

GRAB THE GOLD

SNACK BARS

Made in Franklin, Tennessee

FEATURED IN:
NASHVILLE LIFESTYLES MAGAZINE
SOUTHERN EXPOSURE MAGAZINE

VOTED #1 ENERGY BAR BY:
LOUISIANA HEALTH & FITNESS MAGAZINE

What IS a GRAB THE GOLD?

- **Fresh & Delicious**—Tastes Like a No-Bake Cookie
- **Nutritious**—Made with Organic Oats, Peanut Butter and Soy Protein
- **A Meal or a Snack**—With 11 Grams of Protein and 7 Grams of Fiber, you will be Fueled and Satisfied!
- **Weight Management**—Only 4 Points for Weight Watchers!

What Our Customers Say:

"These are by far
THE BEST energy bars
ever created by mankind!!!"
—Dennis from California

"If you love peanut butter and oats and chocolate
these are worth their weight in **GOLD!**"
—Laurie from New Hampshire

"Grab the Gold are
the best nutrition bar period.
All my bicycle friends love them."
—Sandra from California

Grab the Gold Snack Bars were created
by Danielle Ontiveros
when she was just 16 years old
while looking for a breakfast alternative.

From that humble beginning, she began her quest
to bring the best tasting snack bar to the world.
She was originally based in New Orleans, Louisiana
but lost her home in Hurricane Katrina.

The outpouring of love and concern
from Nashville-area customers
brought her to Franklin, TN
to live and manufacture what is
now a local product!

GRAB THE GOLD, INC.
888-474-2931
www.GrabTheGold.com

NUTRITION FACTS

1 Serving: 2 oz (57 g)
Calories 193
Calories from Fat 45

Amount/Serving		%DV*
Total Fat	5 g	8%
Sat. Fat	2 g	10%
Trans Fat	0 mg	
Cholesterol	0 mg	
Sodium	73 mg	4%
Potassium	345 mg	9%
Total Carb.	25 g	9%
Fiber	7 g	28%
Sugars	12 g	
Protein	11 g	22%
Vitamin A		10%
Iron		22%
Calcium		12%

(*Percent Daily Values based on a 2,000 calorie diet)

INGREDIENTS: Organic Oats, Peanut Butter, Soy Nuggets (Soy Flour), Glucose Syrup, Cane Sugar, Semisweet Chocolate Chips (Cane Sugar, Chocolate, Cocoa Butter, Vanilla), Fruit Juice (Grape, Apple or Pear), Brown Rice Dextrins, Canola Oil, Soy Lecithin, Natural Cocoa Powder, Vanilla.

[Contains: Peanuts, Soy, Corn]