



Mangosteen Elixir™

Mangosteen Elixir™ is made with hand-harvested, cold-pressed mangosteen. To the pure mangosteen juice we add our own proprietary blend of organic noni juice, goji juice, organic black cherry juice, organic cranberry juice, blueberry juice, organic raspberry juice, pomegranate juice, and black elderberry juice. Mangosteen Elixir™ is a synergistic juice blend of nature's most powerful and antioxidant rich fruits.

INGREDIENTS: Our Mangosteen Elixir™ is a synergistic blend of pure, wild-grown, hand-harvested, cold-pressed Mangosteen (*Garcinia mangostana*) juice and Mangosteen puree (Mangosteen is 60% by volume). Additional blended juices are 40% by volume: Organic Black Cherry (*Prunus avium*) juice, Black Elderberry (*Sambucus nigra*) juice, Pomegranate (*Punica granatum*) juice, Noni (*Morinda citrifolia*) juice, Goji (*Lycium barbarum*) juice, Organic Red Raspberry (*Rubus idaeus*) juice, Organic Cranberry (*Vaccinium oxycoccus*) juice, and Blueberry (*Vaccinium corymbosum*) juice.

INDICATIONS: My own personal research has revealed that mangosteen is being widely used by health practitioners worldwide for a variety of body ailments such as eczema, psoriasis, diabetes, nerve pain, infections, arthritis, anxiety, depression, dementia, cancer, to assist in healthy weight loss, and many others. (Dr.E)

PUBLISHED RESEARCH INDICATES THAT MANGOTSEEN POSSESSES THESE ATTRIBUTES:

References: (upon request)

- Anti-Fungal 1, 2
- Anti-Histamine (histamine H1 receptor antagonist in vitro) 3, 4, 5, 6
- Anti-Inflammatory (Prostaglandin E2 and Cyclooxygenase [COX-1 and -2] synthesis inhibition in vitro) 5, 6,
- Anti-Bacterial/Microbial 1, 7, 8, 9 (Mycobacterium tuberculosis in vitro) 10
- (Propionibacterium acnes and Staphylococcus epidermidis) 11
- Anti-Oxidant/Free Radical Scavenging (more potent than BHA or vitamin E), (LDL-cholesterol oxidation-inhibiting in vitro) 12,15, 17, 19
- Anti-Viral in vitro (HIV-1 protease) 13
- Cancer Cell Growth-Inhibiting (Breast, Stomach, Liver, Lung [cell lines 25] and Leukemia cell lines in vitro) 14, 15, 16
- Immune-Stimulating (phagocytic cells) 18
- LDL-Cholesterol Oxidation-Inhibiting in vitro 19

GENERAL INFORMATION

ORIGIN: The exact place of origin of the mangosteen (*Garcinia mangostana* L.) is unknown but research indicates it probably occurred somewhere in the Malay Archipelago. Native species may still be found growing wild on some islands. The majority of today's mangosteen cultivation occurs in Thailand with smaller areas of cultivation throughout Southeast Asia. Mangosteen has proved itself a difficult plant to domesticate. It has been planted throughout the warm/humid climate regions of the world with little success in any mass cultivation. This is due to the mangosteen's inability to acclimate itself to any other region than its place of origin. The result of this limited cultivation, combined with the mangosteen plant being very slow growing, is expressed in the high price for the pure finished product.

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CHEMICAL COMPOSITION: There is a big buzz in the medical and holistic community these days and it's all because of a fairly recent discovery. This discovery is the phenomenal health benefits the human body derives from a phytochemical class known as xanthonenes. Over 200 xanthonenes have been identified in nature, with each one possessing its own unique effects on the body. Xanthonenes are contained within a large family of compounds known as phenols and within this grouping can also be found bioflavonoids, anthocyanins, and proanthocyanidins (OPCs). Xanthonenes are the primary active phytochemical class found in the Mangosteen fruit (*Garcinia mangostana* L.). Science has crowned the king of xanthonenes and it's the mangosteen fruit, with over 40 xanthonenes identified in the pericarp, more commonly known as the rind, making the mangosteen the most abundant xanthonenes source in the world. Of these 40 or so xanthonenes only 6 of the xanthonenes have been studied in depth—with much excitement I would like to add. The xanthonenes isolated are Mangostin, Mangostanol, γ -Mangostin, Gartanin, Garcinone B, and Garcinone E. Researches still don't completely understand how the xanthonenes in the mangosteen fruit exert such a favorable impact on human health. Researches though, do validate the fact that the mangosteen possesses powerful healing properties that surpass many man-made substances.

CONCLUSION: In conclusion, over the months and years to come, the scientific community will continue to unlock more secrets still to be found inside the mangosteen fruit. With each new clinical study we move another step closer to validating another natural compound, xanthone, for the treatment and prevention of disease.

Today we can all reap the benefits from science's hard work in the form our Synergy Juice Blend™ of nine high ORAC rated antioxidant rich fruits—Mangosteen Elixir™. It tastes terrific and it's terrific for you!

SUGESSTED USE: 32 oz. Bottle – Shake the bottle gently before opening. As a dietary supplement, take 2 tablespoons (1 oz.) or more every morning or evening before meals. The juice may be mixed with water, another juice, or in a smoothie. Please refrigerate after opening.

OTHER INFORMATION: This formula is free from preservatives, solvents, additives, fillers, yeast, wheat, corn, soy, and milk.

SAFTEY INFORMATION: Do not use this product if you have a known allergy to any of the above ingredients. Always consult with a health-care professional before using any nutritional supplement or starting any nutritional program. This product has not been evaluated by the Food and Drug Administration.

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