



Acai Max™

Our Acai Max™ is made with wild-grown, hand-harvested, cold-pressed Acai berries. To this pure Acai juice we add our own proprietary blend of Pomegranate, Red Raspberry, Black Elderberry and other antioxidant rich fruit juices. California Academy of Health's Acai Max™ is a synergic blend of nature's most powerful, antioxidant rich fruit juices.



INGREDIENTS: 32 oz. Bottle – Certified Organic Acai Berry (*Euterpe Oleracea*) Juice, Pomegranate, Red Raspberry, Black Elderberry, Camu-Camu, Citric Acid, and Natural Fruit Extracts. Contains no added sugar, artificial colors, or flavors.

INDICATIONS:

- Supports a Healthy Immune System
- Supports Healthy Digestion and Elimination
- Supports Mental Clarity
- Supports Energy and Endurance
- Supports a More Restful Sleep
- Ultra-Potent Source of Ellagic Acid

“Acai Max™ contains pomegranate, red raspberry, and acai. These three fruits contain high levels of polyphenol antioxidant compounds, especially Ellagic Acid, cyanidin-3-glucoside and cyanidin-3-rutinoside, which give these fruits their characteristic deep red and purple color. Studies have shown that consumption of these fruits may provide important health benefits, such as reduced risk or prevention of: cancer, diabetes, chronic inflammation, heart and vascular disease, Alzheimer's disease, and other types of neurodegeneration, high blood cholesterol, stroke, hypertension, age-related visual deterioration and premature aging.” (Dr. E)

GENERAL INFORMATION:

Acai berry (*Euterpe Oleracea*): The acai berry or acai fruit (ah-sigh-ee) grows on acai palms in the Amazon Rain Forest and is similar to a grape in size, shape, and properties. Acai Berries are considered to be one of the most nutritious fruits of the Amazon Rain Forest and the native peoples have been consuming the berries for hundreds, maybe even thousands, of years. The acai berry itself is 90% nut and 10% pulp and must be carefully harvested and processed before it can be made into a juice. Acai berries offer up a delicious tropical berry flavor and have an exceptional nutritional profile. Acai berries contain high levels of antioxidants, essential fatty acids (healthy fats), amino acids, fiber, minerals like Iron and Calcium, Vitamins B and E, and a plethora of beneficial phytonutrients like ellagic acid and anthocyanins. Acai berries also have one of the highest ORAC values of any known edible berry and 33 times more health promoting anthocyanins than red grapes.

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GENERAL INFORMATION CONTINUED:

Acai berries along with pomegranates and red raspberries (all three are in Acai Max™) are nature's best sources for Ellagic Acid. Ellagic Acid is a naturally occurring compound that also has very strong anti-oxidant, anti-mutagen and anti-cancer properties.

- Ellagic Acid is a potent anti-carcinogen.
- Ellagic Acid has the ability to inhibit mutations within a cell's DNA.
- Ellagic Acid is considered to be a cancer inhibitor which has the ability to cause apoptosis (deliberate cell death) in cancer cells.
- Ellagic Acid has antibacterial and anti-viral properties

SUGESSTED USE: Shake the bottle gently before opening. As a dietary supplement, take 2 tablespoons (1 oz.) or more every morning or evening before meals. The juice may be mixed with water, another juice, or in a smoothie. Please refrigerate after opening.

OTHER INFORMATION: This formula is free from preservatives, solvents, additives, fillers, yeast, wheat, corn, soy, and milk.

SAFTEY INFORMATION: Do not use this product if you have a known allergy to any of the above ingredients. Always consult with a health-care professional before using any nutritional supplement or starting any nutritional program. This product has not been evaluated by the Food and Drug Administration.

Acai berries possess three potent antioxidants: (1) Anthocyanins, (2) Vitamin E, and (3) Ellagic Acid.

ANTHOCYANINS: Widely distributed among flowers, fruits, and vegetables, anthocyanins belong to a group of plant compounds called flavonoids. Flavonoids are a subclass of plant polyphenols that may have antioxidant abilities and are being studied for their anticancer potential. Currently under investigation for their ability to inhibit LDL (the "bad") cholesterol, prevent blood clotting, and defend cells against dangerous carcinogens, anthocyanins may prove to be significant compounds in human health.

VITAMIN E: Natural vitamin E exists in eight different forms, four tocopherols and four tocotrienols. Alpha-Tocopherol is recognized as the most active form of vitamin E in humans, and a powerful biological antioxidant. "Vitamin E and its isomers (forms) can help increase the oxygen carrying capacity of the blood, neutralize singlet oxygen (free radical), increase cell membrane integrity and reduce the risk of: certain cancers, Alzheimer's disease, heart disease, cataracts, and Parkinson's disease." (Dr. E)

ELLAGIC ACID: Ellagic Acid is a naturally occurring compound found in fruits and nuts. It possesses very strong antioxidant, anti-mutagen, and anti-cancer properties. It is presently being studied as a cancer treatment.

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