**WARNING:** Bikes or rack falling in road can cause serious accidents resulting in bodily injury - do not use rack on any vehicle on which it can not be properly mounted as described in this instruction sheet.

- Top hooks must be completely hooked over solid metal edges at top/front of trunk lid or rear door - never hook to rain gutters, roof racks, vertical rear glass, rubber or plastic moldings. Never use on trailers or front of vehicle.
- Mount rack only with bottom feet on a rigid surface of car (never on glass), and with bottom foot assembly completely extended.
- Never carry more than 4 bikes (max. capacity: 140 lb.) - no tandems, mopeds, or recumbents. Bikes must be securely tied to rack - use individual bike tie-down straps or additional straps if necessary. Car tail lights must remain visible.
- Drive conservatively, especially over bumps (never off-road). Check periodically during use that all straps are tight and bikes are secure.
- Do not use if any part of rack is damaged or missing. Contact R. A. Allen Co., Inc. for replacement parts.

**Caution:** Use Allen 144A only in accordance with local motor vehicle and traffic regulations.

- To avoid damage to rear door or trunk, do not open trunk or rear door when hooks or rack are in place.
- Install rack and load bicycles only at a safe distance away from moving traffic.
- Only rubber feet and hooks should come into contact with car. Do not allow metal parts of rack or bicycles to scratch car’s finish.
- Make sure that all of rack and bicycles are kept at a safe distance from road and hot exhaust.
- Remove rack from car when not in use.

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**Important Installation Notice for 144A:**

1. Bottom foot assembly must be completely extended. If the top feet are mounted on a near horizontal surface of car, the bottom feet of the rack must be resting on and supported by the top horizontal surface of the bumper.

2. **Never** install rack with its bottom feet placed on the outside vertical surface of the bumper.

3. **Never** install rack without bottom foot assembly in a completely extended position.

4. It is extremely important to check and retighten bottom and side straps after bicycles are loaded.

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**A. Setting up rack:**

1. Fold out top-foot/carry arm assembly.

2. Insert pins at ends of wire struts into holes in top foot assembly.

3. Completely fold out bottom-foot assembly.

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**B. Mounting rack on vehicle step #1:**

1. Make sure that contact surfaces between car and rubber feet are thoroughly clean and free of any dirt, and that all rubber feet remain properly spaced during use.

2. Only thread top straps through metal buckles as shown in Drawing A. Never thread straps through fist slot in metal buckles as shown in Drawing B.

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**C. Mounting rack on vehicle step #2:**

1A. To secure top hooks on vehicles without adequate clearance at the top edge of rear trunk/hatch: Un-thread top straps from metal buckles and open rear trunk/hatch. Place top hooks inside of vehicle (just inside of top edge of rear trunk/hatch). Carefully close rear trunk/hatch on top straps, making certain that hooks do not bind between frame and rear door. Important: with rear door closed, pull top straps to bring hooks up tight against inside of vehicle. Re-thread top straps through metal buckles as shown in Drawing A.

2. Set length of top straps to position rack with its carry-arms inclined slightly upwards (above the horizontal), and high enough to keep bikes away from road and exhaust.

**Drawing A**

**Drawing B**

**Drawing C**
D. Securing Side, Bottom Straps & Hooks:

1. Completely hook side & bottom hooks to metal edges to sides & below bumper or at the bottom of trunk.
2. Completely tighten straps by pulling on free end of straps until elastic portion of straps are completely stretched. After straps are tightened, tie a half-hitch knot in each strap near the buckle.
3. Once rack is installed, bottom foot assembly must be held against vehicle in its completely open position.

Note: Make sure that side & bottom straps are threaded through plastic buckles only as shown in Drawing C.

E. Alternate method #1 for Bottom Straps:

Use to this method if bottom foot needs to be supported on outer horizontal edge of bumper (due to soft/weak section closer to vehicle).

Loop bottom straps (with hooks placed below bumper) around the lower (horizontal) section of the middle frame, and also around lower (horizontal) section of the bottom foot assembly (between rubber feet). Attach hooks to metal edge below bumper; tighten straps as described in Section D.

F. Alternate method #2 for Bottom Straps:

Use if there is no metal edge below bumper for attachment of hooks.

Loop bottom strap around carry-arms near the top metal buckles. Attach hook to lower edge of rear trunk/hatch; tighten straps as described in Section C.

G. Alternate method #3 for Bottom Straps:

Use if there is no metal edge below bumper or on the trunk for attachment of lower hooks.

Remove bottom straps from rack. Open trunk slightly and place bottom hooks just inside trunk/hatch. Carefully close trunk on bottom straps. Pull straps to bring hooks against inside of trunk. Mount rack onto car, rethread straps and tighten as described in Section B.

H. Loading bicycles onto rack:

Remove all loose items from bikes (pumps, bags, etc.) and check that all quick-release hubs are tight. Never carry more than 4 bikes (max. capacity: 140 lb.). Car tail lights must remain visible.

Load first bike with its chain and gears facing away from rack. Make sure that bikes do not come into contact with car (rotate inside pedal if necessary). Place carry arm behind seat tube for women’s style frames.

Load subsequent bikes in alternating directions. For best weight distribution, load heaviest bikes first with lighter bikes on outside. Add padding between bike contact points, if necessary.

After bikes are loaded, check and retighten all straps, making sure that rack is still firmly held against car. Vision out of rear window may be restricted - use side mirrors accordingly, especially when backing up.

I. Securing bikes to rack:

All bikes must be securely tied to rack. Use individual bike tie-down straps or additional straps if necessary.

1. Place bikes in tie-down cradles.
2. Thread straps.
3. Pull tight.