

# VibraLITE 2™

MODEL VL200/VL201 VIBRATION WATCH equipped with :

**Vibration Alarm** . . . . . won't disturb others.

**Beep Alarm** . . . option

**Countdown Timer** . . . . . can be set for minutes & hours. Use for reminders such as medication, medical conditions, timing presentations or procedures, parking, cooking.

**Electo-Luminescent (EL) back light**

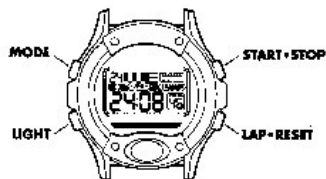
for viewing display at night  
**EL LIGHT AUTO ON Option** turns on by tilting your wrist.

**Second Clock** great when traveling in a different time zone.

**Two Alarm Settings** use for daily reminders, wake up/ snooze, medication

**Hourly Alert/Chime Option**  
**12 or 24 Hour clock**

**Stopwatch**

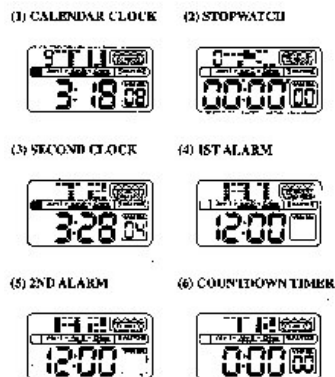


## BEFORE YOU BEGIN

Press the MODE, START/STOP, LAP/RESET buttons at the same time and hold until display clears. Release buttons. The clock time will be at 12:00 A.M. with the Alarms, Hourly Alert, Beeping and Vibration functions not set. The date will be January 1 and the display will show **MO** for Monday.

## OPERATING MODES

Your watch has six operating modes:



To go from one operating mode to another, repeat pressing the MODE button for each mode to be displayed. The operating modes will rotate in the order as listed above.

TO BECOME FAMILIAR WITH THE OPERATING MODES & THEIR SYMBOLS, ROTATE THROUGH EACH MODE BY PRESSING THE "MODE" BUTTON.

## FIRST TIME SETTING OF YOUR CALENDAR/CLOCK

(You must have this set for your Alarm Settings to be accurate.)

When setting the Calendar & Clock, the rotation for setting is Seconds, Hour, Minutes, 12/24Hr, Date, Month, Day of Week.

**ONLY when the digits are BLINKING can you set or change the setting.** The clock will stop blinking when no button is pressed for two minutes. You cannot switch to another mode of operation while the display is blinking. To exit and stop the blinking, push LAP/RESET button.

1. Repeat pressing the MODE button until the **(1) CALENDAR CLOCK** operating mode shows on the display.
2. Press & Hold the LAP/RESET button until the seconds digits begin to BLINK. Press the START/STOP button to reset the seconds display to **00**.

3. Press the MODE button. The hour digits will begin to BLINK. Press the START/STOP button to rotate to the correct hour of the day.

WHEN IN THE 12 HR MODE, A PM INDICATOR WILL APPEAR ON THE DISPLAY ABOVE AND LEFT OF THE HOUR DIGITS. AS YOU ROTATE TO 12 HOURS THE PM MUST SHOW FOR SETTING CORRECT TIME FOR AFTERNOON OR EVENING. BE SURE TO SET CORRECTLY FOR THE CURRENT TIME OF DAY.



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4. Press the MODE button to go to the minute digits. The minute digits will begin to BLINK. Press the START/STOP button to rotate to the correct minute.
5. Press the MODE button and the **12H** (12 Hour) mode will show and BLINK on the display. To select the 24 Hour Mode press the START/STOP button once. **24H** will show on display.
6. Press the MODE button for the date. The number **1** will BLINK at the top left corner of the display. Press the START/STOP button to rotate to the correct date of the month. (1 thru 31)
7. Press the MODE button for the Month. The No. **1** will BLINK on the display. Press the START/STOP button to rotate to the current month of the year. (example; **6** for June, **9** for September)
8. Press the MODE button for the Day of the Week. **MO** will BLINK on the display. Press the START/STOP button to rotate to the correct day. (example **TU** for Tuesday; **TH** for Thursday)
9. Press the LAP/RESET button when you have finished the correct

set up. The display will stop blinking.

## HOW TO SET AN ALARM CLOCK

(Setting procedure is the same for BOTH alarms)

1. Repeat Pressing the MODE button to rotate to the alarm operating mode you want: **A1 = 1st ALARM** or **A2 = 2ND ALARM.2**

2. Press & Hold the LAP/RESET button until the hour digits BLINK.

Press the START/STOP button to rotate to the hour wanted.

Note: In the 12 Hr Mode, remember to use the **PM** indicator for correct setting.

3. Press the MODE button to go to the minutes. The minutes will BLINK. Press the START/STOP button to rotate to the minute wanted.

4. Press the LAP/RESET Button when finished. The display will stop blinking. The set icon will show on the display. Your alarm is set.

When **A1 Alarm** is set the icon shows bedside the **PM** indicator under the **A**.

When **A2 Alarm** is set the icon shows on the display beside the **A1** icon.



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## HOW TO TURN ON AND OFF THE HOURLY ALERT

1. Repeat Pressing the MODE button and select **either 1st ALARM = A1** or **2ND ALARM = A2**
2. Repeat Pressing START/STOP button until the Hourly Alert indicator (located beside the A 2 indicator) shows on the display. Hourly alert is on when icon shows. Hourly alert is off when icon doesn't show.



Hourly Alert

## ON/OFF SETTINGS OF ALARMS

Note: To turn on or off First Alarm you **must** be in the **A1** mode.

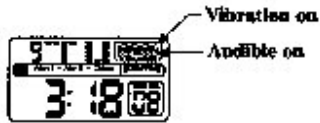
To turn on or off Second Alarm you **must** be in the **A2** mode.

Repeat Pressing the MODE button to show **alarm you wish to turn off or on. 1ST OR 2ND ALARM.**

Repeat Pressing the START/STOP button to rotate, alarm on (hourly alert) & alarm off. When Icon(s) shows, alarm is set. Alarm is off when icon does not show. (see previous illustration)

## HOW TO ACTIVATE OR DEACTIVATE VIBRATION AND BEEP FUNCTION

1. Repeat Pressing the MODE button to the **CALENDAR CLOCK** mode.
2. Repeat Pressing the START/STOP button to rotate through the selection of settings. When a function is activated, it's respective icon will be highlighted, at the top right corner of the display. Rotation will be: Vibration ON, Beep ON, Vibration and Beep ON, Vibration & Beep OFF. Select one of the four functions that you desire. This can be changed at anytime by following steps 1 and 2.



Alarm will stop automatically after approximately 20 seconds. To stop alarm before the automatic stop, press any button.

**NOTE:** To verify setting the watch is in at any time, press the **MODE** button. With each press of the button the vibration and/or beep will respond if set.

### HOW TO USE THE COUNTDOWN TIMER

1. Repeat Pressing the **MODE** button to display **TR** (**COUNTDOWN TIMER**) operating mode.
2. Press and hold the **LAP/RESET** Button until the hour digits **BLINK**. Press the **START/STOP** button to set the hour(s) wanted. You can select from **0** to **23** hours.
3. Press the **MODE** Button to go to the minutes. The minute digits will **BLINK**. Press the **START/STOP** button to set the number of minutes wanted. You can select from **0** to **59** minutes.
4. Press **LAP/RESET** button when you have finished. The display will stop blinking.

Whenever you want to reset the Countdown Timer for a different time repeat the directions above.

### TO START THE COUNTDOWN TIMER,

press the **START/STOP** button (after the countdown timer is set). The timer will start to countdown. To interrupt, press the **START/STOP** button. Pressing the **START/STOP** button again will start the countdown from where it last left off.  
 Note: When Countdown Timer is set for more than ten minutes, a

short single reminder will advise you of 10 minutes remaining and then at 5 minutes remaining.

### HOW TO USE THE STOPWATCH

1. Repeat Pressing the **MODE** button to show **STOPWATCH** on the display.
2. To start the Stopwatch, press the **START/STOP** button. The Stopwatch will start keeping time and the Icon (symbol at the top of the display) will flicker to show the action.

TO STOP THE STOPWATCH, press the **START/STOP** button. Pressing the **START/STOP** button again will start the stopwatch running from where it last left off. The Stopwatch can count up to **23** hours, **59** minutes and **59.99** seconds.

To **RESET** the stopwatch to zeros, press the **LAP/RESET** button, when it is in a stop position.

#### Split Timing on Stopwatch

1. Start the Stopwatch by pressing the **START/STOP** button. The stopwatch will start keeping time.
2. Press the **LAP/RESET** button. The watch will continue counting the time even though you do not see it on the display. The Icon at the top of the display will continue to flicker to show action and that counting continues.
3. Press the **LAP/RESET** button again and the display will change and show the time that has accumulated in total.
4. To **RESET** the Stopwatch, press the **START/STOP** button and then press the **LAP/RESET** button.

### HOW TO SET THE SECOND CLOCK

1. Repeat Pressing the **MODE** button to show **SECOND CLOCK (T2)**

2. Press & Hold the **LAP/RESET** button until the Hours digits **BLINK**. Press the **START/STOP** button to rotate to the hour you wish to set. (In **12** Hr Mode, use **PM** indicator for correct setting of afternoon or evening.)

3. Press the **LAP/RESET** button when desired hour has been set. **NOTE:** Only the hour can be set in second clock mode. (The minutes and seconds will be the same as the Calendar Clock)

### HOW TO USE THE EL BACK LIGHT

Press the **LIGHT** button to light up the LCD display at any time. The screen will be lit for approximately 3 seconds before going off automatically.

#### **To set the EL Light AUTO ON Light feature.**

Press and hold the **EL** light button (approximately 2 seconds), until the **AUTO** icon shows on the right of the display (above the seconds digits.) Tilting your arm will automatically turn on the **EL** light. The light will automatically turn off after approximately 3 seconds. To turn off the Auto On Feature, push and hold the **LIGHT** button. The **AUTO** icon will go out.

To conserve the battery, the Auto On feature will shut off within 2 to 3 hours itself. (The **EL** back light will flash when an alarm is activated)

### BATTERY INFORMATION

Your watch uses a Standard 3 volt lithium CR2032 or equivalent battery. Battery life will vary due to how often the **EL** back light and vibration function are used. Batteries should be replaced by a qualified person to maintain water resistance.

### DISCLAIMER

**GLOBAL** does not accept any responsibility what so ever for any inconvenience or non compliance for medication or any other reminder the may be used for.

#### **SERVICE**

This unit should be serviced by qualified service personnel. The user should not attempt to service the unit. Servicing should be referred to: Global Assistive Devices, Inc. 4950 North Dixie Highway, Fort Lauderdale FL USA 33334 Before sending your unit for service, have the battery checked and/or try resetting by pressing the **MODE**, **START/STOP** and **LAP/RESET** buttons at the same time and hold until the display clears.

#### **ONE YEAR LIMITED WARRANTY**

Your **VibraLITE 2** is warranted to be free from defects in material or workmanship for One Year from the date of purchase. This is a limited warranty and covers watch functions only. This warranty does not apply to the battery or to any unit which has been subject to misuse, negligence or accident. This warranty is void if the watch has been tampered with, altered, or repaired other than by a qualified service center. At its option, **GLOBAL ASSISTIVE DEVICES, INC.** may select to replace the unit, rather than repair it. During the warranty period, return the watch, with dated proof of purchase, in a secure package, insured and with shipping charges prepaid. No C.O.D. packages will be accepted. Please include a note describing the service required and include \$7.50 (check, money order, Visa, Mastercard or American Express) for shipping and handling.

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# Global

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Fort Lauderdale Florida USA