

# N-R-G Tea

## A refreshing drink that invigorates—naturally.

Do you sometimes want a refreshing drink to uplift your spirits and boost your energy, but you don't care for coffee or sodas? With today's hectic lifestyles, sometimes we're so busy we don't stop to think about what we're drinking when we grab a soft drink for quick rejuvenation. The chemicals, sugar and sodium may not be good for us. Wouldn't it be nice to have an easy-to-use, naturally-brisk drink readily available to increase your vim and vigor?

The guarana plant has been cultivated since pre-Columbian times in the Amazon region. The plant itself is a climbing vine that can sometimes reach heights as high as 10 meters. After blooming yellow flowers in the dry season, the plant produces a pear-shaped fruit containing bunches of seeds. When the fruit is ripe, it starts to split open, revealing the seeds inside and indicating that it is ready to harvest. The seeds are then roasted, much like coffee beans, and processed for consumption.

Guarana can be used in several forms – primarily tablets, powder and syrup. In Brazil, the syrup is commonly found in sodas and several different brands on the market are starting to become popular on a larger scale. Guarana has a unique, slightly fruity taste.

The chemical substance that makes guarana effective as a natural energy booster is guaranine. This substance acts much like caffeine and can increase alertness, elevate vitality and possibly even help reduce appetite.\*

Berries from the guarana plant have been processed and used for centuries by the Amazon Indians as a natural stimulant. Herbalife has captured the botanical qualities of authentic guarana in its N-R-G Tea Mix, which provides a spirited and refreshing lift whenever you need it.

Although only two servings a day are recommended, you will discover your favorite times to have it. Try a hot cup when you arise in the morning, or sprinkle some in your breakfast Formula 1 shake, or on your cereal, for an invigorating “pick-me-up.” You can mix a small amount with spring water and carry it in a bottle to your mid-day workout at the gym. Or have a cup with a Thermojetics® High-Protein, Low Carb Bar for a crisp “afternoon tea.” This versatile, vitalizing tea can even perk you up during a late-night study session.

## Discussion Points

- All-natural: N-R-G Tea is a pleasant, natural substitute for chemically laden soft drinks.
- Instant lift: Contains guarana, a botanical that grows in the wilds along the Amazon River, known for producing an instant energy boost.
- Delicious hot or cold: N-R-G Tea has a zesty citrus flavor.
- Convenient: Whether at home, work or play, N-R-G Tea mixes instantly with water.
- Combine with other products: N-R-G Tea can be used in conjunction with the Thermojetics® Weight-Management Programs and Herbalife's entire line of nutritional products.

## Did You Know?

Eighty percent of the world's commercial production of the guarana paste or powder used in drinks and herbal supplements worldwide is still gathered by the Guarani Indians in northern Brazil, who harvest and process the seeds by hand.

## Fast Facts

- Provides a tremendous, natural lift.
- N-R-G Tea has a delicious citrus flavor and can be made instantly at home, work or anywhere. Enjoy hot or cold, twice a day, for a refreshing treat.



## NUTRITION FACTS

Serving Size: 1/2 teaspoon (1g.)  
Servings per container: 60

	Amount Per Serving	% Daily Value*
Calories	5	
Calories from Fat	0	
Total Fat	0g	0 %
Sodium	0mg	0%
Total Carbohydrate less than	1g	0 %
Protein	0g	0 %

Not a significant source of saturated fat, cholesterol, dietary fiber, sugars, vitamin A, vitamin C, calcium and iron.

\*Percent Daily Values are based on a 2,000 calorie diet.

Ingredients: Maltodextrin, Roasted Guarana Seed Extract, Orange Pekoe Extract, Lemon Peel Extract, Citric Acid And Natural Caffeine Powder.

Recommended Use: Mix 1/2 teaspoon with 6 fl. oz. of hot or cold water.  
Please note this product is not decaffeinated.

## Ordering Details

#0102

\$14.75

\* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

# N-R-G Tablets

## For a natural energy lift.\*

In today's fast-paced world it's easy to get overextended. Many people reach for a cup of coffee or a candy bar for a pick-me-up, only to find their energy levels fall even further shortly afterwards. That's why Herbalife created N-R-G Tablets.

The guarana plant has been cultivated since pre-columbian times in the Amazon region. The plant itself is a climbing vine that sometimes can reach heights as high as 10 meters. After blooming yellow flowers in the dry season, the plant produces a pear-shaped fruit containing bunches of seeds. When the fruit is ripe, it starts to split open, revealing the seeds inside and indicating that it is ready to harvest. The seeds are then roasted, much like coffee beans, and processed for consumption.

Guarana can be used in several forms – primarily tablets, powder and syrup. In Brazil, the syrup is commonly found in sodas and several popular brands on the market.

Guarana has a unique, slightly fruity taste.

The chemical substance that makes guarana effective as a natural energy booster is guaranine. This substance acts much like caffeine and can increase alertness, elevate vitality and possibly even help reduce appetite.\*

Based on the ancient herbal wisdom of the Amazon Indians, N-R-G Tablets contain energizing guarana seed.\* This powerful herb provides an energy boost that is similar to that of caffeine but slower and more sustained.\* As a result, guarana helps the body maintain good energy levels over a period of hours.\*

This convenient supplement comes in tablet form so it can be carried on-the-go and used mid-morning or mid-afternoon whenever you need an energy boost.\*

## Discussion Points

- Uplifting ingredients: Guarana contains theobromine and theophylline—two of the substances found in chocolate that have thermogenic and mood-elevating properties.\*
- Energy refresher: Helps the body achieve and maintain good energy levels.\*
- Combine with other products: N-R-G Tablets can be used in conjunction with the Thermojetics® Weight-Management Programs and Herbalife's entire line of nutritional products.

## Did You Know?

The first recorded use of guarana dates back to 1669 when a Jesuit missionary named Betendorf visited the Amazon basin and discovered Maué Indians using the herb as a daily tonic. Today Brazilian miners drink guarana beverages to maintain their energy levels and support their health.

## Fast Facts

- Provide an energy lift.\*
- Convenient tablet form.
- Includes calcium.
- Natural and safe.



## SUPPLEMENT FACTS

Serving Size: 1 tablet

Servings per container: 60 tablets

	Amount Per Serving	% Daily Value*
Total Carbohydrate	<1 g	<1%
Calcium (as calcium sulfate)	76 mg	8%
Guarana (seed)	800 mg	†

\* Percent Daily Values are based on a 2,000 calorie diet.

† Daily Value not established.

**Other Ingredients:** Stearic Acid, Hydrogenated Vegetable Oil, Silicon Dioxide, Magnesium Stearate, Hydroxypropyl Methylcellulose, Triethyl Citrate and Carnauba Wax.

**Suggested Serving:** Take one tablet up to four times per day.

Each tablet contains 800 mg of guarana powder, which contains approximately 4% naturally-occurring caffeine.

## Ordering Details

#0122

\$14.75

\* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.