



Goji Berries

(*Lycium barbarum* L.)

Our Goji berries are wild-harvested (hand-picked) when at the peak of ripeness so as to obtain the highest natural levels of all bioactive compounds.

“Goji (*Lycium barbarum* L.), is not just nature’s most nutritionally dense berry; it’s one of our planet’s greatest treasures!” (Dr. E)

INGREDIENTS: 18 oz. (500 g) bag

Goji Berries (Tibetan *Lycium barbarum* L.) – Organic, Hand-Picked and Dried.

INDICATIONS:

- Reduces cholesterol and bad fats
- Protects the body from premature aging through its powerful antioxidant action
- Promotes a feeling of well-being
- Improves vision and may prevent macular degeneration
- Promotes normal blood sugar in early adult-onset diabetes
- Enhances sexual function and treats sexual dysfunction
- Improves fertility
- Prevents morning sickness in the first trimester of pregnancy
- Aids in healthy weight loss
- Relieves insomnia and improves the quality of sleep
- Enhances memory and the ability to recall information
- Maintains healthy blood pressure
- Strengthens the heart
- Improves the body’s immune system and resistance to disease
- Makes you feel and look younger. Goji stimulates the secretion of HGH (human growth hormone), the “youth hormone.”
- Supports normal kidney and liver function
- Protects the liver from toxic chemicals
- Alleviates painful menstrual conditions
- Increases endurance and the ability to adapt
- Builds strong blood: enhancing production of red blood cells, white blood cells, and platelets
- May alleviate the feeling of anxiety and stress
- May be helpful with headaches and dizziness

My own personal research has revealed that *Lycium barbarum* (Goji) is being widely used by health-care practitioners worldwide for a variety of body ailments such as psoriasis, diabetes, painful periods, infections, cancer, night blindness,

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anxiety, depression, impotence, and to assist in healthy weight loss, as a youth tonic, and many others. Lycium barbarum is also the subject of ongoing research as a cancer preventative, a cancer treatment, a protectant during chemotherapy and radiation, an immune system stimulant, a potent antioxidant, and as a blood cell stimulator and adaptogen. (Dr. E)

GENERAL INFORMATION

Goji has been found to be one the most nutritionally dense fruits on the planet! Scientists were amazed to discover that these unique Goji berries contain:

- B-Complex Vitamins
- 19 Essential and Non-Essential Amino Acids
- 21 Minerals including Germanium & Selenium
- More Vitamin C by weight than Oranges
- High natural Vitamin E content
- 4 Unique immune enhancing Polysaccharides (LBP1, LBP2, LBP3 & LBP4)
- More Beta-Carotene and Carotenoids than Carrots
- Disease fighting chemicals like: Physalin and Beta-Sitosterol

SUGESSTED USE: An average serving is about ½ ounce. Goji berries can be eaten as-is or soaked in water for 15 minutes to soften them up.

SAFTEY INFORMATION: This product does not contain preservatives, solvents, additives, fillers, yeast, wheat, corn, soy, or milk. Always consult with a health-care professional before using any nutritional supplement or starting any nutritional program. Do not use this product if you have a known allergy to Goji berries (*Lycium barbarum* L.). This product has not been evaluated by the Food and Drug Administration.

“We also have the world’s best Goji Juice with Camu-Camu Fruit”



Our Goji Juice is made from organic, hand-harvested, cold-pressed *Lycium barbarum* (Goji). To the pure Goji juice we add our own proprietary blend of Camu-Camu fruit and berry juices. California Academy of Health’s Goji juice is a synergistic juice blend of nature’s most powerful and antioxidant rich fruits.

The Goji berries and Camu-Camu fruit in our juice are wild-harvested (hand-picked) when at the peak of ripeness. They are then cold-pressed and flash-pasteurized to preserve their freshness and the natural levels of all bioactive compounds. Our growers personally pick out the best lots of Goji and Camu-Camu before the rest are taken to market. We pay a little more for our raw product but it’s worth it. This new combination of superior raw ingredients creates a synergy of both flavor and healthful qualities, making our pure Goji juice the hands-down leader in the marketplace today.

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