

Ergonomic Review - Vapor LE32VAP

When I received my new Vapor chair -by Raynor Eurotech- the first striking thing was the chairs aesthetics. It's quite simply a great looking chair. The construction is heavy duty and it feels solid as you sit and reach for the seat height adjustment lever. The seat height is easy to adjust and should fit a person 5'3" to 6'5" (16.5" – 20.5" seat height adjustment). Shorter people or short legged users could use a footrest with this chair. The seat slide was easy to adjust and the seat had no problem sliding while supporting my weight. A good ergonomic chair should have adjustable arms and the Vapor arms do height adjust and swivel. However, the arms are physically connected to the back of the chair and thus tilt up as the seat is tilted back. This creates an armrest surface that slants up and makes it a bit difficult to have your forearms parallel to the floor as you type and mouse.

The Vapor has a very comfortable and supportive seat cushion. The chair back has a lumbar cushion that will provide lumbar support. One thing to note is that the lumbar support on this chair is larger than lumbar supports on most other chairs and is not adjustable. If you like a lot of lumbar support you will be quite pleased. You can slide the seat slide forward to slightly reduce the lumbar support but make sure that the front of the seat does not contact the back of your knees. There is no seat back height adjustment on this chair so the height of the lumbar support can't be adjusted.

Jon Paulsen, MS, CPE
Certified Professional Ergonomist

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