



**HealthyLeggs**<sup>®</sup>  
*We support the World's Greatest Legs*

Cut out and assemble the measuring tape.

Questions? Call our Certified Fitters **Toll Free at 866 252-0111**

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**Tips for Accurate Measuring**  
 Measure early in the morning, before your legs and feet began to swell.

Ankle: Measure around the narrowest part, just above the ankle bone  
 Calf: Measure around the fullest part  
 Thigh: Measure around the fullest part

Attach to 48 inches

HealthyLeggs.com 49 50 51 52 53 54 55 56

Attach to 40 inches

HealthyLeggs.com 41 42 43 44 45 46 47 48

Attach to 32 inches

HealthyLeggs.com 33 34 35 36 37 38 39 40

Attach to 24 inches

HealthyLeggs.com 25 26 27 28 29 30 31 32

Attach to 16 inches

HealthyLeggs.com 17 18 19 20 21 22 23 24

Attach to 8 inches

HealthyLeggs.com 9 10 11 12 13 14 15 16

HealthyLeggs.com 1 2 3 4 5 6 7 8

Toll Free 888.495.0105