



Soup Mix

Protein-based snack for energy and nutrition
creamy chicken

Artificially Flavored

7 PACKETS - .77 oz / 22 g EACH (NET WT 5.4 oz / 154 g)

Soup Mix is a great way to enjoy a satisfying cup of soup. Each serving includes **16 grams of hunger-fighting protein** with just **70 calories!** Simply add hot water and stir for the perfect anytime snack that will help keep you on track for weight loss. Can also be used as a sauce or gravy.

†1 Gram
Net Impact Carbs
per Serving

[†]Net-impact carbs include only those carbohydrates that cause a noted impact on blood sugar and insulin response. Fiber, sugar alcohols and other carbohydrates are excluded.

DIRECTIONS: Empty contents of one packet into a large cup or mug. Add 6 to 8 fl. oz. of very hot water and stir until smooth. For microwave preparation, empty contents of one packet into a microwave-safe cup or bowl. While stirring, slowly add 6 to 8 fl. oz. of cold water. Heat at high power for 1 to 1½ minutes and enjoy! Make Soup Mix with less water and use as a tasty sauce over steamed vegetables, poultry or meat. For variety, try our other delicious protein-rich snacks, too.

INSTRUCCIONES: Vacíe el contenido de un sobre en un plato o taza grande. Agregue 6 a 8 oz. fl. de agua caliente. Revuelva hasta que se disuelva. Para preparar en el horno de microondas, vacíe los contenidos de un sobre en un plato o taza para uso en horno de microondas. Agregue despacio 6 a 8 oz. fl. de agua fría mientras revuelve para que se disuelva. Caliente en el horno de 1 minuto a 1½ y disfrute! Use menos agua para hacer esta sopa y la puede disfrutar como salsa sobre vegetales cocidos, pollo o carne. Pruebe también nuestros otros bocadillos ricos en proteína.

We offer a **30-day money-back guarantee** to assure your complete satisfaction. This exclusively formulated product is only available through Herbalife Independent Distributors.

Nutrition Facts

Serving Size: 1 Packet (22 g)

Servings Per Carton: 7

Amount per Serving

Calories 70

Calories from Fat 5

% Daily Value*

Total Fat 0.5 g	1%
Saturated Fat 0 g	0%
Cholesterol less than 5 mg	1%
Sodium 500 mg	21%
Potassium 160 mg	5%
Total Carbohydrate 1 g [†]	1%
Dietary Fiber 0 g	0%
Sugar 1 g [†]	
Sugar Alcohols 0 g	
Other Carbohydrates 0 g	
Protein 16 g	32%
Vitamin A 0%	Vitamin C 0%
Calcium 20%	Iron 4%

* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

	Calories	2,000	2,500
Total Fat	Less Than	65 g	80 g
Sat. Fat	Less Than	20 g	25 g
Cholesterol	Less Than	300 mg	300 mg
Sodium	Less Than	2,400 mg	2,400 mg
Potassium		3,500 mg	3,500 mg
Total Carbohydrate		300 g	375 g
Dietary Fiber		25 g	30 g
Protein		50 g	65 g

Calories per gram:

Fat 9 • Carbohydrate 4 • Protein 4

INGREDIENTS: Total Milk Protein Concentrate, Soy Protein Isolate, Hydrolyzed Gelatin, Salt, Onion Powder, Hydrolyzed Corn Protein (contains Thiamin Hydrochloride, Lactic Acid), Hydrolyzed Wheat Protein (contains Autolyzed Yeast Extract, Natural Flavors). Contains 2 percent or less of: Potassium Bicarbonate, Natural and Artificial Flavors, Silicon Dioxide, Sodium Alginate, Xanthan Gum, Guar Gum, Spice Extractives and Green Onion Flakes.