visualizations to clear your chakras, which activates your inborn healing and psychic abilities. You will understand the functions of the major chakras and esoteric methods for clearing them of fear. Hardcover, 112 pages plus CD



- | | |
|------------------------|---------|
| #62179 Chakra Clearing | \$17.95 |
|------------------------|---------|

SACRED GEOMETRY: DECIPHERING THE CODE BOOK

See how mathematical discoveries have manifested themselves over and over again in biology, astronomy, physics, and philosophy, as well as in the greatest works of art ... and how that links us to the infinites. Hardcover. 160 pages.



- | | |
|------------------------|---------|
| #62127 Sacred Geometry | \$24.95 |
|------------------------|---------|

COLLOIDAL DNA BOOST



The body is reminded to heal itself through the Bioenergetic Resonance Re-patterning and entrainment of resonant fields enabling healthy DNA to be transferred to the body. This is a powerful and effective cellular regeneration booster... containing colloidal Gold, Silver, Rhodium, Iridium,

Platinum, Chromium, Vanadium and Silica.

- | | |
|---|---------|
| #75338 Colloidal DNA Boost 2 oz. dropper bottle | \$79.95 |
|---|---------|

OPTIMIZES THE DNA FUNCTION

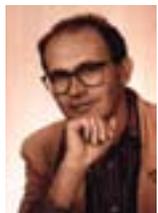
A naturally occurring trace mineral complex and homeopathic combination. Balances and harmonizes the electromagnetic energies of any other substance or organism it comes in contact with. Enhances food, other dietary supplements and the human body. Facilitates the removal of heavy metals at the cellular level.



- | | |
|------------------------------------|---------|
| #75339 Aulterra 300 mg 60 capsules | \$29.95 |
|------------------------------------|---------|

OPEN 24/7
ToolsForWellness.com

MEASURE AND INCREASE YOUR LIFE ENERGY BY SPINNING THE WHEEL



Dr. George Egely

The Egely Wheel allows you to check, measure and increase your own vitality level.

A persistent low energy level can serve as a warning that illness may be developing.

similar to a state of meditation, is to listen to your favorite music, imagine doing something you enjoy, or recall happy memories. Your body functions best in this mental state.



The Egely Wheel rates your "vitality quotient" or VQ. Those who are the most vital, relaxed, energetic and joyous were able to make the wheel spin the fastest. If your VQ level has been low for a few weeks, it is a warning and an opportunity to work on improving your health and fitness.

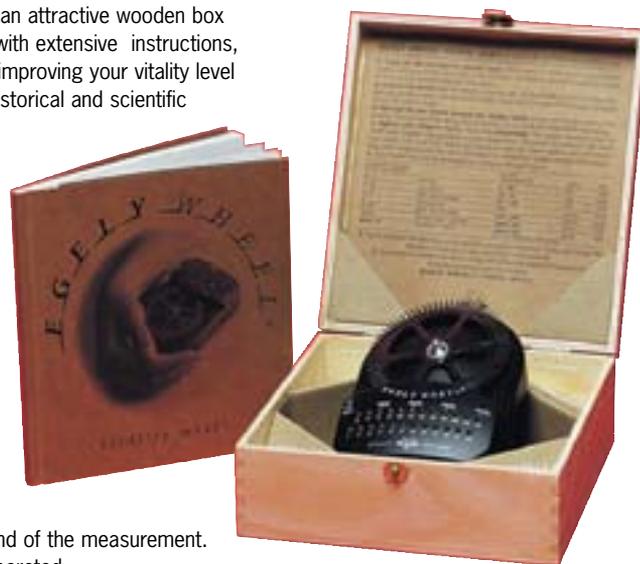
The Egely Wheel is very simple to use and requires no training.

The key component is a 3" wheel that rotates on a delicate pivot fueled

by your life energy. Simply remove the plastic cover and cup one of your hands, surrounding the wheel as completely as possible with your fingers and palm. The wheel will rotate as you concentrate. The Egely Wheel comes in an attractive wooden box together with extensive instructions, ideas for improving your vitality level and the historical and scientific

#54848 Egely Wheel \$179.95
#54849 Replacement Wheel \$10.95

A UNIQUE TOOL FOR RESEARCHERS, SCIENTISTS, AND THOSE WHO WANT TO UNDERSTAND THEIR OWN VITALITY



background of the measurement. Battery operated.

Using The Egely Wheel

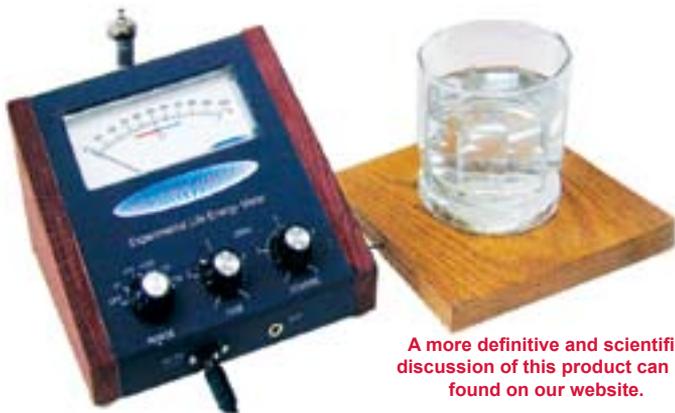
As you use it, you will soon find that the Egely Wheel's rate of revolution depends on your physical and mental state and fluctuates along with your current fitness level and ability to concentrate. If you are very tired, you can expect a low rate of revolution. As you practice, you will learn how to tune in to the mental state which produces your maximum rate of revolution, attained when your mind is in a relatively narrow range between complete relaxation and intense concentration. The easiest way to reach this state of mind, which is

EXPERIMENTAL LIFE ENERGY METER

This technology allows you to test the vitality of water, compare different people's energy levels, check the energy of different soil samples, or help people learn about energy healing. The meter emits a weak "displacement" energy field

around the electrode and the meter can then indicate the precise energy level of any organic object in front of it. This is an ideal tool for those serious about energy medicine, healing, water research, subtle energy. One year warranty.

#42034 Experimental Life-Energy Meter \$379.95



A more definitive and scientific discussion of this product can be found on our website.

ENERGIZE WHAT YOU EAT AND DRINK



These anodized purple aluminum plates are tuned energetically to emit positive life force energy. They act to revitalize whatever you place

on them, be it food, drinks, or you! The large plate is great for placing on refrigerator shelves to revitalize food and drinks, or under your mattress for your own personal energy boost. Small plates work well as coasters, or tucked in a pocket.

Positive Purple Energy Plate
#46051 Large 12" x 12" \$49.95
#46052 Small 4½" x 2¼" \$14.95

MEASURE HIGH FREQUENCY SUBTLE ENERGY

This meter measures high frequency subtle energy created by invisible and unknown geomagnetic forces, beyond the known electromagnetic spectrum. For those interested in the unseen and unknown. For those who are paranormal investigators. For those who want to measure the changes in the earth's magnetic field. If you engage in chi gong or practice Feng Shui.

#46075 The Trifield Natural EM Meter \$229.95



NEUTRALIZE BAD ENERGY

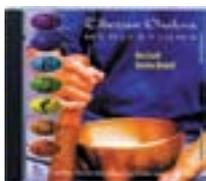
The rings use free energy channeled by layered precious metals including Gold and Rhodium. Both rings work well to neutralize negative energy fields (such as microwaves, negative thoughts electromagnetic pollution, machine resonances from food processing) from your food, drinks and nutritional supplements.

#63507 4" Neutralization Ring (weighs 3 oz.) \$37.95
#75232 13" Neutralization Ring (weighs 3 lbs.) \$269.95



TRADITIONAL TIBETAN MUSIC

Tibetan singing bowls are used for the invocation of good spirit, dealing with disease, and negative energies. CD 73 minutes.



#63022 Tibetan Chakra Meditations \$18.95

TUNE YOUR CHAKRAS WITH SOUND

This is the best-selling and most effective balancing music available on a single CD. By Steve Halpern. 67 minutes.



#41002 Chakra Suite \$16.98

TURN YOUR CD PLAYER INTO A MIND AND MOOD MACHINE

High Chi 5-D Sound is heard with one's entire being. It speaks to all of the cells of the body reaching the primal depths of the spirit. One actually seems to float in a field of pure space. This breakthrough technology clears your energy field of stress, leaving you in a vitalized, harmonious and balanced peak performance state. Many listeners report that these CDs create blissful, mind altering states.

ENERGY THAT SPEAKS TO THE SOUL!

Designed in Germany to analyze and develop energy remedies or vibratory medicines, an advanced computer program holds in memory, the energy field of any substance. On a quantum or vibratory level, the energetic blueprint is more active than the "solid" substance. When the vitality of the energetic blueprint is fed back upon itself (energy amplified/potentiated)–the vitality level of the substance field soars!

1. PROBLEM SOLVING

Overcome limitations. Release blockages to greater courage and strength. Elevate your mood and step into a whole new reality!

#41088 Formula 1: CD \$29.95

2. PROSPERITY AND ABUNDANCE

Raise your mood level and self-

esteem. Release doubts and fears. Manifest your desires from a state of bliss.

#41089 Formula 2: CD \$29.95

3. MEMORY ENHANCEMENT AND ACCELERATED LEARNING

Let go of confusion, self doubt and fear. Increase visual processing skills and raise cognitive learning!

#41091 Formula 3: CD \$29.95

4. COMMUNICATION AND PERSONAL INTEGRITY

Inspires objective, emotionally balanced and intuitive listening.

#41092 Formula 4: CD \$29.95

5. STRESS RELEASE, DEEP RELAXATION AND PEACE

Release stress, fear, negative thoughts, emotions and attitudes around work, financial and relationship issues.

#41093 Formula 5: CD \$29.95

6. RELEASING BLOCKED EMOTIONS, ATTITUDES AND HEART OPENING

Open your heart to forgiveness, for yourself and others. Release pain, conflict, counter-emotions and attitudes. Let yourself love and be loved.

#41095 Formula 6: CD \$29.95

7. ENHANCED CREATIVITY AND INTUITION

Release blockages to your creativity, imagination and intuition. Learn to listen to and trust your inner guidance. Be in the creative flow!

#41096 Formula 7: CD \$29.95

8. RELEASING ADDICTIONS AND COMPULSIVE OBSESSIVE BEHAVIOR

Stress releasing, relaxing, balancing and inspirational. Enables personal freedom. A great natural high!

#41097 Formula 8: CD \$29.95

9. PERSONAL POWER, GOALS AND MOTIVATION

Know your higher purpose, open to your self-worth, self-value, self esteem and self confidence. Let go of who you're not!

#41098 Formula 9: CD \$29.95

10. RELEASING INHIBITIONS FOR SEXUAL ECSTASY

Experience passion and ecstasy! Reconnect with your joy, passion and gratitude for being physical!

#41099 Formula 10: CD \$29.95

See the HighChi pendants on page 18



SPECIAL OFFER Buy all 10 CDs and SAVE! #41120 5D Sound Set of 10 CDs \$229.95

INCREASE YOUR AURIC FIELD SIX TIMES

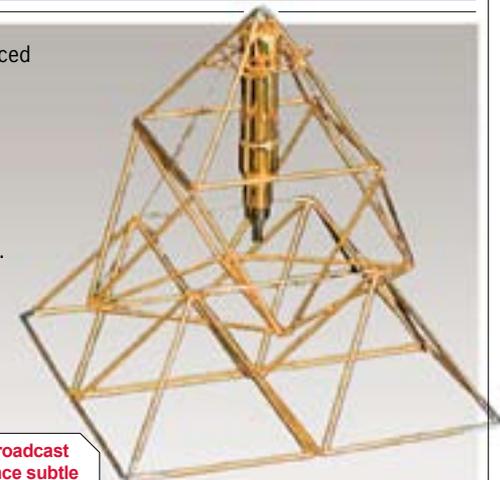
Pyramids have been recognized for thousands of years for their healing and restorative powers, and to deepen meditation. Sitting in front of the Pyramid Beamer balances your energy meridians and chakras to improve your health. 7 pyramids and 7 Beamers synergisti-

cally combine to create a system many times more powerful than a single Beamer. Spinning this system creates even more power. The effect of this powerful subtle energy system will be perceived rather quickly. Put it on a table to energize an entire room. In the kitchen, it will energize fruits and vegetables, making them last longer and taste better; it even improves the taste of your favorite wine.

Use it in the bedroom for enhanced lovemaking and for a peaceful and restorative sleep. Use it in the office to offset the negative effects from your computer and other electronics. Works quickly and silently. Nothing to plug in or turn on, and nothing to break. Quality construction throughout; gold plated.

16" high x 14" x 14"

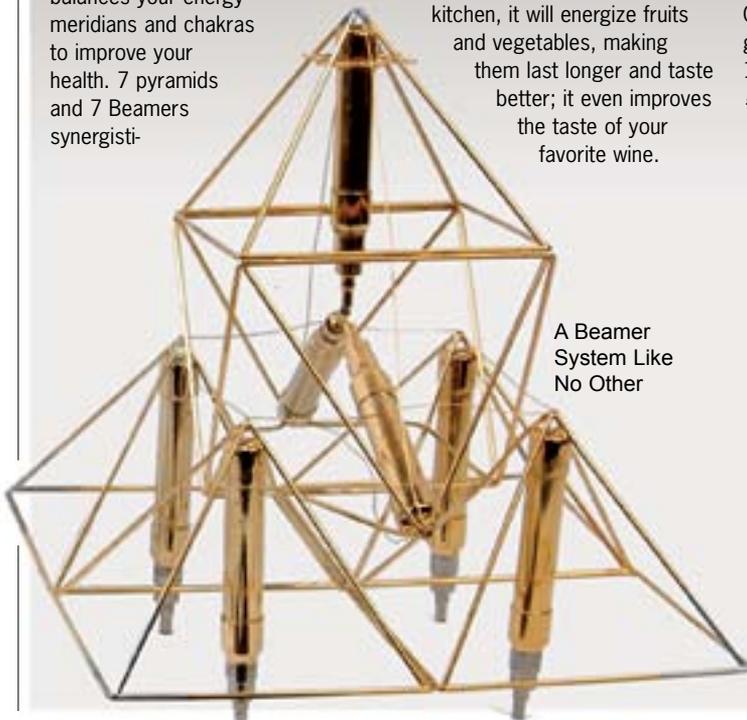
#42765 Pyramid Beamer \$1,299.95



FILL YOUR ROOM WITH SUBTLE ENERGY

The Solarizer combines the energy of 7 pyramids, star geometry and a Beamer to focus higher energies. Hang the Solarizer Beamer in your kitchen to energize your food, or over your bed for a more restful and rejuvenating sleep. Hang in an office the Solarizer Beamer to balance your energy in the midst of long days at your computer. If you haven't experienced Beamer energy you are in for a treat.

#75063 Solarizer Beamer \$254.95



A Beamer System Like No Other

Beamer products uniquely broadcast a broad range of high resonance subtle energy in the form of micro-current. The focus of the Beamer is to enhance and to assist in balancing the electrical aspect of ourselves. A major factor in the well-being of the body is the unimpeded flow of energy through its electrical systems, and if energy blockage is a problem, the Beamer can be very effective.

Beamers are free energy devices. They are called "free" because they do not need an outside source such as batteries or wires to make them work. A beam of energy emanates from the tip of the Beamer. Aim the tip at an object for a few seconds and the charge is virtually instantaneous. It is also effective for "beaming" food, beverages and supplements, enhancing meditation, clearing negativity and performing well as a non-invasive acupuncture device.

TRANSCEND LIFE'S CHALLENGES

Every Transend product transmits a soothing energy that brightens and clears your energy system. This enables you to restructure your energy field toward a greater level of inner order and balance. Each card is made of a gold holographic grid, which is imprinted with an energetic program that interacts with your bio-energy fields. This effects us on both the mental and physical levels, for clear, positive focus and enhanced energy. The cards have been repeatedly confirmed effective via kinesiology and electrodiagnosis.

Transend Cards—Each card is tuned to improve a specific type of energy for you. They measure 2 x 2" to easily fit in your pocket. Generally, only one Transend card should be worn at a time. Blocker sleeve and carrying case included.

Clears resistance to receiving positive change. Heart opening. Strengthens and balances.

#83100 Joy \$44.95

Promotes prosperity, consciousness, optimism and increased confidence.

#83101 Prosperity \$44.95

Establishes greater balance and acceptance. Amplifies the effects of other Transend Cards

#83102 Attunement \$44.95

Dissolves stress, anxiety, and negative thoughts for greater peace and serenity.

#83103 Serenity \$44.95

Reduces fatigue and increases physical energy and mental alertness.

#83104 Vitalizer \$44.95

Filters out the negative patterns of co-workers and clients. Also protects from harmful electromagnetic fields. Ideal for work environments and for jet lag during travel.

#83105 Protectoplex \$44.95

Supports deep relaxation and regeneration through restful sleep.

#83106 Sound Sleep \$44.95



Front



Back

THE MYSTERY AND MAGIC OF SHAMBALLA

Within our DNA lies the mystery and magic of Shamballa, simply waiting for you to initiate the process of awakening. This esoteric CD provides you with profound frequency maps to harmonize your body temple and its surrounding energetic fields with this vast influx of loving energy. Highly recommended to those who enjoy the DNA Series on this page. 61 minutes.

#41006 Shamballa: Journey Home \$22.95

CLEAR AND BALANCE ENERGY FIELDS

A major factor in our well being is the free flow of energy throughout our bodies. The Tetrahedron Beamer potentiates our regular Beamer by over 50%. The tetrahedron tunes and strengthens the field emitted by the Beamer. Use it to



BALANCE YOUR CHAKRAS, AND GROUND YOUR MANIFESTATION

Balance your chakras and expand your auric fields in preparation for attaining higher states of meditation. A continuous subtle vibrational will affect the physical body. The undulating modulations stretch and expand the etheric energy bodies.

The music cycles through various themes, as undulating spiraling, swirling and rhythmic sounds engage the listener. For use prior to using the DNA Activation Series on this page. 2 CDs

#83185 The Odyssey Chakra Balancing Set \$34.95

charge your food or water, "beam" your supplements or focus on the body to balance energy pathways. This all-purpose energy device is wonderful for enhancing meditation, (aim the Beamer at your third eye), clearing negative energy patterns, or charging your aura.

#63549 Tetrahedron Beamer \$189.95



ACTIVATE YOUR DNA WITH MULTIDIMENSIONAL MUSIC AND SOUND

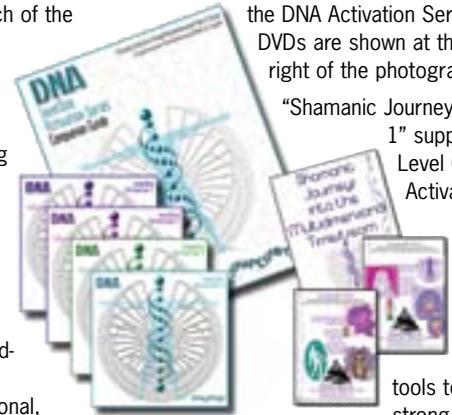
Modulating the lifewave of the body electric with the intent to activate the dormant potential coded within, sonic keys unlock and reintegrate the multi-strand DNA ... self healing, rejuvenation, awakening psychic/intuitive gifts, increases manifestation, initiate abundance on all levels and discover empowered co-creation as conscious evolution unfolds. Each of the 4 CDs is a 50 minute journey shapeshifting through the infinite probable realities of your being, awakening and activating your unfolding potential. Travel on cyber-shamanic journeys into the many faceted realms of Light and Awareness. The soundscapes of this series are very multidimensional, shifting and changing each time you listen. Utilized with conscious intent, they are profoundly powerful tools to prepare you for the next wave in evolution. Start with program #1 and move through all four in sequential order. You can listen for many years and they will release new sonic codes as you expand your Light. Play during meditation time, background music, driving, sleeping and working. Headphones are not necessary.

A detailed guidebook is included.

#75251 DNA Activation Series \$99.95

Two optional DVDs are available to assist you in building a strong spiritual foundation by working to ground energy, balance chakras, connect with your higher self and activate your DNA. These additional programs teach you how to work with this type of music to attain the most benefits.

Highly recommended for use with the DNA Activation Series. The DVDs are shown at the lower right of the photograph.



"Shamanic Journeys No. 1" supports the Level One DNA Activation soundscapes. This program provides you with tools to build a strong spiritual

foundation which is needed to fully engage with the soundscapes. Uses graphics, animations, vocal tracks and guided imagery exercises.

#83187 Shamanic Journeys #1 DVD \$39.95

"Shamanic Journeys No. 2" provides deeper insights into how to work with the soundscapes in a more multidimensional way. This DVD is very important when learning how to engage with the music of the Series.

#83188 Shamanic Journeys #2 DVD \$39.95

BEAM ENERGY INTO YOUR BODY AND FOOD



Beamers are our most popular and effective subtle energy devices.

Several precious metals are plated to the beamer, making it more powerful! Make your food, supplements or drinks vibrate at a higher frequency and create "highly energized" food. The Beamer is filled with noble gases, that when excited, emit high vibration energy which can restructure the molecular bond between elements. The Beamer can be used:

- As an acupuncture tool to open meridians
- As a meditation tool
- To raise the resonance of the food you eat, making it easier to assimilate and digest. Enhances the taste of food and beverage, too.

- To reduce pain
- To help restore balance to the aura
- To help clear negative energy in the auric field
- To improve the overall energy of the room that you are in
- To increase the auric field of the person holding it by 60% or more.

7" long. 3/4" diameter.

#46067 Beamer \$119.95

A SUPER BEAMER

Balance all of your meridians simultaneously. Just sit a few feet away, relax and let the Super Beamer energize and balance your whole body. Receive a complete body treatment in 10 to 20 minutes. 13" long, 1 1/2" diameter.

#75294 Super Body Beamer \$1,299.95

HEART RATE FEATURE PROMOTES DEEP RELAXATION

Key Features:

- 36 built-in sessions
- Music modulation
- Connects to external music source



What We Like:

- Heart beat sound (to pace your breathing)
- Tru-Vu Omniscreen light glasses with 3 color therapy filters, and gentle on the eyes
- Small and light-weight

Recommended For:

- Those who want CES, also
- People who want to condition themselves with heart beat sounds

Specifications: 2½"x1"x3½", internal rechargeable battery, 1 year warranty.

Includes: control unit, Tru-Vu Omniscreen glasses, headphones, 9 volt battery, patch cord, user's manual.

- #62146 **DAVID Pal 36** \$319.95
 #62147 **DAVID Pal 36-CES (same as above, with addition of CES and ear clip)** \$499.95



ALL-AROUND MACHINE FOR BEGINNERS

Easy-To-Use

Key features:

- 23 built-in programs
- AudioStrobe Multimedia

What We Like:

- Unique random session creates a different session every time it runs
- Manual control (0.1 to 30.0 Hz) of pulse rates to create precise stimulation protocols for personalized exploration
- Turns any sound source into a synchronized light show
- Terrific value and easy-to-use

Recommended For:

- Beginners
- Professionals to recommend to patients

Specifications: 4" x 3" x 1", battery-operated, 1 year warranty.

Includes: PureWhite™ white light glasses, headphones, patch cord, user's manual, carry case, AudioStrobe Multimedia, sample CD.

- #42688 **Sirius** \$99.00



STATE-OF-THE-ART LIGHT AND SOUND GLASSES

Phenomenal electronics inside these glasses allow you to take advantage of these many features:

- A 20-color menu, including two selections with different colors in each eye
- One menu selection where the color responds to the flicker frequency that is fed into the glasses; the color actually tracks and changes with the frequency

Graphics on glasses are simulated for presentation purposes.



- Color and intensity controls in the glasses for conveniently changing the color or intensity by pressing a button
- Ultra-bright LEDs create remarkable visual images
- Downloadable

The kaleidoscope of colors and patterns will take you along a colorful adventure, producing a new and engaging experience, even to those who have used light and sound for a long time. The name "ColorTrack" comes from the frequency-following mode in which the color responds to the frequency of stimulation. No other light and sound glasses even come close.

- #46091 **ColorTrack Glasses** \$199.95

Works with InnerPulse, NovaPro 100, Muse Sharp and Luma 10

VERY ADVANCED MACHINE WITH 100 SESSIONS

- 100 built-in sessions (stores an additional 100)
- AudioStrobe
- Connects to external music source
- Microphone jack
- 2-user system
- Lots of tone selections—8 (tone, surf, chords, binaural beats, binaural beats with surf, dual monaural binaural beats) with 6 octaves of pitch (16–960 Hz.)
- Manual mode (frequency range 0.25–42)

This is the top of the line light and sound machine, of professional quality with 100 easy-to-use relaxation, meditation, sleep, learning, energizing, visualization, entertainment and specialty sessions along with capacity for downloading 100 more sessions.

NovaPro 100 is AudioStrobe compatible. This is patented technology from the Tamas Laboratories in Germany. A brief description: Connect your CD player to the external input of the NovaPro 100, along with your glasses and headphones.

Specifications: 4" x 9" x 1", internal rechargeable battery, 1 year warranty.

Includes: control unit, light glasses, headphones, AC adapter, patch cord, programming software, computer cable, and user's manual.

- #48603 **Nova Pro 100 Specify TruWhite, Blue, Red/Blue Glasses** \$439.95
 #48603 **NovaPro 100 with ColorTrack glasses** \$523.95



FOR CONSCIOUSNESS EXPLORATION AND SPELLBINDING MENTAL STATES

This nootropic formula is designed to promote a sense of tranquility and reduce mental and emotional distress. Users report vivid experiences with light and sound and other consciousness-boosting adventures, such as inner journeying, meditation, tantra, and deepened intuitive awareness. The blend of Kava Kava, Ginkgo Leaf, Passion Flower, Kola Nut, Bilberry,



Schizandra berry, Chamomile Flower and a very fine variety of Korean Ginseng produce an unusual synergy. Contains no Ephedra. For adult use only and not to be used while driving or operating machinery. The spray bottle makes it easy to put 2-10 sprays under your tongue for exceptional absorption. Each bottle contains 30–50 doses.

- #41063 **Altered States** 1 oz. \$39.95

Buy 2 and SAVE! \$34.95 each

HOW TO SELECT LIGHT GLASSES

If your machine is a Nova Pro 100, Luma 10, Muse Sharp, Inner Pulse, choose:

- #32102 **TruWhite** \$109.95
 #25032 **Blue** \$109.95
 #63047 **Red & Blue** \$109.95



- TruWhite** For vivid visuals
Blue For sleep and deep rest
Red & Blue For creative visualization

If your machine is an Orion, Proteus, Sirius, DAVID PARADISE, Audio Imaging, Decoder, choose:

- #32101 **TruWhite** \$109.95

These glasses are available by special order only. Allow additional 7-10 days for delivery.

READ ABOUT LIGHT AND SOUND

"Must" reading for those serious about using light and sound. Learn about binaural beats, biofeedback applications, ADD, brain symmetry, memory and learning. 38 pages

- #42555 **Advanced Guide To Light and Sound** \$6.95



A SUPERB MACHINE YOU WON'T OUTGROW THIS ONE ANYTIME SOON



Key Features:

- 64 built-in sessions (stores an additional 25)
- AudioStrobe Multimedia
- Connects to external music source

What We Like:

- Unique features: gradual on/off light pulses, can change the session time, random light flash setting
- Lots of tone selections: surf, chords, binaural beats, dual monaural binaural beats
- Manual control (frequency range 0.25–42)

Recommended For:

- Meditators
- Consciousness Explorers

Specifications: 6" x 4" x 1", battery-operated, 1 year warranty.

Includes: control unit, light glasses, headphones, patch cord, and user's manual

- #81073 **InnerPulse with TruWhite, Blue, Red/Blue Glasses. Please specify. \$259.95**
- #81073 **InnerPulse with ColorTrack glasses (see page 22) \$349.95**
- #63619 **110v Adapter \$11.95**



FULL SPECTRUM ADVANCED LIGHT & SOUND SYNTHESIZER



A melding of color choices with clean, pure digital sound. The resulting new mediaform can be used to modulate states of consciousness in rich new ways. Its state-of-the-art color synthesis elements can modulate smoothly between fields of pure color (ganzfeld), through subtle shimmering effects, to full-on flicker frequency range up to 75 Hz. Each color channel (red, green, and blue) is independently programmable, allowing up to three simultaneous stimulation frequencies at once. It also can precisely

synchronize audio material on a CD or MP3 with a Procyon program.

- 255 shades of each color (red, green, blue)
- Complex, multiple visual effects and waveforms
- Frequency range: 0.1 to 75.0 Hz
- Large flash memory storage
- Each color channel is independently programmable
- Digital audio interface
- Can be controlled by a PC or other devices with its USB interface
 - Programmable and expandable

Includes: Control unit, GanzFrames color glasses, headphones, USB cable, carry case, manual, free programming software via download, and one year warranty.

#46081 **Procyon \$269.95**



ADVANCED PROGRAMMING ALLOWS FOR CREATING DYNAMIC SESSIONS

Key Features:

- 50 built-in sessions (stores an additional 100)
- AudioStrobe Multimedia
- Random sessions
- Connects to external music source



What We Like:

- Unique features: advanced programming software, BiColor red/green light glasses,
- Manual control (frequency range 0.4–50)

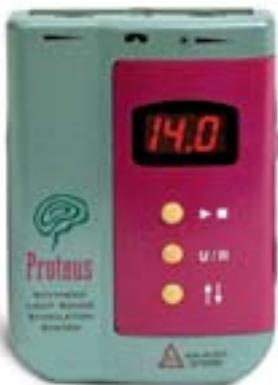
Recommended For:

- Advanced Users
- Consciousness Explorers
- People who are adept at computer programming

Specifications: 4" x 3" x 1", battery-operated, 1 year warranty.

Includes: control unit, ruby/emerald light glasses, headphones, computer cable, patch cord, AudioStrobe sampler CD and user's manual.

#75044 **Proteus \$159.00**



DAZZLING VISUALS WITH 50 SESSIONS

Key Features:

- 50 built-in sessions in several categories (relax, meditate, sleep, learn, energize, visualize, entertain, special, and random)
- Connects to external music source

What We Like:

- Gradual on/off light pulses, lights flash at different intervals, can be varied
- Very easy to use
- Dynamic "Light Weave" technology

Recommended For:

- Light and sound users who have become bored with their current machine
- Consciousness Explorers

Specifications: 6" x 4" x 1", internal battery, 1 year warranty.

Includes: control unit, light glasses, headphones, batteries, patch cord, and user's manual.



- #42048 **Luma 10 with TruWhite, Blue, Red/Blue Glasses. Please specify. \$229.95**
- #42048 **Luma 10 with ColorTrack glasses (see page 22) \$312.95**
- #63619 **110v Adapter \$11.95**

Light Brightness of Our Machines

The TOOLS FOR WELLNESS Brightness Factor helps you gauge the brightness of our light glasses, from dim (1), to bright (5). Brighter light glasses promote and enhance a fuller spectrum of colors, and generally create a more spectacular and vivid visual experience (with eyes closed).



FREE To Purchasers Of Light And Sound Machines

Written by a long-time user, we provide a booklet that helps you to maximize your enjoyment while avoiding commonly-made mistakes. Booklet shipped FREE with orders of all light and sound machines.

BRAINWAVE CHART

Brainwaves range from fast to slow (approximately 0.5 to 40 Hertz, or cycles per second)

Brainwaves (frequency- c/s)	Active State (when Rested)	Passive State (When Stressed)
Beta 13+ c/s	Concentration	Alert
Alpha 8–12 c/s	Learning-recall	Day Dreaming
Theta 5–7	Lucid visualization	Dreaming
Delta 0.5–4 c/s	Clearing	Deep Sleep

GUIDE TO LIGHT AND SOUND MACHINES

Unit	Price	Description	Built-in Audio Strobe	Can Be Customized	Compact Size
Sirius	\$99.00	Beginner's Unit			X
Luma 10	\$229.95	Beginner's Unit			X
Proteus	\$159.00	Intermediate Unit	X	X	X
Procyon	\$269.95	Advanced Programs	X	X	X
InnerPulse	\$259.95	Advanced Features	X	X	X
DAVID Pal 36	\$299.95	Advanced Features			X
Nova Pro 100	\$439.95	Advanced Features	X	X	

SUPERB SOUND TECHNOLOGY FROM GERMANY

Samonas sound technology is a cut above everything else we've heard, because it combines the science of sound with the proven theories of music therapy. This concept employs

a whole new school of auditory training, producing benefits in areas such as learning, listening, hearing, balancing, attention, memory and relaxation. Features unprecedented technology, engineering, recording techniques and pure aesthetic

listening quality.

- The recordings are captured in various locations from waterfalls to ancient cathedrals to provide the listening experience in diverse spaces.
- Particular musical compositions and instrumentation have proven to be excellent tools for overcoming physical,

- emotional and cognitive challenges
- Harmonics are accentuated to spark interest for the auditory system
- In some recordings, slight weighting is applied to provide the right ear (quickest pathway to the language center of the brain) a stronger dose of music and sound.

Focus

For people who need to improve their ability to concentrate, stay focused, be more alert and for those who are learning challenged.



Features guitar and piano music. The recording is right ear-weighted-so as to stimulate the

left hemisphere of the brain and thereby activate the logical domain.

#63448 Carulli Duos CD \$59.95

Very lively music recorded in a northern Spanish cathedral which enriches the sound of this orchestration.



#46029 Live In Catalunya \$59.95

Light and often cheerful, this CD has frequently been used for those with learning disabilities. Particularly



suitable for younger children.

#63449 Mozart and Contemporaries \$59.95

ENERGIZING & CREATIVITY

These CDs use light and cheerful music to uplift your mood and enhance your creative energy.



Guitar trio embracing Jazz, Classic and Flamenco. An uplifting adventure. Evokes different moods: light-

hearted, buoyancy, intensity and flaming energy that entices relaxation, inspiration and new ideas.

#63442 Cadaques Night \$59.95

Magical impressions on the flute and harp radiate warmth, energy, happiness and contentment. Particularly good for lifting the spirit

of both body and soul; encourages peace and harmony in a stressful life and turns negative thoughts and moods into happiness.

#63446 Cantabile \$59.95

Performed in an old Spanish cathedral that has superb acoustics. The melodies and the dancing rhythms are perfectly



proportioned in an intellectually and emotionally balanced structure.

#42045 Queen of the Night \$48.95

GENERAL RELAXATION

These CDs help you to calm down from emotional upset and relieve the tension of the day.

Flute, harp and cello; a very definite healing and calming effect. Slightly right ear-weighted.

#63447 Classic \$59.95



Encompasses feelings of security, fulfillment and relaxation.

#63445 Nocturne \$59.95

DEEP RELAXATION

These CDs use natural sounds to take you down to "very deep" states of rest and relaxation, even meditation.

The natural circulation of water is combined with pure tones of music played on natural instruments. The

level of deep relaxation produced here lies in the creative Alpha and Theta domains. Altered states of consciousness have also been experienced in addition to deep relaxation.

#46030 Mystery of Water \$68.95

Natural sounds of bird song at dawn and dusk. The deeply relaxing sounds were developed through a time space transformation of natural sounds. Takes you deeper into Theta and the Delta and is suitable for super-learning.

#46031 Alpha and Omega \$68.95

Peaceful pulsating of two seas in the evening, conveys the tranquility of nature. The vibrating tone of a



#46032 Nature-Sound-Synergy \$68.95

Tibetan sound bowl is heard. The listener is led into deep relaxation. Particularly suitable for those who do

not want distracting influences.

SOUND THERAPY TONES

This is a brainwave entrainment CD set of 12 frequencies (C, C#, D, D#, E, F, F#, G, G#, A, A#, B). Each frequency is composed of three octaves of all vocal harmonics and overtones and is sustained for 15 minutes each. No synthesizers or tone generators were used. There is a description of what each of the 12 frequencies target on a physical and emotional level and also gives instructions for how the listener



may select the best frequency for themselves for that particular moment or day. Included is a booklet that contains a powerfully effective toning release exercise. The CDs do not feature musical chords, lyrics or embellishments of any kind. Wayne Perry uses this set with his private clients to assist in bringing them back into vibrational alignment and resonance. 4 CDs and booklet.

#62151 Sound Therapy Tones \$149.95

GUIDED VISUALIZATION AND HEALING MEDITATION



For healing and clearing the chakras. The four tracks are from the Tibetan Buddhist tradition, but are formatted and phrased to be used by anyone. The CD case acts as a healing mandala to empower medicines and supplements for blessing and empowering.



#83155 Guided Visualization And Healing Meditation \$18.95



TREATMENT FOR PHYSICAL AND EMOTIONAL TRAUMA

If you suffer from physical injury, pain or mental anguish... the mind-body-spirit collapses into a heightened condition of tension and stress. This CD program, by Brian Paulson, works by reducing the rigidity in the body which affects breathing, blood pressure, muscle stiffness and mental confusion. The method used is entrainment and resonance. 32 minutes.

#42741 Deep Release \$16.95

HIGHLY FILTERED CLASSICAL MUSIC THAT HEALS YOUR BODY AND BALANCES YOUR MIND

Dr. Alfred Tomatis was a pioneer in the study of the effects of occupational noise and that listening problems are the root cause of many learning problems. His work served as the foundation for the development of these SOUND THERAPY programs by Dr. Patricia Joudry and continued by her daughter, Rafaela Joudry. The basic premise is that almost everyone exposed to industrial and city noise or loud music gradually begins to lose

hearing in the higher frequency range, the frequencies that energize the brain. When people hear about SOUND THERAPY, they are often amazed, and perhaps dubious, about the great variety of conditions it can address. How can it be that simply listening to specially recorded, highly fil-



Patricia Joudry

tered classical music could do so much, helping conditions such as stress and anxiety, poor sleep, fatigue, ADHD, tinnitus, Meniere's, schizophrenia, epilepsy, stuttering, dyslexia, behavioral problems, and much more.

The answer lies in the fact that the brain constantly changes its struc-

ture by creating new brain connections, increasing its efficiency and order. The organized structure of classical music with the added enhancements due to Dr. Tomatis' work is an extremely efficient way to improve brain structure and function. As the brain's response to music is enhanced, the motor pathways retrain the ear muscles. This, in turn, allows high frequencies to reach the brain, creating a constant cycle of improvement.

LEVEL 1: BASIC KIT



This is the introductory kit for this remarkable technology. It makes it possible for listeners using this program at home in their own

time to experience the full benefits and support that would be offered through clinical treatment. Answers to FAQs, what to expect, what others have experienced, how to get the best results, expert lectures, live user testimonials, clinical results and a self-assessment program. The activation and filtering of the music produces a powerful therapeutic program for the ear and brain, with outstanding results. It is a very complete, professional and powerful therapeutic program. You should start with this kit before proceeding to Levels 2, 3, 4, and 6, found elsewhere on this page.

You receive the filtered listening program of four 90 minute music CDs (with ascending frequencies), the Self-Help Listener's Workbook consisting of 2 DVDs and numerous support materials. This CD program uses digital sound for the final playback stage. However, the entire recording, mastering, activation and filtering processes are still carried out on analog sound, using reel to reel

tape in a full analog studio.

#62527 Sound Therapy Basic Kit \$299.95

LEVEL 2: FULL SPECTRUM

This is Level Two, designed to further enhance the ear and brain improvements initiated by the Basic Kit (#62527). It combines whole, unadulterated classical music with another band of quiet, highly filtered (10 KHz) SOUND THERAPY music. Once the ear has been



"opened" by the Basic Program, this non-intrusive background is enough to maintain the recharging effect on the brain, while at the same time; the listener can enjoy the full spectrum of the music. This dual focus provides further stimulation for the ear and also expands the consciousness. One can be attentive to the high frequency band with the higher regions of the mind, while the ears absorb the straight music. Contains: 4 tapes, Sound Therapy Full Spectrum Self Help Listeners Workbook and Training Course.

#51013 Sound Therapy Full Spectrum Kit \$269.95

LEVEL 3: HEARING ISSUES

This advanced kit is designed

to further enhance the hearing improvement initiated by the Basic Kit.

It combines a range of instruments and filtering styles to activate and soothe the ear. Includes a Sound Therapy Self Help Listeners Workbook and Training Course for

Hearing Issues. Set of four 90 minute tapes designed specifically to improve ear function and can be helpful in serious cases of tinnitus. In addition, it is uplifting for depression and the resolution of difficult emotions. Helpful for sleep.

#33807 Hearing Issues \$269.95

LEVEL 4: EMOTIONAL BALANCE

A selection of music to bring resolution of the emotions, it brings out the beauty in life and assists in finding balance between different sides of the personality. Improves

communication with others. Draws out those who have been through difficult experiences and can also help in the final stages of the healing process. Very effective in recharging the brain. Audio tapes.

#33808 Emotional Balance \$269.95

(There is no Level 5)

LEVEL 6: ULTIMATE ENERGY

This kit aids in motivation, organization, mental faculties and



maximum brain stimulation for peak performance. Stimulates energy. This set of tapes has the liveliest and brightest melodies of this series. Set of four 90 minute

tapes, The Sound Therapy Self Help Listeners Workbook and Training Course For Ultimate Energy.

#33809 Ultimate Energy \$269.95

THE STORY BEHIND SOUND THERAPY TAPES

Patricia Joudry's story will inspire anyone who has suffered a noise-related problem. This

11th edition is fully updated with the latest documented results for: tinnitus (ringing in the ears), chronic fatigue, insomnia, stress, anxiety, hearing loss, sound sensitivity, dizziness, Meniere's disease, travel sickness, jet lag, ADD, memory, and concentration. 205 pages.

#51011 Sound Therapy: Music To Recharge Your Brain \$22.95

"Triumph Over Tinnitus" book by Rafaela Joudry. Order #49601 \$22.95

SECRETS TO HEALING WITH SOUND AND TONING

This four volume instructional CD set contains six hours of step-by-step vibrational healing secrets, tools and techniques for healing yourself with sound and toning. Excellent for beginners as well as those well versed in sound therapy, it's like taking a workshop in your own home. Titles of the four CDs are:

- The Ultimate Healing Instrument:

- The Human Voice
- The Secrets Of Vocal Overtoning
- Sonic Meditation And The Healing Sanctuary
- Sound Relationships

Wayne Perry is a sound therapist and vibrational healer; his speciality is using the profound therapeutic capabilities of the human voice. He has facilitated the healing of himself and more than 1,000 others. He is a heart-centered and captivating educator who strives to combine

concise and informative instruction with a little laughter and fun.

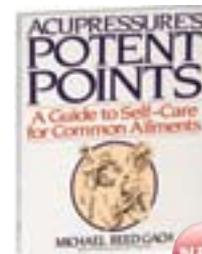
#62150 Secrets To Healing With Sound And Toning \$64.95



GUIDE TO ACUPRESSURE SELF-CARE

Hands-on self-help techniques for relieving common ailments with over 500 illustrations and photos. 251 pages.

#83145 Acupressure Potent Points \$20.00



BRAIN SYNC™ is the brain wave technology most often recommended by physicians and psychologists around the world. These CDs (60 minutes) have been clinically tested with an astounding 95% success rate. They will enhance your ability to give and receive love, direct your will to achieve new goals, and generate vibrant states of health and well being. **Kelly Howell**, creator of Brain Sync, is internationally acclaimed for her pioneering work in mind expansion.

Flow into a state of relaxed concentration where the right and left hemispheres of your brain move into perfect sync. You'll feel invigorated as you access up to 90% more of your untapped ability to learn.

#45003 Brain Power \$14.95

Ever wish you could learn more and faster, and then retain the information longer?

#45004 Deep Learning \$14.95

Exquisite beautiful music based on Tantric traditions stimulates your sexual energy centers and opens your heart chakra. Experience peak pleasure and sexual fulfillment.

#75078 Ecstasy \$14.95

The electro-magnetic frequencies of the heart are 60 times more powerful than that of the brain. This program opens your heart to exude

an irresistible glow of radiance that attracts the love you desire.

#42763 Attract Love \$14.95

Science has proven that the contents of our thoughts and emotions directly and immediately influence our biochemistry.

#99810 Healing Meditation \$14.95

For nights when thoughts are churning, this program will make you feel as if you are floating. Then, you'll start to slowly swirl and drift off.

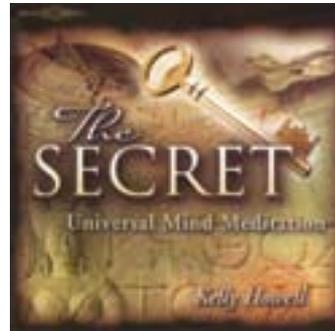
#99811 Sound Sleep \$14.95

Close your eyes and sweep away negative thoughts. Free your spirit.

Bring mind, body and spirit into harmony with the universe.

#45005 Guided Meditation \$14.95

This CD imparts the sacred truth spiritual masters have taught for millennia. It starts by changing your belief system, slowly, subtly and gently while you sleep. The Secret is whispered into your ears – first audibly, and then below the level of consciousness.



#62145 The Secret \$14.95

Binaural beat frequencies will lift

your physical tensions and mental anxieties in minutes.

#45006 Deep Meditation \$14.95

You'll go to progressively deeper levels producing vivid visualization and manifestation.

#41047 Sacred Ground \$16.95

An extraordinary powerhouse of cosmic energy resides within you. Traveling upward through the chakra system, it removes obstacles to living your highest potential. Theta frequencies. 60 minutes.

#45015 Kundalini \$14.95

Precision-engineered brain wave frequencies guide you into exquisite states of wholeness and unity. Negative thoughts are swept away by insight and inspiration. 3 CDs: 3 hours

#45016 Unfold Your Potential \$24.95



Mikio Sankey, Ph.D., L.Ac.

ESOTERIC ACUPUNCTURE

Books That Will Inspire All Who Are Interested In A Melding Of Ancient and Modern Approaches

ESOTERIC ACUPUNCTURE

An amazing

confluence of acupuncture, sacred geometry and the Qabbalistic Tree of Life. Enables you to accelerate your spiritual advancement. A very powerful tool for accelerating your own evolution, sense of purpose and a deep sense of peace and oneness with the Self using specific sequences of acupuncture points for profound shifts in consciousness. 432 pages

#71005 Esoteric Acupuncture \$24.95



acupuncturists, additional new encoding patterns. 397 pages

#81068 Discern The Whisper \$24.95

WORKBOOK

This Workbook is designed for energy healers and the myriad of people who purchased the first two books by Mikio Sankey. Easy-to-use diagrams. 110 pages.

#42052 Climbing Jacob's Ladder \$24.95

SEA OF FIRE—COSMIC FIRE

Volume 4 of Dr. Sankey's series and further expands the material presented in the earlier volumes. 307 pages

#45723 Sea Of Fire—Cosmic Fire \$24.95

- Sleeping Through The Rain: Journey from deep relaxation into natural refreshing sleep

#51090 Cancer Support Series 4 CDs \$59.95



DISCERN THE WHISPER

Volume II contains expanded acupuncture concepts, new information for non-

CANCER SUPPORT

Developed by The Monroe Institute to help you strengthen your mind-body connection and access inner resources to boost your immune system. The four CDs contain:

- Chemotherapy Companion: Supports a positive outcome for your chemotherapy
- Radiation Companion: Supports a positive outcome for your radiation treatments
- Journey Through The T-Cells: Strengthens and maintains your immune system

HAND-HELD LOCATOR AND STIMULATOR

This is the first all-in-one unit that combines 5 mW infrared laser therapies with electrical stimulation allowing both methods of treatment to be used simultaneously. Electrical stimulation is initiated with a push button while stimulation intensity is controlled with a dial. Accessories include a hand ground pole, battery, small screwdriver (for

adjusting point location/sound level), carrying case and instructions. 9" long.

#62512 Pointer Pulse \$224.95

Should be used on the advice or supervision of a healthcare professional. You should be familiar with micro current therapy before using this product.



LOCATE ACUPUNCTURE AND TRIGGER POINTS

The Pointer Plus Excel features a built-in LCD digital display meter for location of acupuncture and trigger points. Frequency is adjustable (1 to 16 Hz) and is also displayed on the LCD digital display when the stimulation button is pressed. There's a polarity reversal switch which offers the option of energizing or sedating. A flashing light and sound indicates when point

detection is made. Two probe tips are included plus a carrying case and instructions.

#42022 Pointer Plus Excel \$149.95

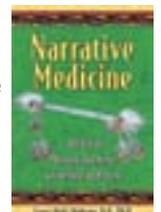
Should be used on the advice or supervision of a healthcare professional. You should be familiar with micro current therapy before using this product.



THE "NEW" ART OF HEALING

This book seeks to restore the pivotal role of the patient's own story in the healing process. Shows how conventional medicine tends to ignore the account of the patient and presents case histories where disease is addressed and healed through the narrative process. 336 pages.

#62607 Narrative Medicine \$20.00



All information contained herein is for educational purposes only. No health claims are intended or inferred. Statements made in this catalog have not been evaluated or approved by the U.S. Food and Drug Administration. If you have a medical condition, please consult your healthcare professional.



FOR SELF-HEALING, STRESS REDUCTION, MENTAL CREATIVITY, MEDITATION AND RELAXATION

BioCircuits produce gentle powerful waves of energy that move through your body, producing a marvelous serenity. And, best of all, it requires no batteries and no wires plugged into an electrical outlet.

What are they and how do they work? They facilitate the flow of subtle bodily energy. There are two handles attached to screens. Hold the handles in each hand and put the screens under each ankle. When the body's primary energy centers are directly connected with a conductive material (Copper, Silver, or Silk), energy flow becomes greatly intensified, leading to increased vitality and peacefulness, furthering healing, effortless relaxation, and the relief of stress. 15-30 minutes a day is all it takes.

RELAX WITH **COPPER**

Superb Conductivity, Good Choice For Beginners

Excellent for a first experience. For relaxing, falling asleep, jet lag and power naps. Contains: components as listed above.

#46053 Copper BioCircuit Kit \$134.95

The kit contains: Copper BioCircuit plus a reservoir bottle (for adding ingredients to your energy circuit) and two additional Copper screens.

#75098 Copper BioCircuit Kit \$154.95

ENERGIZE WITH **SILVER**

The Strongest Produces A Constant Energy Flow For A Great Energy Boost Silver is one of the most powerful conductors. It is used to stay mentally alert, produce more spontaneous creativity, and enhance visualization. Contains: components as listed above plus two foot straps.

#46054 Silver BioCircuit Kit \$234.95

The kit contains: Silver BioCircuit Basic plus a reservoir bottle (for adding ingredients to your energy circuit) and two additional Copper screens.

#75099 Silver BioCircuit Kit \$254.95

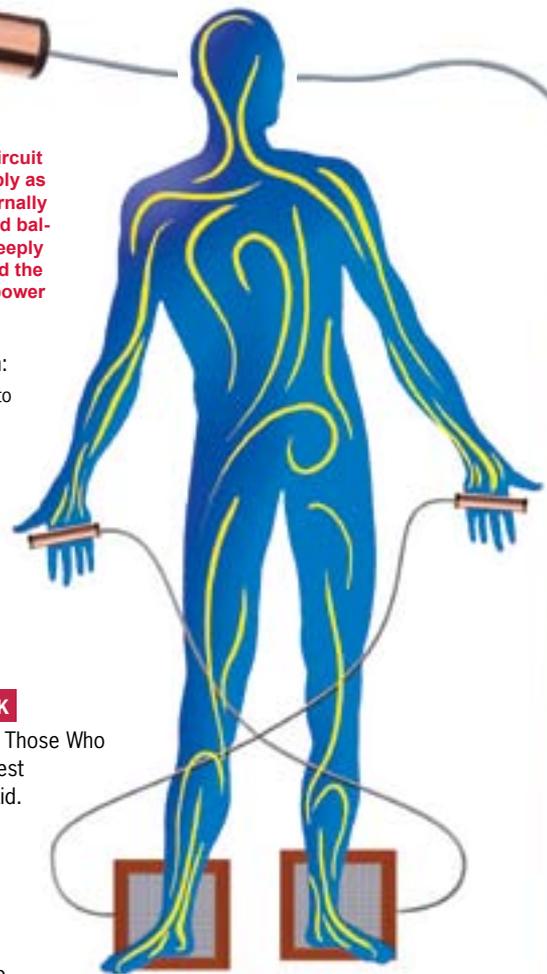
How It Works:

Users report that simply lying on a BioCircuit for thirty minutes refreshes them as deeply as a two hour nap. BioCircuits work by externally linking key energy centers, circulating and balancing the body's natural energy. This deeply releases and refreshes both the body and the mind. It's that simple, with no electrical power source and no batteries required.

The Copper and Silver BioCircuits contain:

- Two (Copper or Silver) handles attached to two (Copper or Silver) screens
- "The Science of BioCircuits" booklet
- Neck to base of spine segment with two (Copper or Silver) screens
- Instructional cassette and booklet
- Carrying pouch

If you are under any medical treatment, consult your doctor before using this product.



MEDITATE WITH **SILK**

The Most Gentle. For Those Who Are Very Sensitive. Best Choice For A Sleep Aid.

Uses Silk because of its smooth and even action in creating deep meditative states. Excellent for those who experience severe jet lag. The Silk BioCircuit Kit contains: four silk pads connecting hands and feet, neck to base of spine segment with two Silk pads, instructional booklet and "The Science of BioCircuits" booklet.

#46055 Silk BioCircuits Kit \$144.95

COMBINATION OF **COPPER, SILVER & SILK**

Contains: Copper BioCircuit Basic, Silver BioCircuit Kit and Silk BioCircuit Basic.

#42542 BioCircuit Combination Kit \$469.95

TRANSFORM BODY, MIND AND SPIRIT IN SELF, CULTURE AND NATURE

Here is a highly flexible system for working on your physical health, spiritual awareness, emotional balance, mental clarity, relational joy, and energy level within a framework where everything fits together... where YOU finally make sense, because no important part of you is left out. This very comprehensive and well thought-out series of programs lets you choose what to work on and how to work on it, according to your lifestyles and needs.

- The 3-Body Workout is a daily practice that integrates strength training, subtle



energy practice and feeling to infinity.

- The Big Mind Meditation gives you a profound experience, integrating Zen and Western psychology.
- 3-2-1 Process reveals your hidden or "shadow" aspects of yourself
- Provides mental clarity with the AQUAL Framework, a map of human awareness.

Rather than focus on merely one aspect of the self, INTEGRAL LIFE PRACTICE brings a whole and balanced approach to realizing the full spectrum of your being. For those willing to make a serious commitment to wellness through body-mind-spirit cross training. The kit also teaches a series of 1-Minute Modules, for those pressed for time. Written by

some outstanding scholars and practitioners, such as Ken Wilber, Terry Patten and others. Contains: 5 DVDs, 2 CDs, 3 booklets and a poster.

#83158 Integral Life Practice \$199.00

This approach in the art of human development is based on over 30 years of research by hundreds of scholars in dozens of disciplines... and drawing upon centuries of wisdom, East and West, this is a highly flexible system that lets you choose what to work on and how to work on it, according to your lifestyle and needs. This new approach will have a great impact on your life in the shortest amount of time.

SPOTLIGHT ON OHM TUNING FORKS

Ohm carries the frequency of 136.10 Hz, considered by many to be the most powerful of vibrations. It is described as primordial sound, the sound from which all other sounds emanate. The sound wave created by Ohm tuning forks works like kinetic energy to move disharmony and tension from the body, thereby restoring a sense of well-being. Disharmony, manifested by stress, muscle soreness, and fatigue, creates blockages to our natural energy flow.

When the different range Ohm forks are sounded together, the healing musical interval of an Ohm octave is experienced. By drawing the vibration of Ohm into your body, the forks enhance the musical experience while negating the source of the disharmony and assisting with meditation. It is truly a profound experience.



OHM TUNING FORK OCTAVE SET

The Ohm Octave is a beautiful and healing musical interval, connecting us with the Earth and furthering our understanding of Ohm. Set consists of the Mid-Ohm (136.1 Hz) and the Low-Ohm (68.05 Hz) tuning forks, Activator, overview of sound healing, plus information on octaves and overtones, plus instructional booklet.

#43107 Ohm Tuning Fork Octave Set \$99.95

MID-OHM TUNING FORK KIT

Widely considered the classic Ohm frequency (136.10 Hz) and in the middle range. This is an excellent place to begin for those interested in sound healing. Includes: tuning fork, Activator, sound healing booklet and instructions.



#43106 Mid-Ohm Tuning Fork Kit \$49.95

TUNING FORK ACTIVATOR



Use this rubber Activator as a surface to gently strike the weighted end of the tuning fork to "activate" vibration. Works well with all tuning forks, weighted and unweighted. 2½" wide x 1½" high.

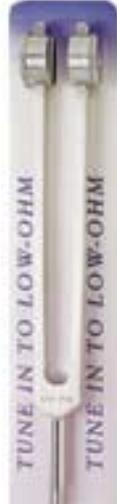
#43110 Tuning Fork Activator \$14.95
This model enables you to attach the Activator to your leg, allowing for hands-free use.

#43125 Mobile Activator with Leg Strap \$38.95

LOW-OHM TUNING FORK

The Low-Ohm Tuning Fork has a deep and earthy reverberating quality with overtones when activated, and is an excellent choice for working on the body, as it is particularly grounding. Use alone or with the Mid-Ohm Tuning Fork to create an Ohm Octave, a beautiful music interval. 68.05 Hz. Made from space grade aluminum

#43109 Low-Ohm Tuning Fork \$49.95



HIGH-OHM TUNING FORK SET

Ideal for use in the energetic field around the body, and for clearing and resetting the energy of a room. Creates a sound wave that is soothing and therapeutic and can help restore balance. Contains two aluminum forks (272.2 Hz and 544.4 Hz) plus instructions.

#43124 High-Ohm Tuning Fork Set \$79.95



CRYSTAL TUNER

The Crystal Tuner amplifies the healing power of crystals through sonic vibration, creating a bridge between heaven and earth. It is useful in dream work, spiritual work and physical work with the cranial rhythms. 4". 4096 Hz. Included in Angel Tuners Set #46046

#71065 Crystal Tuner \$22.95



STARTER SET OF TWO TUNERS



Two forks sound the interval of a fifth—the most important interval for relaxation, centering and aligning the body's energies. Contains: 256 Hz

and 384 Hz, (C & G), plus instructions and carrying bag. Included in Harmonic Spectrum Kit.

#46047 Body Tuners™ \$49.95

BIOSONIC BRAIN TUNER SET

Brain Tuners are based on brainwave studies using electroencephalography (EEG) technology to map different states of consciousness known as Delta, Theta, Alpha, and Beta. When the Brain Tuners are simultaneously sounded (one in the left ear; the other in the right ear) the two hemispheres of the brain function together to integrate the two sounds, creating a third, different tone called the binaural beat. Set of 5 tuning forks (256, 259, 262, 267, 271 Hz) and a wooden stand.

#99863 BioSonic Tuning Fork Set \$99.95



A TUNING FORK PRIMER



This laminated, double sided chart demonstrates 14 useful applications for self-treatment and for treating of others. 11" x 17".

#43112 Tuning Fork Instructional Chart \$14.95



COMPLETE TUNING FORK KIT

Contains: Solar Harmonic Spectrum Kit, Calendula CD, the John Beaulieu video and the John Beaulieu book "Music and Sound in the Healing Arts."

#46049 Complete Tuning Fork Kit \$189.95

USE THE ENTIRE HARMONIC SPECTRUM FOR HEALING



The Solar Harmonic Spectrum was used to create a healing sonic journey in which the notes of each Pythagorean interval move from the right ear to the left and back to balance the left and right brain hemispheres. Includes 20 page booklet

#46050 Calendula CD \$18.95

MUSICAL COMPOSITIONS CREATED IN THE OHM FREQUENCY

Harmonizes beautifully with Ohm Tuning Forks. Listening to these CDs and the tuning forks together produce a harmonic or "stereo effect."

While listening to the CD, place the forks on your body in specific places where there is tightness to relax the tension. Developed by an accomplished musician and sound healer. Each CD is approximately 50 minutes.



#43104 There's No Place Like Ohm CD Vol. I \$16.95

#43105 There's No Place Like Ohm CD Vol. II \$17.95

Tuning forks balance your body, nervous system, muscles and organs. By tapping the tuning forks, you generate true sine wave patterns based on precise mathematical proportions. This is known as Pythagorean tuning.

HOW COLORED LIGHT HEALS

Light and color have been used throughout time for healing. Shining different colors into the eyes activate photoreceptors in the retina and trigger the release of neurotransmitters causing mood elevation. Shining light on the skin activates the natural healing process because the skin cells absorb the energy from the light, causing increased circulation. Beneficial effects of colored light on pain, headaches, wound healing, and inflammation have also been widely reported.

LED LIGHT THERAPY COMBINED WITH HEALTHY FREQUENCIES

Individual settings allow you to select from seven frequencies, or there is a built-in timer that automatically cycles through these healthy frequencies. Red or Near-Infrared light can be applied by placing the paddle anywhere on the body. A set of controls enable you to also customize pulsed or non-pulsed light, intensity, frequencies and more. This is a professionally designed quality unit, thoroughly tested and guaranteed to give excellent results. Lightweight and compact. AC operations with included international wall adaptor,



use anywhere in the world. Carrying case included. 3 year warranty.

#62522 LightWorks \$299.95

SEE WHAT COLOR THERAPY EYEWEAR CAN DO FOR YOU



Just decide what mood you would like to create, and put on the corresponding color eye glasses. It's that easy. The glasses are lightweight with comfortable frames and acrylic lenses that block 95% UVB and 60% UVA rays.

Our set of 9 colors includes: Violet: for relaxation, spiritual growth; Indigo: for eye, ear and nasal problems,

clearing your mind; Blue: for creative expression, clear communication; Green: for over stimulation, calming; Yellow: for depression, desire, nerve builder; Orange: for sexual energy, releasing unwanted habits; Red: for vitality, loss of strength; Aqua: joy, love, communication; Magenta: for uplifting mood.

#72083 Color Therapy Eyewear® Set of 9 Colors \$119.95

HEALING COLORS

Color therapy and chakra therapy are techniques of restoring balance to the body through the use of color. Each color has a specific vibration that affects human cells. These energy fields can be seen by energy field imaging, which allows us to obtain color graphic images of the energy field in and around the body. This DVD shows where each chakra is located in the body and also incorporates the color associated with each chakra. Individual color therapy allows you to concentrate on specific energy fields that need additional attention and harmonizing. Included is an easy-to-follow, informative color and chakra guide.

#99859 Healing Colors Color Therapy DVD \$24.95

NEW REVISED EDITION HAS EMF PROTECTION!

Healing Colors DVD contains embedded frequencies that may help protect the human body from EMF radiation. It takes, on average, only 7 minutes of watching Healing Colors for the person's energy fields to become harmonized and resistant to the detrimental effects of EMF.

Included is an easy-to-follow, informative color and chakra guide. DVD plays on a continuous loop for endless enjoyment!



ENCYCLOPEDIA OF LIGHT THERAPY

From Darius Dinsah, a researcher and practitioner of color therapy. Includes instructions on how to use specific frequencies of colors for therapeutic benefit. 138 pages, 9th printing.

Revised 2007

#46043 Let There Be Light \$19.95



THE HEALING ENERGIES OF COLOR

This practical guide to understanding and using color's therapeutic energies offers dozens of charts and diagrams with instructions for using color to promote better health. You'll also learn how to create active energy zones, a soothing sleep environment and areas for physical and spiritual renewal. Softcover. 128 pages.

#51026 The Healing Energies Of Color \$14.95



BACKGROUND SOUNDS FOR STUDY, FOCUS AND TO CLEAR MENTAL FOG

Played softly in the background, this program contains subliminal sounds that are proven to boost alertness and reduce mental fuzziness. Listening for only two minutes produces great results.

The audible "pink noise" (a warmer version of "white noise") should be played softly in the background. It sounds like the "whooshing" of wind through trees or the "shushing" of

distant traffic. Its frequency tones are embedded at a much lower volume, below the threshold of awareness.

It is effective with speakers or headphones. It can be played immediately before any activity when mental clarity is desired, or continuously for as long as an hour when unbroken concentration is desired. Longer lasting results can be achieved by setting the CD player to "Repeat". 15 minutes

#48410 Attention!™ CD \$19.95

Great for classroom and therapeutic work!

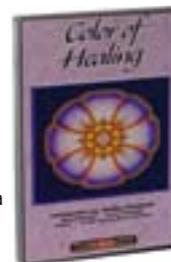


LEARN HOW COLOR THERAPY CAN BE USED TO RE-BALANCE DEFICIENCIES IN YOUR LIFE

This excellent 50 minute DVD includes:

- Origin of color therapy
- Healing properties of various colors
- A session with a color therapist
- Methods for applying colors
- Use of color therapy for various ailments

#43101 Color of Healing \$29.95



OUR MOST POPULAR SLEEP CD

The harmonic blend in this 74 minute CD embodies a complex harmonic blend that is embedded at a much lower level than the audible filtered "pink noise" that you hear.

- Reduces the time to fall asleep
- Enhances the quality of sleep; allows you to have good night of natural, peaceful, and deep sleep
- Effective for persons with high stress and pain.

#22150 Harmonic Sleep CD \$19.95

See Page 36 for more information



EXPERIENCE THE INSPIRATIONAL AND HEALING PROPERTIES OF GEMSTONES

This handcrafted jewelry has been cleansed using ancient techniques and energized to amplify the power and healing properties of the stones. Once the jewelry is worn, the wearer then infuses their own personal intention and energy into the piece. Each piece is accompanied by a description of the jewelry's purpose and properties. Stones and crystals may vary slightly in size, shape and color. These necklaces and pendants ship factory direct. Please allow 14–21 days for delivery. More Styles available Online

DIVINE BLESSINGS PENDANT



Sri Yantra represents the timeless creative principle of the universe. The use of this sacred geometry is a very powerful means by which an individual may bring divine blessings into their life. The three dimensional form of the Sri Yantra, dating back to 3000 B.C., is a multi pyramid grid signifying unlimited abundance and positive powers, and helps to clear negative energy. Quartz Crystal is a stone of manifestation. Wearing this sacred geometrical symbol is thought to bring affluence, abundance, blessings and love into one's life.

AFFIRMATION:
The universe supports me unconditionally.
#99707 Sri Yantra Flat Pendant 16½" \$149.95

CONFIDENCE NECKLACE



Carnelian possesses the energetic vibration of joy, encourages a strong sense of self-worth. Once introduced into your energy field, this radiant stone also works to support passion and creativity. Wear this necklace when you desire good luck in any endeavor.

AFFIRMATION:
I am confident and free to create whatever I desire.
#99722 Confidence Necklace 16½" \$179.95

LOVE NECKLACE

This piece celebrates self-love, and encourages harmony. Rose Quartz emits love energy that works to enhance beauty. Lepidolite activates the heart chakra. The sterling silver



charm is the ancient Chinese symbol of double happiness: for attracting marriage and luck in relationships. Once a relationship is formed, it also works to ensure joy and happiness. Wear this and watch love bloom.

AFFIRMATION:
I am love.
#99748 Love Necklace 16½" \$109.95

4TH HEART CHAKRA NECKLACE

The heart chakra (4th chakra) is connected to forgiveness, compassion and hope. Clearing the energy center restores optimism and dissolves grudges. This piece carries a nurturing vibration for a state of well-being and helps to release energetic blocks. It also attracts inspiration and diminishes fear and balances the emotions.



AFFIRMATION:
I evoke clarity of the heart.
#99716 Fourth Heart Chakra Necklace 17" \$199.95

THE ENERGY OF THE SUN PENDANT



This piece is worn to align with the energy of the sun. The sun helps lift the spirits by promoting a happy disposition, abundance and creativity, creating a spiritual and grounded energy.

AFFIRMATION:
I align myself with the healing power and light of the sun.
#62158 The Sun Pendant 16½" \$119.95

PROSPERITY NECKLACE

This piece encourages a state of joyous expectancy. Jade attracts



wisdom, peace and harmony. The Chinese coin, estimated to be 100–500 years old, is the ancient symbol of good fortune, with its round shape representing Heaven and the interior square symbolizing Earth. Wear this necklace when you seek new opportunity.

AFFIRMATION:
I live in a state of joyous expectancy.
#99737 Prosperity Necklace 16½" \$89.95

Individual results from products may vary. These products have not been evaluated by the Food and Drug Administration and are not intended to diagnose, treat, cure or prevent any disease.

SHINE PENDANT

Your inner self always wants to shine. Bring it out with Orange Citrine and Lavender Quartz. This



pendant will infuse a bit of joy and light into your everyday world.

AFFIRMATION:
Be bright. Be light. But whatever you do, be you.
#62157 Shine Pendant 16½" \$59.95

12 SACRED STONES

This necklace carries the vibrations of the twelve stones of the Holy City.



It is these foundations that were adorned with precious stones; the same stones that make up this very popular piece. This piece is finished with a bronze cross. Wear this piece and listen for ancient whisperings.

AFFIRMATION:
I am connected to divine guidance.
#99712 12 Sacred Stones Necklace 25" \$329.95

Share Us With A Friend
Help someone else enjoy the life-enriching products at **TOOLS FOR WELLNESS**. Send us their name and we'll rush a catalog to them. **OPEN 24/7 ToolsForWellness.com**

Advanced Healthcare And Self-Improvement Products For The Mind And Body

Since we got started in 1988, we have witnessed the growth of alternative healthcare as people have become more proactive in reaching their health goals. Alternative approaches are now widely accepted as an integral part of an overall approach to healthy living and well-being. WELLNESS is an active, lifelong process of becoming aware of choices and making decisions toward a more balanced and fulfilling life, with an emphasis on the emotional, social, spiritual and intellectual dimensions of optimal health. All are interrelated and interdependent. The TOOLS that we give you are credible, tested aids that work in conjunction with traditional medical practice. We have built our reputation on being honest in describing our products. Because we're not doctors, we cannot offer medical advice.

We encourage you to visit our website ToolsForWellness.com which contains much more information about our products. In addition, you will find new products... updated almost daily.

The condition of excellent physical and mental health, especially when maintained by proper diet, exercise and good habits, is a goal shared by all. Here at TOOLS FOR WELLNESS, we are gratified to be able to assist you in achieving a higher level of emotional and physical well-being.

We appreciate your support.

VISIT OUR WEBSITE THERE'S MUCH MORE WHEN SHOPPING ONLINE

The screenshot shows the Tools For Wellness website interface. Callouts point to various features:

- Easy to navigate:** Points to the top navigation bar.
- Easy to search: product #, name or keyword:** Points to the search bar.
- Secure online ordering:** Points to the 'BUYER SAFE' badge.
- Quick look at featured products:** Points to the 'Friday Specials' section.
- Shop 24 / 7. Never closed:** Points to the top right corner.
- Fast access to new products:** Points to the 'NEW PRODUCTS!' banner.
- Specials available only online:** Points to the 'BIG Savings!' banner.
- Sign-up for e-mail announcements and savings:** Points to the 'E-Mail Newsletter' sign-up box.
- Many more products online:** Points to the 'Specialty Shops' section.
- Detailed product information:** Points to a product listing for 'White Noise Machines'.
- Grouping of your favorite company's products:** Points to the 'Browse the category of interest to you' sidebar.
- Answers to your FAQ:** Points to the 'Customer Center' section.

WE WANT YOU TO BE SATISFIED

Everyone at Tools For Wellness shares a philosophy of wanting to help you find just the right products to fit your needs. Keep in mind that many products have a cumulative effect and it is unrealistic to expect immediate results. Allow sufficient time for the product to achieve the desired effect.

RETURNS & EXCHANGES

If a product fails to meet your expectations, contact us within 30 days of receipt for return authorization (RA#), and we'll issue a refund for the merchandise amount or send an exchange upon receipt of your return. Please be sure your item is in new and unused condition, and

to pack it in its original box.

Returns are subject to a 10% restocking charge, and some products such as liquids, supplements, lotions, oils, printed and recorded material are not returnable if the seal or wrap is broken. Personal products such as wraps, mattresses, and products that use water are

not returnable for sanitary health reasons. The other few products that are not returnable are described in the catalog.

Please contact us immediately upon receipt if your product is damaged or defective, and we'll replace it promptly.

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