



Measurement Instructions

Thank you for your interest in a MyGowns.com made-to-measure dress. There is nothing like a dress that follows the natural curves of your body to give you absolute confidence as you walk down the aisle.

Ordering a custom-fit dress is a simple process, but accurate measurements are the most important part, so please follow the instructions carefully. In order to measure the perfect fit, it's best to be measured wearing the undergarments, slip, and shoes you'll be wearing the day of your wedding or event.

Please do not take your measurements without any assistance. We strongly suggest using the services of a professional tailor or seamstress to be sure that the correct measurements are taken. However, if you will be taking your measurements with the help of a friend, here are some helpful tips to keep in mind before you get started:

- Print a copy of these instructions and mark your measurements in the last column.
- Have a string or ribbon along with a measuring tape
- Don't pull the tape too tight. It is important to leave a little slack when taking measurements.
- Please take your measurements to the closest inch. If you're not sure about a measurement, remember that it is always easier to take a dress in than to let it out.

Email your measurements to Melissa@MyGowns.com and we'll process your order right away!

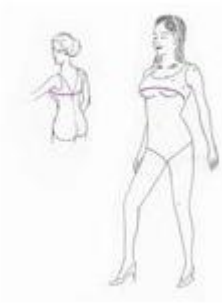
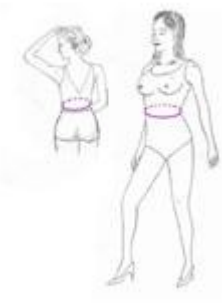

Melissa
MyGowns.com

If you would prefer to order a standard size dress, please refer to our size chart below:

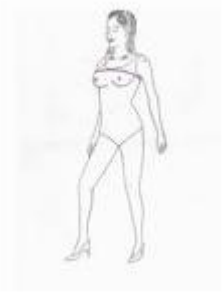


| Size | 2 | 4 | 6 | 8 | 10 | 12 | 14 | 16 | 18 | 20 | 22 | 24 | 26 |
|-------|-----|-----|-----|-----|-------|-----|-------|-----|-----|-----|-----|-----|-----|
| Bust | 34" | 35" | 36" | 37" | 38.5" | 40" | 41.5" | 43" | 45" | 47" | 49" | 52" | 56" |
| Waist | 25" | 26" | 27" | 28" | 29.5" | 31" | 32.5" | 34" | 36" | 38" | 40" | 43" | 47" |
| Hip | 37" | 38" | 39" | 40" | 41.5" | 43" | 44.5" | 46" | 48" | 50" | 52" | 55" | 59" |

* All measurements are in inches






| Diagram | Measuring Instructions | Your Measurements |
|---|---|--|
| <p>Full Bust</p>  | <p>Measure around the fullest part of the bust. You should be wearing a bra when you take this measurement.</p> <p>This measurement is <u>not</u> your bra size.</p> | <p>_____ inches</p> |
| <p>Waist</p>  | <p>Tie a piece of ribbon or string around the smallest part of your waist. This is your natural waistline and is typically about an inch above your belly button.</p> <p>Leave the string in place while you do the rest of your measurements as you will need it for reference with some of the other measurements</p> | <p>_____ inches</p> |
| <p>Hips</p>  | <p>Measure your hips at the fullest point, which is your hip bone.</p> <p>Also measure how far down this is from your waist line. Typically, this is approximately 7 inches.</p> | <p><u>Hips</u></p> <p>_____ inches</p> <p><u>Distance from Waist</u></p> <p>_____ inches</p> |









| Diagram | Measuring Instructions | Your Measurements |
|--|--|---|
| <p data-bbox="354 415 511 451">Upper Bust</p>  | <p data-bbox="652 415 1133 483">Measure above your breast as shown in the diagram.</p> | <p data-bbox="1177 556 1404 598">_____ inches</p> |
| <p data-bbox="354 821 511 856">Under Bust</p>  | <p data-bbox="652 821 1133 888">Measure under the breast as shown in the diagram.</p> | <p data-bbox="1177 961 1404 1003">_____ inches</p> |
| <p data-bbox="321 1226 544 1262">Nipple to Nipple</p>  | <p data-bbox="652 1226 1133 1293">Measure across the bust from nipple to nipple.</p> | <p data-bbox="1177 1367 1404 1409">_____ inches</p> |





| Diagram | Measuring Instructions | Your Measurements |
|---|--|---|
| <p data-bbox="245 415 620 447">Length of Shoulder to Bust</p>  | <p data-bbox="652 415 1133 520">Measure from the top of your shoulder down to the nipple as shown in the diagram.</p> | <p data-bbox="1177 562 1396 594">_____ inches</p> |
| <p data-bbox="256 821 609 884">Front Length Shoulder to Waist</p>  | <p data-bbox="652 821 1133 961">Measuring from the same point on your shoulder, go down over the top of your nipple to the string/ribbon around your waist.</p> | <p data-bbox="1177 968 1396 999">_____ inches</p> |
| <p data-bbox="360 1262 506 1293">Outer Leg</p>  | <p data-bbox="652 1262 1133 1444">Measure from the string/ribbon around your waist to the floor. It is important that you are wearing shoes similar in height to those you intend to wear on your wedding day.</p> | <p data-bbox="1177 1409 1396 1440">_____ inches</p> |



| Diagram | Measuring Instructions | Your Measurements |
|---|---|---|
| <p data-bbox="354 415 506 447">Arm's Eye</p>  | <p data-bbox="652 415 1107 556">Measure around your shoulder socket. This measurement gives us the size of the sleeve hole that you are comfortable wearing.</p> <p data-bbox="652 598 1084 739">This measurement is entirely subjective and you can make it as deep or as tight as you are comfortable with.</p> | <p data-bbox="1177 562 1399 594">_____ inches</p> |
| <p data-bbox="284 821 581 852">Shoulder to Shoulder</p>  | <p data-bbox="652 821 1123 999">From the edge of the shoulder socket, measure all the way over to the same point on the other shoulder along the back, as shown in the diagram.</p> | <p data-bbox="1177 968 1399 999">_____ inches</p> |
| <p data-bbox="393 1226 474 1257">Neck</p>  | <p data-bbox="652 1226 1096 1367">Measure loosely around the neck. You will not need this measurement unless your garment has a high neck or collar.</p> | <p data-bbox="1177 1373 1399 1404">_____ inches</p> |

| Diagram | Measuring Instructions | Your Measurements |
|--|--|---|
| <p style="text-align: center;">Arm Length</p>  | <p>With your arm straight, measure from your shoulder socket to the wrist.</p> <p>Also provide the measurement with your elbow bent, which should be about an inch longer.</p> | <p><u>With Arm Straight</u> _____ inches</p> <p><u>With Elbow Bent</u> _____ inches</p> |
| <p style="text-align: center;">Bicep</p>  | <p>Position your arm as shown in the diagram and measure the fullest part of your arm around the bicep</p> | <p>_____ inches</p> |
| <p style="text-align: center;">Upper Arm Length</p>  | <p>With your arm in the same position, measure from the outer shoulder down to the elbow.</p> <p>This measurement should be taken along the top of your arm.</p> | <p>_____ inches</p> |



| Diagram | Measuring Instructions | Your Measurements |
|---|---|---|
| <p data-bbox="240 415 620 449">Length of Armpit to Elbow</p>  | <p data-bbox="652 415 1117 520">With your arm in the same position, measure the outside of your arm from the armpit to the elbow.</p> <p data-bbox="652 562 1101 634">This measurement should be taken along the bottom of your arm.</p> | <p data-bbox="1177 562 1399 596">_____ inches</p> |
| <p data-bbox="328 821 539 854">Hollow to Hem</p>  | <p data-bbox="652 821 1107 961">Measure from the hollow or depression of your neck to the hem of where you want your dress to come to.</p> <p data-bbox="652 1003 1068 1075">Make sure to stand very straight when taking this measurement.</p> | <p data-bbox="1177 968 1399 1001">_____ inches</p> |
| <p data-bbox="284 1226 581 1260">Height without Shoes</p> | <p data-bbox="652 1226 1091 1297">Measure how tall you are <u>without any shoes</u></p> | <p data-bbox="1177 1373 1399 1407">_____ inches</p> |

* Although the dress will be custom made for the measurements you provide, it is possible that you may still require the services of a seamstress to fine-tune the fit.