

**Protein Bar** This deliciously chewy bar is packed with 12 grams of protein, 23 vitamins and minerals, plus soluble fiber, to help control your hunger with only 150 calories. Rich in protein, ShapeWorks™ Protein Bar is an ideal protein snack or protein boost on the go.

**11 Gram**  
Net Impact  
Carbs  
per Serving

\*Net-impact carbs include only those carbohydrates that cause a noted impact on blood sugar and insulin response. Fiber, sugar alcohols (glycerin and maltitol) and other carbohydrates are excluded.

**DIRECTIONS:** One or two bars per day for healthy snacking and weight loss. For variety, try our other delicious protein-rich snacks, too.

**INSTRUCCIONES:** Una o dos barras al día para disfrutar un bocadillo saludable y perder de peso. Para variar, también pruebe nuestros otros bocadillos ricos en proteínas.

Store in a cool and dry place.

We offer a **30-day money-back guarantee** to assure your complete satisfaction. This exclusively formulated product is only available through Herbalife Independent Distributors.

Manufactured in a facility that processes peanuts, various nuts and seeds. Fabricado en instalaciones donde se procesan cacahuates así como otros frutos secos y semillas.

†1 gram represents carbohydrates which have an insulin-stimulating response. Other carbohydrates in the bar are derived from sugar alcohols, which are metabolized to fatty acids in the intestine, and fiber, neither of which stimulates a significant insulin response.

## Nutrition Facts

Serving Size: 1 Bar (40 g)  
Servings Per Carton: 14

### Amount per Serving

Calories 150

Calories from Fat 60

	% Daily Value*
<b>Total Fat</b> 7 g	<b>11%</b>
Saturated Fat 5 g	<b>25%</b>
<b>Cholesterol</b> less than 5 mg	<b>1%</b>
<b>Sodium</b> 95 mg	<b>4%</b>
<b>Potassium</b> 95 mg	<b>3%</b>
<b>Total Carbohydrate</b> 15 g <sup>†</sup>	<b>5%</b>
Dietary Fiber 2 g	<b>8%</b>
Sugar 1 g <sup>†</sup>	
Sugar Alcohols 10 g	
Other Carbohydrates 2 g	
<b>Protein</b> 12 g	<b>24%</b>

Vitamin A 20%	•	Vitamin C 15%
Calcium 20%	•	Iron 20%
Vitamin E 40%	•	Vitamin K 20%
Thiamin 20%	•	Riboflavin 20%
Niacin 20%	•	Vitamin B6 20%
Folate 20%	•	Vitamin B12 20%
Biotin 20%	•	Pantothenic Acid 20%
Phosphorus 15%	•	Iodine 20%

Magnesium 15%	•	Zinc 20%
Selenium 20%	•	Copper 20%
Manganese 25%	•	Chromium 20%
Molybdenum 20%		

\* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

	Calories	2,000	2,500
Total Fat	Less Than	65 g	80 g
Sat. Fat	Less Than	20 g	25 g
Cholesterol	Less Than	300 mg	300 mg
Sodium	Less Than	2,400 mg	2,400 mg
Potassium		3,500 mg	3,500 mg
Total Carbohydrate		300 g	375 g
Dietary Fiber		25 g	30 g
Protein		50 g	65 g

Calories per gram:

Fat 9 • Carbohydrate 4 • Protein 4

**INGREDIENTS:** Glycerin, Coconut Pieces, Whey Protein Isolate, Hydrogenated Starch Hydrolyzate, Soy Protein Isolate, Polydextrose, Casein, Modified Palm and Kernel Oils, Milk Protein Concentrate, Maltitol, Oligofructose, Water, Calcium Caseinate, Contains Less Than 2 Percent of Natural Flavors, Cocoa Powder Processed with Alkali, Milk Mineral Concentrate, Soy Lecithin, Canola Oil, Mono- and Diglycerides, Soybean Oil, Dextrose, Magnesium Oxide, Potassium Lactate, Mixed Tocopherols, Potassium Sorbate, Ascorbic Acid, Copper Gluconate, Ferric Orthophosphate, Di-Alpha-Tocopheryl Acetate, Maltodextrin, Salt, Sucralose (non-nutritive sweetener), Biotin, Niacinamide, Zinc Oxide, Beta-Carotene, Calcium Pantothenate, Vitamin A Palmitate, Phytonadione, Pyridoxine Hydrochloride, Manganese Sulphate, Riboflavin, Thiamine Mononitrate, Potassium Iodide, Cyanocobalamin, Chromium Chloride, Folic Acid, Sodium Molybdate and Sodium Selenite.



## Protein Bar

Protein-based snack for energy and nutrition

*chocolate coconut*

Naturally Flavored

14 Bars 1.41 oz / 40 g EACH (NET WT 19.74 oz / 560 g)