EXPAND YOUR **BRAIN POWER** USING THE ULTRA-**INTELLIGENCE PROGRAM!**

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N. S. Marrie



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Tom Kenyon, one of the most respected sound healers in the world has developed "BioPulse" technology – a subtle frequency that leads the brain naturally into different states to promote learning, creative visualization, and cognitive growth. By applying this innovative acoustic frequency in a wide array of programs, Kenyon has created a complete "gymnasium" for the brain that includes:

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- · How to harness sound for emotional development, relaxation, and opening the heart



the culmination of 20 years of research by Tom Kenyon, as he isolated the harmonics and frequencies that create genuine, positive change in our brains. 9 CDs; 9 hours.

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This is written by Hemi-Sync users describing the many applications of this groundbreaking technology, including uses



in medicine, business, science, schools and homes. Covers childhood development, ADD, depression, addiction, sleep research and more, Includes an audio CD so readers can begin their own Hemi-Sync experience. 320 pages.

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EMOTIONAL BALANCING

BALANCE YOUR EMOTIONS The Bio Tuner – Latest Model Of The BT-7 / Brain Tuner

The BT-7 was originally developed by the late physicist Dr. Bob Beck. Initially, research was based on work in China to treat substance addiction. Then, in the 1950s, particularly in Germany and Russia, cranial electro-

a, in the s, particularly ermany and ia, cranial electrostimul was us "electri

stimulation was used for "electro-sleep" and stress reduction with much success. The Bio Tuner delivers over 500 harmonic frequencies in each micro- second pulse. A microprocessor ensures reliable and precise frequencies. There are three built-in regular programs and an additional three for sensitive people.

- Standard program is 111 Hz
- Dynamic program that strobes on and off
- Meditation program using the Schumann Resonance frequency

Benefits: Deep relaxation, mood improvement, better clarity and focus, increased energy. Features: Automatic 20 minute shut off timer, compact carry case, 3 year warranty, 6 cotton electrode sleeves, headset, armband (for portability), battery and instructions.

#41153 Bio Tuner \$199.95

ACHIEVE EMOTIONAL BREAKTHROUGHS From "The Sedona Method" People

This audio program utilizes Holistic Releasing to help you easily recognize and dissolve

the barriers that you imagine are keeping you from perceiving your true nature. This is a technique in which you release back and forth between two different polarities or opposites.

You will discover that natural state of Beingness that has always been available to you here and now. You will discover that who you are has only appeared to be hidden by your self-imposed senses of limitation. You have always been absolutely free.

Includes: **Opening To Freedom**, helping you cut through conflicting ideas on the correct way to wake up to your true nature; **Beyond The Illusion Of Time And Space** in which you will experientially discover the truth about time

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and space; **Opening To Love**, helping you dissolve the concepts that you hold inside

> about love and hate that prevent you from knowing the exquisite joy that is your basic loving nature; **Beyond Self And Other**, assisting you to discover

what lies beyond both self and other, yet embraces the two; and **The Finest Level Of Creation**, allowing you to experience what truly is beyond the confines of the limitations of the mind. THIS PROGRAM IS AN ADVANCED RELEASING COURSE. PREREQUISITE: The Sedona Method on opposite page.

Five CDs with booklet plus two free bonus CDs: "Beyond Everything And Nothing" and "Remembering Who You Are.

#42725 Absolute Freedom \$129.95

Stop Getting In Your Own Way

Eliminate subconscious belief systems that block your happiness and success. Based on over 20 years of learning done by John-David.

Entrancing nature sounds, unheard subliminals and gentle, powerful frequencies go to work unwinding your subconscious patterns and beliefs. Intensive 3 week program includes 5 CDs and 50 page workbook. Some programs require headphones.

BOUNDARY BUILDING TECHNIQUES Stabilizes Imbalances

Stabilizes Imbalances

- Learn about your elemental nature, assessing what specific types of boundaries you need
- Techniques for healers, teachers, and everyone
- How to ground your aura and your chakras
- How to transform from trauma

Powerful Approach To Relaxation

Activation of the right and left hemispheres of the brain

occurs as two separate tracks are played simultaneously, to different hemispheres of the brain. Suggestions come from metaphors and stories spoken in

Using Your Feelings For Manifestation



You are guided in how to get in touch with your feelings, turn your relationships into treasures, access your magic genie,

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#42028 Excuse Me, Your Life Is Waiting \$16.95



"Eliminate Self-Sabotage" is highly recommended!

#82032 Eliminate Self-Sabotage[™] \$199.95

- survivor into "Soul Warrior"How to create healthy
- boundaries for public speaking, teaching, and other



special situations This powerful program offers meditation, rituals and other proven practices to protect and maintain your energetic boundaries.

Study Guide, 6 CDs. Total: 7¹/₂ hours.

#42676 Energetic Boundaries \$69.95

> the left ear as positive affirmations and suggestions are spoken in the right ear. Both the creative mind and analytical mind are stimulated to increase motivation, confidence,

focus and well being while decreasing stress, anxiety, fear and self-doubt. 56 minutes.

#81031 Art of Self-Relaxation CD \$19.99

Unconditional Love

Love yourself and others, enrich your life and advance your spiritual growth. These soul fulfilling exercises



enhance relationships and release blocks that limit ability to love. Helps enable you to deepen your emotional connections and open yourself to love. 4 CD set, 168 minutes.

#75421 Opening The Heart[™] \$49.95

LETTING GO – THE KEY TO EMOTIONAL HEALTH The World Famous Sedona Method®

The Sedona Method is a simple and powerful tool for letting go of any and all emotional upsets, from the smallest irritation to your fixed beliefs about reality. consciousness and self. Emotional toxins and the negative charge they hold in place on a physical, emotional and mental level are a major component of overall healing and well-being. With the Sedona Method you can learn to let go of pain, fear, shame, guilt or any other feeling. It is also great for letting go of limiting beliefs and ideas that hold you back, and best of all you do it

The Gregg Braden Collection Of 7 CDs

Where is human evolution taking us? To answer this question, best-selling author Gregg Braden continues to



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Braden is a leading authority on

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EMOTIONAL BALANCING

your emotional well-being. The benefits people have reported from using the Sedona Method over the past 25 years are truly remarkable. They include the ability to: Create Financial

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for yourself. The Sedona Method will show you how to tap your natural ability to let go of any unwanted feelings or inner limitation, on the spot... and the Sedona Method has been validated by the Harvard and Columbia Medical Schools. Learn the techniques that allow you to release any, and all, of the emotional charge that you carry with you. The link between emotions, physical healing and spiritual growth are clear. By releasing our hold on unhappy or unpleasant emotional states we free ourselves to live at our highest potential.

The Sedona Method Course is a complete home study course for mastering your emotional states and achieving whatever you choose. Includes 13 CDs. Over 8 hours of material and course workbook.

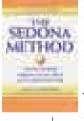
#42726 The Sedona Method \$239.95 MORCOURT OF CONTRACT OF CONTRACTOR OF CONTRACT OF CONTRACT OF CONTRACTOR OF CONTRACTOR

"THE SEDONA METHOD" BOOK Key To Lasting Happiness, Peace, Success, And Emotional Well-Being

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depression, anger, and grief. Make positive changes in your life with this simple process of releasing the underlying emotions that rob you of abundance and joy; your fear and anxiety will slip away. Do the exercises, and you'll be

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Within our DNA lies the mystery and magic of Shamballa, simply waiting for

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you to initiate the process of awakening. This esoteric CD provides you with profound frequency maps to harmonize your body temple and its surrounding energetic fields with this vast influx of loving energy. Highly recommended to those who enjoy the DNA Series on page 73. 61 minutes.

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Plastic sleeve that acts as a shield to prevent the cards' vibrations from being emitted when stored. Necessary if you want to store two or more cards together. Holds up to four cards.

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The building blocks of life.

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Science and music all in one!

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vibrations

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of DNA

and take

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into an

altered

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violin, synthesizer, cello, voice

Of DNA

Awaken Awareness Of The Living Intelligence And Wisdom Of The Body Temple



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A naturally occurring trace mineral complex and homeopathic combination. Designed to balance and harmonize the electromagnetic energies of any other

Unleashing The Power Of Consciousness



The author, a medical school professor and researcher. examines in detail how cells receive information. The book

shows that genes and DNA

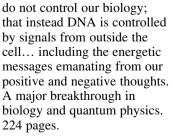
empowerment. If you engage deeply with music here, you will find it to be one of the most powerful tools on the planet for assisting in the emergence of the LightBody. If done with heartfelt sincerity. resonance and participation, you will initiate the next stage of multidimensional abundance, experience and awareness. You will be able to establish a direct connection to the most ascendant level of wellbeing, wealth, happiness and a joyous sense of purpose. Includes:

- 80 minute music CD: instrumental, electronic ambient with some vocal chanting
- Guide which contains information about manifesting abundance in one's life... guidance, inspirational writings, teachings of higher principles of Abundance and rejuvenation of the physical body
- Audio CD: includes guided journeys and poetic styled readings
- Flower essence: $\frac{1}{2}$ oz. bottle: put drops in water or on body to enhance subtle energy field
- ReJuva Vibrational Spritzer: 4 oz. bottle. Spray on and around body for uplifting aromas and clearing energy field.

#99855 Abundance: ReJuva \$82.95

substance or organism it comes in contact with. It enhances food, other dietary supplements and the human body. Facilitates the removal of heavy metals at the cellular level.

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reminded to

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within your DNA. Each

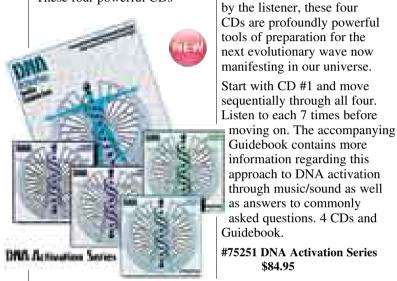
Compelling space music

CD is a 50 minute journey.

AWAKEN YOUR **POTENTIAL! Activate Your Dormant** DNA

Expanded consciousness, increased energy, a sense of serenity, an enhanced ability to handle stress, changes in sleeping and eating habits and occasional spontaneous healing of long-standing illnesses have been attributed to activating dormant DNA.

These four powerful CDs



UNFOLD YOUR POTENTIAL **Embrace The Life You** Were Meant To Live



Precision-engineered brain wave frequencies guide you into exquisite states of wholeness and unity. As negative thoughts are swept away by insight and inspiration, you align with the divine ordering principle of the universe. 3 CDs: 3 hours

MORE

#45016 Unfold Your Potential \$24.95



of resonant fields enabling healthy DNA to be transferred to the body. This is a powerful and effective

> cellular regeneration booster... containing colloidal Gold, Silver, Rhodium, Iridium, Platinum, Chromium, Vanadium and Silica.

#75338 Colloidal DNA Boost 2 oz. dropper bottle \$79.95

Paraliminal Recordings

"Para" is the Latin prefix for "beyond." "Liminal" refers to the "limen" or "threshold" of consciousness awareness. The term literally means. "beyond the threshold of human awareness." On the other hand, "subliminal" means "below the threshold". or information that cannot be consciously perceived.

With paraliminal learning sessions, the listener can hear messages coming into each ear, but it is beyond the conscious mind's ability to process both messages simultaneously. The result is an interesting multilevel communication to different hemispheres of the brain. Subliminal recordings hide positive statements of affirmations in music or environment sounds. There are no subliminal messages on paraliminal recordings. The "Ultimate You Library" contains 22 paraliminal CDs.

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\$29.95 #99604 Anxiety Free

Enjoy profound and rejuvenating relaxation #99607 Deep Relaxation \$29.95

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ADDITIONAL PARALIMINAL TITLES Wotivates you into action to create the most powerful ways possible to attain results. Eating healthfully, take a class, read a book, fix the car, clean the house. finish a project... you name it; you can do it!

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Do you have a habit that is harming your health, hurting your job performance, ruining your home life, keeping you from having the great life that you want? If you have any habits that you would like to break, this program will release the handcuffs.

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- · Gain profound confidence and feel great about yourself
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If purchased separately, the 22 CDs would cost \$658.90. Included is a special display case for easy access on a bookshelf.

#99627 Ultimate You Library \$449.95

B "How can I find someone who is attracted to me?" "How can I get passion back in my marriage?" Listen to this program within a few hours before a date and then "look out." The shift in your mental and emotional state will cause your evening to sizzle. Even helps with overcoming resistance to asking for that first date.

#45716 Creating Sparks \$29.95

B Makes it easier for you to talk and get the results you want. Helps condition your mind to speak with ease and effectiveness along with strategies for conversations. #45715 Talking To Win \$29.95

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1-800-456-9887

BEHAVIOR MODIFICATION

DO YOU HAVE TROUBLE WITH "FOLLOW-THROUGH?" **Re-train Your Mind And Break Old Habits**

Imagine what life would be like if you followed through on all your best intentions? How much of your own best advice do you simply forget to follow?

- · Finish what you start
- Turn your dreams into reality

• Free yourself from bad habits The MotivAider is designed to help you remember whatever you choose. You set the timer for anywhere from a few

Manin Almin I

seconds to 24 hours. The MotivAider sits on your belt, and pulses at the selected time, stimulating you to remember your goals, ways of behaving, breathing, relaxation, or anything you desire.

It's simple to use, yet powerful in what you can accomplish. Includes belt clip, battery and complete instructions. #46073 MotivAider \$59.95

A "Whole Living"

Approach To Eating

UNLEASH YOUR OWN POWER TO ACHIEVE WEIGHT LOSS



Change deep-seated behavior patterns and build a positive image. See page 29

#42754 Weight Loss CD \$14.95

Change ingrained behavior patterns with lasting impact so that your appetite and selfesteem work in harmony to help you achieve and maintain your ideal weight. See page 29

#75076 Slim Naturally CD \$14.95

SPECIAL Buy Slim Naturally CD and Weight Loss CD and SAVE! Order #51009 Ultra Weight Loss System \$24.95



Discover a healthful relationship

with eating that will leave you

more spiritually and sensually

engaged in choosing, cooking

you tune in to your

body, savor your food, eat less and dramatically improve your health and vitality. Includes: Guided Meditation CD, soothing music CD by a world renowned sound healer, 64 page book, and 40 affirmation + meditation cards. A complete mind-body approach to eating. #45009 Conscious Eating Kit

\$24.95

ACHIEVE RAPID AND LONG LASTING PERSONAL CHANGE **Transform Your Mind** And Enhance Your Mental Abilities

This advanced CD-ROM program targets very specific brainwave patterns which have been proven to make the mind most receptive to psychological change. Most people live their entire lives in a constant battle

with their own mind and their own behaviors. Many of these problems are so deeply rooted they have existed since childhood. This program permits you to no

longer accept your limitations.

HOW DOES IT WORK? It affects the mind through a neurological process known as brainwave entrainment... training the brain to a particular mental state. The benefits are: relaxation, enhancing academic performance, reducing headaches, insomnia, ADD, reducing stress and enhancing athletic performance.

It also works by making the mind more receptive to psychological intervention, guiding your mind to a

Transform Yourself While You Read

This can radically change your body, your consciousness, the very essence of your being - and all you have to do is read the book! A revolutionary body game, Neurospeak addresses the nervous system through the



emotional and spiritual dimensions of life. Robert Masters, the author of Neurospeak, was a student of Jean-Paul Sartre.

\$14.00

MORE

Milton Erickson, and Moshe Feldenkrais. 107 pages.

#46074 Neurospeak

Holistic Releasing: Rediscover The Freedom To Have And To Be Whatever You Choose

Holistic releasing is a technique in which you release back and forth between two different polarities or opposites. As you apply this concept to your life, you will find that even longstanding challenges dissolve and are replaced by a greater sense of mastery. This audio program will help to free you

52

ToolsForWellness.com

to perform at your best in all situations and live

life with greater ease and clarity. Includes these exercises: THE INNER STRETCH, dissolving selfimposed walls

From The Folks

of inner limitation: THE WEALTH

BUILDER, releasing limiting thoughts, attitudes and beliefs that hold wealth and abundance away, YOUR IDEAL RELATIONSHIP, At The Sedona Method removing obstacles

to having loving, supportive relationships; and HIGH SELF-ESTEEM, where you build self-confidence to look anyone in the eye as their equal and realize your dreams with ease and purpose. Total: 7 CDs and booklet.

#42724 Practical Freedom \$129.95

relaxed, receptive mental state, increasing the success rate of suggestions and enhancing the lucidity of mental imagery.

While in the receptive state thus created, you can make

striking changes in your behavior. thought patterns and emotions... by bypassing mental and emotional barriers that would normally make the mind resistant to change.

This is what we call selfprogramming and the effects of using it can be dramatic. You will notice a major difference in your psychological makeup. Fears and emotional reactions you have had all your life may disappear. If you are ready for a change, this will make the change real.

Windows required. Included is a 200+ page e-book style documentation, detailed user guide, research, psychological techniques and exercises.

#51028 Neuro Programmer 2 \$49.95

written word to elicit changes in muscles, body organs, and conceivably the mental,

BEHAVIOR MODIFICATION



Lloyd Glauberman, Ph. D., a licensed psychologist, is a leading psychotherapy expert in the fields of stress management and behavior change. His techniques have helped many people deal effectively with a wide variety of personal and professional issues, while bringing about lasting and dramatic life changes.

TRANSFORM BAD PATTERNS INTO PRODUCTIVE HABITS HYPNO-PERIPHERAL PROCESSING BY LLOYD GLAUBERMAN

Are you stuck to old ways of thinking or being? Breakthrough the obsolete behaviors with these popular HPP programs by Lloyd Glauberman. They are a proven, effective way to generate positive behavior. You hear two stories at the same time, one in each ear. This allows both sides of the brain to hear new information in the form they hear best. Experience the difference.



A Stress-Management Program: Building Self-Esteem, Alleviating Anxiety, Coping with Anger and Lifting Depression.

#82021 Changing Emotions \$39.95 2 CD set

Personal Power, Setting Priorities, Getting Started and Problem Solving.

#82022 Procrastination		
2 CD set	\$39.95	
Learn to Boost Your Immune		
System, Healing, Star	ying Heal	

althy & Taking Charge of Your Life.

#82023 Feeling Better Mind/Body Connections \$39.95 2 CD set





Maximizing Performance for

Business, Sports and the Arts.

Maximizing Performance and

#82024 The Quest for Excellence

internal obstacles and stimulate

Creative Blocks

Confidence. Assertiveness and

\$39.95

\$24.95

\$39.95

Goal Setting, Confidence,

Handling Pressure.

Generate new ideas

innate creativity.

1 CD

Relationships

2 CD set

spontaneously. Overcome

#42523 Breaking Through

The Complete Self-Esteem

Program: Self-Respect,

#82025 Personal Ecology

2 CD set



A Motivational Weight-Loss Program: Motivation, Discipline, Lifestyle Changes and Exercise.

#82026 Inside/Outside

\$39.95 2 CD set Learn to speak confidently in public. Gain confidence and assertiveness. Become an effective communicator.

#42524 Power Communication 1 CD \$24.95

Setting goals, generating new beliefs, increasing productivity, avoiding self-sabotage, unleashing personal power and self mastery.

#82027 Money, Wealth and Prosperity \$54.95 2 CD set

Competing and Closing Sales. #42018 Sales Masterv 2 CD set \$39.95

Listening, Influencing,

Learn to prioritize, organize, and, most importantly, how to follow-through to completion.

#42522	Creative Time
	Management
	2 CD set

Learn to take responsible risks. Control negative emotions such as anger and anxiety. Manage your life successfully. Put resilience in a whole new light as a lifestyle, not simply as a response to dramatic events.

\$39.95

#42525 The Power **To Bounce Back**

4 CD set \$79.95

Each CD is 55 minutes

The Lloyd Glauberman HPP Collection. Buy all 24 CDs and SAVE! MORE Order #42695 \$449.95

A Body-Mind-Spirit **Relationship Program To Improve Your Life**

Volume #1 Peak Experience:

Each hemisphere of your brain will be gently stimulated to maximize your mental and physical talents for optimum performance. You'll connect spiritually and energize your performance.

eliminate performance blocks and discover hidden talents. 60 minutes

Volume #2 Meditative Relaxation: Gentle brain



stimulation to maximize your emotional intelligence. You'll find inner fulfillment and strength. 60 minutes

Volume #3 Soul Mates:

Designed to maximize your ability to bond with your mate. You'll improve your life together. 45 minutes

Volume #4 Personal Power: Each hemisphere of your brain will be gently stimulated in a unique way to help you unleash your potential. You'll become more

assertive, cope successfully with change, and attain positive outcomes. 50 minutes 4 CD set

#34017 The Edge of the **Metaphor Series** \$89.95

A TRAINING AND REMINDER **SYSTEM A Programmable Vibrating Watch**

- ADD and ADHD: Time management and focus management
- Medication: Medication and treatment compliance Behavior Modification:
- Training mode for monitoring and improving behavior
- Rehabilitation and physical therapy: Program compliance
- Deaf/Hard of Hearing: Helpful for the elderly and those with hearing difficulties
- Diet: Keep track of diet and exercise regimens
- Bedwetting: For training and incontinence control

There are two modes: A

reminder mode and a training mode. Reminder mode

is useful for taking medication and doing homework or chores. The training mode helps with behavior change and selfmonitoring.

Has up to 30 daily vibrating alarms, repeating countdown timer, and a stop watch. $1^{1/2}$ " diameter, with plastic band. Instruction booklet requires Adobe Reader.

#99758 WatchMinder \$79.95



REMOTE VIEWING

The Gold Standard Course On Remote Viewing



Taught by the masters of the craft, the scientists, viewers, and military intelligence

SEEING IS BELIEVING Are You Ready To Open The Mind's Eye To Remote Viewing?

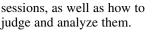
In 1988, David Morehouse found himself in the shrouded world of the U.S. military's top secret Stargate Program, where he performed Remote Viewing techniques to expose covert operations in other countries. Millions of dollars were spent to prove scientifically that we can literally extend our consciousness from the body through any physical boundaries to gather real, verifiable information. Today, dedicated to the peaceful uses of this practice for personal and spiritual growth, Mr. Morehouse offers this home study program with step-byofficers who created the field of remote viewing: Hal Puthoff, Russell Targ, Ingo Swann, Dale Graff, Henry Reed, and Edgar Cayce. There is nothing like it on the market today.

Ten discs are broadcast quality DVDs that comprise 11 hours of instruction, accompanied by rare, little seen examples of some of Remote Viewing's most famous moments.

Four discs are stereo CDs, designed to be used over and over – which take you through experiential sessions exactly as if you had come in to a Remote Viewing laboratory.

A fifth CD contains forms used to conduct and record your

step instructions: learn how to observe details from the past, the future, and across physical distances to change your personal destiny, and expand your consciousness of the many dimensions of reality. The Remote Viewing Training Course contains:



The presentations, benchmarks in the history of Remote Viewing, come from the actual intelligence projects, archaeological discoveries, and experiments. Rarely seen, they would be extremely hard to locate from other sources. This is truly a complete course on the art and science of Remote Viewing.

This series of 10 DVDs and 5 CDs offer scientifically based, clear, simple instructions to guide anyone through a Remote Viewing experience in a way that is as rich as anything a person would experience in a laboratory. The validity of this material has been tested

Introduction to remote viewing • The journey inward and beyond • Do you believe or do you know? • Transformation: waking from the dream • "Morphic resonance" • How we connect with the remote viewing target • Exploring time future and time past • Anything

is possible for you, on the other side of the moment • The evolution

of the global society • The holographic matrix field • Target coordinate theory • Four principal modalities of perception, and how to strengthen your ability in each • Understanding hundreds of thousands of times over almost 30 years of research at laboratories and universities around the world.

At the personal level, Remote Viewing expands our definition of what it means to be human. At the social level, it opens our view of the world to another dimension of the self and adds to our store of knowledge as to how we, as humans, fit into the universe.

#42737 Remote Viewing Gold Standard Course \$229.95

Note: This is a combination of material contained in #42714 and #41059 (appear on page 55), plus an additional bonus CD. If purchased separately, this would cost \$270.70

target feedback • The cooldown process • Sample remote viewing sessions • Keeping control of a session • Practical applications of the model of remote viewing • Exceeding the limitation of language • Movement within a target: voluntary and involuntary • Breaking and ending a session • The seven imperatives of peace, and much more.

Includes a 284 page workbook, 20 hours of CDs, viewing training missions with sealed confirmations, a pink noise CD and more.

#42729 David Morehouse Remote Viewing Course \$249.95

Remote Viewing Made Easy For Anyone To Learn

DENTAL HYGIENE

Removes Plaque

- Literally ionizes teeth to repel the formation of plaque
- 6 month double blind study found reduction of plaque 48.6% and improved the health of gums by 51.8%

Produces cleaner, whiter teeth and fresher breath. Includes 5 brush heads, travel case, instructional video and user's guide. #62071 hyG Ionic Toothbrush \$29.95 Buy 2 and SAVE!

\$27.95 each

ORAL IRRIGATOR Get Professional Results

The Hydro Floss has a controlled strength magnetic flux field... it treats the cause of gum disease by inhibiting the bacteria's ability to bond to the teeth. It significantly reduces deposits AT THE GUM LINE and SLIGHTLY BELOW THE GUM LINE. According to the Journal of Clinical Periodontology, the addition of magnetic treatment to an oral irrigator was TWICE AS EFFECTIVE as ordinary units. Many thousands of highly satisfied users; in fact, many of our sales are from referrals. 3 speeds and 4 interchangeable tips.

#46002 Hydro Floss \$129.95



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Learn Remote Viewing From Six Top Experts

In 1995, the CIA admitted to sponsoring a super-secret government program called



STARGATE. For almost 20 years, the government used "psychic spies" to remotely view people, places and events. RV is similar to clairvoyance

or ESP, and is a natural ability almost everyone possesses. The strict RV protocols were developed to isolate the imagination to allow a faint but pure information signal to flow through a person's mind. Since the RV program is no longer classified, we are able to present in this video series the top experts in the field of RV research and operation.

Learn the history and the latest applications of this amazing field of "intuitive science," and discover for yourself how to develop and use your own RV skills. Total length of the series is $5^{1/2}$ hours.

Volume 1: Martial Art For The Mind.

Volume 2: Developing Sensory Awareness

Volume 3: Techniques For **Remote Viewing The** Future.

Volume 4: Direction Finding. Volume 5: Selecting Training Targets

- Volume 6: How We Think We Know What Really Isn't So. **3 DVDs are presented** by an expert in their specialized field.
- #42736 The Remote Viewing **Video Learning Series** (3 DVDs) \$99.95

Top Experts Give You The Basics of Remote Viewing

SPECIAL: Buy both series (5 DVDs) and SAVE! Order #42738 \$134.95

Advanced Remote Influencing

While Remote Viewing is the act of obtaining information



about people, places and events. Remote Influencing is the act of influencing another or one's self through a process similar to remote viewing. This series is for the more advanced practitioner of remote viewing. If you are new to remote viewing, it is suggested that you begin with volume 1 of this 2 DVD set of The Remote Viewing Video Learning Series. 2 hours.

#42739 Remote Viewing and **Influencing Methods** (2 DVDs) \$49.95

Advanced Approaches. Not For Beginners.

Become A Participant In The World Conference **Of Remote** Viewing

This 10 DVD set is the professionally produced, broadcast quality instruction on the history, the art and the science of Remote Viewing. For the first time. the founders of Remote Viewing as well as other top

Stephan Schwartz Remote Viewing Basics

experts in the field are on

These CDs will first teach you exactly how to

remote view and. then, guide you through hours of experiences. It is a complete program that will help you explore your own abilities to move through time and

space, using the power of your consciousness alone.

The CD entitled "Remote Viewing" will teach you the

Harness Your Innate Psychic Abilities

An exceptionally good introductory program perfect for those who want to get their first taste of their limitless

ADDA MARCONARD

record as to how it developed, how it is done, what it has been used for, and what it means.

REMOTE VIEWING

Includes pictures of legendary viewings, actual intelligence projects, archaeological discoveries, and numerous experiments. Much of this material has only rarely been seen before.

#42714 Remote Viewing Through Time And Space \$149.95 Included in #42737

basics. If gives you everything you need to conduct the same protocols used in leading laboratories around the world.



The other three CDs, "Before The Beginning" – "Healing" – and "2050" will guide you through specific experiences designed to help you better understand vourself. and to teach you how to heal yourself, and to send healing intent to others.

#41059 Stephan Schwartz **Remote Viewing Basics** \$99.95

Included in #42737 potential. Includes an

overview of the science and history of Remote Viewing, four guided viewing sessions, and much more. 4 CDs and 1 DVD. 5 hours.

#99856 Remote Viewing \$29.95



LEARN TO BRUSH CORRECTLY A New Technique For **Healthy Teeth And Gums**



A 5 step oral health program that has changed the way thousands of people take care of their teeth and gums. Many people, even those

who think they are doing everything properly will learn new techniques. This program also concentrates on the brushing and cleaning of gums, overlooked by almost everyone. 42 minutes

#42510 Gumology DVD (contains both English and Spanish) \$29.95

EVERY INDIVIDUAL IS UNIQUE

Different products result in different effects on people. People with special sensitivities may experience some unwanted side effects. Other users report that benefits didn't start to occur for several days. This can be attributed to the cumulative effects of many of the products in this catalog.

Soothes Sensitive Gum Tissue and **Helps Remove** Plaque.

A wonderful feeling when you brush your teeth and massage your gums with this excellent formula containing a high level of oxygen along with spearmint



and peppermint essential oils. It disinfects the mouth. You could really call it a "mouth rejuvenator."

DENTAL HYGIENE

#41087 OxyVital Gum Elixir 1oz. \$24.95 Buy 2 and SAVE! \$23.50 each

OPEN 24/7 ToolsForWellness.com

SAMATE PLAYING.

QIGONG ENERGY

USE YOUR MIND TO REMOVE SICKNESS AND PAIN The Spring Forest Qigong Series From Master Chunvi Lin

The people who have completed this course report profound improvements in health and inner peace. After careful evaluation, and testing,



we now believe this course is not only all that it claims; but a unique way for you to empower your own healing ability, and master your inner world. Over

8.000

people have already learned these techniques. Here are a sample of what course graduates are reporting:

- Wayne opened up veins around his heart & avoided risky surgery
- Stacy dissolved a golf ball sized lump in her left breast
- Sue restored a major blood vessel in her brain to full function
- Esther was on oxygen 24/7 until she learned Spring Forest, and has not needed oxygen for over 5 years now

By balancing your Qi, or life energy, and raising the strength of the magnetic field around your body, you can resist negative outside influences, be they pollution, unwanted EMFs, or emotional unpleasantness. The techniques involve simple movements, breathing exercises and mental focus on energy movement in your body, and sitting meditations. Takes only 15-30 minutes a day. Here's What You Get:

- 4 audio CDs of Chunyi Lin discussing how to bring the power of Spring Forest Qigong into your life
- 2 audio CDs of the Active

Exercise and Sitting Meditations. Listen to these sessions while practicing Forest Oigong

- 1 full color DVD of Master Lin demonstrating each of the Active Exercise movements.
- 40 page course manual with detailed descriptions of each movement and meditation
- CD of original music called "Inner Beauty," crafted by Master Lin as background for practice.

#42549 Spring Forest Oigong Level 1 \$149.95

Spring Forest Oigong, Level 2: Help Your Friends and **Family Heal Themselves**

You can watch how Master Chunyi Lin personally uses Spring Forest

> Qigong to help other people heal themselves. He guides you through his 15-step healing process so that you can immediately help your family and friends. The course includes detailed information

about blockages associated with different problems raging from headaches to high blood pressure to arthritis.

This Level 2 course includes: four CDs, one DVD, a 40 page course manual, a CD of inspiring music called "Back Into The Universe."

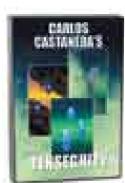
It is best to learn Level 1 first. However, you can begin with Level 2.

#42550 Spring Forest Qigong \$199.95 Level 2

Three Programs By Carlos Castaneda

Mexican shamans taught Carlos Castaneda a wealth of movements that promote health, vigor, physical well-being, and freedom of perception. Tensegrity is the art of utilizing these movements in a modern setting. DVD: Tensegrity Volumes 1, 2, 3. 5 hours.

#99943 Tensegrity DVD \$29.95



Magical Passes By Carlos Castaneda



These are movements and positions discovered in states called dreaming and practiced in Mexico in ancient times. So named because

these movements produced such extraordinary well being, concentration and precision. The "passages" are to physical and mental prowess, and enhanced awareness. Carlos Castaneda produced this to lift the veil of secrecy that surround these magical passes for generations.

#51060 Magical Passes, **Unbending Intent DVD** \$24.95

and a science. With practice,

you can achieve results.

Buy both Carlos Castaneda products and SAVE! Order #99965 \$49.95

Discover Chi: The Life Force Within Everything That Is Living

Chi is something we feel every day in many ways. Can't wait to do something?

Your Chi is probably strong. Can't get out of bed? Your Chi is probably weak. Angry, frustrated. depressed? Your Chi is probably stuck. Our attitudes, our emotions, our sense of

well-being; all are forms of Chi. Cultivating Chi is an art

For Consciousness **Exploration And** Spellbinding **Mental States**

A powerful formula of unique ingredients, specifically balanced to promote a sense of tranquility and reduce mental and emotional distress. Users report a wonderful energy



Take A Look At

This is a complete exercise regimen for learning and understanding the practice of chi gong and Tai Chi. Consists of 4 DVDs (60 minutes each). A very comprehensive approach, appropriate for everyone: beginning, intermediate, and advanced.

#99852 Discovering Chi \$39.95

to consciousness - boosting adventures, inner journeying, meditation, tantra, and deepened intuitive awareness.

This is a powerful nootropic combination; contains no Ephedra. Put 2-10 sprays under your tongue for exceptional absorption. 30-50 doses per bottle.

#41063 Altered States 1 oz. \$39.95

Achieve Optimum Health No Drugs, No Needles, No Pain, No Surgery

For more than 2000 years, oriental doctors have studied the human bioenergetic field and discovered chi-gong, an energy exercise that strengthens the bioenergy. With the BioEnergizer[®], Natural Qigong is easy to practice, allowing the body to spontaneously respond according to its own needs. It is highly efficient because you are recharged by an unlimited source of healthy energy.

Here's how it works: The inaudible sound waves that emanate from the BioEnergizer affect the surface of the skin and generate a "healing-type" energy that relaxes the body. Many people use it while doing deep breathing or practicing Oigong. By simulating the healthy bioenergetic field of the highest level Qigong masters, the BioEnergizer® has been programmed to emit the healthy bioenergetic field. Based on the principle of resonance, your distorted and weakened bioenergetic field will be restored and your self-healing capacity will be intensified. Simply sit or stand in front of the BioEnergizer® for 15 minutes a day. You will have clearer thinking, more energy, and a new sense of well-being. Made in the U.S.A., the BioEnergizer® has been affirmed by Qigong

masters and research institutes throughout the world. The BioEnergizer is effective and efficient. AC operated.

#75043 BioEnergizer \$349.95

- Ideal for today's fast-paced society
- Easy for anyone to operate
- Does not come in contact with the body
- Very useful in helping with meditation and sleep
- Restores health after inappropriate diet, dehydration, improper medication
- Aids in sleep and meditation



TIME - TESTED CHINESE ENERGY MEDICINE Learn the history of Qi healing, energy channels and points in the body, how to build up Qi and direct its flow, cleansing, waving, recharging, self-healing with Qi and much more.

The foundation of China's 3,000 An in-depth study course on year old tradition for vibrant the ancient Chinese system of

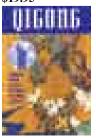


health and longevity is "Qi"... literally, the "vital energy" of the universe. Qigong master Ken Cohen gives you an unmatched instruction course that reveals every dimension of Qi energy healing,

just as it is practiced in China. Simple to learn, and safe to practice, this is an excellent tool for recovery, and to soothe anxious nerves. DVD & 27 page study guide. 3 hours #51036 Qi Healing to Heal Others \$39.95

An in-depth study course on the ancient Chinese system of gentle movements and breathing techniques for harnessing the massive power of Qi. Using easy-to-follow language and dozens of demonstrations, Ken Cohen teaches an authentic fourpart Qigong workout. DVD and a 15 page study guide.

#51035 Qigong for the Individual \$19.95



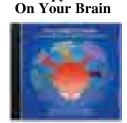
BOOST YOUR HEALTH AND ENERGY IN JUST 20 MINUTES A DAY

Outstanding Training Course on China's Ancient Healing Tradition

In the qigong tradition, serious students commit to a 100 day training retreat to learn this cornerstone Chinese practice for physical, emotional, and spiritual development. This is a comprehensive home-study curriculum taught by renowned China scholar Ken Cohen. The complete kit includes:

- 59 page weekly workbook
- Workout DVD: Offers an 80minute programmable workout and dozens of demonstrations to learn ancient movements





Take A Look At

Learn How Sound

Therapy Works

Each sound track in this program contains a different blend of music: relaxing sounds, primordial, 3-D effects, brainwave-altering pitches, energizing tones, and pulsed healing sounds. What you hear is the music mixed with nature, primordial rhythms, and 3-D sounds. The neuroacoustic technology is embedded in this musical matrix at an inaudible level.

When listening to these CDs, people frequently report feeling a lasting euphoria, a heightened sense of mental clarity, experience a peaceful state of mind, and even a sense of timelessness.

#42541 Five Directions \$39.95 See Page 32

> and meditative postures that detoxify, energize, and heal the body

• Healing DVD: Three hours of essential teachings and handson exercises to learn how to

direct the healing qi energy to others • 5 Audio CDs: Training course covers every phase of qigong theory and practice, including 25 rare meditation exercises that balance emotions, boost immunity,

increase sexual vitality and enhance spiritual well being. We have offered Ken Cohen's courses for many years with great satisfaction. This is, by far, his most comprehensive training program.

#51052 The Essential Qigong Training Course \$99.00

57

Order #51037 \$53.95

101.5.1

MUSCLE HEALTH

USE SOUND WAVES TO HEAL **Extra Deep And Penetrating Vibrational Transducer Frequencies**

In 1928, Erwin Schliephake, a German scientist, discovered that sound waves accelerated healing.

When sound waves are applied to the body, the cells and tissue absorb some of this energy, thus increasing circulation to enhance healing.





The Novasonic unit utilizes a sound transducer that vibrates at selected frequencies within the audible range (between 16 -20.000 Hertz). Sound waves are transmitted to the treatment area through a specially designed "sound head", applied without pressure to the skin surface. The sound waves can penetrate up to $2^{1}/4$ " within the body, treating areas inaccessible to other techniques. Furthermore, the intensity of the waves and accompanying vibration can be adjusted easily.

The unit may look like an ultrasound unit, but Novasonic

58

uses audible sounds, a different technology. This provides intensive stimulation of the natural functions of the cellular. circulatory and nervous systems.

The direct consequence of each molecular impact is to create altering compression and

> dilation zones... in effect, a form of massage, but at a cellular level, deep within the treated tissue. This stimulation results in an immediate and demonstrable tightening of the cell-wall membranes. leading to increased blood circulation and improved metabolism. It is by this intensive stimulation of the natural functions of the cellular. circulatory and nervous systems of the body that the beneficial effects of the therapy are achieved. Novasonic simply gives nature a helping hand.

Users report significant relief, particularly in the joints.

The Novasonic has two speeds (high and low), and an intensity control knob. There are two sound heads; flat for large areas, and round for points. Comes with carrying case.

The Novasonic can be used to stimulate lymph nodes, spinal fluids, cartilage, joints, muscles, and tissue.

#42500 Novasonic \$199.95

CAUTION: You should not undergo any form of electrotherapy without first having consulted with a healthcare professional.

PERSONAL ELECTRONIC MASSAGER

Soothes Sore And Aching Muscles

Uses low intensity electrical currents for pain relief and to relax muscles. The same technique previously available only to doctors and hospitals can now be used in the privacy and comfort of your own home. Avoids the necessity for needles and expensive therapy sessions. The Massager sends small electrical impulses through the skin to reach the underlying peripheral nerves to reduce pain, alleviate muscle soreness and to improve circulation.



Advanced Magnetic Therapy

Uses pulsating electromagnetic fields that imitate the natural and ongoing frequencies of different organ systems in the body. Works to recharge cells to their correct

level of function with very beneficial and often dramatic results. Improvement has been reported in conditions such as pain, asthma, arthritis, fatigue, osteoporosis, insomnia, migraines, circulation problems and high cholesterol.

Safe and easy to use, simply lie down on the QRS mattress for 8 minutes, twice a day. Currently 50,000 units are in use worldwide in private homes, professional practices and hospitals.

- Stress relief and stress recovery •
- ٠ Deeper sleep and rejuvenation
- Increased energy and vitality ٠
- Strengthened immune system ٠
- Increased oxygen in the blood ٠
- Improved vitamin and mineral absorption
- Strengthened respiratory system
- ٠ More dense bone structure

Features include:

- Three programs, each with intensity gradations
- Easy-to-read display for program, intensity and time indication
- Timer function: 1 to 60 minutes



- modes
- 8 intensity levels
- MORE 10 minute fixed timer
- Portable (lightweight; operated)

#72071 Personal Electronic \$129.95 Massager #42537 Extra Pack of 8 Pads \$14.95

- Memory function to repeat the last treatment
- Program up to 4 treatments
- Mat for full body treatment
- Pillow for local treatment
- Customer support and a 2 year warranty

Please allow additional 3-5 weeks for order processing. Standard delivery only. This is a non-returnable product, and your credit card will be billed at the time your order is placed. Persons with medical conditions should consult a physician before using. Not to be used with: pacemakers, severe mycosis, pregnancy and epilepsy.

#62059 Quantron Resonance System \$2.650.00



MUSCLE HEALTH

BODY RELAXER, OXYGENATOR, VITALITY AND EXERCISE MACHINES

Many users report stress reduction, better sleep, toning and firming of the waist, relief of chronic back problems,

increased energy, muscle relaxation and improved function of the internal organs. Our passive aerobic exerciser oxygenates,

tones and strengthens the body while increasing the feelings of aliveness and well-being.

The Stress Buster moves one of the largest muscle groups in the body, your legs. This motion causes your blood to efficiently circulate throughout your body. This motion causes your blood to efficiently circulate throughout your entire body. Your cells absorb oxygen, and toxins are removed more easily. You lie down, relax, and feel the gentle swing motion as it rejuvenates the whole body in just a few minutes. Highly recommended.

Check out these great features: variable speed control, built-in 15 minute timer, magnetized soft leg rests.

COMPARISON OF OUR MODEL AND OTHERS WE'VE TESTED: others are

Relieves Pain, Reduces Numbness, Increases **Circulation To Back, Legs, Feet And Hands**

You will feel better with your very first treatment, with benefits accumulating with each subsequent use. This relaxing treatment wakes up sleeping nerves, improves blood circulation, strengthens leg muscles, helps you sleep better at night, and restores your sense of balance without relying on pain-killers and other medications.

The ReBuilder sends its healing signals to your feet, hands or back. Small conductive rubber signal pads are placed on your

noisier, others don't elevate the base of the ankle far enough off the ground, others don't have the same range of left/

right motion, others don't have a stable base... this is a serious flaw in most machines.

> Now that these machines have been on the market for a few years, we've had a

chance to test and get feedback from our customers. Our Stress Buster rates very high over the low priced, poorly constructed machines found on late night TV as well as the over-priced models sold by multilevel sales organizations.

With Stress Buster, you can exercise your spine, massage your internal organs, increase blood circulation, move your lymph system and oxygenate your blood... all while lying flat on your back. It's one of the few really good exercise machines that can also be used by overweight people.

#63042 Stress-Buster \$199.95

skin, or in the foot bath. This

signal to wake up nerves that

device uses a tiny electrical

are temporarily dormant or

asleep. These signals mimic

your natural nerve signals, but

are stronger. This signal travels

from one foot, up the leg, across

the synaptic junctions and nerve

roots in your lower back and

down to the other foot. Then

it reverses polarity and travels

back to the original foot. This

back and forth action effectively

treats all the nerves of both legs

and feet. At the same time, your

calf muscles are contracting and

relaxing, as they would naturally

during exercise like walking.

An additional benefit results

from the brain releasing

Heavy Duty, Deluxe Model With Extra Features

For only 15 minutes a day, you can exercise the muscles throughout your whole body achieving deep relaxation that will leave you refreshed for the rest of the day. This deluxe model has many features that increase the body's intake and circulation of oxygen. producing optimal health. Many other benefits include: spinal balancing, improved immune function, increased blood flow, exercising of internal organs, enhanced sleep, better digestion and reduced anxiety. Truly a marvelous allin-one machine.

Features include:

· Integrated neck massager to increase mobility and range of





endorphins, strong pain relievers that travel in the bloodstream to all parts of the body. These natural pain relievers are known to relieve depression and physical pain without any negative side effects, and the increased blood flow results in a therapeutic healing process, not a temporary "fix."

motion in shoulders and neck.

- Far Infrared technology integrated into the foot massager
- New digital timer remote control
- 6 magnets integrated into the soft neck and footrest

#75423 Stress-Buster Deluxe \$349.95



Neck/Feet Mode Switch Speed Dial Up Arrow Down Arrow

Timer On/Off Button

1. Rubberized Foot Cradle

- 2. Control Box
- 3. Foot Massager

DON'T CONFUSE THESE MACHINES WITH THE LOW COST MACHINES ON TV

Before you start any new exercise or massage regimen, you should consult your healthcare professional. Pregnant women, those recovering from an injury or anyone with a medical condition, should not use these machines. Play it safe; if in doubt, ask your healthcare professional first.



The kit includes everything you see here plus complete directions and pictures for using the ReBuilder in order for you to achieve excellent results. 2 year warranty.

The foot massager and foot bath make this particularly effective for foot and leg problems.

#33810 ReBuilder Kit \$299.00

MUSCLE HEALTH

DEEP TISSUE PENETRATING MASSAGE Relieves Pain, Promotes Health And Vitality

What is Infratonic Therapy? Infra means very low frequency; tonic means vitalizing. Infratonic Therapy uses specific, randomly generated bands of infrasound (below 30 Hz) waves to penetrate superficial and deep layers of the body. When our cells are traumatized, they send out signals of discomfort and aggravation, which lead to pain, swelling, and energy depletion. Infratonic Therapy works by interrupting trauma at the cellular level, using the same frequencies that the body itself uses for intercommunication. Research shows that this type of therapy decreases inflammation, reduces cellular trauma, increase Hvaluronic Acid production, and promotes healing.

The Infratonic 8000 is the latest rendition of this type of

WHAT'S THE DIFFERENCE BETWEEN THE TWO?

Infratonic 8000 is used for accelerated recovery. Very effective where there are broken bones and tissue that are slow to heal. Excellent for the complete approach to the mind-body healing process. The SoniCalm 3 is targeted specifically for the relief of pain, particularly where nothing else has worked before, such as chronic pain.

therapy. Thousands of users world wide attest to its ability to accelerate sub cellular vitality, reduce stress and worry... important keys to accelerated recovery.

There are three patented vitalizing settings:

- FULL: Most effective for accelerated recovery
- SLEEP: excludes signals that create alertness
- PAIN: Excludes signals that accelerate sub-cellular activity, which could aggravate inflamed areas
 Doctors, chiropractors, acupuncturists, and veterinarians are among the many users. Qigong masters are able to focus chi, or life energy, into patient's bodies and stimulate relaxation and energy. The unique "chaos" circuit delivers low frequency (2-25 Hz) sound waves directly

to the area you want.

Nanosynthesis, Chirp Entrainment, Sonic Sequencing and Chaotic Carrier technologies all work together to create highly variable therapeutic signals that repeatedly reposition the body's vibration system for maximum effectiveness. The Infratonic 8000 is a very high quality device and is a U.S. FDA 510 (K) listed therapeutic massager.

#46088 Infratonic 8000 \$895.00

#75382 Position Arm (For handsfree use) \$69.95



NO RISK OF DEEP TISSUE BURNS LIKE FROM ULTRASOUND...

The Infratonic 8000 applies chaotic soundwaves to improve local microcirulation. While ultrasound uses high frequency sound which can cause local deep tissue burns, the Infratonic uses penetrating low frequency chaotic sound so there is no chance of excess heat build-up.



READ BEFORE ORDERING

This is the genuine Infratonic 8000 machine. Independent tests show a dramatic difference in results with this machine, compared to look-alikes on the market. This device (the ONLY machine with the CHI logo on it) produces Regenerative Chaos, which is extraordinarily effective. Thousands are in use in doctor's offices and clinics. Should not be used by people with pacemakers or with suspected blood clots in the legs. Should not be used as a substitute for medical care. It is advisable to consult your healthcare professional.

Greater Effectiveness And Greater Comfort With Sonic Sequencing

Infusing the body with several signals sequentially is more effective than using individual continuous signals because it minimizes the body's vibrational response. When applied using short bursts, the Sonic Sequencing system of the Infratonic 8000 and the SoniCalm 3 are comfortable and very effective. With Sonic Frequencing, the signal is constantly jumping (randomly every second or two) from one frequency band to another so the body does not have time to develop a vibrational response. Infratonic 8 and SoniCalm 3 with Sonic Sequencing have produced superb results and users are very enthusiastic about the new added features, particularly Sonic Frequency.



Infratonic Therapy Designed Specifically For Pain

The SoniCalm 3 focuses precisely on reducing or eliminating chronic and acute pain.

It works by producing signals that entrain lower pain signals and lifts them into the desired range. These therapeutic signals move pain from the physical to the emotional range and



transfer worry signals from the analytical range into the intuitive range. Put it where it hurts; it's that simple to use. It is highly effective with its three penetration levels:

- CALMMEDIUM
- DEEP

Like the Infratonic 8000, it is highly touted by professional healthcare practitioners.

From the makers of the Infratonic 8000, it works in a similar fashion... creating highly variable therapeutic signals (2-25 Hz) that repeatedly reposition the body's vibrational system for maximum effectiveness.

#46090 SoniCalm 3 \$695.00



RELIEF OF LOWER BACK PAIN ASSOCIATED WITH SORE AND ACHING MUSCLES

On Demand Pain Relief Where And When You Need It

Uses TENS, Transcutaneous Electrical Nerve Stimulation, a safe, non-invasive drugfree method to manage pain. It works by sending small electrical impulses through the electrodes placed on the skin to underlying fibers. TENS allows many people with lower back pain conditions to resume daily activity. This therapy has been used for over 25 years by healthcare professionals. This same, very effective TENS modality can be used by individuals, and without a prescription.

The system consists of a small battery-operated control unit that is worn on a belt. Two small cables connect this to the self-adhesive electrode pads that are positioned where you want them on the lower back. Use the controls to vary the time, intensity and/or stimulation modes in order to customize your



MUSCLE HEALTH

treatment. Provides an effective and gentle alternative to drugs and repeated treatments that is non-invasive and non-addictive. #99896 TENS Back Pain Relief System \$149.95
#99897 TENS Replacement Pads (Pack of 4) \$15.95



Magnetic Necklaces

If you are interested in exposing your entire body to a magnetic field while you are up and about, then you want our magnetic necklace. High strength grade VIII ceramic magnets are hand cut and polished into attractive beads that resemble hematite. The beads are strung on stainless steel aircraft cable and have a stainless steel clasp. The necklaces can be worn 24 hours a day and will never tarnish or corrode. The majority of the magnetic strength will be around your head, neck, shoulders, and upper back, but the high volume of blood flow through your neck will carry the magnetism all throughout your body. 20" long. aceted

#75289 Magnum Necklace \$64.95

Magnetic Lower Back Belt

Support your entire lower back while experiencing for a penetrating magnetic field. Our bioceramic magnetic belt packs a punch with 16 strong grade VIII ceramic magnets. With over 5" of field penetration you can rest assured that the #48293 Faceted Twist Necklace \$64.95

magnetism will get to the areas that you want it to. Velcro type closure allows the belt to be worn tightly for added support



STIMULATE NERVE ENDINGS AND PROMOTE CIRCULATION The Power Of Chinese Medicine And New Technology

Wouldn't you love to have a magic wand to take away your everyday aches and pains? While it may not be magic, our Acu-Point Pen utilizes specially designed electronic acupuncture probes which simulate traditional acupuncture treatments.

Passing the Acu-Point Pen over the palm of your hand allows you to identify areas that may need attention.

You'll feel the stimulus signal sent to the specific area as it stimulates the nerve and muscle while promoting improved blood circulation to the desired area. Can be used just about

or more loosely for comfort. 6" wide.

#48257 Large, 29"-42" \$39.95 #48258 X-Large, 33"-46" \$39.95 anywhere on the body. It has a diagrammatic screen that's easy to read; the controls make it easy-to-use. Lightweight. 9" long. Battery-operated.

#99857 Acu-Point Pen \$99.95 This product is not intended for the diagnosis, treatment, or prevention of any disease.



For Sore Muscles

This remarkable liquid can relax muscles and reduce arthritic pain within minutes. Produces a Tachyon "blast" that will balance an area in 15 minutes.



#48142 Tachyonized Panther Juice 1 oz. \$19.95

IMPROVE YOUR VISION

Take Full Advantage Of Nature's Full Spectrum Of Sunlight With OTT[™] **Protection Sunglasses**



OTT Sunglasses are the only sunglasses designed with OTT Technology that lets natural light in and keeps damaging sun rays out so you can see things as they really are. Other sunglasses create distortion and color hues on your viewing area which can affect judgment and accuracy. These are the only sunglasses authorized to carry the name of Dr. John Ott, a man dedicated to teaching us the importance of natural sunlight to the human body.

#42039 Basic Women's \$39.95 #42040 Aviator Men's \$39.95

Improve Your Evesight Naturally



The author, born without sight, refused to surrender to his blindness. Instead, he began an intensive exploration of sight and developed a profound selfhealing system. This interactive kit will help you to discover how eyesight influences your overall well-being, and learn 13 exercises to increase your visual acuity and ocular health. Even if your vision is excellent, you're probably one of the 70% of computer users who suffers from repetitive evestrain. Now, vou can enhance, restore and protect your eyesight. Includes: 2 CD learning sessions, photoillustrated practice cards, eye charts, and a guidebook.

#51053 The Natural Vision Improvement Kit \$26.95

Improve Your Vision With Pinhole Glasses

If you suffer from eyestrain, blurry vision, nearsightedness, farsightedness, cataracts, astigmatism ... pinhole glasses may be of benefit to you. They work by directing light rays onto the retina at the back of the eye and not through the use of an artificial lens. They are best used when seated (excellent for the fatigue caused by computer use), but may not be used while driving. There are exercises to strengthen and retrain ocular muscles. They are not sunglasses or prescription glasses and do not treat medical conditions.

One size fits all with sleek. contemporary styling and excellent quality. Choose a style that suits your taste.



Infrared Light Pad Healing With Light And Heat

This is a flexible, nvloncovered, pad measuring 17" x 9" with 96 red and infrared light emitting diodes. Most people feel a great sense of calmness and relaxation during and after its use. Very positive results have been reported by placing it over the energy channels (meridians) of the body. Pulses at all of the (Nogier) frequencies-vibrations that are in resonance with various body tissues. Very effective in treating back pain, muscle

Encyclopedia Of Light Therapy

From Darius Dinshah. one of the pre-eminent researchers and practitioners of color therapy. Includes instructions on

how to use specific frequencies of colors for therapeutic benefit. 138 pages, sixth printing.

#46043 Let There Be Light \$19.95

6-hour video seminar by Darius Dinshah

#46044 Spectra-Chrome Video \$19.95

spasms and immobility of painful joints. Included is an instruction booklet, and "Healing Energies" book.

#41020 **Red Infrared Pad** \$799.95

COLOR THERAPY

Learn How Color Therapy Can Be Used to Re-balance **Deficiencies In Your Life**

This excellent 50 minute DVD includes:

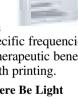
- Origin of color therapy
- Healing properties of various colors
- A session with a color
- therapist Methods for applying colors
- Use of color therapy for various ailments
- #43101 Color of Healing \$29.95

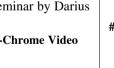
HOW COLORED LIGHT HEALS

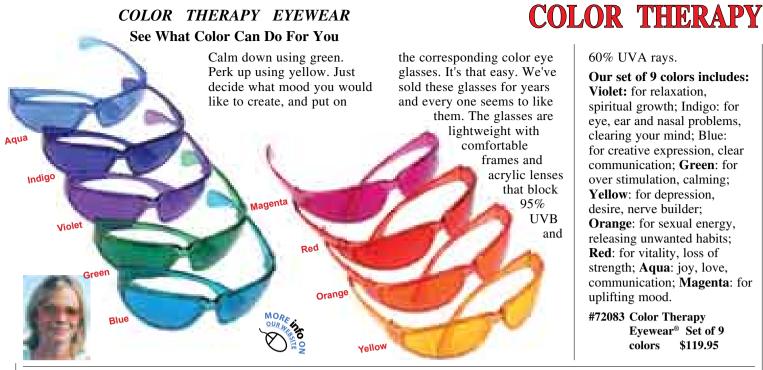
Light and color have been used throughout time for healing. Shining different colors into the eyes activate photoreceptors in the retina and trigger the release of neurotransmitters causing mood elevation. Shining light on the skin activates the natural healing process because skin cells absorb the energy from the light, causing increased circulation. Beneficial effects of colored light on pain, headaches, wound healing, and inflammation have also been widely reported.

Individual results from products may vary. These products have not been evaluated by the Food and Drug Administration and are not intended to diagnose, treat, cure or prevent any disease.

SHARE US WITH A FRIEND Help someone else enjoy the life-enriching products at TOOLS FOR WELLNESS. Send us their name and we'll rush a catalog to them.







Healing With Heat And Light

"Provides a lucid account of humanity's unceasing effort to decode the mysteries of degenerative diseases." Paul Yanick, Ph.D, President of the

Beginner's Guide To Color Therapy

By means of astrology, Feng Shui, and traditional symbolism, the author analyzes the various uses and meanings of color, in western culture and beyond. Aided by bright and attractive photographs and

Healing Colors

Color therapy and chakra therapy are techniques of restoring balance to the body through the use of color. Each

color has a specific vibration that affects human cells. These energy fields can be seen by energy field imaging, which allows us to obtain color graphic images of the energy field in and around the body.



American Academy of Quantum Medicine. Offers provocative and refreshing new approaches to healing responses. 210 pages.

> #82061 Healing Energies of Heat and Light \$20.00

evocative illustrations and what red, blue, green, orange, pink,



purple, gray, white, and black can represent and how they affect different personalities. What colors convey on both conscious and subconscious levels will help the reader. 112 pages

#51102 Beginner's Guide To Color Therapy \$12.95

This DVD shows where each chakra is located in the body and also incorporates the color associated with each chakra. Individual color therapy allows

you to concentrate on specific energy fields that need additional attention and harmonizing. Included is an easy-to-follow, informative color and chakra guide.

#99859 Healing Colors \$24.95

The Healing Energies Of Color

This practical guide to understanding and using color's therapeutic energies offers dozens of charts and diagrams with instructions for using color to

Peak Performance

Tap into the power of Mozart's music to generate unparalleled productivity. Theses early symphonies of Mozart embody

a vouthful exuberance that energizes the body, motivates the mind and uplifts the spirit. The result is a

Maximum Focus

Discover the secret to total concentration, as Baroque masterpieces build the optimal sound environment for precise thinking and relaxed alertness. Designed to increase intellectual endurance,

> SHARE US WITH A FRIEND Help someone else enjoy the life-enriching products TOOLS FOR WELLNESS. Send us their name and we'll rush a catalog to them



mental acuity. Tempo: 50-70 beats per minute. This is a high resolution 60 minute CD producing the richest possible listening experience.

#51098 Maximum Focus \$15.95

OPEN 24/7 ToolsForWellness.com

#51026 The Healing Energies Of Color

128 pages.

dynamic musical momentum that allows you to accomplish the most challenging mental and physical tasks with ease and enjoyment. Tempo: 90-150

promote better health. You'll

active energy zones, a

also learn how to create

soothing sleep environment

spiritual renewal. Softcover.

\$14.95

and areas for physical and

is a high resolution 60 minute CD producing the richest possible listening experience.

\$15.95

beats per minute. This

#51097 Peak Performance

intensify awareness and hone

1-800-456-9887 63

NOISE REDUCTION

FOR BETTER SLEEP. SEE PAGE 8

Noise Canceling Headphones

NoiseBuster[®] electronically cancels irritating background noise so you can enjoy peace and quiet. Or, you can use it with a portable audio device to enhance music clarity with reduced distortion. Use them while on an airplane to reduce engine din or for inflight entertainment (airplane seat adapter

Don't Let The Noise And Stress Of Travel Get You Down

Ideal for people on the move, helping to create a familiar sound

included). Excellent results when used on exercise equipment, when mowing the lawn or in any noisy surroundings. Lightweight. Folds into the travel pouch which is included. Frequency range: 20-20,000 Hz. Excellent quality at an affordable price. This product has been on the market for several years and now has the latest technology.

> #45013 NoiseBuster Headphones \$69.95

Produces a dramatic cancellation of up to 18 decibels of irritating low frequency noise.

environment while away from home. Compact and lightweight, it masks unwanted sounds and noises with a variety of nature sounds. Haven't we all encountered trash trucks outside our hotel or loud people in the adjoining room? Not any more as this fits easily into your luggage and comes complete with a travel pouch. 6" x 4". AC operation. MORE DUR WIER TO OP

#81036 Travel Sound Conditioner \$79.95

Take A Look At

Shut Out The Light! Shut Out The Noise!

Sleep Master was invented for people with sleeping difficulties. for those who just enjoy napping during the day or while traveling,

64

and even for those whose partners watch TV or read late into the night.

It is an all-in-one sleep mask that combines light elimination and sound reduction. Sleep Master is the only sleep mask available on the market today with



patented built-in sound muffling. Ear plugs included.

The Sleep Master fits easily and comfortably around your head, easily connected in the back by Velcro strips,

simultaneously blocking both light and reducing sound.

One-size-fits-all, lightweight and compact so you can take it along with you. Very affordable so you can have more than one.

#34014 Sleep Master \$34.95 Buy 2 and SAVE! \$32.50 each

NOISE KEEPING YOU AWAKE? Get Rid Of The Racket And Commotion

We've sold a lot of these to thousands of satisfied users, and we recommend it enthusiastically. The units are durable, lightweight and are providing many years of reliable service. They create a consistent, smooth sound of rushing air. Tone and volume of the sound are regulated by simple controls. The remarkable "white noise" sound effectively masks unwanted noises and creates a sense of calm, making it easier to concentrate, relax and/or sleep.

This popular and very economical sound conditioner is widely used for restless sleepers and to overcome appliance noises and the constant din of air conditioners. With the widespread use of office cubicles, our

"What a great product! Whether you are trying to cover obnoxious neighbor noise or just trying to soothe yourself to sleep, this works great. Whenever I have your noise machine on, I fall asleep quickly ... and it's good quality sleep, too! I recommend this to anyone looking for a good sleep-aid." M.N. Massachusetts

Use The Sounds Of Nature To Relax And Sleep

For home or office. To fall asleep, to relax, to concentrate... this unit can't be beat! Loaded with a variety of nature sounds, activated by "user-friendly" push buttons. You can also control volume sound conditioners are used to effectively mask conversations to allow for better concentration. The durable beige plastic housing is suitable for use anywhere and it occupies only 6" of space; 3" high. AC operation.



#63041 Sound Screen/Sleep Mate 2 speed \$59.95

Buy 2 and SAVE! \$56.95 each

"Thanks to vour Sound Screen. our 1 vear old is sleeping better. It is great fro drowning out other noises. We're very pleased with our purchase." L.L. Virginia

"Your Sound Machine helps my two year old to stav asleep while my 6 month old cries in the night. Works like magic. Even my pediatrician uses them because the office walls are a little thin. I highly recommend this to other moms." L.S. Illinois

> and tone. These terrific features

allow for

customization to create the perfect sound environment at home or work. A highly recommended sound conditioner unit for any and all situations. 6" x 9" AC operation.

#81035 Programmable Sound Conditioner \$129.95

What are Sound Conditioners?

They are devices used to mask noises and to add pleasant, soothing sounds to any environment. Used in the home to mask noises such as: street noise, television and stereos, barking dogs, snoring, air traffic, noisy neighbors and buzzing in the ears. At college, they are used to allow uninterrupted study or sleep. At the office, sound conditioners mask noises such as: keyboard clicking, light manufacturing noises and also to mask confidential conversations. WHAT IS WHITE NOISE? It contains every frequency within the range of human hearing and can produce a multitude of soothing effects such as wind, surf and space whooshes.

DITE LONSER MITE BETTER HEILTET DITE ER BLENLIGE SUSTERI

79 amino acid chelated trace

sea marine deposits. Alkazone

drops go to work instantly.

Just add 2 drops

to an 8 oz. Glass

of water (or

your favorite

few times a day

beverage) a

and you have

guaranteed the

neutralizing

Many athletes

sick during a really strenuous

Regretfully, they tend to rely

to them as samples.

on cheap drinks that are given

Alkazone drops will keep your

internal system at equilibrium

by balancing acidic foods and

drinks and helping eliminate

acidic body waste. They are

truly powerful, booster drops

that will play a major part in

your new, healthier lifestyle.

game or workout if they didn't

take an electrolyte replacement.

would get deathly

of acid wastes.

You'll feel better!

You'll look better!

minerals from ancient dead

Normal Eating Habits Won't Do It

There are very few foods that are alkaline. A 100% alkaline vegetable diet would be very boring, and not easily accepted by many. A total discontinuance of acidic foods would be rather challenging. While we can and should be able to give up drinking acidic soda pop, the vast majority of food, especially

meats, are acidic in nature. The vegetable group has the best track record for being alkaline, but most people don't want to become strict vegetarians.

Electrolyte Supplements Won't Do It

Many alkaline teas don't have balanced, organic electrolytes. Cheap "Gatorade-type" drinks have too much Sodium and too little Potassium according to exercise physiologists. Good electrolyte supplements should have a high Potassium concentration and a low Sodium concentration.

Most Trace Mineral Formulas Won't Do It

You should insist that your trace minerals are amino acid chelated to guarantee that they are high in absorption and low in irritation.

Alkazone Will Do It

Alkazone was created to solve the problems mentioned above. It is based on mild, organic Potassium salts. It contains

Reverse Aging and Feel Better! —— Take A Look At ———

physical and mental

peak performance. 75

tablets; 3 month supply

#46037 Soma ATP \$49.95

See Page 43

Get Peak Mental Performance

Gives you the highest energy levels for

1.2 oz. Dropper bottle (about one month's supply) #49017 Alkazone pH Booster \$23.95

Buy 2 and SAVE! \$21.95 each



"Get A Life" "Get An Alkaline Life"

WATER IMPROVEMENT ADD OXYGEN DROPS immune system maintenance,

TO YOUR DRINKING WATER

Recharge Your Body's Energy Reserve

The body constantly uses oxygen to oxidize and eliminate diseasecausing microbes and to eliminate the body's waste. OxyLift is a liquid concentrate making it easy to add oxygen to your drinking water while on-thego. The ingredients contain

Add Electrolytes And Micro-Nutrients To Your Water

what your body needs for

Users report improved energy, alertness, and more resistance to illness. Tens of thousands of people have used Willard Water over the last 30 years. Here are some of the benefits reported:

- Warmer hands and feet
- Better sleep
- Better regularity and digestion
- Better alertness and memory
- · Fewer aches and pains
- More energy
- Dealing with stress betterSupplements seem to be
- working better Helps with increased

Increase The Vitality Of Your Water

Our best selling water enhancement product. Drop the SuperBullet into a gallon of water and its bio-energetic action begins immediately. The crystals inside the bullet are from a volcanic source and their

paramagnetic properties attract

immune system maintenance, waste elimination, improved

digestion, and cellular repair. OxyLift is a synergistic blend of Hydrogen isotopes for waste elimination and energy, Sea-Source Minerals for electrolytes and energy, Amino Acids necessary for rebuilding cells, and enzymes for better assimilation. Add 1 to 8 drops to an 8 oz. glass of water three times a day.

One month's supply. #42032 OxyLift 1oz. \$27.99

absorption of nutrients, elimination of toxins, and appears to be a super antioxidant and free radical scavenger because of its nearly unlimited supply of

free electrons. 20 patents support the safety and effectiveness of REAL Willard Water. 1 ounce makes 1 gallon of drinking water. 8 oz. – 2 months of regular use.

> #46012 Clear Willard Water 8 oz. \$21.95 #46013 Dark Willard Water 8 oz. \$21.95

When diluted, its trace minerals from prehistoric vegetation make it look like pale iced tea. 8 oz makes 32 gallons.

the Earth's natural magnetic field. This results in a slightly higher pH, lower chemical presence and increased energetic qualities. It's an inexpensive and easy way to energize your drinking water. No batteries required.

> #63544 Virgin Waters SuperBullet \$39.95

Place the SuperBullet in a pitcher or water cooler

Topernes attract

NEVER WEARS OUT!

WATER IMPROVEMENT

FLOOD YOUR BODY WITH OXYGEN

No More Toxic Chemicals, Disease-Causing Bacteria – Gives You Energy, Too!

You will be amazed at how just one glass of ozonated water will quickly lift your energy level, giving you more clarity and focus. It's very beneficial for both sick and healthy people.

You can also use the ozonated water to sanitize your fruits and vegetables against bacteria, fungus and molds. Using it on your plants will make them "come alive" and require less fertilizer, too. To make the ozonated water: attach the water



diffuser tube to the machine. Place the tube in the water.

It takes only a few minutes. It's that easy! Cold corona generator with **Nikola Tesla technology.** Many people use it this way:

1) Fill your kitchen sink with water

2) Place the diffuser ball in the water and turn the machine on

3) Submerse your food products in the water.

It works by breaking down the residual traces of toxic chemicals and pathogens commonly found on fruits and vegetables. It kills bacteria on meat, fish and poultry. In addition to being healthy for you, this process enhances the taste of food products and also

enhances their shelf life. This unit produces significantly more ozone than older units, and has a new automatic timer for 5, 10, or 15 minute presets. Ozone output: 250mg/hour.

> #42049 Water Ozonator \$299.95 #42050 Extra Diffuser Stone \$11.95

Take A Look At

Detoxify While You Sleep



The footpads are placed on the arch of the foot to maximize the detoxification, since that particular area of the body hosts reflexology points to most of the major organs of the body. For best results, alternate between left and right foot, and use for at least 10 days. Through stimulation of circulation, the normally slow detoxification of the system (through the body's sweat mechanism) is accelerated, allowing for the removal of toxins such as Mercury, Lead, Arsenic, asbestos, plastics, dyes, etc. from the body. The visual evidence is compelling... the pads become discolored. 10 pads per box.

#51081 DetoxPads \$29.95 See Page 21

Energize Your Body By Hydrating Your Cells

Now you can have the "Fountain of Youth" in your own home. The E-Water Machine produces high quality, very affordable clustered water in under 3 minutes.

What is clustered water? Water has a tendency for its molecules to "associate", forming shortlived and ever-changing polymeric units called "clusters." This smaller, clustered water has less surface tension and, therefore, is much more absorbable by the cells. Then, as the body is hydrated... the refreshing feeling is very evident as you drink this water.

The secret is a magnetic field produced across a cotton ball, which creates very active clustered water. The electricity works with the minerals in the water to create a process similar to electric fields produced by nature's natural electrolytes and ores.

Clustered water also cleanses, detoxifies, and enhances nutrient absorption.

6" square: works on two 9 volt batteries.

#81026 The E-Water Machine \$199.95



THE FOUNTAIN OF YOUTH MAY BE IN WHAT YOU DRINK Just Reduce The Cluster Size Of Your Water

It's rather easy to understand the principle. Reducing the surface tension of drinking water makes the water "wetter" and increases its solvent capacity. Crystal Energy Drops is a catalytic liquid which, when added to water and other liquids, enhances their solvency power by altering their molecular structure. This enables you to get the most of nutrients and vitamins from

SHARE US WITH A FRIEND Help someone else enjoy the life-enriching products at TOOLS FOR WELLNESS. Send us their name and we'll rush a catalog to them. foods, which are assimilated easier by the body.

It can be used in a variety of situations. Rinse vegetables and fruit to reduce cooking time. Use in your bath water or add to your mouthwash or shampoo. Use as a mist for house plants. Reduce shaving nicks.

#75089 Crystal Energy Concentrate Drops 4 oz. \$49.95 Buy 2 and SAVE! \$46.50 each

OPEN 24/7

ToolsForWellness.com

66 ToolsForWellness.com



An Energizing Shower Experience With Superior Chlorine Removal

Chlorine dries your skin and can depress your immune system as you breathe the chlorine vapors in your shower. The filter removes over 95% of free chlorine for a healthier shower. Your skin feels better and looks younger. Even color-treated hair becomes more manageable. Complete with designer polished chrome head, pop-in replaceable cartridge, sediment trap and quartz crystals for a healthier shower experience. A solid brass collar molded

Specially-Formulated Bacteriostatic KDF® Media better chlorine rmoval than standard KDF® formula

Pop-In, Replaceable Cartridge easy to replace, no backflushing

Fine Stainless Steel Screen special screen retains media without reducing flow rate

A HEALTHIER BATHING EXPERIENCE With Chlorine-Free Water

Chlorine is removed faster when there is circulation of this Crystal Ball in the bath water. Chlorine ions are converted to harmless chloride, and the toxic effects are eliminated. You'll get improved lathering and sudsing as well as relief from into the body assures a strong, unbreakable connection. With test strips.

#62072 Rainshow'r \$47.95 #62073 Replacement Filter \$18.95 Replace filter every six months

Buy 3 and SAVE! \$17.95 each

Hand Held Adapter

Permits you to use the Rainshow'r (purchased separately) as a hand held shower. The kit includes: 59" hose, shower arm bracket and shower handle.

#51032 Rainshow'r Adapter Kit \$28.95 Buy the Rainshow'r and Adapter Kit

and SAVE! Order #51033 \$67.95



Built-In Jet Dispersal improves water flow-through

Sediment Trap reduces clogging and extends media performance

Crystalline Quartz for energy-enhanced shower "feel" and better lathering

> dry skin, too. Safe for infants, adults and pets. No plumbing or fittings; it just floats in the water. Replace the filter media once a year.

#75036 Crystal Ball® Dechlorinator \$36.95 #75376 Replacement Bag \$24.95

EVERY INDIVIDUAL IS UNIQUE

Different products result in different effects on people. People with special sensitivities may experience some unwanted side effects. Other users report that benefits didn't start to occur for several days. This can be attributed to the cumulative effects of many of the products in this catalog.

WATER IMPROVEMENT

Get Healthy, Oxygen-Rich Water 24/7

Perk up the natural way with a glass of oxygenated water from the O² cooler! Adding oxygen to your bloodstream has been proven to speed up metabolism, strengthen your immune system, increase energy, create younger looking skin and even enhance brain function for clearer, more alert thinking.

And now, with the O² cooler you can drink crystal-clear, highly oxygenated water any time you like.

Unlike bottled oxygenated water, which loses its oxygenation just days after manufacturing, the O² cooler keeps your water fresh, tasty and packed with up to 500% more oxygen than normal tap water. Great for the home, office, or gym.

This product has succeeded in producing a super oxygenating patented water cooler system that increases the dissolved oxygen level in the drinking water, which is normally 7 PPM (Parts Per Million), up to 45 PPM at the maximum - an increase of over 600%!

As a comparison, oxygen-rich mountain streams can have up to 15 PPM.

Why Drink Oxygenated Water?

The dissolved oxygen in the water is absorbed through our digestive system and provides:

- Extra supply of oxygen to the body for over-all health improvement
- Enhancement of the brain function for clearer thinking and alertness
- More oxygen to the muscle to increase energy and performance
- More oxygen to skin cells for healthier, younger looking skin
- Enhanced metabolism and waste removal
- Enhancement of the body's ability to fight bacteria and viruses
- Better absorption of vitamins, minerals and other nutrients
- Comes with flow-through cap.
- Dimensions : 13.5" x 11.75" x

58" (W x L x H) w/ 5 gallon bottle and cover.

- Capacity: Stainless Steel 316L grade reservoir with a 3 liter capacity.
- Weight : 50 lbs.
- Power Requirements : Normal household current
- Water Temperature : 185 F to 35 F (Hot/Cold Model) Room Temp. to 35 F (RoomTemp./ Cold Model)

1 Year Manufacturer Warranty. No metal contact except for stainless steel. Safe for distilled or Reverse Osmosis water. Water bottle not included. Cover included

#33801 Millennium Charcoal Hot/Cold Water: \$995.00

- #33802 Millennium Silver Hot/ Cold Water: \$995.00
- #33803 Millennium Charcoal Room Temp/Cold Water: \$895.00
- #33804 Millennium Silver Room Temp/Cold Water: \$895.00

Due to weight, an additional \$60 shipping charge is added to your order. Ships via Standard Delivery only, and to Continental U.S. addresses only. Please allow an additional 7-10 days for delivery.



AIR IMPROVEMENT

IONIZERS ARE USEFUL FOR ELIMINATING DUST, POLLEN, SOOT, PET DANDER, AND OTHER VISIBLE PARTICULATES FROM THE AIR.

Did You Know:

- We spend over 90% of our lives indoors?
- Household indoor air can be five times more dangerous than outside air?
- 50% of all illnesses are aggravated or caused by polluted indoor air?
- Respiratory disease is the third largest cause of death?

Cleaning indoor air is only

partially effective by standard filter products because they typically do not remove the very small airborne particles, the very group that poses the greatest hazard to human health. It is well known that lungdamaging particles are in the 0.5 to 5 micron range (1 micron = 1/25.000 of an inch).

Using Electrophoresis, the CLAIRITY IONIZER removes the most harmful particles from the air while revitalizing it at the same time with refreshing, natural negative ions. This is performed quietly (great for sleeping!) with no loud fan, no motor noise, no drafts, no filters to replace, no costly maintenance, no moving parts and less than 1 watt of power consumption. To clean, wipe with a cloth.

CLAIRITY IONIZER removes allergens, molds, bacteria, plant spores, bacteria, pollen, animal dander, as well as the after effects of tobacco, insecticides, aerosols and cleaners... it collects up to 99% of

> contaminants. The silent, continuous cleaning will amaze you with both its quietness and effectiveness. Users report an improvement in their breathing and a general feeling of well-being.

CLAIRITY IONIZER

creates a continuous stream of negative ions that

adhere to the contaminants listed above. They then flow back and are collected by the positively charged collector band, resulting in purified air. It works like a natural magnet. And, IT DOES WORK VERY, VERY WELL. Effective in areas up to 20' x 20' (400sq.ft.) The unit measures 7" x 7".

#34009 Clairity Negative Ionizer \$199.95

OZONATORS THAT DUPLICATE THE CLEAN, FRESH MOUNTAIN AIR THAT OCCURS NATURALLY OUTDOORS

Science Has Proven Ozone To Be One Of The Most Powerful Oxidizing And Sanitizing Agents Known To Man

Specifications:

to 24 mg/hour

• 5¹/₂" x 3" x 4"

cvcles

• For use in areas up to 400 sq. ft.

• Automatic timer in 10 minute

• Ozone output from 12 mg/hour

#46097 Ozonator 400 \$159.95

Features:

- May be used in home, office and/or car. Adaptors are included.
- No filters to change
- Quiet operation
- User-friendly
- May be mounted on the wall
- · Used extensively to destroy
- tobacco and pet odors
- · Energy efficient
- Meets EPA and OSHA standards
- One year warranty

Features:

- Only maintenance is to clean the filter
- Electronic ballast
- Energy efficient
- One year warranty
- High quality construction; built to last

1000 Jobs

Specifications:

- For use in areas up to 2500 sq. ft.
 Ouiet operation
- Quiet operation
 Uses ultraviolet light to convert oxygen to ozone
- Ozone output: 125 mg/hour
- Rugged aluminum housing
- 9" x 6" x 13¹/2" #46098 Ozonator 2500 \$399.95

PORTABLE AIR PURIFIER On-The-Go Ionic Therapy

- Filters out airborne bacteria, viruses, fungi, spores and suspended particles
- Relieves allergies, hay fever, sinusitis, migraines, bronchial asthma and other



- respiratory conditions • Neutralizes odors
- Increases energy, libido, and overall well-being
- Improves mood and relieves winter "blues"

• Effective area: 30-40 sq. ft. Contemporary design.



Fillers but unnext performs to the air

68

OZONATORS ARE USED TO NEUTRALIZE ODORS, MILDEW, BACTERIA, FUNGUS, MOLD, CHEMICAL FUMES, PAINT ODOR, AND PATHOGENS IN ANIMAL DROPPINGS

A Combination Ozonator And Ionizer

Here's a 2-in-1 machine that performs well in doing both. Use it as a complete air purifier. It's very, very effective, and you can use it with or without the ozonator in operation. Ozone output is adjustable; at any setting, it excels. This air purifier doesn't mask odors; it destroys odorcausing bacteria. We tested it in a room with a 20-year residual musty odor and it worked like a charm. We think you'll agree with us... "Wow, what a machine!"

Effective in areas up to 600 sq. ft. AC operation. Car adapter included. 7" x 5"

#42746 2-in-1 Air Purifier \$179.95



Eliminate Indoor Air Pollution



This is a user friendly, energy efficient, top rated ozone output generator. It eliminates odors and germs with a quiet operation that requires no filter changing and can also be used in your car. There are no chemical components. The compact (6" x 4") unit has a timer and will effectively cover a 400 sq. ft. area.

#45002 Ozone Air Purifier \$159.95

Plain Talk About Ozone

The three molecules of ozone (O_3) are converted from oxygen (O_2) as a result of an electrical charge, such as from lightning or an air purifier. Ozone is highly reactive, so it interacts with most contaminants and allergens, destroying pollutants through oxidation. Most ozonators are designed to produce safe ozone levels.

FEEL BETTER WHILE YOU DRIVE

Ionizer For Your Car

Effectively eliminates odors, dust, pollen, germs, bacteria and smoke. Helps relieve fatigue and promotes alertness while driving. Uses no chemicals or agents... produces a cleaner driving environment.

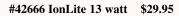
Plugs into your cigarette lighter and it's maintenance-free.

Chrome finish.

#75233 Automobile Ionizer \$29.95

A Light Bulb That Also Cleans The Air

The built-in negative ion generator clears dust, smoke, pollen, bacteria, other pollutants, and odors from the air. It also helps reduce asthma and allergy symptoms and you'll feel more vital and alert. The most common reaction is "The air feels different and I'm breathing better." The full-spectrum bulb is equivalent to a 60 watt conventional bulb and has a long life of 10,000 hours. It fits a normal light socket.



AIR IMPROVEMENT

GET RID OF FUMES, SMOKE AND ODORS A Powerful Air Purifier

The Aranizer[™] is not an air filter. It is a powerful air purifier capable of destroying pollutants and odors in the air, and at their source. This machine energizes the Oxygen in the air. Energized Oxygen is the natural enemy of odors, pollutants, and many other harmful substances, yet it is completely safe.

Nature's phenomenon of purifying the

air generally transpires during a thunderstorm. The incredible build-up of energy before a lightning strike charges the Oxygen in the air, reacting with contaminants in the air and destroys them. This process is called oxidation, and is the reason why the air smells so fresh after a rain shower.

The Aranizer replicates this sensation and also produces negative ions. Negative ions cause dust and other floating particles to fall and attach themselves to positively charged surfaces.

Here's what the Aranizer can do for you:

- Removes dust, pollen and other allergens in the air
- Removes smoke, pet, cooking, and countless other unwanted odors from the air
- Removes smoke and most

Music For Healing And Unwinding

Your body is a self-healing instrument. Given a chance, it will always tend

towards a healthful balance. Using sophisticated other odors from clothes, carpets, furniture and drapes

- Oxidizes chemical fumes and toxic gasses produced by household products and appliances
- Kills mold, mildew, fungi, bacteria and harmful viruses

Think about all of the various applications right in your own home: basement, garage, bathroom, closet, playroom, living room... the list goes on and on.

Virtual noiseless operation. No moving parts to wear out. No costly filters to change. Can be



Take A Look At -

left on 24 hours a day. Durable stainless steel construction.

Make no mistake; this is a highquality unit built to meet industrial standards. It is not made to meet criteria of low price, like you see in appliance stores and on late night TV. Covers

about 408 sq. ft. If you want to get rid of

musty odors (even years old), pet odors, chemical fumes, smoke... we highly recommend this unit. Almost as simple to operate as a radio; turn it on, adjust the variable intensity knob, and that's all there is to it. Gives long-lasting results unlike the transient effects of low-priced air cleaners. Measures 9" x 4" x 4". 4 year warranty.

#63457 AranizerTM Air Purifier (110v) \$364.95

sound technology these compositions create a response of deep relaxation, contentment, and well-being. We're pretty sure you play these over and over again. 2 CD set: 2 hours.

> #99862 Music For Healing And Unwinding \$19.98



AIR IMPROVEMENT



Automobile Air Purifier

- Deodorizes
- Limits molds, bacteria, viruses, fungi, spores, suspended particles, odors, yeast and protozoa
- Improves energy, promotes alertness, and fosters a sense of well-being

Air Purifier \$14.95

Works with batteries or with

AC adaptor (included). 3" x 3".

#99892 Ionic Air Purifier \$29.95

Small size: 2¹/₂" x 1". Car

adaptor included. Styled to

#99893 Automobile

blend with any interior décor.

IONIC AIR PURIFIER With Electrostatic Technology

- Filters out airborne bacteria, viruses, fungi, spores and suspended particles
- Relieves allergies, hay fever, sinusitis, migraines, bronchial asthma and other respiratory conditions
- Neutralizes odors
- Increases energy, libido and overall well-being
- Improves mood and relieves winter "blues"

Pleasant, unobtrusive design blends with home or office. Effective area: 100-150 sq. ft.

DUAL ACTION AIR CLEANER Air Purifier and Ionizer For Rooms And Automobiles

Uses advanced parallel plate dust collecting technology to increase purification efficiency. Its electron beam generates active oxygen, which makes air pure and fresh by effectively neutralizing noxious gases and eliminating smoke and odors. Very proficient in killing harmful bacteria, viruses and molds.

Covers 80 sq. ft. indoors using the AC adaptor (included). When used with the car adapter (included), it covers about

70

16sq. ft. Quiet operation, no filters to replace, energy saving operating cycles, and it uses no chemicals. Quite a lot of air cleaner for the money! 12" x 7".

#99866 Dual Action Air Cleaner \$39.95



Breathe Fresh Air Wherever You Go!

Many travelers feel exhausted and out-of-whack after a long plane trip. For some, a car trip is a nightmare. Energy is slowly depleted and they are susceptible to every cough, sneeze, and sniffle. Almost everyone reports feeling miserable after a flight, but very few seem to know why.

Experiments have shown that travelers who experience anxiety, rising heat, sweating, headaches, rising emotions, and nausea are also becoming depleted in magnetic energy. The answer is electromagnetic field supplementation... providing a constantly



replenished supply of free negative ions via magnetic

flux. The CHIonizer was developed to surround the wearer with both free ions and a magnetic field which will cause fatigue, discomfort and symptoms of depleted vitality to vanish. TAKE CONTROL OF THE AIR AROUND YOU Aside from using it in closed environments like

airplanes, it works well wherever you go... killing off most airborne bacteria and viruses while deactivating smoke, dust and pollen. Everyone's concerned about the air we breathe.

NOW YOU CAN DO SOMETHING ABOUT IT! 2¹/₂" x 1¹/₂" x ³/₄". Includes neck cord.

#46001 CHIonizer \$119.95



What Makes The Chionizer So Special?

Its patented approach to providing a personal "clean air space" and increased bioelectric vitality results from three technologies:

- 1.ELECTRON IMPACT DECOMPOSITION, the same technology used by the military to destroy toxic biological and nerve agents, works much like a thunderstorm, vaporizing airborne pathogens and irritants, leaving the air you breathe free from the effects of most bacteria, viruses, pollen, smoke, and unpleasant odors. In the process, it emits a fresh ozone fragrance just like the air after a thunderstorm.
- 2.MAGNETIC SUPPLEMENTATION surrounds the body with a magnetic field similar to that found in nature. This protects you from the magnetic depletion which occurs in steel framed buildings and cars as well as high altitudes when flying. This magnetic supplementation prevents much of the rising heat, anxiety and irritability which can otherwise occur. Magnet placement over the lower cervical spine actually decreases sensitivity to crowds, an important factor in crowded jetliners, busy terminals, offices, factories, theaters, and shopping centers.
- 3. CORONA DISCHARGE IONIZATION literally electrifies the air, surrounding you with free electrons, ozone and other electrically charged air molecules which, as you breathe, directly increase your electrical vitality. You arrive rested, protected, and vitalized.

Therefore, you can readily understand that the CHIonizer, while higher priced than other "around the neck" devices, is well worth the difference. This is a patented device, is very effective, and has many, many thousands of devoted users over the past several years.

IMPORTANT NOTICE: The CHIonizer is not a medical device. It is a bioelectronic environment conditioner which simulates the bioelectric characteristics in nature. Do not use this device if you wear a pacemaker or have any other implanted electrical devices.

ToolsForWellness.com



Sacred Geometry: Thirteen Of The World's Most **Auspicious And Powerful Geometric Designs**

From The Monroe Institute, these designs are literally brought to life through exquisite technological artistry... connecting you within the very heart of creation. This

outstanding software may be used as a powerful tool for achieving expanded states of awareness as well as a visually stunning screen saver.

Sacred Geometry is the blueprint of Creation and

the genesis of all form. It is an ancient science that explores and explains the energy patterns that create and unify all things. The ancients believed the experience of Sacred Geometry was essential to the education of the soul. Sacred Geometry reaches another level of significance when grounded in the experience of Selfawareness. Through Sacred Geometry, we can discover the balance and harmony that exist

The Physics Of Religion And Science

Modern science is finally catching up with ancient knowledge. In 1967, Stan Tenen discovered a pattern in the arrangement of letters in the Hebrew text of

ALCORAGE THE

Col. Parkaters

1000

Genesis. This video series presents over three decades of research revealing a fascinating trail of scientific, mathematical and AL \$14,4,077,181 religious discoveries, many which formed the basis of the Bible



ecstatic play with the magic of the universe ... the very heart of Creation. The CD is a stunning

to take short. rejuvenating breaks at home or in the office.

The DVD is not a screensaver, but displays the same images as the CD. Contains 13 of the most auspicious geometry forms. allowing you to experience the wonderful beauty of the natural world.

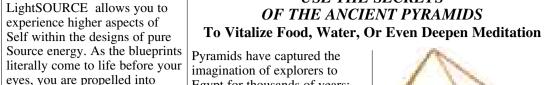
#51087 LightSOURCE CD \$49.95 #51089 LightSOURCE DVD \$34.95

Code as well as hyperdimensional physics. These amazing discoveries will change your view of life forever. Set contains 12 hours on seven videos.

#75188 Geometric Metaphors of Life Video Set \$169.95

SOUGHDUNG.

ALC: NOT THE OWNER.



Egypt for thousands of years: they were places the ancients took people for healing. In modern times, pyramid energy products have become very popular amongst those exploring subtle energy.

Our simple pyramids are modeled after the Great Pyramid

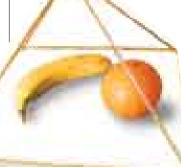
of Giza, whose specific dimensions and angles have been shown to energize anything put inside it. Most pyramid products require a northerly orientation; however, the gold plating on ours makes that unnecessary as this plating absorbs "free energy" directly from the air!

Put your food and water inside the pyramid to charge them with energy. Energize your house plants by charging the water you use. Pyramids placed in any room increase the energy in the room. Some people even put these pyramids on top of

MAPPING THE HUMAN AURA **Balancing "Food"** For The Energy Field

Dr. Valerie Hunt Ph.D., working at the University of California, recorded the subtle variations in the human bioenergy field, or aura. These recordings are ground-breaking proof of how the aura changes and interacts with the energetic fields of others.

Through her extensive research Dr. Hunt has created a series of CDs from the actual sound frequencies of the chakras. Because the frequencies come from the living aura with selected in-synch music, these CDs have been shown to rapidly brighten and balance the human aura. Each track is designed to nourish a specific range of bioenergy Total 147 minutes.



their head to deepen meditation and improve concentration.

#75335	12" Food & Wa	ater
	Revitalizer	\$61.95
	(Steel frame	
	with 24 K gold	plating)
#75334	9" Meditation	Pyramid
	For Your Head	\$79.95
	(Steel frame	
	with silver, cop	per and
	gold plating)	
#72025	7" Room Pyrar	nid
	\$34.95	
	brass, silver fram	
~	ald and shadium n	lating)

gold and rhodium plating)

- Track 1: Physical vitality and strength
- Track 2: Awareness, creativity and coordination
- Track 3: Relaxation and serenity
- Track 4: Mind expansion and higher consciousness
- Track 5: Stability, coherence and richness in-the energy field.

Instruction Booklet Included



#72036 Music of Light 2 CD Set \$64.95

OPEN 24/7

ToolsForWellness.com



screensaver program that provides a visual display of animated geometrical shapes; a beautiful way

SUBTLE ENERGY, AURAS AND CHAKRAS

Easy-To-Use Seven Tracks For Seven Chakras



The specific music on this CD helps to realign and balance

the chakras by using specific vibrational frequencies (tones and notes) in the compositions.

Traditional Tibetan Music

Tibetan singing bowls are used for the invocation of good spirits for the harvest, dealing with disease, and negative energies. 73 minutes.

#63022 Tibetan Chakra Meditations CD \$18.95

YOUR CHAKRAS AND YOUR AURAS The Owner's

Manual Shows how to clear

the chakras of old hurts and to cleanse and strengthen the aura for protection against invasive energy. We all have

Purify Your Body's Seven Vital Energy Centers

Combining five traditional vogic techniques - visualization. breathing, postures, sacred sounds, and meditation - this book gives you a safe and effective system to tune your

TUNE YOUR CHAKRAS WITH SOUND **Healing Music By Steve Halpern**

This is the bestselling and most effective balancing music available on a single CD. This is an essential cornerstone of

72



Each of the seven tracks is related to one of the seven major chakra centers of the human body. The music can be used for general meditation and relaxation or chakra/body healing on yourself or other individuals. Includes a FREE 35 page booklet called "A Beginners Guide to the Human Energy Systems."

#34013 The Seven Chakra \$19.95 System CD



the innate capacity to restore our own emotional balance. Healing is explained as a process of awareness, intuition and

self-discovery. Indispensable grounding techniques. Helps you read and define the natural protective boundary of your aura. 265 pages

#82066 Your Aura and Your Chakras \$16.95

chakras, opening your mind to inner sources of inspiration

\$19.95

is the best-

selling Maestro

of Meditative

Music. Highly

any healing and/or meditation

collection. Mr. Halpern

LET GO OF WHO YOU ARE NOT: REMEMBER WHO YOU TRULY ARE!

Say Goodbye To Negative **Energies And Patterns**

The MegaChiTM Pendant is designed to protect from negative energies like fear and doubt... even the negative thoughts of others. It also protects from negative ELFs (low frequency electromagnetic energy fields) caused by cell phones, microwaves, computers, etc.

- · Expect to feel a new and wonderful sense of being
- Expect to be more connected with your intuition and remember the things that matter
- Expect to feel revitalized and energized so you can accomplish the things that are important to you
- Expect to resonate at a higher level so you're in the flow. When you're in the flow, you attract wonderful things, events and people into your life.
- Expect to raise your emotional IO

By wearing this remarkable pendant your energy actually shifts to a higher energy



Box-Link Chain Included

#99602 Black Cord Included

signature with a resonant frequency that meets in the heart center, or chakra... so you can experience yourself as beautifully balanced, centered and harmonized. 1" x 2".

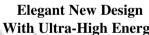
MegaChi Harmonic Resonance Pendant

#99601 Rhodium (Platinum) with box-link chain \$249.95 #99602 24K Gold plated with black silk cord \$249.95



This new pendant was designed using ancient principles of sacred geometry and infused with white light. This powerful energy pendant radiates force and vitality as if from a higher

With Ultra-High Energy





dimension. The front features sacred geometry designs and the back is beautifully inscribed with the inspiring words: HOPE, BLISS, JOY, LOVE and GRATITUDE to invoke and embody these qualities. To highlight these new additions to the line, we gave them a new

#33812 HiChi Pendant 3/4" Sterling Silver \$199.00 (27" Sterling Silver Chain included) #99894 HiChi Pendant 1" Sterling Silver \$249.00 (27" silver chain included) #33813 HiChi Pendant 3/4" 24K \$599.00 Gold (27" Brown Leather Cord included) #99895 HiChi Pendant 1" 24K \$999.00 Gold (27" Brown Leather Cord included)

ToolsForWellness.com

recommended. 67 minutes

#41002 Chakra Suite \$16.98

SUBTLE ENERGY, AURAS AND CHAKRAS

MEASURE AND INCREASE YOUR LIFE ENERGY LEVEL

Improve Your Health By Spinning The Wheel



"Life energy" has long been recognized by many cultures of the world but the physical properties of this

Dr. George Egely

phenomenon are still virtually unknown and unexplained. Experience shows that a person's "vitality" level influences his/her state of health. On the other hand, a person whose bio-energy level is much higher than the average often displays long periods of enhanced physical and mental performances and above average endurance and stamina. The Egely Wheel allows you to check. measure and increase your own vitality level. A persistent low energy level can serve as a warning that illness may be developing.

Using The Egely Wheel

As you use it, you will soon find that the Egely Wheel's rate of revolution depends on your physical and mental state and fluctuates along with vour current fitness level and ability to concentrate. If you

are very tired, you can expect a low rate of revolution. As you practice, you will learn how to tune in to the mental state which produces your maximum rate of revolution. This maximum value is the key. It is attained when your mind is in a relatively narrow range between complete relaxation and intense concentration. The easiest way to reach this state of mind, which is similar to a state of meditation, is to listen to your favorite music, imagine doing something you enjoy, or recall happy memories. Your body functions best in this mental state.

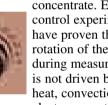
The Egely Wheel rates your "vitality quotient" or VQ. Unlike your intelligence quotient, your VO will differ greatly at different times. Tiredness or nervousness can result in reduced speeds of the wheel. Those who are the most vital, relaxed. energetic and joyous were able to make the wheel spin the fastest. If your VQ level has

been low for a few weeks, it is a warning and an opportunity

to work on improving your health and fitness.

Another interesting vitality measurement is how long a particular level can be sustained. Some people reach a very high score but then tire quickly and cannot maintain it. Others are able to maintain a medium or high rate of revolution for a long time... even 30 minutes.

The Egely Wheel is very simple to use and requires no *training*. The key component is a 3" wheel that rotates on a delicate pivot fueled by your life energy. Simply remove the plastic cover and cup one of your hands, surrounding the wheel as completely as possible with your fingers and palm. The wheel will rotate as you



concentrate. Extensive control experiments have proven that the rotation of the wheel during measurement is not driven by heat, convection, or

electromagnetic energy. The inventor and designer, Dr. George Egely, is a trained

Measure High Frequency

- If you are inquisitive about the unseen and the unknown
- If you like to think of yourself as a paranormal investigator (i.e. "ghost hunter")
- field
 - - parapsychologist
 - If you practice Feng
 - Shui, this sensitive,

A more definitive and scientific

discussion of this product can be found on our website.

professionally made meter could be





scientist who was employed for many years by the Atomic Energy Research Institute of the Hungarian Academy of Sciences. He is an expert in the field of energy transport processes.

The Egely Wheel comes in an attractive wooden box together with an extensive 84-page booklet of instructions, ideas for improving your vitality level and the historical and scientific background of the measurement. Battery operated.

#54848 Egely Wheel \$179.95

#54849 Replacement Wheel \$10.95

A UNIQUE TOOL FOR RESEARCHERS. SCIENTISTS, AND THOSE WHO WANT TO UNDERSTAND THEIR OWN VITALITY

Experimental Life Energy Meter

This technology allows you to test the vitality of water, compare different people's energy levels, check the energy of different soil samples, or help people learn about energy healing. This technology was originally developed by Wilhelm Reich, discoverer of orgone energy (universal life energy). New electronics have now made it possible to make a compact version of this meter. The meter emits a weak "displacement" energy field around the electrode and the meter can then indicate the precise energy level of any organic object in front of it. This is an ideal

tool for those serious about energy medicine, healing, water research, subtle energy. The unit comes with a power cord, sensor (electrode), sensor plate, instructions, and a one year warranty.

#42034 Experimental **Life-Energy Meter** \$349.95

Subtle Energy

- If you like to measure the changes in the earth's magnetic
 - If you engage in chi gong
 - If you are a

 - - just what you're looking for.





It measures high frequency subtle energy created by invisible and unknown geomagnetic forces, beyond the known electromagnetic spectrum.

#46075 The Trifield Natural EM Meter \$229.95

FAR INFRARED

PORTABLE FAR INFRARED SAUNA

Deep Thermal Penetration

Far Infrared Ray (FIR) is a form of electromagnetic light energy from the sun. It can penetrate through the skin into the subcutaneous tissues thereby improving blood circulation, promote overall metabolism, get rid of bodily toxins and metabolic by-products from the body and improve cellular vitality. Upon penetrating the skin, FIR transforms light energy into heat energy. The thermal effect within the deep layers of the tissues causes blood vessels and capillaries to dilate, promoting a vastly improved blood circulation. MORE INC

- ENERGIZING
- DETOXIFYING SLIMMING
- BEAUTIFYING

• ENHANCED WELL BEING Enjoy the deep penetrating thermal effect of Far Infrared energy and its many benefits: improved blood circulation, enhanced metabolism.

detoxification, increased

immune system function, cellular vitality, peak energy, vasodilation and skin purification. What if all a person had to do to receive such benefits was relax, and sit down for 15 to 30 minutes a day three or four times a week listening to music they selected or watching a hit movie - now what would it be worth?

How Does It Work?

Activated by heat, the FIR material emits FIR energy that is absorbed by human cells, causing a physical phenomenon called "resonance". Thus the

THIS SAUNA SHOULD NOT BE PURCHASED IF THE USER IS OVER 6' TALL AND WEIGHS OVER 195 LBS. cellular activities are instantly invigorated, resulting in a better blood circulation and overall improved metabolism.

It also increases heart rate and blood circulation, both crucial to maintaining one's health. The heart rate increases as more blood flow is diverted from the inner organs towards the extremities of the skin without heightening blood pressure. For injuries, heat stimulates vasodilatation of peripheral blood vessels, bringing oxygen to joints and extremities, speeding the healing of sprains and strains, thus relieving pain.

Many Benefits:

The increased blood helps aching and injured muscles recover faster because the stronger the flow of blood, the quicker metabolic and toxic

waste products are purged from the body, through the skin during perspiration, believed to be responsible for eliminating up to 30% of body waste.

For that sought after healthy glow, FIR Sauna heat therapy allows increased blood circulation to carry great amounts of nutrients to the

skin, thus promoting healthy tone and texture. Also provides a mild cleansing of the skin.

By creating an "Artificial Fever", FIR heat has a positive effect on the immune system. Often misunderstood, fever is a natural healing response of the body. The function of the immune system is increased

naturally during a fever, while virus and bacterial growth is slowed. weakening its hold. This helps the body ward off invading organisms. A FIR heat treatment in the early stages of a cold or flu has been known to stop

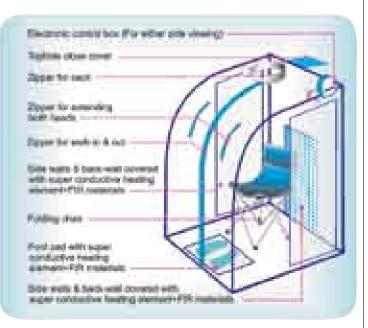
the disease before the symptoms occur. The Sauna Hothouse is easy to assemble and comes with a timer.

footpad. foam floor cushion and folding chair. Occupies only 6 sq. ft. of floor space. 38" high x 27" wide x 31" deep. 110v.

* #81056 Sauna Hothouse \$699.95 Add additional \$30.00 shipping charge.

*Denotes this item ships factory direct. Please allow approximately 10-14 additional days for delivery. No rush or express shipments. Continental U.S. shipments only.

ABOUT THIS SAUNA HOTHOUSE: It is UNLIKE a sauna you may have used in a health spa. It's a drier, more therapeutic type of heat. The temperature is about 150° maximum and causes no burning of oxygen. Therefore, the user is very comfortable... an excellent environment for detoxification.

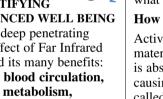


FAR INFRARED PRODUCTS WHICH ONE IS RIGHT FOR YOU?

Sauna Hot House	For heavy metal detoxification and general rejuvenation with full body coverage
Far Infrared Dome	For aches and pains in large areas such as the back and legs
Far Infrared Mineral Lamp	For aches and pains in small areas such as joints, muscles, neck, hands and feet

EVERY INDIVIDUAL IS UNIQUE

Different products result in different effects on people. People with special sensitivities may experience some unwanted side effects. Other users report that benefits didn't start to occur for several days. This can be attributed to the cumulative effects of many of the products in this catalog.



DEEP, PENETRATING, COMFORTING HEAT The Far Infrared Mineral Lam

Different from a conventional infrared lamp, the Far Infrared Mineral energizer Lamp features a round plate coated with a proprietary mineral formation consisting of 33 elements. It looks like a lamp, but does not produce any visible light.

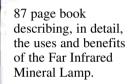
It is intended to emit energy in the far infrared spectrum to provide topical heating for the purpose of temporarily elevating local tissue temperature and to use for the temporary relief and relaxation of minor muscle and joint stiffness. The heat generated is constant and very soothing to muscles and joints.

Height, reach and degree of elevation are adjustable. Completely mobile with heavy duty casters. The lamp is very well constructed and requires a minimal amount of assembling. Built-in timer. 110v only.

#42526 Far Infrared Mineral Lamp \$199.95

* Extra \$10 for shipping. No rush or express shipments. Continental U.S. shipments only.





#42527 Pain Free With Far Infrared Mineral Lamp Therapy \$12.95 Full Body Far Infrared Dome

The half-dome construction allows you to use the product while lying down or sitting, receiving Far Infrared (FIR) energy in localized areas, such as the back, abdomen, arms and legs. FIR energy is by far the best form of energy for natural healing and for maintaining body vitality without any side effects. For best results, loose fitting clothing is suggested.

FAR INFRARED

Besides getting relief to specific areas, you'll feel like you've just had a total body workout. When far infrared heat penetrates deep into the body, you will experience a refreshed mind, relaxed mood, reduction of aches and pains, improved metabolism, and systemic

regularity leading to an overall feeling of wellness. You'll find yourself gravitating to the Dome time and again because of its wonderful benefits.

Measures 26" x 20" with a 14" clearance. A "curtain" is furnished if you want to contain the heat within the Dome. Adjustable timer and temperature controls.

FIR energy increases metabolism, improves circulation and relieves pain due to the efficient heat that is generated. The Dome emits Far Infrared, which the user will fell as penetrating heat. The heat is caused by the frictional vibration of molecules in the body.

The FIR Dome is easy to use. The digital key pad allows the user to select temperature and treatment time. Most people use it lying down with the Dome placed over the area of the body where relief is desired. Others like sitting in a chair with the unit curved around the back. Undressing is not required. Not for use by people with illness, heart conditions, pacemakers, children, or women who are menstruating or who are pregnant.

The Dome is not to be considered a replacement for any regimen or treatment prescribed by a healthcare professional. No health claims are intended and statements made here have not been evaluated or approved by the U.S. Food & Drug Administration.

#42689 Far Infrared Dome \$399.95 Add additional \$30.00 shipping charge. Continental U.S. shipments only.



Fast Recovery From Fatigue Or Injury With Far-Infrared Energy

of ORM never

wear out. For

those of you with

aches and pains.

Provides relief

from repetitive

stress injuries,

arthritis, sports or

strenuous activity.

Stretchable: one size fits all.

#42020 ORM Elbow Wrap

#75029 ORM Knee Wrap

\$34.95

\$47.95

tendonitis.

A unique composite of healthenhancing minerals called ORM (Optimum Resonant Materials) that emit far-infrared rays and negative ions... with an added powerful antibacterial and deodorizing effect. This ORM is integrated into the threads which are then interwoven with



cotton and other fibers. Despite repeated washings, the effects

Relieve Jet Lag

Arrive at your destination feeling refreshed, alert and ready to go. Helps balance and restore your brain's

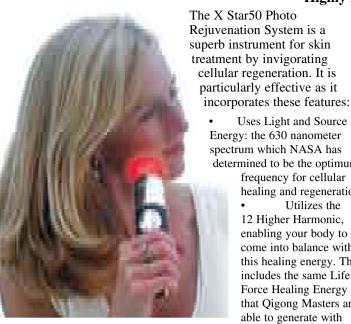


Take A Look At

sodium and potassium levels, thus reducing mental fatigue and brain fog associated with jet lag. Contains no spoken words. 2 CDs: 120 minutes.

#45014 Relieve Jet Lag \$16.95 See Page 35

SKIN REJUVENATION



Get Professional Results

Highly Advanced Technology For Healthy, Glowing Skin The X Star50 Photo Rejuvenation System is a superb instrument for skin treatment by invigorating cellular regeneration. It is

Uses Light and Source Energy: the 630 nanometer spectrum which NASA has determined to be the optimum

frequency for cellular healing and regeneration.

Utilizes the 12 Higher Harmonic, enabling your body to come into balance with this healing energy. This includes the same Life Force Healing Energy that Qigong Masters are able to generate with their hands.

• White Light Energy, a highly purifying carrying wave which is excellent for releasing negative energies from the body, on the physical, emotional, mental and etheric levels.

LIGHT AND SOURCE ENERGY SKIN CARE TREATMENT

• A unique 50 ultra bright LED array, more than twice as powerful as the average 20 LED grouping.

This new, improved model stimulates collagen which helps to smooth the skin, firms the skin, increases oxygen circulation, produces a healthy glow to the skin, assists with acne management, effective on enlarged pores and cold sores, and provides accelerated skin repair after accidents and/or surgery.

With your unit, you will receive

OxyVital Skin Therapy, a highly effective delivery system of energized oxygen and essential oils which work synergistically with the Photo Rejuvenation System to produce professional level results right in your own home.

#83064 X Star50 Photo **Rejuvenation System: Portable Rechargeable Battery Model** \$1299.00

#42684 X Star50 Photo **Rejuvenation System: AC** Model \$999.00

These products are not intended to cure or treat disease, and they should not be used in place of a healthcare professional.

Notice: Not intended for use to treat or cure disease. Use of this product should not be used in place of a healthcare professional.

BREAKTHROUGH TECHNOLOGY IN CELLULAR OXYGENATION!

OxyVital delivers more oxygen to your skin, soft tissue areas, gums, nasal passages and feet providing essential oxygen for radiant well-being.

OxyVital is the only product line available that contains Vital Life Force specifically formulated for cellular anti-aging. This proprietary process combines super oxygen bonded with the purest organic, therapeutic grade Essential Oils, Vitamin E and Vitamin A. OxyVital also contains Omega anti-oxidants, recognized for their longevity and anti-aging benefits.

OxyVital Skin Elixir

The Vitalized Oxygen immediately soothes, repairs and rejuvenates skin that has been chemically peeled, or skin that has been exposed to sun, wind, or other harsh elements. Contains Rose and Neroli Organic Essential Oils. Smells and feels wonderful on your skin!

#41083 OxyVital Skin Elixir 1oz. \$24.95

> Buy 2 and SAVE! \$23.50 each

OxyVital Nasal Elixir

Soothes and restores irritated nasal passages due to congestion, smoke, pollen, environmental toxins and dryness. OxyVital Nasal Elixir can be inhaled nasally or taken sublingually before or instead of exercise to produce an aerobic lift resulting in heightened awareness, increased energy, mood enhancement and workout recovery. A great natural oxygen high!

#41086 OxyVital Nasal Elixir 1oz. \$24.95

Buy 2 and SAVE! \$23.50 each



Ozonated Oil For Topical Use

Hyperozonated top-quality oil. A truly great home remedy. Ozone is well-known as a powerful killer of bacteria, yeast and fungus. OxyVital can be used on skin, gums, teeth, ears, vaginal or rectal tissues - or in nasal passages for an oxygen

lift. Contains Olive Oil, Activated Oxygen, Vitamins A & E, Organic Flaxseed Oil. 2 oz. bottle; 1–3 month supply.

#46076 OxvVital Oil \$46.95

Buy 2 and SAVE! \$43.50 each

Foot Therapy

OxyVital's anti-fungal, anti bacterial formulation is excellent for healthy, happy and beautiful feet. Massage OxyVital's oxygen formulation into the feet regularly for the immediate relief and rejuvenation of, dry or cracked feet. Highly effective in removal of planters warts, fungus and athletes foot.

#41085 OxyVital Foot **Therapy 1oz** \$24.95 Buy 2 and SAVE! \$23.50 each

Individual results from using these products may vary. These products have not been evaluated by the Food and Drug Administration and are not intended to diagnose, treat, cure or prevent any disease.

SKIN REJUVENATOR With Ozone Therapy



- Generates pure ozone on contact with adjustable ozone output
- Reduces freckles and dark spots
- Use as a cleanser: Promotes wound healing, prevents infections and soothes burns
- Supports skin detoxification; removes bacteria and mites
- Enhances healthy immune and lymph systems

Lightweight and attractive design. Battery-operated for portability. Counter-top stand included.



Verilux ClearWave **Photo Therapy Skin Care** System

Here's a natural alternative to benzoyl peroxide cream and antibiotic drugs. Light at certain wave lengths has the power to wipe out the bacteria that causes acne.



It kills the acne which multiplies when oil glands are clogged, and has an anti-inflammatory effect on inflamed skin pores. Dramatic results after 12 weeks. People, who have literally hundreds of half-used creams and lotions can now find satisfaction with this blue/red light therapy. Not for use by people on antibiotic therapy. Built-in handle and counter stand, hardware for wall mount, one year guarantee, eye goggles and booklet. 20" high x 13" wide x $3^{1/2}$ " deep

#42026 VERILUX® ClearWave Skin Care Light \$199.00 #42054 Replacement Bulbs: \$56.95 Pack of 2



HIGH FREQUENCY TECHNOLOGY SKIN REJUVENATION **Rejuvenate Your Skin And Reduce** Signs Of Aging

Oxy Light is a direct, high frequency tool with "patting action" that stimulates the skin at 100,000 cycles per second. It encourages lifting, firming, purifying and toning throughout the face.

Other exceptional benefits... Oxy Light oxygenates the skin, producing a healthy glow with new clarity and texture. It also changes the surface tension of skin care products that you are now using, allowing deeper absorption and needed hydration. Excellent results have also been reported in reducing enlarged pores, targeting acne and pimples, and attacking cold sores.

STIMULATES • Peripheral circulation

- Synthesis of elastin production
- Collagen production •
- Regeneration of cells faster
- than deterioration can occur Effective fluid retention release PURIFIES
- · Restores clarity for acne and enlarged pore skin conditions
- Generates the purifying effects of enriched oxygen on the skin

BENEFICIAL FOR

- Wrinkles, puffy eyes and sagging skin
- · Cellulite treatments
- Scalp rejuvenation



Why pay \$50-\$75 per treatment when you can now have the same technology used by estheticians for a remarkably low price?

The technology used here was first developed over 100 years ago by the famed inventor, Nikola Tesla. High frequency now is renowned in the beauty industry for its many cosmetic benefits. It generates the purifying effects of oxygenation right on your skin. The stimulating activity revitalizes and ensured satisfying results for many non-invasive treatments.

It is hand held, lightweight and compact... very easy to use. Uses 110v. 1-year warranty.

REJUVENATES

- Lifts and tightens saggyappearing skin
- Daily applications provide long term cumulative effects

Includes: Carrying case, user's manual

#42529 Oxy Light \$109.95



Comparable to High Priced Treatments

SUPPORTS HEALTHY

COLLAGEN

Anti-Aging Formula From Japan

In a small village just outside of Tokyo, 10 times as many people live past the age of 85 than anyone in the United States. The residents there also age healthier, enjoy



great joint mobility, healthy vision and display unusually smooth and well-toned skin. Scientists and researchers have determined that Hvaluronic Acid (HA) found in the local diet is a most likely factor.

HA is a naturally occurring substance, which is present in all connective tissues of the human body. It is in high levels in the skin, ligaments and joint fluid. Also of benefit in helping the skin remain more flexible and for spinal discs remaining more viscous. Hyaluronic Acid 50 mg., Biocell Collagen Type II 500 mg. and Chondroitin Sulfate 100mg.

#81064 Hyaluronic Acid 90 capsules \$39.95 Buy 3 bottles and SAVE! \$35.00 each

All information contained herein is for educational purposes only. No health claims are intended or inferred. Statements made in this catalog have not been evaluated or approved by the U.S. Food and Drug Administration. If you have a medical condition, please consult your healthcare professional.

Don't Accept Aging As A Fact Of Life

The accumulation of acidic

waste products within our bodies is the process of aging. Learn how to remove them and reverse aging. 123 pages



77

#62077 Reverse Aging \$11.95

1-800-456-9887

INTIMACY AND SENSUALITY

BREAKS DOWN BARRIERS BETWEEN PEOPLE Sexual Attractants To Improve Your Social And Sex Life

High Quality Pheremones At A Terrific Price



Pheromones are naturally occurring body scents. Some people seem to have an overabundance, while others may be lacking. This formula combines two of the

Turn Your Favorite Creams, Lotions, Perfumes And After Shave Into **Sexual Attractants**

Mix your favorite after-shave, cologne, perfume, body oil, body lotion, body cream or moisturizer with Hi-Octane+2 for pheromone-powered effervescence. Hi-Octane+2 pheromones are suspended

Increased Interest And Desire Leading **To Stronger Arousal For Both Partners**

This is a superb product that improves erectile function. ProSexual ingredients create increased interest and desire. increases stamina and pleasure sensitivity. Women can experience increased frequency and intensity

most powerful, experimental grade human pheromones: Alpha Androstenol and Alpha Androstenone. Added to these is a scent of a tropical beach.

Pheromones seem to work magically by breaking down barriers between people. Once these obstacles are gone, people tend to be more communicative, loving and more interactive with each other. Once the pheromones are working like this ... you can increase your ability to attract people wherever you go. Whether you want to turn up your social magnetism at work. at parties or whether you want to attract a lover. Roll-on style bottle contains 1/3 oz. (3 months supply)

#46077 Beaches Sexual Attractant Body Oil \$39.95 Buy 3 or more for only \$29.95 each!

in witch hazel for combining with your favorite cologne or perfume. Comes in a 1/8 oz bottle (enough to mix with 4-12 oz of your favorite product), with a small funnel for easy pouring. Bring the Beaches advantage to any of your personal care products.

#46078 Hi-Octane+2 Concentrate \$24.95

of orgasm. ProSexual Plus increases the production of Nitric Oxide in endothelial cells, thereby supporting the physiological processes necessary for male erection and female sensitivity and arousal. The release of Nitrous Oxide is like "flipping a switch." Use 6 capsules per dose. 180 capsules #46080 ProSexual

Plus \$43.95

NOTICE: The products listed on these pages are for adult audiences only and are not sold to anyone under 18 years old. Proof of age may be required when ordering.

Beaches The Best Sexual Attractant We Have Found!

Beaches smells great, and most importantly, it works! We have seen cool relationships turn hot (sometimes after many years of benign neglect), and we have seen Beaches turn heads, start conversations, and become the source of endless flirtation and fun. Perhaps, you've seen pheromones advertised on television. Most are much higher-priced and may not have the necessary potency. None have the delicious scent of our product. But the real story is the many customers who come back to purchase again and again. This surely is a vote of confidence that you can rely on.

Pheremone Sprav To Attract Women

The word "pheromone" is derived from Greek and means a communicator of excitement. In fact, they work so well that some people call them aphrodisiacs. This particular formula has a woody, spicy, floral scent that women are attracted to. The book, "The Joy Of Sex" suggests that

pheromones act directly on the brain's center to heighten arousal, but at a level below the threshold of awareness. 3-5 sprays on your clothing seem to be sufficient. Best applied on collars, cuffs, and wristbands. Compact shape of the spray bottle allows you to "discreetly" take it everywhere you go, "just in case." 1 oz.

#42683 **Discreet Spray** \$39.95

Sexual Attractant Hair



Gel Works invisibly to attract the opposite sex. Designed for both men and women, it contains the same sexual power as our very

popular Beaches Body Oil. Special conditioners make your hair soft and silky. Even more potent when used in combination with Beaches Body Oil. With each use, the hair follicles absorb the special pheromones in this styling gel. Non-greasy and will not flake. 4 oz.

#62037 Beaches Hair Styling Gel \$29.95

Ancient Asian Remedy Restores Sexual Potency

The high potency is derived from the use of the deer antler tips, which are very expensive to find and extract, without harming the animal. Deer Antler is a powerful yang tonic believed

in Asia to possess strong anti-aging qualities and is used to strengthen sexual power in men and women. Gel-like substance in a 2 oz. dropper bottle.

#42713 Deer Antler Drops \$43.95

Clearer Thinking And Greater Vitality

The vitality of Oxy-Bliss Liquid is incredibly psychoactive, producing a high-energy feeling of well being, optimism and clearer thinking. Preferred by athletes and creative types. Sublingual for faster and more complete absorption. Stimulates clearer thinking and a general feeling of vitality and helps detoxify the body by scavenging free radicals and toxins. (1-2 month supply) 1 oz. bottle.

#46038 Oxy-Bliss \$46.95 Buy 2 and SAVE! \$43.50 each

ToolsForWellness.com

NOTICE: The products listed on these pages are for adult audiences only and are not sold to anyone under 18 years old. Proof of age may be required when ordering.

SENSUAL LOVEMAKING

Explicit, Yet Tastefully Presented

With captivating portrayals by three attractive couples, and the professional dialogue with several renowned sex therapists. both you and your lover will enjoy an amazing exploration of mind and body. This series of four DVDs will rekindle the passions within... and fan the flames. Each program is about 60 minutes. Give yourself and your partner the gift of passion and wonderful intimacy. Perhaps the best programs of this kind that we have seen.

From a simple caress or a loving gaze, to the most intimate symphony of passion, this program demonstrates: teasing, disrobing, creating anticipation, full-body massage, oral sex, and new positions.

#41048 Intimacy to Ecstasy \$29.95

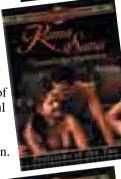
This program will show you that orgasm is but a small part of the total sexual experience... one that is far more pleasurable that you ever dreamed possible. The Chinese texts of The Tao and The Kama Sutra will be your

guides in reaching exhilarating new heights with your partner. Includes 39 artfully demonstrated positions and techniques.

#41051 Positions of the Tao \$29.95

With this program, you will discover that the lightest caress has the power to overwhelm the senses, creating the perfect atmosphere for the most









intimate expressions of love. Demonstrations include: sensuous styles of kissing, sensual massage, mutual bathing, shared masturbation, oral sex intensified.

> #41052 Touch and the Intimate Kiss \$29.95

This program portrays the most incredible and fulfilling lovemaking as a flowing sequence of extremely intimate positions. With this wisdom, you will learn to move effortlessly from one embrace

to the next, with varying tempos. This DVD depicts 39 imaginative and extraordinary positions with artful clarity. Each movement is demonstrated along with explanations of the benefits and

pleasures available to each partner.

#41050 Positions of the Perfumed Garden \$29.95

> Buy the complete set of 4 and SAVE! Order #41053 DVD Set \$109.80

Erotic Background Music

Exquisite beautiful music based on Tantric traditions stimulates your sexual energy centers and opens your heart chakra. Experience peak pleasure

and sexual fulfillment. 58 minutes. See page 35 **#75078 Ecstasy** \$14.95



INTIMACY AND SENSUALITY

THE ART OF SEDUCTION AND LOVEMAKING Instruction For Men And Women



European Lovers Guide

A three-volume set of videos that includes: Massage & Intimacy, Advanced Sexual Techniques and A Guide to Better Orgasms. These videos contain very explicit material and the presentation is superb. Total: 3¹/₂ hours

#34037 European Lovers Guides VHS \$69.95



Attract Love

The electro-magnetic frequencies of the heart are 60 times more powerful than that of the brain. This program opens your heart to exude an This 75 minute DVD features four couples who tastefully and sensually demonstrate easy-to-learn techniques on seduction, foreplay, touching, oral sexuality and a variety of sexual positions. How to encourage arousal, how to build sexual anticipation, how both partners can please one another, creating an environment for lovemaking are topics very well covered. For adults only.

#99867 Lover's Guide To Sexual Ecstasy \$29.95



Please Your Partner With Eastern Love-Making Secrets

Take your love-making to new heights of pleasure and intimacy.

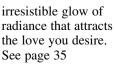
A delight to watch alone, or with your lover. This is a truly wonderful video for couples to



enhance intimacy, emotional connection, sensuality and spiritual presence. Learn how to add more depth, feeling and pleasure to your love making. Featuring appearances by the leading authors and teachers of Eastern sexual enhancement techniques and demonstrations by skilled Tantric couples. Explicit, but not X-rated.

#41155 Secrets of Sexual Ecstasy 1¹/₂ hrs. DVD \$29.95

OPEN 24/7 ToolsForWellness.com



#42763 Attract Love \$14.95

CLEAR ENERGY BLOCKAGES

TURN YOUR CD PLAYER INTO A MIND AND MOOD MACHINE

High Chi 5-D Sound is heard with one's entire being. It speaks to all of the cells of the body reaching the primal depths of the spirit. One actually seems to float in a field of pure space. This breakthrough technology clears your energy field of stress, leaving you in a vitalized, harmonious and balanced peak performance state. Many listeners report that these CDs create blissful, mind altering states.

Energy That Speaks To The Soul!

The 5D Sound High Chi Series are more specific and 5 times more potent than ever before! This new series offers special remedies to address the specific personal growth issues that you have been asking for. They truly process deeper, faster and produce more elegant states of higher consciousness. Designed in Germany to analyze and develop energy remedies or vibratory medicines, an advanced computer program holds in memory, the energy field of any substance. On a quantum or vibratory level, the energetic blueprint is more active than the "solid" substance. When the vitality of the energetic blueprint is fed back upon itself (energy amplified/ potentiated) the vitality level of the substance field soars!

Designer Energy Quieting The Mind

These new coherent energy fields work mentally, emotionally, spiritually and physically to cancel out bothersome environmental noise that stress and strain the nervous system. Coherent sound calms and soothes the listener into meditative like states, both active and passive! This full frequency, with a white and pink noise sound envelope, is the most effective carrier of our energy remedy formulations.

A Common Sense Approach To Personal Freedom

Why take a substance for stress reduction or recreational purposes when you can energy graft, through CD quality sound, into your energy field in just minutes? Experiencing 5D Sound becomes a process of deep clearing over a long interactive listening period. 5D Sound can transform sometimes compulsive and obsessive drug use, into greater ability and higher levels of functionality and subsequent manifestation.

How Does It Work?

These coherent energy fields in the form of snap shots or energy signatures can be stored in computer files much like music, graphics or written copy. The Life Energy Amplifier can then clear energy and amplify the energy signature, millions and millions of times. Thus enhancing the signature and its vital life energy properties; greatly expanding its vibration and subsequent harmonizing properties and effectiveness.

1. PROBLEM SOLVING

Think outside the box. Overcome limitations. Release blockages to greater courage and strength. Elevate your mood and step into a whole new reality!

#41088 Formula 1: CD \$29.95

2. PROSPERITY AND ABUNDANCE

Enjoy the deep, rich feelings of physical, emotional and mental abundance! Raise your mood level and self-esteem. Release doubts and fears. Manifest your desires from a state bliss. Live the Dream on all Levels!

#41089 Formula 2: CD \$29.95

3. MEMORY ENHANCEMENT AND ACCELERATED LEARNING

Stimulate left and right brain hemispheres to release the patterns that inhibit concentration and focus. Let go of confusion, self doubt and fear. Increase visual processing skills and raise cognitive learning!

#41091 Formula 3: CD \$29.95

4. COMMUNICATION AND PERSONAL INTEGRITY

Inspires objective, emotionally balanced and intuitive listening. Promotes clear inner and outer dialogue, allowing a focused

SPECIAL OFFER Buy all 10 CDs and SAVE! #41120 5D Sound Set of 10 CDs \$229.95

listening to the subconscious. Know and speak your truth, discover your inner voice.

#41092 Formula 4: CD \$29.95

5. STRESS RELEASE, DEEP RELAXATION AND PEACE

Release stress, fear, negative thoughts, emotions and attitudes around work, financial and relationship issues. Experience the freedom of living in the present with a quiet mind and inner confidence. Reconnect with your joyous self!

#41093 Formula 5: CD \$29.95

6. RELEASING BLOCKED EMOTIONS AND ATTITUDES AND HEART OPENING

Experience yourself, and even your unwanted behaviors as lovable! Open your heart to forgiveness, for yourself and others. Release pain, conflict, counter-emotions and attitudes. Let yourself love and be loved. Raise your emotional intelligence and emotional stability.

#41095 Formula 6: CD \$29.95

7. ENHANCED CREATIVITY AND INTUITION

Release blockages to your creativity, imagination and intuition. Learn to listen to and trust your inner guidance. Recognize the voice of your higher self. Be in the creative flow!

#41096 Formula 7: CD \$29.95

8. RELEASING ADDICTIONS AND COMPULSIVE OBSESSIVE BEHAVIOR

A responsible altered





state that is non-toxic, legal, stress releasing, relaxing, balancing and inspirational to blissful living. Enables personal freedom. A great natural high!

#41097 Formula 8: CD \$29.95

9. PERSONAL POWER-PURPOSES, GOALS AND MOTIVATION

Know your higher purpose, open to your self-worth, self-value, self esteem and self confidence. Experience the power of choice, and the right use of will. Let go of who you're not!

#41098 Formula 9: CD \$29.95

10. RELEASING INHIBITIONS FOR SEXUAL ECSTASY

Raise your vibration to the highest level, to experience passion and ecstasy! Imprinted with the energetic signature of a tantric healing master during orgasm. Reconnect with your joy, passion and gratitude for being physical!

#41099 Formula 10: CD \$29.95

See the HighChi pendants on page 72



ENERGIZE YOUR HOME, OFFICE, FOOD OR YOURSELF

Beam Energy Into Your Body and Food

The Beamer is our most popular and effective subtle energy device. Several precious metals are plated to the beamer, making it more powerful! Make your food, supplements or drinks vibrate at a higher frequency and create "highly energized" food. The Beamer is filled with noble gases, that when excited, emit high vibration energy which can restructure the molecular bond between elements. The Beamer is versatile. It can be used:

• As an acupuncture tool to open meridians

A Super Beamer

Balance all of your meridians simultaneously. Just sit a few feet away, relax and let the Super Beamer energize and balance your whole body. • As a meditation tool

- To reduce pain
- To raise the resonance of the food you eat, making it easier to assimilate and digest. Enhances the taste of food and beverage, too.
- To help restore balance to the aura
- To help clear negative energy in the auric field
- To improve the overall energy of the room that you are in
- To increase the auric field of the person holding it by 60% or more.
- 7" long. ³/₄" diameter.

#46067 Beamer \$99.95

Receive a complete body treatment in 10 to 20 minutes. 13" long, $1^{1}/2^{"}$ diameter.

#75294 Super Body Beamer \$1199.95

SPECIAL BEAMER OFFER Buy three Beamers and save! You get the 7" Beamer, Tetrahedron Beamer and Solarizer Beamer #41132 Three Beamer Set \$439.95

INCREASE YOUR AURIC FIELD 6 TIMES

Pyramids have been recognized for thousands of years for their healing and restorative powers, and to deepen meditation. Sitting in front of the Pyramid Beamer balances your energy meridians and chakras to improve your health. 7 pyramids and 7 Beamers synergistically combine to create a system many times more

powerful than a single Beamer. Spinning this system creates even more power. The effect of this powerful subtle energy system will be perceived rather quickly. Put it on a table to energize an entire room. In the kitchen, it will energize fruits and vegetables, making them last longer and taste better; it even improves the taste of your favorite wine.

> Use it in the bedroom for enhanced lovemaking and for a peaceful and restorative sleep. Use it in the office to offset the negative effects from your

A Beamer System Like No Other computer and other electronics.

Works quickly and silently. Nothing to plug in or turn on, and nothing to break. Quality construction throughout; gold plated. 16" high x 14" x 14"

#42765 Pyramid Beamer \$1,095.00

Clear And Balance Energy Fields

A major factor in our well being is the free flow of energy throughout our bodies. The Tetrahedron Beamer AMPLIFIES our ever popular Beamer BY OVER 50%. The tetrahedron tunes and strengthens the field emitted by the Beamer. Use it to charge your food or water, "beam" your supplements or focus on the body to balance energy pathways (a noninvasive acupuncture device!). This all-purpose energy device

Fill Your Room With Subtle Energy

The Solarizer combines the energy of 7 pyramids, star geometry and a Beamer to focus higher energies. Hang the Solarizer Beamer in your kitchen to energize is wonderful for enhancing meditation, (aim the Beamer at your third eye), clearing negative energy patterns, or charging your aura. An excellent tool for alternative health practitioners and those who want to access the subtle energy bodies for accelerating spiritual growth.

#63549 Tetrahedron Beamer \$179.95

ALL of your food, or over your bed for more restful and rejuvenating sleep. Hung in an office the Solarizer Beamer helps to balance your energy in the midst of long days at your computer. If you haven't experienced Beamer energy you are in for a treat.

#75063 Solarizer Beamer \$219.95

ENERGIZE WHAT YOU EAT AND DRINK

These anodized purple aluminum plates are tuned energetically to emit positive life force energy. They act to revitalize whatever you place on them, be it food, drinks, or you! The large plate is great for placing on refrigerator shelves to revitalize food and drinks, or under your mattress for your own personal energy

Neutralize Bad Energy

The rings use free energy channeled by layered precious metals including Gold and Rhodium. Both rings work well to neutralize negative energy fields (such as microwaves, negative thoughts, electromagnetic pollution, machine resonances from food processing) from your food, drinks and nutritional supplements. boost. Small plates work well as coasters, or tucked in a pocket.

Positive Purple Energy Plate

#46051 Large 12" x 12" \$49.95 #46052 Small 4¹/2" x 2¹/4" \$14.95



#63507 4" Neutralization Ring (weighs 3 oz.) \$29.95
#75232 13" Neutralization Ring (weighs 3 lbs.) \$219.95



HEALTHFUL LIGHTING

These lights simulate the natural spectrum of daylight, providing a glare-free

Light Bulbs

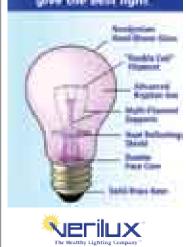
Based on years of research and testing, not only do they bring out true, vibrant colors - they can ease eye fatigue, improve your mood, and they simply look and "feel right." These pure neodymium-glass bulbs work just like regular incandescent bulbs - but they emit a natural spectrum of light that is the closest you can get to sunlight indoors! They fit any standard incandescent bulb socket and last 5,000 hours - 5 times longer than incandescent bulbs. They work great anywhere - for table, desk and reading lamps, in workshops, kitchens and art studios and wherever you want quality light.



Regular Bulbs \$8.95 each		
	CLEAR	FROSTED
60 Watt	#48353	#46084
75 Watt	#48354	#46071
100 Watt	#48356	#45023
150 Watt	-	#46083

Other Bulbs Frosted Only				
3 way	50/100/150W	#46082	\$11.95	
Flood	75W	#48358	\$17.95	
Beauty Bulb	40W	#34073	\$10.95	
Shows skin colors accurately LARGER SELECTION ONLINE				

Why Verilex-boths give the best light



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ToolsForWellness.com



Get Your Daily "Dose" Of Sunshine

Boost your body's sense of well-being, alertness and energy with the VERILUX® HappyLite Deluxe Sunshine Simulator. Although our lives, health and

ar View

well-being are dependent upon the sun, most of us do not get enough sunshine every day. Bright light is used for alleviating symptoms associated with seasonal affective disorder (SAD), jet lag, shift work fatigue, seasonal change and insomnia.

Studies were conducted showing effective use of light boxes for 30 minutes (in this unit at a 9" distance). Some people are more sensitive to light than others and may experience results in as few as 15 minutes per day, but you should start out with the full 30 minutes.

- Ultra lightweight... only 7 lbs.
- Sleek white satin lens cover
- Soothing glare-free light
- Flicker-free light, low EMI
- 10,000 Lux daylight natural spectrum light
- Built-in stand and carrying handle
- Can be wall mounted
- 20"H x 13"W x 4"D

#42001 HappyLite Deluxe \$189.95

#42514 Replacement Pack of 2 bulbs \$56.95



Executive Desk Lamp



Brings daylight indoors with a lamp that is elegant and functional. Built-in computer port and electrical outlet. Translucent shade provides ambient glow to surroundings. Cool to the touch lamp head provides safe operation without adding heat to your workplace. Base: 10" x 5". 15" tall.

#99875 Executive Desk Lamp Antique Nickel \$99.95
#99876 Executive Desk Lamp Antique Brass \$99.95
#75418 Replacement Bulb \$19.95



Desk And Table Lamp

Designed from early 20th century work lamps. Fully dimmable switch provides infinite light levels suitable for task lighting or general illumination. Achromatic shade reduces reflective and peripheral glare that forces eyes to do optical "push-ups". Base: 8" diameter. 22" high.

 #99880 Legacy Desk And Table

 Lamp Bronze
 \$69.95

 #46084 Replacement Bulb

 \$8.95

Floor Lamp

Same design and features. Base: 10". Height: 61".

*#99881 Legacy Floor Lamp Bronze \$89.95 * Additional \$10.00 shipping charge Continental U.S. shipments only. No rush/express delivery.

#46084 Replacement Bulb \$8.95

Modern Desk Lamp

Sleek design provides daylight indoors from a compact source. Cool to the touch lamp head provides safe operation without adding heat to your workspace. Technology fills in wavelengths to counter the strobing effect of fluorescent lights and computer screens that can tire and even damage eyes. 8" diameter base. 17" high.

#99872 Modern Desk Lamp \$89.95 #75418 Replacement Bulb

#75418 Replacement Bulb \$19.95

Fluorescent Bulbs

It's hard to believe that just by changing your lighting, you'll get these benefits: unsurpassed color rendition, visual appeal, less eyestrain and a reduction in headaches. Our fluorescent tubes are the closest representation of natural light available. These tubes have become an international standard for diamond grading and are used in the Smithsonian Museum, the National Gallery of Art, among others. You, too, will notice a dramatic difference when you get rid of your old light tubes.

#51002 T-12, 1¹/4" diameter, 48" long, 40 watt. For most applications. Pack of 4 \$54.95

#51003 T-8, 1" diameter, 48" long, 32 watt. For electronic ballasts only. Pack of 4 \$54.95

How many times have you wished to have the bright, healthy, natural daylight transported to your room ... right to your desk? Verilux HappyEyes lamps simulate the natural spectrum of daylight. They are very attractive, very affordable, and very well made. They are the ORIGINAL lamps of this kind, not lower grade "knock-offs" made to meet a low advertised price. Keep in mind that TOOLS FOR WELLNESS also has the genuine Verilux replacement bulbs.

HEALTHFUL LIGHTING

light source, which shows true colors and helps to ease eyestrain and fatigue.

Desk And Table Lamp



Inspired by early 20th century banker's lamps. Brings daylight

indoors for a superb reading and project light. Cool to the touch lamp head provides safe operation without adding heat to your workspace. As with all Verilux lamps, has

flicker-free light with instant-on illumination.

#99873 Princeton Desk And Table Lamp Brass \$99.95 #99879 Princeton Desk And Table Lamp Silver \$99.95

#75418 Replacement Bulb \$19.95

Floor Lamp

Same design and features. Base: 10" diameter. 48-60" tall. *#99874 Princeton Floor Lamp Antiqued Nickel \$129.95 *#99877 Princeton Floor Lamp Antiqued Brass \$129.95 * Additional \$10.00 shipping charge Continental U.S. shipments only. No rush/express delivery.

#75418 Replacement Bulb \$19.95



Sunshine In Small Space Space-saving

and lightweight, this sunshine supplement lamp will fit on any table or desk. Delivers 5,000 LUX of healthful light for treating S.A.D. and improving your mood. 12" high.

#99882 HappyLite Mini \$89.95 #42515 Replacement Bulb \$29.95



HERITAGE^{**} Desk Lamp

We call this the ultimate reading lamp, as it scientifically tunes original Natural Spectrum indoor sunlight for readers' eyes. Exclusive Verilux technologies optimize blackwhite contrast and reduce harmful flicker and glare to eliminate eyestrain and enhance vision.

Occupies only 8 ¹/2" of space, has full-rotation lamp head and telescopes 39"-53". Hand polished antiqued brushed

nickel or brass finish. The lamp is an energy-saving 27 watt bulb (adjusts to ordinary 75-150 watt) lasts 10,000 hours. Adjusts for full control over

height and angle. ***#99775 Heritage Desk Lamp** Brass \$179.95 ***#99776 Heritage Desk Lamp** Nickel \$179.95 *** Additional \$2.00 shipping charge**



Portable Lamp

Integrated handle, onboard cord storage, auto on/ off feature gives you "grab and go" convenience. Flicker-free illumination, nobuzz operation and a light diffuser that shields from eyestrainproducing glare. 4 lbs. Base: 4". Height: 11".

#99878 Portable Light Ivory \$69.95

HERITAGE^{*} Floor Lamp

• Classic decorative design in brass or nickel

• Filter virtually eliminates reflective glare



- Fully adjustable height from 39" to 53"
- Lamp head swivels 360°
- Three-way brightness switch
- Energy efficient 10,000 hour bulb... same brightness as 150W bulb while using only 27 watts of power
- Renowned Verilux quality

The high-luster, hand-polished, antique brushed brass or nickel finishes adds classic elegance to any room or office, especially those without windows.

- * #51005 Heritage Floor Lamp Antique Brushed Brass \$249.95
- * #51006 Heritage Floor Lamp Antique Brushed Nickel \$249.95
- #75418 Replacement Bulb \$19.95 * Additional \$2.00 shipping charge



Direct the natural light where you need it with the flexible gooseneck design. Wide range of lateral motion ... smoothly swivels into exact placement with the ergonomic handle. Perfect for computer work, reading, writing, sewing, painting, needlepoint and for aging eyes. 52" high. 10" wide base. Features include: brightness control, height adjustment, full coverage reflector that increases the light output while reducing glare, and a matching 11" x 8" utility tray.

#42533 EasyFlex Lamp: Ivory \$169.95 #51084 EasyFlex Lamp: Graphite \$169.95 #75418 Replacement

Bulb \$19.95 A matching utility tray is included. It attaches with ease; no tools are required.



Turn A Windowless Office Into A Sunny Oasis.

This desk lamp brings all the moodboosting, visioneasing features of the original Verilux lamps to your desk, bedside table or home office. 15"h x 10"w. A perfect reading light. Computer users find that it reduces glare. Craft and hobby people see their projects more clearly.

#42700 Desk Lamp Ivory \$89.95 #42701 Desk Lamp Graphite \$89.95 #75418 Replacement Bulb \$19.95



#99883 Portable Light Graphite \$69.95 #75418 Replacement Bulb \$19.95

HEALTHFUL LIGHTING

Rise & Shine Bedside Lamp With Wake-Up Alarm



Advanced Mood Relief For SAD, Winter Blues, Sleep Disorders, Jet Lag And Fatigue

times.

For many years, it has been known that full-spectrum, 10,000 lux light can be very effective in treating seasonal affective disorder and other circadian rhythm related mood disorders. Recently, researchers have discovered a very specific range of blue light is the most effective color (wavelength) in treating Seasonal Affective Disorder. The GoLite delivers only the most effective wavelengths, which means a more convenient treatment and fewer side effects that the traditional 10,000 lux light therapy devices. NASA uses this Bluewave technology.

The GoLite will lift your mood during the day, improve sleeping cycles and quality of sleep, help avoid jet lag illness, and Natural Spectrum light with super bright Xenon technology. Bulb is energy efficient 60 watt bulb with 150 watts of brightness. Lasts 2,000 hours.

Choice of 8 nature sounds, plus alarm/ snooze and AM/FM radio. Battery backup. Space-saving design plus Verilux quality, reliability and innovation. 24" high, 6¹/₂" base diameter. Shade: 12" diameter. Easy to operate.

- Wake up and fall asleep gently
- Feel refreshed and energized
- Reduces stress

#51085 Rise & Shine Bedside Lamp Ivory \$179.95 #45021 Rise & Shine Bedside Lamp Graphite \$179.95 #99846 Replacement bulb \$19.95

irregular sleep patterns and energy deficiencies due to erratic work habits.

The light produces natural sunlight without any ultraviolet radiation. The lamp is used 20" away from the face at a slight angle, with the eyes open. You can read, watch TV, operate computer, and use it while you exercise. It is NOT a tanning light. Brightness and duration settings. 6" x 6" x 2". Carry case included.

#45022 GoLite P-2 \$299.00



WAKE UP WITH THE NATURAL SUNRISE AND A CLOCK RADIO No Noisy Alarm

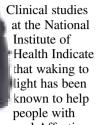
You can start every day on the right foot with a better waking experience. With user relaxation and comfort as top priorities, the Sun Alarm effectively

increases your energy levels and helps you to wake up easier and gently every morning.

Waking up "with the sun" can be activated from 15 to 120 minutes, gradually increasing brightness to simulate a sunrise. Likewise, there's a "sunset" feature. AM/FM radio is builtin along with a flash/beeper feature for heavy sleepers. To round out the list of

exceptional features is a snooze button, alarm,

AC adapter and a battery backup system.



\$89.95

Seasonal Affective Disorder, various forms of depression, and sleep disorders to overcome their problems by increasing daytime energy, limiting winter weight gain, and allowing them to wake up easier. 5"H x 5"W x 3"D

#42548 Sun Alarm

NEGATIVE ION GENERATOR & UV-FREE LIGHT Two Effective Treatments For SAD

Lens and reflector create

Recently, researchers announced that negative ions are an effective treatment for Seasonal Affective Disorder. This is the first lightbox that offers two treatments in one device. This excellent unit delivers 10,000 lux of safe UVfree light combined with a high density negative ion generator. There is a timer to help you control the length of your session and an automatic turnoff, when your session is complete.

Handle softer, even light. Full spectrum daylight balanced lamps Durable Tilted for frame hetter viewing comfor Flicker-free advanced electronics Timer Negative ion generator actual outdoor sunlight.

9" x 6" x 13"

when your session is complete. Its compact size makes it easier to move or travel. 10,000 lux light makes it very close to

Powerful Sounds For Deeper Sleep

Guides you into deep Delta brainwaves, the home of deep sleep. Includes two programs of soothing music and frequencies, forest and ocean sounds. 2 hours. 2 CDs

#46022 Delta Sleep System \$19.95



#42006 SunTouch Plus Light Box

\$199.95

BEAUTIFUL PENDANTS For EMF Protection And Emotional Healing

•

The powerful Rejuvenizer pendant is designed to protect your body and energy field from the negative effects of EMF pollution and emotional distress. It is made of a special dichroic fused glass, the process and technology originally developed by NASA for use in the space industry.

Acting much like a computer chip, the Rejuvenizer has specific programs stored within the structure of the dichroic glass that perform particular protective and healing functions.



Phyllis Light developed this breakthrough technology after 30 years of research and development. Dr. Light has been trained over many years, to detect and repair

Phyllis Light Ph.D.

subtle kinds of damage to a person's energy field which cause physical and ultimately mental and emotional distress. Tools For Wellness has sold these Rejuvenizer Pendants for many years with many, many satisfied users. Some of these users have written testimonials. Read them on our website.

SUMMARY

- Harmonizes body from negative effects of EMF pollution
- Increases energy, strength, • stamina and clarity
- Reduces stress and fatigue
- Gives specific physical, • mental, emotional and spiritual protective healing

Strengthens energy fields

the effects of environmental toxicity Specially encoded by Dr. Phyllis Light. Benefits are cumulative over time.

Individually handcrafted: no two are alike. Comes with black satin cord and suede carrying pouch. 1" long x 3/4" wide

you overcome the fatigue and exhaustion that often results from exposure to EMF. Clears old negative charges that have accumulated in your body over the years. Strengthens body's immune system and allows you to have more energy. Many users report a decreased frequency of illness.

Do Cell Phones Menace Your Health?

While it is still too early to determine long term adverse effects of using cell phones... some recent findings indicate the following:

- During usage, heart rate and hormone secretion is accelerated
- ٠ Usage should not be for prolonged periods
- Use by children should be severely restricted or eliminated
- Protection devices do help to • reduce any dangers

Stick The Cell Phone Diode On Your Phone

It's tiny, but its effects are

Phone Diode reduced EMF radiation by over 90%, causing a decrease in the biological stress caused by cell phone EMF radiation. Our bodies are sensitive to even weak EMF fields, and when one frequency persists for more than a few minutes, our body's ability to electrically run itself at optimum efficiency is disrupted. The Cell Phone Diode is also effective with:

- Remote controls
- · Computers and accessories
- Kitchen appliances

EMF PROTECTION



recharged by the sun

1-800-456-9887 85

adhesive backing



The modern world is filled with numerous sources of electro-magnetic signals, including house wiring, computers, power lines, automobiles, appliances, and machinery. As we surround ourselves with more and more electrical devices, our bodies become stressed from external stimulus. Common symptoms of EMF pollution include headaches, eyestrain, fatigue, irritability, erratic sleep patterns and decreased immune function.

High Quality EMF Measurement Tool

The TriField Meter is the only meter that combines measurement capability of electric, magnetic, radio, and microwave frequencies. The electrical setting is used to see if appliances are well grounded. Some older appliances may not be. Even water pipes can carry an electrical charge.

How Good Is the Trifield Meter?

"While riding on a train, I placed the Trifield Meter at a 90 degree angle facing outward and up towards the direction we were heading. I had it on the magnetic setting of 1 to 100. 3 Gauss and above is considered "unsafe".

About every 4 minutes during the 30 minute ride, the needle would suddenly go up between the 3 and 5 gauss range and quickly back down. Looking outside there was

The magnetic setting is used around electronic



no indication of what it might be; no power lines or other noticeable electrical equipment.

At two points, there were massive relay stations; The reading went from 6 to 10. When there were residential power lines, the reading was 2 to 3. When multiple residential power lines were present, the reading was 3 to 5. High tension wires produced readings between 10 and 35 gauss.

At home, there was mostly zero gauss, with an occasional 0.25 reading. After

Offset The Weakening

Effects Of EMF

measure how far the field extends. This setting is also used to check high tension wires and fuse boxes. You can set up a safer office, home, and sleeping environment with this knowledge.

The microwave setting is used to check cell phones, wireless phones, remote controls, and microwave ovens, and radio towers.

This is the most accurate, least expensive device we have

turning on the television, the gauss reading was extremely high right in front of the screen, 25 gauss, and went into the safe zone about 4 feet from the screen. The same thing with the microwave oven (meter was set on the microwave reading).

Overall, the best part of using the meter was becoming aware of the "invisible", and knowing for a fact what is safe and what is not safe.'

- J.L. Silver Lake, CA

Plan Your Life Around EMF

Anvone exposed to high levels of EMFs for prolonged periods of times increases their risk of

becoming electrically sensitive. This book assists you in planning and implementing measures that reduce EMF exposure throughout our electrical society, indoors and out. 96 pages

#41012 The Electrical Sensitivity Handbook \$23.00

found and it is so simple to use. Just turn the dial to one of the three settings, and walk around your home or office. 2-3 milligauss is the limit proposed by many health and engineering professionals. A red band on the meter shows you when this limit is reached. Includes 1-year limited warranty, 9v battery, and instructions. Calibrated to U.S. current.

#46003 TriField Meter \$159.95

The Trifield Meter measures artificial electromagnetic fields. The Natural EM Meter (page 73) measures changes in the Earth field due to atmospheric electricity, a solar magnetic storm, or even trucks or magnetized objects moving nearby. Neither can measure any fields created by the body. See our website for more information.

Learn How To Cope With **Electromagnetic Pollution**

This video tells you everything you need to know about EMFs. It shows you where they come from, and how to recognize what the sources of



this harmful radiation look like. You will learn how to recognize them in your neighborhood and in your home. Excellent for owners of the Trifield Meter.

#99778 Current Switch Video \$29.95

Stay Protected In The Car



Plugs in to your cigarette lighter for

protection while you are driving. Typically, cars create 30-40 milligauss field, far above what is accepted as safe. Great for long drives or in congested commuter traffic.

#46004 Car Polarizer \$51.95

SUMMARY

· Guards against EMF radiation generated by the rapid firing of the spark plugs and absorbed by the metal body of the vehicle.

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ToolsForWellness.com



 $1^{1/2}$ ". Silk cord included.

#75103 Electromagnetic Pollution Rectifier \$24.95 Buy 3 and SAVE! \$23.95 each

SUMMARY

· Creates a beneficial electromagnetic field that absorbs excessive cosmic, scalar, geopathic and man-made radiation.





Measure Harmful Powerline Frequencies Measure electro-magnetic fields from microwave signal transmission towers, satellite television signals, and radio signals. EMF IS ALL AROUND YOU: In your home: kitchen range, microwave, electric blanket, hair dryer, fluorescent bulbs, television, appliances and power tools.

ULTRA-SENSITIVE RADIO/MICROWAVE METER

Unlike other low-cost field strength meters, this meter's frequency response does not depend on the characteristics of an external antenna... the internal detection system yields a flat response over a wide range of frequencies. With sensitivity down to 1 nanowatt per 2 sq.cm., it can measure power density from a typical cell phone tower up to 10 miles away. It is also sensitive to all but the highest frequency radar, too. With this meter, you no longer have to wonder how much radio/microwave energy you're being exposed to. Instructions include how to estimate average frequency and how to determine the direction of the source of the waves. Advanced digital display. Operates on a 9-volt battery.

#41056 RF Field Strength Meter \$324.95

STRESSED? FATIGUED? OVERLOADED? Reduces Stress, Fatigue And Unhealthy Energies From Cell Phones, Computers & Even From Negative People



The BioElectric Shield acts as an energy balancer enabling you to deal with energy overload and the stress of modern life. Its proprietary formula of quartz crystals and other minerals are carefully designed to reflect EMFs away from you. As a result, people feel more balanced and focused, becoming more productive. Two styles to choose from; both offer the

The BIOELECTRIC SHIELD It works by deflecting and redirecting energies that impinge on you from your environment. It works by reinforcing and balancing your own natural positive energies, making you less susceptible to outside disturbances and helping you cope with the energy overload of modern day living and the stresses of life. Two models to choose from. Popular among celebrities and athletes.



same benefits. Approximately 1³/4". Black cord included.

#46009 BioElectric Shield Round Sterling Silver w/Goldtone Tabs \$199.95 #41156 BioElectric Shield Heart Sterling Silver \$239.95 Sterling Silver Snake Chains #46010 20" \$34.95 #46011 24" \$37.95 #46000 30" \$39.95

SUMMARY

- Strengthens the body's energy and resistance to stress
- Increase attention and ability to focus
- Maintains the individualized frequency level deflecting unhealthy energies from cell phones, computers, and even negative people

FIND OUT EXACTLY WHAT IS EMITTING RADIO OR MICROWAVES Including Hidden Sources

About the size of a small pager, you can put this in your purse or pocket. After selecting the sensitivity you want, a clear, loud beep indicates radio waves stronger than the level you selected. If you move closer to the source, the beep becomes more frequent, and will ultimately

become a solid tone if you mover closer still. Or, if you move away from the source, the beeping will stop. This handy (and accurate) device will fill you in on a lot of things you would have never guessed (like strong radio waves on some wall outlets but not others in the same building). It's also great for determining if a nearby cell phone is not only invading "your space", but harming it as well. With the different sensitivity settings, it can be used for cell towers, microwave ovens, fluorescent lights, video monitor, cordless phones and more.

Comes with a lithium battery (3-6 year life), pocket clip, and one year warranty.

> #99848 MicroAlert 2 \$87.95

MICROALERT 2 OR TRIFIELD METER? The MicroAlert 2 measures general sensitivity and alerts you to dangers, even from hidden sources. The Trifield Meter (on the opposite page) is an instrument that precisely measures electromagnetic fields and displays the results on a dial.

The Truth About Electromagnetic Fields

Explains why and where EMFs occur, which illnesses may have a strong connection to them, and why your doctor's knowledge may be limited. Delivers salient information in a cool and lively manner. For all those concerned with personal and family health and well-being. 432 pages

#41027 Electromagnetic Fields \$17.00



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1-800-456-9887

EMF PROTECTION

The QLink® product line from **Clarus Products** strengthens your resilience against the harmful effects of EMF. Every QLink® product is engineered with revolutionary Sympathetic Resonance Technology (SRTTM). Scientists at Stanford University and the University of California have shown that SRTTM

works to reduce a wide variety of stresses. Ongoing testing has shown it is especially effective in reducing the negative effects of EMF caused by computers, cell phones and other electronics. Using QLink® products you may experience many of the following benefits:

- Feel more energy, alert and physically alive
- Feel more emotionally balanced with less stress
- See new ways to focus on problems at hand
- Act with more confidence and clarity
- Deal more creatively and effectively with pressure
- Be more physically able to perform at peak levels
- Have more energy during and at the end of the work day

Use In Your Home And Office

This is a true CLEARING

SHIELDS YOU FROM THE EFFECTS OF EMF

ENHANCED PERSONAL PERFORMANCE. AND LESS STRESS FROM EMF The ClearWave Is The Only Electronic Clock In The World That

Does Not Drain Your Energy While You Sleep Or Work

CLEARWAVE USERS REPORT HIGHER ENERGY,

ClearWave 1

8" long / 3" deep / 3¹/₄" high. Protects up a 30[°] radius. Recommended for home use with average EMF stress.

#46006 ClearWave 1 \$249.00

"Thank you for such a speedy delivery! That is one reason I love to shop with you. Sometimes, we need to hear 'job well done' and you are the best." D.J. Florida

Portable Protector

The portable "take-me-along" model, with the same strength and advanced microcircuitry as the 2" x 3/4". Protects radius. Includes charger and

ClearWave 2. Measures 4" x from EMF up to a 40'

SUMMARY

- Clarifies EMF radiations so they do not interact chaotically with the body
- 40' radius of protection
- Optimizes the human energy system through resonance

Most people say they are able to achieve deeper meditation, become more creative and sleep better. 2¹/₂" x 4" x ³/₄".

#46005 Safe Space

Clears the area allowing for enhanced meditation, a boost in creativity and an improved quality of sleep

\$109.95

"Before using Safe Space, I'd often feel drained doing computer work. Now, after 8 to 10 hours of work, I still feel alert and energetic." C.H., Programmer



ClearWave 3

8" long x 3" deep x $3^{1}/2$ " high. Protects up to a 50' radius. Recommended for medium to large environments with high EMF stress.

#72064 ClearWave 3 \$399.00

Ally

rechargeable battery. Excellent for use on flights or long trips in the car. Don't leave home without it!

#46008 Ally \$329.00

EMF IS ALL AROUND YOU

At the office: fluorescent bulbs, computers and other electronic devices, high tension power lines.

SUMMARY

- Protection covers a 1000' radius
- Has a purifying effect on the space where it is placed, causing a tangible change in the atmosphere, creating a bio-friendly environment and allowing a harmonious flow of positive energies



A holographic grid, encased behind a metallic grid, holds and conducts a wide range of permanently imprinted vibrational frequencies, which interact with your environment to create a tangible, positive change. The device will begin to work immediately. When clearing a large space, the device should be placed somewhere in the center of the area. Under normal conditions. one unit should be able to clear an entire house. Users often report a tangible change in the atmosphere or air quality.

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Available in 3 strength levels. Each alarm clock has adjustable brightness LED digits. The ClearWaves plug into any

standard AC electrical outlet and come with a three year warranty. Clock function operates in North America only.

Olink[®] ClearWaves

The most advanced form of

home/office EMF protection.

SUMMARY

- Users report more positive energy, easier relaxation. Heightened alertness, and increased vigor
- The only electronic clock which does not drain your energy while you sleep or work



Q-LINK STRENGTHENS YOUR RESILIENCE AND RESISTANCE TO STRESS Protects Against Cell Phone, Computer and Other EMF



Feeling drained, weak, irritable, distracted, stressed, anxious? You may be suffering from electro-magnetic frequencies, the invisible and undetectable pollution that is getting more and more attention from the medical community. The Q-Link is the only jewelry that uses Sympathetic Resonance Technology (SRT) to help strengthen your natural resilience to EMF.

The Q-Link is a stylish pendant that helps your biofield function at its optimum level. The biofield, as it is called by the U.S. National Institutes of Health, is an ensemble or matrix of different energies that extend outward from each person's body. A strong biofield not only supports and nourishes the body, but also strengthens a person's ability to cope with stress. A resilient biofield can be thought of as a protective force field against life's stresses.

Q-Link users report having clearer thinking, increased awareness, calmness, better sleep, enhanced mental focus, stamina, vitality and more. It also strengthens immunity to cell phone, computer and other electromagnetic fields.

This product first gained widespread publicity with very favorable reports from athletes. For instance, more than 300 professional golfers wear the Q-Link. Other competitors in soccer, hockey, tennis, running and swimming are enthusiastic users. In addition, actors, business people, healthcare workers, children and those who suffer from chronic illness are getting quantifiable results.

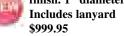
#43122 Titanium: Sterling silver chain \$199.95

#45020 Sterling Silver Pebble: Sterling silver chain \$299.95

#43114 Black Acrylic: Black nylon cord \$99.00

#42742 Beige Acrylic: Beige cotton cord \$99.00

#99851 14K Gold Pebble: Gold casing with polished finish. 1" diameter.





#43114 with SRT-3

been

Reverse side

#99851 with SRT-3 technology

energies.

practice

Ken

"The Q-Link technology has

scientifically demonstrated to enhance the

body's ability to protect itself from harmful

environmental radiation. By reducing the

noise in any energy field, this technology

strengthens and purifies the body's own

consciousness and integral theory and

Sleek and fashionable design

featuring a beveled-edge 11/2"

each making an individual

statement. Can be worn by

men and women. Wear it just

Incorporates the next-generation

like pendant jewelry; inside

or outside your clothing.

SRT-3 technology, which

activates a more powerful

response. 35" cord.

triangle with two distinct sides,

Wilber, Author of 17 books on

with SRT-3 technology

#42742

Reverse side

#43122 with SRT-3 technology



Reverse side

#45020 with SRT-3 technology

The Sympathetic Resonance Technology works like a tuning fork to help rebalance the body's biofield so that man-made sources of electromagnetic radiation do not interfere with the optimal functioning of the body.

SUMMARY

- Constantly recharges your biofield when you wear it
- Supports optimal health, wellness and peak performance in everyday activities as well as sports
- Converts and conducts subtle energy into a more coherent energy state conducive to the healthy energy states of the user.

1-800-456-9887

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How Does Q-Link Work?

The Q-Link pendant is comprised of three primary components: a resonating cell, tuning board and an amplifying coil. The resonating cell functions as a multi-frequency crystalline oscillator. The tuning board protects the integrity of the cell, helping it to function at its optimal harmonic frequency range. The amplifying coil strengthens and increases the amplitude of resonant body frequencies. In simpler terms, the Q-Link functions like a highly sophisticated series of tuning forks, sympathetically resonating to strengthen and stabilize the human biofield and its complicated electrochemical processes.

EMF PROTECTION

EMF PROTECTION Relief from Jet Lag • Stress Reduction • Decreased Hyperactivity

Get all these benefits from a beautifully styled watch. Embedded in each watch is a unique electronic chip that emits the Schumann Frequency (the predominant frequency found in nature). Based on the work of Nikola Tesla, and named after him... these watches re-introduce nature's healing frequency to your body. As a result of wearing these Teslar watches, reports show an 80% increase in brainwave strength and a 76% increase in the body's immune response; athletes report a 20% increase in circulation, leading to improved performance. Other watch wearers experience less

Big Week

- Stainless steel case
- 1¹/2" diameter
- · Raised index dial
- Day/Date/Week display
- · Genuine calf skin leather band
- 1 TESLAR CHIP inside





Roman

- · Gold stainless steel case
- · Black "alligator-style" band
- 1¹/8" wide
- 1 TESLAR CHIP inside
- #51017 \$189.95

Deep Blue

- · Stainless steel case,
- 1¹/2" diameter
- · Screw down crown
- · Solid stainless steel bracelet
- Day/Date display
- Dark blue rotating
- bezel
- 1 TESLAR CHIP inside #83058 \$299.95



Empire

- Stainless steel case
- 1¹/2" x 1"
- · Stainless steel mesh band
- 1 TESLAR CHIP inside
- #99889 \$159.95



Florentine

- Gold stainless steel case
- 1" diameter. Black "alligator look"
- leather band
- 1 TESLAR CHIP inside #63576 \$159.95



- · Reduces the effects of stress, fatigue and jet lag
- · Decreases hyperactivity, anxiety, migraines, and depression
- The Teslar chip uses subtle energy technology to screen the body from electronic pollution, allowing the body to operate more harmoniously within the earth's natural resonance field

Wall Street Stainless steel case • 11/4" diameter · Raised index dial • Date display • Genuine leather band • 1 TESLAR CHIP inside • Gold face #83060 \$199.95

Maestro

- · Stainless steel case and band
- Stopwatch
- Date display
- · Chronograph movement
- 1" diameter
- #46092 White face \$189.95 #33814 Sapphire face \$189.95

Apollo

- Stainless steel ca
- 1¹/4" diameter
- Date display
- · Black rubberized band
- Chronograph movement
- 1 TESLAR CHIP inside #51016 \$299.95

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Less Fatigue • Lowered Anxiety • Heightened Immune Response

Atlantic

• Gold stainless steel case

• Women's: 1" x ³/4" white face

• 1 TESLAR CHIP inside

#99885

#99886

• Black "alligator look" leather band

Men's

\$159.95

\$159.95

Women's

• Men's: 11/4" x 1" white face

La Sconza

stress, relief from the aches and pains of arthritis, less headaches, reduced symptoms associated with depression and hyperactivity. This technology is an active, not passive, approach to EMF protection... because the chip oscillates at the Schumann frequency.

Big Date

Windsor

• Gold stainless steel case · Brown "alligator- style" band

• Unisex $-1^{1}/4$ " wide • 1 TESLAR CHIP inside #42720 \$189.95

• Gold stainless steel case Brown leather band • Large date display • $1^{1}/2$ " diameter

• 1 TESLAR CHIP inside #99899 Big Date \$199.95

Stainless steel case

- Silver metal band: black face
- 1¹/2" diameter
- Date display
- 1 TESLAR CHIP inside
- #42722 \$229.95



Pacific

- Gold stainless steel case
- Men's: 1¹/4" x 1" gold face
- Women's: 1" x ³/4" gold face
- Black "alligator look" leather band

• 1 TESLAR CHIP inside #99887 Men's \$159.95 \$159.95 #99888 Women's

Ouantum

- Stainless steel case
- 1¹/2" diameter
- Date display
- Silver metal band: blue face

EMF PROTECTION

- · Chronograph movement
- 1 TESLAR CHIP inside
- #51015 \$299.95



Children's

- Plastic case
- 1" diameter
- · Colorful vinyl band
- 1 TESLAR CHIP inside
- #51014 \$69.95



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8943-B Oso Avenue Chatsworth, CA 91311-6246

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