



Fitness videos and more for kids, infants, and pregnant women!

## ORDER FORM

We offer the following convenient order methods:

- Order securely online at [www.fitnessbeginnings.com](http://www.fitnessbeginnings.com)
- Call us at (503) 320-2924 (Leave message)
- Email us at [sales@fitnessbeginnings.com](mailto:sales@fitnessbeginnings.com)
- Fax this form to (206) 350-1249
- Mail this form to: Fitness Beginnings, 14927 SE Nia Dr., Happy Valley, OR 97086

There is NO SALES TAX because we are based in Oregon!  
 In stock items normally ship out within 24 hours. Delivery time for most orders is 2 to 4 days. Credit card sales will not be charged until shipped.

### SHIPPING POLICY

Currently we only ship in the United States. Our shipping rates are based on the approximate weight of the order. We ship most order under 10 pounds via USPS Priority Mail and delivery generally takes 2 – 4 days. Orders over 10 pounds may ship via USPS Parcel Post (2 – 7 days) or USPS Media Mail (7 – 21 days). APO and FPO deliveries are charged the same rates as domestic shipments. Delivery confirmation is not available for APO and FPO shipments.

<b>SHIPPING ADDRESS</b>
NAME
STREET ADDRESS
CITY, STATE ZIP
PHONE
EMAIL

OPTIONAL GIFT MESSAGE:
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Approximate # of Videos or Kits	Shipping Charge	Weight (lbs)
1-2 videos or DVDs	\$ 4.95	Under 1
3-4 videos or DVDs	\$ 5.95	1 - 2
5-6 videos or DVDs or 1 Yoga Mat	\$ 7.95	2 - 3
7-9 videos or DVDs or 1 Yoga Kit	\$ 8.95	4 - 5
10-11 videos or DVDs	\$ 9.95	5 - 6
12-13 videos or DVDs	\$10.95	6 - 7
14-15 videos or DVDs	\$12.95	7 - 8
16-17 videos or DVDs	\$14.95	8 - 9
18-19 videos or DVDs	\$16.95	9 - 10
20 or more videos or DVDs	\$19.95	10 and up

### PAYMENT METHOD:

- Check enclosed       Money Order Enclosed  
 Credit card

### CREDIT CARD ORDER:

- Visa                                       MasterCard  
 Discover                                     American Express  
 Diners Club                                 JCB

Num:																				
Expiration Date:																				
Cardholder Name:																				
Signature:																				

Questions? E-mail us at [info@fitnessbeginnings.com](mailto:info@fitnessbeginnings.com)

### GIFT WRAPPING:

We offer gift wrapping for \$2.50 per item. Just check the box below and add in the gift wrapping charge to the total.

### FOR MORE INFO:

Please visit our website at [www.fitnessbeginnings.com](http://www.fitnessbeginnings.com).  
 Also see our INFO page at:  
[www.fitnessbeginnings.com/info.html](http://www.fitnessbeginnings.com/info.html).

<b>BILLING ADDRESS</b> (if different from above) If paying with a credit card, this must be the billing address of the cardholder.
NAME
STREET ADDRESS
CITY, STATE ZIP
PHONE
EMAIL

CATALOG ITEM #	DESCRIPTION	QUANTITY	UNIT PRICE	TOTAL PRICE
GIFT WRAPPING -- # OF ITEMS _____ x \$2.50 =				
SHIPPING CHARGES				
<b>GRAND TOTAL</b>				