

Total Control™



Total Control™ is a revolutionary herbal supplement designed to transform the weight-loss process. This advanced non-ephedra formula works at the cellular level to help burn fat, block cravings and boost energy, giving you the support you need to finally achieve and maintain your ideal weight.*

Total Control™ contains several potent herbal ingredients that help you to overcome the challenges associated with shedding pounds and inches. Used with the Thermojetics® Green Weight-Management or Gold HPLC Program, Total Control™ puts you in control of successful weight management.*

Discussion Points

- **Fat burning.** *Citrus aurantium* helps increase the body's resting metabolic rate and promotes fat burning. And *coelus*, an ayurvedic herb, has active ingredients that help generate energy to break down fat cells.*
- **Natural appetite control.** *Yerba maté* is especially helpful for weight loss because of its thermogenic and appetite-suppressing properties.* It also contains polyphenols, which support fat metabolism.*
- **Metabolic boost.** *Green tea* has a natural thermogenic and energy-boosting effect.* It also contains catechins, which have been shown to inhibit the body's fat-storing process.*
- **Satiety control.** *DL-phenylalanine*, an amino acid, acts on the brain and central nervous system to promote the feeling of satiety and minimize cravings.* Working synergistically with *DL-phenylalanine* is *tyrosine*, an amino acid that is a precursor to the brain chemicals dopamine, epinephrine and norepinephrine. Working together, these constituents help reduce appetite.*

- **Feeling fuller.** The herb *damiana* promotes appetite control by slowing the rate at which food leaves the stomach, helping you feel full sooner and longer.*
- **Antioxidant boost.** *Quercetin* is a bioflavonoid that helps fight free radicals and support metabolism.*

Did You Know?

Citrus aurantium (also known as bitter orange or zhi shi) is a highly regarded herb that has been used for thousands of years in China. It has the additional benefit of stimulating gastrointestinal activity.

Fast Facts

- Helps your body burn fat.*
- Helps increase your resting metabolic rate.*
- Controls appetite.*
- Boosts energy without causing irritability and restlessness.*
- Weight control in a single tablet.
- Provides antioxidant properties.
- Use as part of the Thermojetics® Green Weight-Management Program or Thermojetics® Gold HPLC Program.

SUPPLEMENT FACTS

Serving size: 1 Tablet
Servings per container: 90

	Amount per serving	%DV**
Calcium (As Calcium Carbonate)	50 mg	5%
Herbal Blend	368 mg	†
Dried Theobroma Cacao Extract (Seeds), Dried Yerba Maté Extract (Leaves), Dried Damiana Extract (Leaves), Dried Green Tea Extract (Leaves), Dried Citrus Aurantium Extract (Fruit), Dried Coleus Forskohlii Extract (Root), Astragalus (Root), Celery (Seeds), Fennel (Seeds), Hawthorne Berry (Fruit), Licorice (Root), Magnolia (Bark), Marshmallow (Root), Parsley (Leaves), Suma (Root), Dried Cinnamon Extract (Bark), Alfalfa (Leaves) And Dried Black Pepper Extract (Fruit).		
DL-Phenylalanine	150 mg	†
Natural Caffeine	84 mg	†
Tyrosine	75 mg	†
DMAE	50 mg	†
Quercetin	50 mg	†

** Percent Daily values are based on a 2,000-calorie diet.

† Daily Value (DV) Not Established.

Suggested Serving: Take one to two tablets twice daily. Take mid-morning and mid-afternoon, preferably on an empty stomach.

Other Ingredients: Maltodextrin, Corn Starch, Sodium Starch glycolate, Silicon Dioxide, Sodium Carboxymethylcellulose, Magnesium Stearate, Hydroxypropyl Methylcellulose and Polyethylene Glycol.

Ordering Details

90 tablets per bottle
#0077 \$32.95

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

HERBALIFE®

